Welcome to Prague!

12th European Congress of Internal Medicine
(European Federation of Internal Medicine EFIM)

2–5 October, 2013 | Prague, Czech Republic
www.efim2013.org
INTRODUCTION

Dear Colleagues,

I am privileged to welcome you to the European Congress of Internal Medicine to be held in Prague from October 2–5, 2013. The congress will cover the broad spectrum of topics connected with internal medicine. Before all we are going to focus on cardiovascular diseases, metabolism – diabetes, obesity and cardiometabolic syndrome included endocrinology and new developments in pharmacological treatment in internal medicine. This is an impressive collection of topics but the congress promises much more.

We know how specialized our subspecialties are yet we rarely have the time to enjoy learning about them due to our demanding schedules and hectic lifestyles. The Congress of internal medicine has an obligation to bring the most exciting and relevant topics from these fields, topics which relate to all of us, topics which can only enhance your development as a medical professional.

We guarantee a congress that will deliver as rich an opportunity to improve your knowledge as possible and provide you the chance to discuss topics you are interested in with leading authorities of their fields. Of course, no visit to Prague would be complete without the chance to discover the charm, spirit and beauty of our golden city of Prague. If you need any additional information, do not hesitate to contact us.

I look forward to seeing you in Prague!

Prof. Richard Ceska, MD, PhD.
President of the Czech Society of Internal Medicine
Congress President EFIM 2013

PRELIMINARY SCIENTIFIC PROGRAMME

ESC/CSC/EFIM Joint Session on Cardiology
Chairs: D. Wood, R. Ceska
D. Wood (Great Britain): European guidelines – Prevention of CVD
J. Hradec (Czech Republic): European guidelines – Heart failure
P. Widimsky (Czech Republic): European guidelines – Myocardial Infarction

ESH/EFIM Joint Session – Hot Topics in Hypertension I.
Chairs: R. Cifkova, P. Nilsson
G. S. Stergiou (Greece): Home and ambulatory blood pressure monitoring
A. Januszewicz (Poland): Obstructive sleep apnoea and hypertension
P. Nilsson (Sweden): Hypertension in diabetes

ESH/EFIM Joint Session – Hot Topics in Hypertension II.
Chairs: E. Grossman, C. Farsang
R. Cifkova (Czech Republic): Epidemiology of hypertension in Europe
C. Farsang (Hungary): Resistant hypertension
J. Widimsky jr (Czech Republic): Renal denervation

EULAR/ČRS/EFIM Joint Session – Rheumatology
Chairs: K. Pavelka, E. Kucharz
E. Kucharz (Poland): Cardiovascular complications in RA
K. Pavelka (Czech Republic): Axial spondylarthritis
J. Vencovsky (Czech Republic): Myositis

EFLM/CSKB/EFIM Joint Session
Clinical Biochemistry – Laboratory Medicine and Internal Medicine
Chairs: I. Watson, T. Zima
T. Zima (Czech Republic): Tumour markers – using in the general practice – screening, monitoring, effectiveness
I. Watson (Great Britain): Aspects of POCT – effectiveness and patients safety
J. Berg (Great Britain): Pathology Harmony; a pragmatic and scientific approach to unfounded variation in the clinical laboratory

IAS/EFIM/EAS Joint Session
100 years after Anitschkow – What have we learned over the last century?
Chairs: L. Tokgozoglu, M. Vrablik
L. Tokgozoglu (Turkey): Atherosclerosis – from Anitschkow to global risk assessment
W. Koenig (Germany): Atherosclerosis – biomarkers, non-invasive and invasive diagnosis
A. Zambon (Italy): Current treatment of HLP/DLP
A. Corsini (Italy): Future and experimental therapy of HLP/DLP
Incidentalomas in Endocrinology
Chairs: M. Kršek, M. Terzolo
R. Paschke (Germany): Thyroid incidentalomas (nodules)
M. Terzolo (Italy): Adrenal incidentalomas
M. Kršek (Czech Republic): Pituitary incidentalomas

Metabolic Syndrome and DMT2
Chairs: D. Dicker, A. Elis
D. Dicker (Israel): Fatty Heart – A new cardiovascular risk factor for the metabolic patient?
E. Grossman (Israel): Hypertension in the obese and metabolic patient, should we treat differently?
M. Rapoport (Israel): Hyperglycemia management in patients admitting internal medicine department – do we know how?

Hot Topics in Internal Medicine
Chairs: M. D. Cappellini, J. W. F. Elte
F. Mantero (Italy): Primary aldosteronism – update
Ch. Davidson (Great Britain): Atrial fibrillation
F. Bosch (The Netherlands): The role of ultrasound in the acutely ill medical patient

Infectious disease
Chair: J. Garau
J. Garau (Spain): Influenza
M. Colombo (Italy): Viral hepatitis

Anemia in chronic diseases
Chair: I. Bruckner (Romania)
D. Sereni (France): Anemia in the elderly
D. Bartos (Romania): Anemia and heart failure

Diabetes mellitus
Chairs: J. W. F. Elte, J. Skrha
J. Skrha (Czech Republic): Modern trends in the treatment of Type 2 diabetes
I. Tkac (Slovakia): The role of diabetic environment and genetic background in the development of cardiovascular disease in diabetes
J. W. F. Elte (The Netherlands): Diabetes and the liver – chicken or egg?

Cardiometabolic Risk – Gender oriented
Chair: P. M. Schumm-Draeger

Gastroenterology
Chair: S. Lindgren
Round Table

Opportunities of Internal Medicine in Europe and in the USA
Chairs: P. Conthe, M. Cooke
M. Cooke (USA): President of ACP: The role of internists in America
P. Conthe (Spain): The role of internists in different setting through Europe

Opportunities of Internal Medicine
Chairs: M. D. Cappellini, W. O. Bauer
J. G. Alegria (Spain): Efficient clinical management in Internal Medicine: Measuring quality of care in your IM unit
A. M. Baptista (Portugal): Acute medicine: Internist in emergency room, directing and bedside working with the patient
P. M. Schumm-Draeger (Germany): Chronic disease: A multidisciplinary approach, internist collaborating with other specialties in chronic disease, the example of diabetes

7th Young Internists Day
Chairs: L. Bosanska, R. Duckett
L. Bosanska (Germany): Young Internists in Europe – Introduction
Clinical Gymnasium – Interactive case presentations
Moderators: C. Davidson (UK), S. Rigby (UK), L. Dagna (Italy)
Your Opinion Counts! Discussion round
Moderators: R. Duckett (UK), C. Araujo (Portugal)
Lecture Mind the gap: the transition to hospital consultant
M. Westerman (The Netherlands)

Other proposals

Main topics in parallel sessions
Stroke

Current trends in pharmacotherapy of internal diseases
Antithrombotic treatment
Antidiabetic drugs
Biological therapy
Antibiotic therapy

Current controversies debates:
L. Kotik (Czech Republic), other speaker TBD: Invasive or conservative treatment of CAD?

Case reports

Industry – related satellite
ACCOMMODATION

A number of hotels of various categories at special rates are available for participants of EFIM congress. All hotels will be located within a reasonable distance from the Prague Congress Centre. Please visit the website www.efim2013.org for current offers.

PROGRAMME OF EVENTS – OPTIONAL

Reception at Old Waste Water Treatment Plant

<table>
<thead>
<tr>
<th>Date</th>
<th>Thursday, October 3, 2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>Time</td>
<td>20:00</td>
</tr>
<tr>
<td>Place</td>
<td>Old Waste Water Treatment Plant</td>
</tr>
<tr>
<td>Price (early bird)</td>
<td>55 EUR</td>
</tr>
<tr>
<td>Transportation</td>
<td>Transfers to and from the Reception will be organized</td>
</tr>
</tbody>
</table>

Reception at Old Waste Water Treatment Plant includes buffet style dinner

The Reception will be held in the Old Waste Water Treatment Plant (former Ecotechnical Museum) a unique building of Czech Industrial Art-Nouveau Style of the beginning of the 20th century. Due to still functional system of treating waste water and well preserved steam engines Breitfeld & Daněk from 1903, the plant was pronounced as Czech National Cultural Landmark. The Plant is a fitting venue for this kind of event as nowadays it serves as a lively meeting place and center of debate and research in various fields which can host up to 550 persons.

COMMITTEES

Executive Committee of EFIM
Maria Domenica Cappellini (President)
Ramon Pujol Farriols (Past President)
Jan Willem F. Elte (Secretary-General)
Faustino Ferreira (Treasurer)
Frank Bosch (President Elect)
Lubos Kotik (Officer)
Serhat Ünal (Officer)
Lenka Bosanska (Young Internists Chair)
Christopher Davidson (President ESIM)
Daniel Sereni (President of the Foundation)
Ugo E. F. Carcassi (Honorary President)

Founder Members of EFIM
Yves Le Tallec, France (deceased)
Ugo Carcassi, Italy
Christopher Davidson, England
Philippe Jaeger, Switzerland
Jaime Merino Sanchez, Spain
Michel Lambert, France

Local Organizing Committee

Richard Ceska  
*Congress President EFIM 2013*

Jiri Widimsky

Jindrich Spinar

Miroslav Soucek

Michal Vrablik
GENERAL INFORMATION

**Official Language**
The official language of the Congress is English.

**Time Zone**
The Czech Republic is on Central European Time (CET) – Greenwich Mean Time (GMT) plus 1 hour. From April to October, along with the rest of the CET zone, the Czech Republic observes summer time, i.e. GMT + 2 hours.

**Currency and Banking**
Czech Crowns are the official currency in the Czech Republic. Foreign currency exchange is available at Prague International Airport and at most hotels, banks and exchange offices throughout the city. International credit cards are accepted for payment in hotels, restaurants and shops. Paying by cash in Euro is also possible in some restaurants and shops.

**Czech Language**

<table>
<thead>
<tr>
<th>English</th>
<th>Czech</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hi</td>
<td>Ahoj</td>
</tr>
<tr>
<td>Hello</td>
<td>Dobrý den</td>
</tr>
<tr>
<td>Good evening</td>
<td>Dobrý večer</td>
</tr>
<tr>
<td>Good night</td>
<td>Dobrou noc</td>
</tr>
<tr>
<td>How are you?</td>
<td>Jak se máte?</td>
</tr>
<tr>
<td>I am fine</td>
<td>Mám se dobře</td>
</tr>
<tr>
<td>Thank you</td>
<td>Děkuji</td>
</tr>
<tr>
<td>How much is it?</td>
<td>Kolik to stojí?</td>
</tr>
<tr>
<td>Would you like to go for a beer?</td>
<td>Nechceš jít na pivo?</td>
</tr>
<tr>
<td>Beer</td>
<td>Pivo</td>
</tr>
<tr>
<td>One</td>
<td>Jedna</td>
</tr>
<tr>
<td>Two</td>
<td>Dvě</td>
</tr>
<tr>
<td>Three</td>
<td>Tři</td>
</tr>
<tr>
<td>The bill, please</td>
<td>Účet, prosím</td>
</tr>
<tr>
<td>Please</td>
<td>Prosím</td>
</tr>
<tr>
<td>Excuse me</td>
<td>Omluvte mě</td>
</tr>
</tbody>
</table>
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