

MADRID
October, 24-27
2012



SOCIEDAD ESPAÑOLA DE MEDICINA INTERNA

LA VISIÓN GLOBAL DE LA PERSONA ENFERMA



11th Congress of the
European Federation
of Internal Medicine
(EFIM)

XXXIII
National Congress of
the Spanish Society
of Internal Medicine
(SEMI)

Recognized Public Health Interest by the Spanish Ministry of Health
and Social Services of the Community of Madrid.

Palacio Municipal de Congresos
Campo de las Naciones

WEDNESDAY, OCTOBER 24th

| | AUDITORIUM A | AUDITORIUM B | ROOM MADRID | ROOMS 1-12 |
|-------------|--|--|--|--|
| 08:00-08:30 | | | | |
| 08:30-09:00 | | | | |
| 09:00-09:30 | OPENING OF THE REGISTRATION DESK | | | |
| 09:30-10:00 | | | | WORKSHOPS FROM 09:30-11:15 H & 11:45-13:30 H |
| 10:00-10:30 | | | | WORKSHOP 1: ROOM PARIS PREGNANCY & SAD |
| 10:30-11:00 | | | | WORKSHOP 2: ROOM BERLIN/BONN TUBERCULOSIS |
| 11:00-11:30 | | | | WORKSHOP 3: ROOM 5: FRAX |
| 11:30-12:00 | | | | WORKSHOP 4: ROOM AMSTERDAM PLEURAL EFFUSION |
| 12:00-12:30 | | | | WORKSHOP 5: ROOM 6: SCIENTIFIC PAPER |
| 12:30-13:00 | | | | WORKSHOP 6: LONDRES ABDOMINAL ULTRASOUND |
| 13:00-13:30 | | | | WORKSHOP 7: ROOM 7: CLINICAL SIMULATION |
| 13:30-14:00 | | WORKING LUNCH (ONLY FOR WORKSHOP ATTENDEES) | WORKING LUNCH (ONLY FOR WORKSHOP ATTENDEES) | WORKING LUNCH (ONLY FOR WORKSHOP ATTENDEES) |
| 14:00-14:30 | | | | |
| 14:30-15:00 | | | | |
| 15:00-15:30 | ROUND TABLE 1 | ROUND TABLE 2 | ROUND TABLE 3 | |
| 15:30-16:00 | PRACTICAL SKILL: BIOLOGICAL THERAPIES FOR VACULITIS AND SJÖGREN SYNDROME | DIFFERENT STRATEGIES FOR THE DEVELOPMENT OF OUTPATIENT PARENTERAL ANTIMICROBIAL THERAPY (OPAT) IN EUROPE | APPEAL OF THE WEB 2.0 AND INTERNAL MEDICINE | |
| 16:00-16:30 | | | | |
| 16:30-17:00 | ROUND TABLE 4 | ROUND TABLE 5 | ROUND TABLE 6 | |
| 17:00-17:30 | PRECLINICAL ATHEROSCLEROSIS AND TARGET ORGAN DAMAGE | COPD, CHALLENGING TIMES | CLINICAL MANAGEMENT IN INTERNAL MEDICINE DEPARTMENTS | |
| 17:30-18:00 | | | | |
| 18:00-18:30 | COFFEE BREAK | COFFEE BREAK | COFFEE BREAK | |
| 18:30-19:00 | ROUND TABLE 7 | ROUND TABLE 8 | MEET THE EXPERT 1 (45) | |
| 19:00-19:30 | SYSTEMIC LUPUS ERYTHEMATOSUS 2012: ACHIEVEMENTS, CHALLENGES AND FRONTIERS | PROGNOSIS OF ELDERLY PATIENTS WITH POLYPATHOLOGY | PERMANENT TREATMENT IN IDIOPATHIC VTE: YES - NO | |
| 19:30-20:00 | | | MEET THE EXPERT 2 (45) | |
| | | | UPDATE IN PULMONARY EMBOLISM | |
| 20:00-20:20 | OPENING CEREMONY | | | |
| 20:20-20:45 | EFIM HONORARY FELLOWSHIP AWARDS | | | |
| 20:45-21:30 | INAUGURAL LECTURE 1 WILLIAM OSLER: CONFERENCE CURRENT SITUATION OF I.M. IN THE USA | | | |
| 21:30 | COCKTAIL | | | |

THURSDAY, OCTOBER 25th

| | AUDITORIUM A | AUDITORIUM B | ROOM MADRID | ROOM ROMA | ROOMS 1-12 | |
|-------------|--|---|--|---|-------------------------|--------------|
| 08:00-08:30 | ORAL COMMUNICATIONS 1 | ORAL COMMUNICATIONS 2 | ORAL COMMUNICATIONS 3 | ORAL COMMUNICATIONS 4 | POSTER SESSIONS 1-12 | |
| 08:30-09:00 | | | | | | |
| 09:00-09:30 | | | | | | |
| 09:30-10:00 | ROUND TABLE 9 | ROUND TABLE 10 | ROUND TABLE 11 | | | |
| 10:00-10:30 | AUTO-INFLAMMATORY AND SYSTEMIC DISEASES: NEW RELEVANT DISEASES FOR THE INTERNIST | WHAT IS NEW IN DYSLIPIDEMIA MANAGEMENT? | PROSTHETIC MATERIAL INFECTION, AN UPDATE. | | | |
| 10:30-11:00 | | | | | | |
| 11:00-11:30 | COFFEE BREAK | COFFEE BREAK | COFFEE BREAK | | | COFFEE BREAK |
| 11:30-12:00 | MEET THE EXPERT 3 (45') UPDATE IN LYSOSOMAL STORAGE DISORDERS | ROUND TABLE 12 CLOSTRIDIUM DIFFICILE | ROUND TABLE 13 (60') STROKE PREVENTION IN AF: INNOVATION IN PRACTICE | | | |
| 12:00-12:30 | ROUND TABLE 14 | | ROUND TABLE 15 (75') | | | |
| 12:30-13:00 | THERAPEUTIC UPDATE IN DIABETES | MEET THE EXPERT 4 (45') MANAGING HF IN THE 21ST CENTURY | A NEW VISION OF COPD. THE ROLE OF FIXED COMBINATIONS | | | |
| 13:00-13:30 | | | | | | |
| 13:30-14:00 | LECTURE 2 (45') CHRONIC DISEASES: A GLOBAL PROBLEM WITH LOCAL SOLUTIONS | | | | | |
| 14:00-14:30 | | | | | | |
| 14:30-15:00 | | | | | | |
| 15:00-15:30 | WORKING LUNCH | WORKING LUNCH | WORKING LUNCH | WORKING GROUP MEETING: INF. D.-CV-HF-THROM. D. CME-OSTEOP. | | |
| 15:30-16:00 | | | | | | |
| 16:00-16:30 | ORAL COMMUNICATIONS 5 | ORAL COMMUNICATIONS 6 | ORAL COMMUNICATIONS 7 | ORAL COMMUNICATIONS 8 | POSTER SESSIONS 13 - 24 | |
| 16:30-17:00 | | | | | | |
| 17:00-17:30 | ROUND TABLE 16 | ROUND TABLE 17 | ROUND TABLE 18 | ROUND TABLE 19 | | |
| 17:30-18:00 | HEART FAILURE | TRACKING OF OSTEOPOROSIS PATIENTS: THERAPEUTIC AND SIDE EFFECTS CONTROL | REVISTA CLÍNICA ESPAÑOLA: EDITOR'S REPORT 2012 AND AWARDS | 6th YOUNG INTERNISTS' DAY | | |
| 18:00-18:30 | | | | | | |
| 18:30-19:00 | COFFEE BREAK | COFFEE BREAK | COFFEE BREAK | COFFEE BREAK | | |
| 19:00-19:30 | ROUND TABLE 20 | ROUND TABLE 21 | ROUND TABLE 22 | ROUND TABLE 19 | | |
| 19:30-20:00 | UPDATE IN VTE | PRESENTATION OF INTERNAL MEDICINE PROCEDURES | NEW SPANISH MULTIDISCIPLINARY CONSENSUS ON CKD 2012 | 6th YOUNG INTERNISTS' DAY | | |
| 20:00-20:30 | | | | | | |
| 20:30-21:00 | | | | | | |

FRIDAY, OCTOBER 26th

| | AUDITORIUM A | AUDITORIUM B | ROOM MADRID | ROOM ROMA | ROOMS 1-12 |
|-------------|--|--|---|------------------------|---|
| 08:00-08:30 | ORAL COMMUNICATIONS 9 | ORAL COMMUNICATIONS 10 | ORAL COMMUNICATIONS 11 | ORAL COMMUNICATIONS 12 | POSTERS SESIONS 25-36 |
| 08:30-09:00 | | | | | |
| 09:00-09:30 | | | | | |
| 09:30-10:00 | ROUND TABLE 23 ADVANCES IN PULMONARY HYPERTENSION | MEET THE EXPERT 5 (45') DIABETES CONSENSUS OF SEMI | MEET THE EXPERT 6 (45'): RADIOFREQUENCY SYMPATHETIC DENERVATION | | |
| 10:00-10:30 | | MEET THE EXPERT 7 (45') NEW AND OLD CHALLENGES IN MANAGEMENT OF DIABETES | ROUND TABLE 24 | | |
| 10:30-11:00 | | | PRONOKAL AND DIAPROKAL METHODS | | |
| 11:00-11:30 | COFFEE BREAK | COFFEE BREAK | COFFEE BREAK | | COFFEE BREAK |
| 11:30-12:00 | ROUND TABLE 25 RECOMMENDATIONS FOR THE INTERNIST ON ANTITHROMBOTIC THERAPY IN AF: ROLE OF ORAL ANTICOAGULANTS | ROUND TABLE 26 DPP4 INHIBITORS: BEYOND GLYCEMIC CONTROL | ROUND TABLE 27 RARE DISEASES IN USUAL CLINICAL PRACTICE | | |
| 12:00-12:30 | | | | | |
| 12:30-13:00 | | | | | |
| 13:00-13:30 | | MEET THE EXPERT 8 (45') SODIUM-GLUCOSE COTRANSPORTER 2 (SGLT2) INHIBITORS | LECTURE 3 (45'): ALCOHOL AND IMMUNE SYSTEM | | |
| 13:30-14:00 | LECTURE 4 (45'): WHAT SHOULD A GENERAL INTERNIST KNOW ABOUT AIDS | LECTURE 5 (45'): REFRACTORY ARTERIAL HYPERTENSION | LECTURE 6 (45'): THYROID NODULES | | |
| 14:00-14:30 | | | | | |
| 14:30-15:00 | WORKING LUNCH | WORKING LUNCH | WORKING LUNCH | | WORKING GROUP MEETING: DIB/OB.-BIOET.-EMERG-ORPHAN D.- ALCOHOL |
| 15:00-15:30 | | | | | |
| 15:30-16:00 | | | | | |
| 16:00-16:30 | ORAL COMMUNICATIONS 13 | ORAL COMMUNICATIONS 14 | ORAL COMMUNICATIONS 15 | ORAL COMMUNICATIONS 16 | POSTER SESSIONS 37-48 |
| 16:30-17:00 | | | | | |
| 17:00-17:30 | ROUND TABLE 28 THE BURDEN OF DIABETES AND OBESITY | ROUND TABLE 29 EMERGENCY | MEET THE EXPERT 9 (45'): NON-ONCOLOGIC PET-CT INDICATIONS IN INTERNAL MEDICINE | | |
| 17:30-18:00 | | | MEET THE EXPERT 10 (45'): BIOETHICS AND MOVIES | | |
| 18:00-18:30 | | | | | |
| 18:30-19:00 | LECTURE 7 DR. CARLOS JIMÉNEZ DIAZ CONFERENCE FUTURE OF INTERNAL MEDICINE IN EUROPE | | | | |
| 19:00-19:30 | | | | | |
| 19:30-20:00 | CIRIL ROZMAN, YOUNG PHYSICIAN AND FDIME RESEARCH AWARDS | | | | |
| 20:00-20:30 | | | | | |

SATURDAY, OCTOBER 27th

| | AUDITORIUM A | AUDITORIUM B | ROOM MADRID | ROOM ROMA | ROOMS 1-12 |
|-------------|--|--|---|---|-----------------------|
| 08:00-08:30 | ORAL COMMUNICATIONS 17 | ORAL COMMUNICATIONS 18 | ORAL COMMUNICATIONS 19 | ORAL COMMUNICATIONS 20 | POSTER SESSIONS 49-60 |
| 08:30-09:00 | | | | | |
| 09:00-09:30 | | | | | |
| 09:30-10:00 | MEET THE EXPERT 11 INTERNAL MEDICINE IN EUROPE | MEET THE EXPERT 12 WORKSHOP ON DIABETES CASES | ROUND TABLE 30 | UNIVERSITY AND INTERNAL MEDICINE THE ROLE OF THE INTERNIST IN THE ACQUISITION OF SKILLS OF GRADUATE STUDENTS | |
| 10:00-10:30 | ROUND TABLE 31 HOT TOPIC IN... | ROUND TABLE 32 ADVANCES IN LIVER DISEASE: ALCOHOLIC, CURRENT MANAGEMENT OF VIRAL HEPATITIS, IMAGING TEST, LIVER TRANSPLANTATION | | | |
| 10:30-11:00 | | | | | |
| 11:00-11:30 | | | MEET THE EXPERT 13 (45) MONOGENIC DIABETES AND NON TYPE 2 DIABETES | | |
| 11:30-12:00 | AWARDS BEST ORAL COMMUNICATIONS AND POSTER SESSIONS CLOSING CEREMONY | | | | |
| 12:00-12:30 | | | | | |
| 12:30-13:00 | GENERAL ASSEMBLY OF SEMI | | | | |
| 13:00-13:30 | | | | | |



WELCOME LETTER

Dear friends and colleagues,

The European Federation of Internal Medicine (EFIM) and the Spanish Society of Internal Medicine (SEMI), are pleased to invite you to attend the 11th Congress of the European Federation of Internal Medicine and the XXXIII National Congress of the Spanish Society of Internal Medicine, to be held in Madrid, Spain next 24th -27th October 2012.

The EFIM-SEMI Congress 2012 is the expression of a community of professionals from all around Europe. A total of 34 countries are members of the EFIM and the Congress will appeal to anyone who has an interest in the broad field of general Internal Medicine and in specialized Internal Medicine.

This Congress 2012 is dedicated to supporting and promoting an intense interdisciplinary and multidisciplinary knowledge exchange among professionals in the areas that will be the major driving force for future innovations at Internal Medicine.

We invite you to participate in this European-class scientific event and have a unique opportunity to present your research and knowledge to your colleagues. Is the best forum for presenting the results of current scientific works as well as major innovations in health-related to the Internal Medicine.

I hope that you will have the chance to network with your national and international peers and keep abreast of the latest developments in Internal Medicine. The program will offer a superb opportunity for physicians and medical specialists to attend expert updates on areas outside their own speciality.

Look forward to welcoming colleagues from around Europe at the European Congress 2012.

Please do not miss this outstanding opportunity!

Sincerely yours,



Dr. Pedro Conthe Gutiérrez
President Scientific Committee



Dr. Ramón Pujol Farriols
President EFIM



Dr. Javier García Alegria
President SEMI



PRESIDENCY OF HONOUR

His Royal Highness the Prince of Asturias





THE HONOUR COMMITTEE

**11th Congress of the European Federation
of Internal Medicine (EFIM)**

**XXXIII National Congress of the Spanish Society
of Internal Medicine (SEMI)**

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H.R.H. the Prince of Asturias

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Daniel Sereni
Serhat Ünal



SCIENTIFIC PROGRAM

WEDNESDAY, OCTOBER 24th

09:00 h OPENING OF THE REGISTRATION DESK

09:30-11:15 h WORKSHOPS

ROOM PARIS - Left side (1st Floor)

WORKSHOP 1

PREGNANCY AND SYSTEMIC AUTOIMMUNE DISEASES

Chairman: **Dr. Munther A. Khamashta**

Lupus Research Unit

The Rayne Institute. St. Thomas' Hospital. London. U.K.

Speakers: **STATE OF THE ART**

Management of pregnancy in patients with systemic lupus erythematosus

Dr. Karen Schreiber

Lupus Research Unit

The Rayne Institute. St. Thomas' Hospital. London. U.K.

Management of pregnancy in patients with antiphospholipid syndrome

Dr. Guillermo Ruiz-Irastorza

Research Unit of Autoimmune Diseases

Department of Internal Medicine

Hospital Cruces. UPC/EHU. Barakaldo, Vizcaya. Spain

“REAL LIFE” CASES:

Congenital heart block and anti-Ro/SSA antibodies

Dr. Pilar Brito Zerón

Department of Systemic Autoimmune Diseases

Hospital Clínic. Barcelona. Spain

Unplanned pregnancy during anticoagulant therapy in APS patients

Dr. Amaia Ugarte Núñez

Research Unit of Autoimmune Diseases

Department of Internal Medicine

Hospital Cruces. Barakaldo, Vizcaya. Spain



WEDNESDAY, OCTOBER 24th

- Objectives:**
- To recognise the most frequent complications of systemic autoimmune diseases in pregnancy.
 - To review the accepted and contraindicated drugs during pregnancy.
 - To design an adequate management plan of pregnant women with systemic autoimmune diseases.

ROOM BERLIN / BONN - Left side (1st Floor)

WORKSHOP 2

TUBERCULOSIS. THE EPIDEMIC THAT NEVER ENDS

Chairman: **Dr. Josep A. Capdevila Morell**
Department of Internal Medicine
Hospital of Mataró. Barcelona. Spain

Speakers: **Clinical utility of interferon gamma release assays (IGRA's) in practice**
Dr. Miguel Santin Cerezales

Coordinator of the Tuberculosis Clinic Unit
Department of Infectious Diseases
University Hospital of Bellvitge. IDIBELL
L'Hospitalet de Llobregat, Barcelona. Spain

How to treat resistant tuberculosis

Dr. José Caminero Luna

Department of Pneumonology
University Hospital of Gran Canaria Dr. Negrín
Las Palmas de Gran Canaria. Spain

- Objectives:**
- To know when is useful to perform an interferon gamma release assays (IGRA's) in clinical practice.
 - To know potential advantages of IGRA's over PPD test.
 - Learn how to treat and the management of resistant tuberculosis



WEDNESDAY, OCTOBER 24th

ROOM 5 - Righth side (2nd Floor)

WORKSHOP 3

FRAX: UTILITY TOLL IN THE TREATMENT OF OSTEOPOROSIS

Chairman: **Dr. Jorge Malouf Sierra**

Department of Internal Medicine
Hospital Santa Creu i Sant Pau. Barcelona. Spain

Speaker: **Dr. Adolfo Díez Pérez**

Department of Internal Medicine
Hospital del Mar. Barcelona. Spain

- Objectives:**
- To know the basis and the usefulness of the FRAX tool in daily clinical practice.
 - Cross train in handling FRAX as a guide for clinical decision-making to aid clinicians in identifying the most appropriate patients to receive pharmacologic therapy to reduce fracture risk.
 - To evaluate the scientific basis of FRAX and recognize its strengths and limitations.
 - To evaluate whether FRAX can be used in patients receiving osteoporosis therapy.

ROOM AMSTERDAM - Left side (2nd Floor)

WORKSHOP 4

DIAGNOSING PLEURAL EFFUSION: AN INTERNIST'S VIEW

Chairwoman: **Dr. Carmen Alemán Llansó**

Department of Internal Medicine
University Hospital Vall d'Hebron. Barcelona. Spain

Speaker: **Dr. José Manuel Porcel Pérez**

Department of Internal Medicine
University Hospital Arnau of Vilanova. Lleida. Spain

- Objectives:**
- To interpret pleural fluid analysis.
 - To discuss the use of the different imaging modalities available to diagnose pleural effusions (ultrasonography, CT, PET).
 - To know the indications and modalities of pleural biopsy.



WEDNESDAY, OCTOBER 24th

ROOM 6 - Right side (2nd Floor)
WORKSHOP 5
PREPARATION OF A SCIENTIFIC PAPER

Speakers: Management Team of “Revista Clínica Española” (RCE)

- Objectives:**
- To learn the main contents of each subject (Introduction, Patients and Methods, Results and Discussion).
 - To organize the main messages.
 - To select the appropriate journal.

ROOM LONDRES - Left side (2nd Floor)
WORKSHOP 6
ABC OF ABDOMINAL ULTRASOUND

Chairman: Dr. Gonzalo García de Casasola
Department of Internal Medicine
University Hospital Infanta Cristina. Parla, Madrid. Spain

Speakers: Dr. Manuel Montero Pérez-Barquero
Department of Internal Medicine
University Hospital Reina Sofía of Córdoba. Spain

Dr. Eugenio Puga Alcalde
Department of Internal Medicine
University General Hospital of Ciudad Real. Spain

- Objectives:** In internal medicine, bedside ultrasonography is the most important medical tool of the present century and the only significant technological advancement to the art of physical examination since the advent of the stethoscope. The objectives of ABC of abdominal ultrasound workshop are to prove that:

1. Basic abdominal ultrasound is feasible to perform and it is not necessary a long training period to get reasonable skill.
2. Basic abdominal ultrasound allow physician:
 - Detect free intraperitoneal and pericardial fluid
 - Diagnose abdominal aortic aneurysm
 - Evaluate a patient’s intravascular volumen (inferior vena cava view)
 - Explore gallbladder and detect cholelithiasis and cholecystitis
 - Detect hydronephrosis and bladder distension



WEDNESDAY, OCTOBER 24th

ROOM 7 - Right side (2nd Floor)

WORKSHOP 7

CLINICAL SIMULATION

Speakers: **Mrs. Silvia Arilla García**

Registered Nurse

Intensive Care Unit

Monographic Hospital Asepeyo of Traumatology, Surgery and Rehabilitation

Madrid. Spain

Mr. Pedro Cuesta Ramos

Supervisor External Ambulatory

Monographic Hospital Asepeyo of Traumatology, Surgery and Rehabilitation

Madrid. Spain

Dr. Carlos Sisco Tosta

Young Internist Occupational Medicine

Monographic Hospital Asepeyo of Traumatology, Surgery and Rehabilitation

Madrid. Spain

Dr. Javier Gutiérrez Guisado

Medicine Section Chief

Tutor Young Internist Occupational Medicine

Monographic Hospital Asepeyo of Traumatology, Surgery and Rehabilitation

Madrid. Spain

- Objectives:**
- Technical skills training
 - Leadership training
 - Clinical protocols training

(Maximum 20 persons)

11:45-13:30 h REPETITION OF WORKSHOPS

12:30-13:30 h ROOM 2 - Right side (1st Floor)

MEETING OF THE COORDINATORS OF WORKING GROUPS-FEMI



WEDNESDAY, OCTOBER 24th

13:30-15:00 h **WORKING LUNCH** (ONLY FOR WORKSHOP ATTENDEES)

13:45-14:45 h **ROOM 1**

WORKING GROUP MEETING: AUTOIMMUNE DISEASES

ROOM 2

WORKING GROUP MEETING: CLINICAL MANAGEMENT

ROOM 3

WORKING GROUP MEETING: ELDERLY PATIENTS

ROOM 4

WORKING GROUP MEETING: HOME HEALTH CARE

ROOM 5

WORKING GROUP MEETING: ULTRASOUND

ROOM 6

WORKING GROUP MEETING: COPD

ROOM 7

WORKING GROUP MEETING: PRIVATE PRACTICE

15:00-16:30 h **AUDITORIUM A**

ROUND TABLE - 1

PRACTICAL SKILLS: BIOLOGICAL THERAPIES FOR VASCULITIS AND SJÖGREN SYNDROME

Chairman: **Dr. Juan José Ríos Blanco**
Department of Internal Medicine
University Hospital La Paz. Madrid. Spain

ANCA vasculitis

Dr. Loïc Guillevin

Department of Internal Medicine
Hopital Cochin. Paris. France

Hepatitis C virus-related cryoglobulinemia

Dr. Cándido Díaz-Lagares

Autoimmune Diseases Laboratory Josep Font IDIBAPS
Hospital Clínic. Barcelona. Spain



WEDNESDAY, OCTOBER 24th

Primary Sjögren syndrome

Dr. Manuel Ramos-Casals

Department of Systemic Autoimmune Diseases
Hospital Clínic. Barcelona. Spain

15:00-16:30 h AUDITORIUM B

ROUND TABLE - 2

**DIFFERENT STRATEGIES FOR THE DEVELOPMENT OF OUTPATIENT
PARENTERAL ANTIMICROBIAL THERAPY (OPAT) IN EUROPE**

Chairmen: **Dr. Víctor José González Ramallo**

Home Health Care Unit
University General Hospital Gregorio Marañón. Madrid. Spain

Dr. Francisco Arnalich Fernández

Department of Internal Medicine
University Hospital La Paz. Madrid. Spain

Outpatient parenteral antibiotic therapy: a U.K. perspective

Dr. R. Andrew Seaton

Brownlee Centre
Gartnavel General Hospital. Glasgow. Scotland. U.K.

Experience from the Italian OPAT registry

Dr. Silvano Esposito

Department of Infectious Diseases
Second University of Studies. Naples. Italy

Hospital at home as a model for OPAT: data from a multicenter registry

Dr. Manuel Mirón Rubio

Home Health Care Unit
Hospital of Torrejón. Torrejón de Ardoz. Madrid. Spain



WEDNESDAY, OCTOBER 24th

15:00-16:30 h ROOM MADRID

ROUND TABLE - 3

APPEAL OF THE WEB 2.0 AND INTERNAL MEDICINE

Chairman: **Dr. José Antonio Santos Calderón**

Department of Internal Medicine
University Hospital of León. Spain

Second Life, (SL): a trip around a virtual world

Dr. Cruz Bartolomé Moreno

Member of the Technical Committee Second Life of semFYC
Zaragoza. Spain

The Web 2.0 and knowledge's management in Internal Medicine

Dr. Ernesto Barrera Linares

General Economic Purchasing Management for Health and
Pharmaceutical Products
Community Government of Madrid. Madrid. Spain

Sponsored by: Novartis

16:30-18:00 h AUDITORIUM A

ROUND TABLE - 4

PRECLINICAL ATHEROSCLEROSIS AND TARGET ORGAN DAMAGE

Chairman: **Dr. Miguel Camafort Babkowski**

Department of Internal Medicine
Institute of Medicine and Dermatology
Hospital Clínic. Barcelona. Spain

Arterial Stiffness and Central Blood Pressure

Dr. Pierre Boutouyrie

Department of Pharmacology and INSERM UMRS 872
Georges Pompidou European Hospital. Paris. France

Occult Renal Disease

Dr. José Luis Górriz Teruel

Department of Nephrology
University Hospital Dr. Peset. Valencia. Spain



WEDNESDAY, OCTOBER 24th

Silent organ damage and the brain

Dr. Cristina Sierra Benito

Department of Internal Medicine
Institute of Medicine and Dermatology
Hospital Clínic. Barcelona. Spain

The role of carotid measurements in detection of subclinical target organ damage

Dr. Francesco Mattace-Raso

Department of Internal Medicine
Erasmus University Medical Center. Rotterdam. The Netherlands

Echocardiography in the management and monitoring of cardiovascular risk

Dr. Enrique Rodilla Sala

Department of Internal Medicine
Unit of Hypertension and Vascular Risk
Hospital of Sagunto. Valencia. Spain

16:30-18:00 h AUDITORIUM B

ROUND TABLE - 5

COPD: CHALLENGING TIMES

Chairman: Dr. Carlos San Roman y de Terán

Department of Internal Medicine
Regional Hospital of the Axarquía. Vélez-Málaga, Málaga. Spain

Epidemiology of COPD in Europe

Dr. Joan B. Soriano Ortiz

Department of Internal Medicine
Foundation Caubet-Cimera. Bunyola. Palma de Mallorca. Spain

Usefulness of clinical practice guidelines of COPD

Dr. Marc Miravitlles Fernández

Department of Pneumonology
Hospital Clínic. Barcelona. Spain

COPD in the elderly patient

Dr. Raffaele Antonelli Incalzi

Geriatric Medicine
Università Campus Bio-Medico. Rome. Italy



WEDNESDAY, OCTOBER 24th

Comorbidity in COPD

Dr. Francisco López García

Department of Internal Medicine

University General Hospital of Elche. Alicante. Spain

16:30-18:00 h **ROOM MADRID**

ROUND TABLE - 6

CLINICAL MANAGEMENT IN INTERNAL MEDICINE DEPARTMENTS

Chairman: **Dr. Antonio Zapatero Gaviria**

Department of Internal Medicine

University Hospital of Fuenlabrada. Madrid. Spain

Predictive model of readmission in patients discharged from Internal Medicine Departments. SEMI Index

Dr. Raquel Barba Martín

Department of Internal Medicine

Hospital Rey Juan Carlos. Móstoles. Madrid. Spain

The Internist as a hospital consultant: a new professional profile

Dr. Javier Marco Martínez

Department of Internal Medicine

University Clinic Hospital San Carlos. Madrid. Spain

Is it possible the concept of "Hospitalist" in Europe?

Dr. Arturo Fernández Cruz

Department of Internal Medicine

University Clinic Hospital San Carlos. Madrid. Spain

The future of Internal Medicine Departments

Dr. Antonio Martins Baptista

President of SPMI

Department of Internal Medicine

Hospital Beatriz Ângelo. Loures. Portugal

18:00-18:30 h **COFFEE-BREAK**



WEDNESDAY, OCTOBER 24th

18:30-20:00 h AUDITORIUM A

ROUND TABLE - 7

**SYSTEMIC LUPUS ERYTHEMATOSUS 2012:
ACHIEVEMENTS, CHALLENGES AND FRONTIERS**

Chairman: **Dr. Juan Jiménez-Alonso**

Unit of Systemic Autoimmune Diseases
Department of Internal Medicine
University Hospital Virgen de las Nieves. Granada. Spain

Managing SLE: The Ten Commandments

Dr. Guillermo Ruiz-Irastorza

Research Unit of Autoimmune Diseases
Department of Internal Medicine
Hospital Cruces. UPC/EHU. Barakaldo, Vizcaya. Spain

**Accelerated atherosclerosis in systemic lupus erythematosus:
an update**

Dr. María José Cuadrado Lozano

Lupus Research Unit
The Rayne Institute. St. Thomas' Hospital. London. U.K.

Belimumab in SLE: kicking-off!

Dr. Munther A. Khamashta

Director, Lupus Research Unit
The Rayne Institute. St. Thomas' Hospital. London. U.K.

Sponsored by: GlaxoSmithKline

18:30-20:00 h AUDITORIUM B

ROUND TABLE - 8

PROGNOSIS OF ELDERLY PATIENTS WITH POLYPATHOLOGY

Chairmen: **Dr. Alfonso López Soto**

Geriatric Unit. Department of Internal Medicine
Hospital Clínic. Barcelona. Spain

Dr. Pilar Román Sánchez

Department of Internal Medicine
Hospital of Requena. Valencia. Spain



WEDNESDAY, OCTOBER 24th

Short and long term prognosis of elderly patients admitted to a Critical Care Unit

Dr. Emilio Sacanella Meseguer

Department of Internal Medicine
Hospital Clínic. Barcelona. Spain

How can we evaluate prognosis of patients with multiple chronic conditions?

Dr. Máximo Bernabéu Wittel

Department of Internal Medicine
University Hospital Virgen del Rocío. Sevilla. Spain

Inappropriate use of medications in elderly patients with multimorbidities: results from the Italian REPOSI Registry

Dr. Pier M. Mannucci

Institute of Hospitalization Care and Scientific Cà Granda
Major Hospital Foundation. Milan. Italy

18:30-19:15 h ROOM MADRID

MEET THE EXPERT - 1

PERMANENT TREATMENT IN IDIOPATHIC VTE: YES - NO

Chairwoman: Dr. Raquel Barba Martín

Department of Internal Medicine
Hospital Rey Juan Carlos. Móstoles. Madrid. Spain

Speakers: YES

Dr. Benjamin Brenner

Department of Haematology
Rambam Healthcare Campus. Haifa. Israel

NO

Dr. Drahomir Aujesky

Department of Internal Medicine
INSELSPIITAL, University Hospital of Bern. Switzerland

Sponsored by: Bayer Healthcare - Almirall



WEDNESDAY, OCTOBER 24th

19:15-20:00 h ROOM MADRID

MEET THE EXPERT - 2

UPDATE IN PULMONARY EMBOLISM

Chairman: **Dr. Drahomir Aujesky**

Department of Internal Medicine

INSELSPITAL, University Hospital of Bern. Switzerland

Speaker: **Dr. David Jiménez Castro**

Department of Pneumonology

University Hospital Ramón y Cajal. Madrid. Spain

20:00-20:20 h AUDITORIUM A

OPENING CEREMONY

His Excellency Mr. Ignacio González González

President of the Community of Madrid

Her Excellency Mrs. Ana Botella Serrano

Mayoress of Madrid

His Excellency Mr. D. Javier Fernández-Lasquetty y Blanc

Health Councillor of the Community of Madrid

Mr. Ramón Pujol Farriols

President EFIM

Mr. Javier García Alegría

President SEMI

20:20-20:45 h AUDITORIUM A

EFIM HONORARY FELLOWSHIP AWARDS

Announcement by the EFIM Secretary General

Dr. Jan Willem F. Elte

Certificates presented by the EFIM President

Dr. Ramón Pujol Farriols



WEDNESDAY, OCTOBER 24th

20:45-21:30 h AUDITORIUM A

INAUGURAL LECTURE - 1

WILLIAM OSLER CONFERENCE

CURRENT SITUATION OF INTERNAL MEDICINE IN THE USA

Chairman: Dr. Jaime Merino Sánchez

Department of Internal Medicine

University Hospital Sant Joan de Alicante. Spain

Speaker: Dr. David L. Bronson

President of The American College of Physicians

USA

21:30 h COCKTAIL

THURSDAY, OCTOBER 25th

08:00-09:30 h AUDITORIUM A, B, ROOMS MADRID - ROMA

ORAL COMMUNICATIONS 1 to 4

08:00-09:30 h ROOMS 1 - 12

POSTER SESSIONS 1 to 12

09:30-11:00 h AUDITORIUM A

ROUND TABLE - 9

AUTO-INFLAMMATORY AND SYSTEMIC DISEASES:

NEW RELEVANT DISEASES FOR THE INTERNIST

Chairmen: Dr. Miquel Vilardell Tarrés

Department of Internal Medicine

University Hospital Vall d'Hebron. Barcelona. Spain

Dr. Roser Solans Laqué

Systemic Autoimmune Diseases

Department of Internal Medicine

University Hospital Vall d'Hebron. Barcelona. Spain

Auto-inflammatory diseases: diagnostic approach

Dr. Julián Fernández Martín

Department of Internal Medicine

University Hospital of Vigo, Pontevedra. Spain



THURSDAY, OCTOBER 25th

Adult-onset immunodeficiencies: state of the art

Dr. Ángel Robles Marhuenda

Department of Internal Medicine
University Hospital La Paz. Madrid. Spain

Behçet disease: vasculitis, thrombotic or auto-inflammatory disease?

Dr. Gerard Espinosa Garriga

Department of Systemic Autoimmune Diseases
Hospital Clínic. Barcelona. Spain

09:30-11:00 h AUDITORIUM B

ROUND TABLE - 10

WHAT IS NEW IN DYSLIPIDEMIA MANAGEMENT?

Chairmen: Dr. Xavier Pintó i Sala

Department of Internal Medicine
University Hospital of Bellvitge
L'Hospitalet de Llobregat. Barcelona. Spain

Dr. Richard Češka

Department of Internal Medicine
General University Hospital. Charles University U Nemocnice
Prague. Czech Republic

Genetics in CV risk management

Dr. Fernando Civeira Murillo

Department of Internal Medicine
University Hospital Miguel Servet. Zaragoza. Spain

ESC/EAS Guidelines for the management of dyslipidemias 2011: how to achieve LDL-C < 70mg/dl in Type 2 DM and/or coronary patients?

Dr. Jose M^a Mostaza Prieto

Department of Internal Medicine
Hospital Carlos III. Madrid. Spain

How should we assess efficacy in dyslipidemia management?

LDL, HDL, Apo B

Dr. Eric Bruckert

Chief of Endocrinology, Metabolism and Cardiovascular
Disease Prevention
Hospital Pitie-Salpetriere. Paris. France

Sponsored by: Merck Sharp & Dohme

09:30-11:00 h ROOM MADRID

ROUND TABLE - 11

PROSTHETIC MATERIAL INFECTION. AN UPDATE

Chairman: **Dr. Josep A. Capdevila Morell**
Department of Internal Medicine
Hospital of Mataró. Barcelona. Spain

Physiopathology of foreign body infections

Dr. José Luis del Pozo

Department of Infectious Diseases and Clinical Microbiology
University Clinic of Navarra. Pamplona. Spain

Relevant key points in the management of catheter-related infection

Dr. Emilio Bouza Santiago

Department of Microbiology and Infectious Diseases
University General Hospital Gregorio Marañón. Madrid. Spain

Antibiotic considerations in treatment of infected prosthesis

Dr. José Barberán López

Department of Infectious Diseases
Hospital Gómez Ulla. Madrid. Spain

11:00-11:30 h COFFEE-BREAK

11:30-12:15 h AUDITORIUM A

MEET THE EXPERT - 3

UPDATE IN LYSOSOMAL STORAGE DISORDERS

Chairman: **Dr. Jordi Pérez López**
Department of Internal Medicine
University Hospital Vall d'Hebron. Barcelona. Spain

New perspectives in the treatment for Gaucher's disease

Dr. Maria Domenica Cappellini

Department of Internal Medicine
Maggiore Hospital, Policlinico IRCCS. University of Milan. Italy

Multidisciplinary management in Pompe's disease

Dr. Robin Lachmann

Metabolic Unit
National Hospital for Neurology and Neurosurgery. London. U.K.

Sponsored by: Genzyme a Sanofi Company

THURSDAY, OCTOBER 25th

11:30-13:00 h AUDITORIUM B

ROUND TABLE - 12

UPDATE IN CLOSTRIDIUM DIFFICILE

Chairmen: **Dr. José Barberán López**

Department of Infectious Diseases

Central Hospital of Defense Gómez Ulla. Madrid. Spain

Dr. Emilio Bouza Santiago

Department of Microbiology and Infectious Diseases

University General Hospital Gregorio Marañón. Madrid. Spain

Epidemiology of Clostridium Difficile

Dr. Josep Mensa Pueyo

Department of Infectious Diseases

Hospital Clínic. Barcelona. Spain

Clinical Clostridium Difficile

Dr. Antonio Ramos Martínez

Department of Internal Medicine

University Hospital Puerta de Hierro. Majadahonda, Madrid. Spain

Current and future treatment for Clostridium Difficile

Dr. Emilio Bouza Santiago

Department of Microbiology and Infectious Diseases

University General Hospital Gregorio Marañón. Madrid. Spain

Sponsored by: Astellas Pharma

11:30-12:30 h ROOM MADRID

ROUND TABLE - 13

**STROKE PREVENTION IN ATRIAL FIBRILLATION:
INNOVATION IN PRACTICE**

Chairman: **Dr. Pedro Conthe Gutiérrez**

Department of Internal Medicine

University General Hospital Gregorio Marañón. Madrid. Spain

Optimizing treatment in special populations

Dr. Xavier García-Moll Marimón

Department of Cardiology

Hospital Santa Creu i Sant Pau. Barcelona. Spain



THURSDAY, OCTOBER 25th

**Management of anticoagulation therapy in atrial fibrillation:
clinical cases**

Dr. Christopher Davidson

ESIM Co-Director

Brighton & Sussex Medical School. Institute of Postgraduate Medicine
University of Brighton. Mayfield House. East Sussex. U.K.

Sponsored by: Bayer Healthcare - Almirall

12:15-13:45 h AUDITORIUM A

ROUND TABLE - 14

THERAPEUTIC UPDATE IN DIABETES

Chairman: Dr. Javier García Alegría

Department of Internal Medicine

Hospital Costa del Sol. Marbella. Málaga. Spain

GLP-1 and its extra pancreatic effects

Dr. Francisco J. Salvador Rodríguez

Department of Endocrinology and Nutrition

University Clinic of Navarra. Pamplona. Spain

Future Insulins

Dr. Albert Lecube Torello

Department of Endocrinology

University Hospital Vall d'Hebron. Barcelona. Spain

Review on special populations: DPP-4 Inhibitors

Dr. Francisco Javier Carrasco Sánchez

Department of Internal Medicine

General Hospital Juan Ramón Jiménez. Huelva. Spain

New directions in Type 2 diabetes DPP4 inhibitors: raising expectations

Dr. Baptist Gallwitz

Head of outpatients clinic for Endocrinology, Diabetes and Metabolism

Professor at the Department of Medicine IV Eberhard-Karls - University
Tübingen. Germany

Sponsored by: Abbot Laboratories - Boehringer Ingelheim - Novo Nordisk



THURSDAY, OCTOBER 25th

12:30-13:45 h ROOM MADRID

ROUND TABLE - 15

A NEW VISION OF COPD. THE ROLE OF FIXED COMBINATIONS

Chairman: **Dr. Joan B. Soriano Ortiz**

Department of Internal Medicine

Foundation Caubet-Cimera. Bunyola. Palma de Mallorca. Spain

Gold Guideline 2011. A new way to refer to COPD

Dr. Juan Pablo de Torres

Department of Pneumonology

University Clinic of Navarra. Pamplona, Navarra. Spain

GesEPOC: The new guideline and its implications for Fixed Combinations

Dr. Borja G. Cosío Piqueras

Department of Pneumonology

University Hospital Son Espases. Palma de Mallorca. Spain

Sponsored by: GlaxoSmithKline

13:00-13:45 h AUDITORIUM B

MEET THE EXPERT - 4

MANAGING HF IN THE 21ST CENTURY

Chairman: **Dr. Francesc Formiga Pérez**

Section of Geriatrics. Department of Internal Medicine

University Hospital of Bellvitge

L'Hospitalet de Llobregat, Barcelona. Spain

Current situation of the patient with heart failure: do we need additional therapies?

Dr. Luis Manzano Espinosa

Department of Internal Medicine

University Hospital Ramón y Cajal. Madrid. Spain

New heart failure Guidelines: therapeutic role of Ivabradine

Dr. José Ramón González Juanatey

Department of Cardiology

University Hospital of Santiago de Compostela. A Coruña. Spain

Sponsored by: Servier



THURSDAY, OCTOBER 25th

13:45-14:30 h AUDITORIUM A

LECTURE - 2

CHRONIC DISEASES: A GLOBAL PROBLEM WITH LOCAL SOLUTIONS

Chairwoman: **Dr. Sara Artola Menéndez**

Group Coordinator REDGEDAPS

Primary Health Care

Health Care Center Hereza. Madrid. Spain

Speaker: **Dr. Cristina Rabadán-Diehl**

Deputy Director Office of Global Health

National Heart, Lung and Blood Institute

National Institute of Health. Bethesda. Maryland. USA

14:30-16:00 h WORKING LUNCH

15:00-16:00 h ROOM 1

WORKING GROUP MEETING: INFECTIOUS DISEASES

ROOM 2

WORKING GROUP MEETING: CARDIOVASCULAR

ROOM 3

WORKING GROUP MEETING: HEART FAILURE

ROOM 4

WORKING GROUP MEETING: THROMBOEMBOLIC DISEASE

ROOM 5

WORKING GROUP MEETING: CONTINUING MEDICAL EDUCATION

ROOM 6

WORKING GROUP MEETING: OSTEOPOROSIS

16:00-17:00 h AUDITORIUM A, B, ROOMS MADRID - ROMA

ORAL COMMUNICATIONS 5 to 8

16:00-17:00 h ROOMS 1 - 12

POSTER SESSIONS 13 to 24



THURSDAY, OCTOBER 25th

17:00-18:30 h AUDITORIUM A
ROUND TABLE - 16
HEART FAILURE

Chairmen: **Dr. Faustino Ferreira**
Department of Internal Medicine
SAMS Hospital. Lisbon. Portugal

Dr. Francesc Formiga Pérez
Section of Geriatrics. Department of Internal Medicine
University Hospital of Bellvitge
L'Hospitalet de Llobregat, Barcelona. Spain

Lessons from the real patient with heart failure in the real world
Dr. Marcus Flather
Director of Research and Development
Norfolk and Norwich University Hospital. NHS Foundation Trust
Norwich, Norfolk. U.K.

Beta blockers in the elderly
Dr. Luis Manzano Espinosa
Department of Internal Medicine
University Hospital Ramón y Cajal. Madrid. Spain

Heart failure in the oldest old; more than ejection fraction
Dr. David Chivite Guillén
Section of Geriatrics. Department of Internal Medicine
University Hospital of Bellvitge
L'Hospitalet de Llobregat, Barcelona. Spain

Biomarkers in acute heart failure
Dr. Paulo M. Bettencourt
Unidade Cuidados Intermedios Medicina
Hospital S. Joao, Porto. Portugal

Sponsored by: Grupo Menarini



THURSDAY, OCTOBER 25th

17:00-18:30 h AUDITORIUM B

ROUND TABLE - 17

**TRACKING OF OSTEOPOROSIS PATIENTS:
THERAPEUTIC AND SIDE EFFECTS CONTROL**

Chairwoman: **Dr. Marta Martín Millán**

Department of Internal Medicine
University Hospital Marqués de Valdecilla. Santander. Spain

Is therapeutic monitoring possible in osteoporosis?

Dr. Adolfo Díez Pérez

Department of Internal Medicine
Hospital del Mar. Barcelona. Spain

Frozen bone vs. adynamic bone

Dr. Jorge Cannata-Andía

Bone and Mineral Metabolism Unit
Reina Sofía Investigation Institute
Central University Hospital of Asturias. Oviedo. Spain

Comorbidity and mortality in patients with osteoporotic treatment

Dr. Ian R. Reid

Department of Medicine
University of Auckland. Auckland. New Zealand

Sponsored by: Servier

17:00-18:30 h ROOM MADRID

ROUND TABLE - 18

REVISTA CLÍNICA ESPAÑOLA: EDITOR'S REPORT 2012 AND AWARDS

Speakers: **Dr. Juan García Puig**

Department of Internal Medicine
University Hospital La Paz. Madrid. Spain

Dr. Gabriel Gaspar Alonso-Vega

Department of Internal Medicine
University Hospital of Getafe. Madrid. Spain

Dr. Juan José Ríos Blanco

Department of Internal Medicine
University Hospital La Paz. Madrid. Spain



THURSDAY, OCTOBER 25th

17:00-21:00 h ROOM ROMA
ROUND TABLE - 19
6TH YOUNG INTERNISTS' DAY

Chairwomen: **Dr. Ana Torres do Rego**
Department of Internal Medicine
University General Hospital Gregorio Marañón. Madrid. Spain

Dr. Lenka Bosanska
Chair, EFIM Young Internists Assembly
Charité Universitaetsmedizin. Berlin. Germany

17:00-17:15 h YOUNG INTERNISTS - WHO WE ARE?

Speaker: **Dr. Lenka Bosanska**
Chair, EFIM Young Internists Assembly
Charité Universitaetsmedizin. Berlin. Germany

17:15-18:30 h CLINICAL GYMNASIUM – INTERACTIVE CASE PRESENTATIONS

Chairmen: **Dr. Maria Domenica Cappellini**
Department of Internal Medicine
Maggiore Hospital, Policlinico IRCCS. University of Milan. Italy

Dr. Shirley P. Rigby
Consultant in General Medicine (Rheumatology)
Warwick Hospital. Warwick. U.K.

Dr. Christopher Davidson
ESIM Co-Director
Brighton & Sussex Medical School. Institute of Postgraduate Medicine
University of Brighton. Mayfield House. East Sussex. U.K.

Dr. Lorenzo Dagna
Professor of Medicine and Clinical Immunology
Vita-Salute San Raffaele University
Milan. Italy



THURSDAY, OCTOBER 25th

19:00-19:15 h YOUNG INTERNISTS IN SPAIN

Speaker: **Dr. Ana Torres do Rego**

Department of Internal Medicine
University General Hospital Gregorio Marañón. Madrid. Spain

19:15-20:15 h YOUR OPINION COUNTS! YOUNG INTERNISTS DISCUSS THEIR EXPERIENCE AND FUTURE OF INTERNAL MEDICINE

Chairman: **Dr. Roger Duckitt**

Acute Medicine Consultant
Worthing Hospital. Worthing. U.K.

Dr. Carla Araújo Pimentel

Resident of Internal Medicine
ULS-Hospital Amato Lusitano. Castelo Branco. Portugal

**20:15-21:00 h LECTURE
COGNITIVE DIAGNOSTIC ERROR IN INTERNAL MEDICINE**

Speaker: **Dr. Kees van den Berge**

Department of Internal Medicine
Erasmus Medical Center. Rotterdam. The Netherlands

18:30-19:00 h COFFEE-BREAK

19:00-20:30 h AUDITORIUM A
ROUND TABLE - 20
UPDATE IN VTE

Chairmen: **Dr. Manuel Monreal Bosch**

Department of Internal Medicine
University Hospital Germans Trias i Pujol
Badalona, Barcelona. Spain

Dr. Ferrán García-Bragado Dalmau

Department of Internal Medicine
University Hospital Dr. Josep Trueta. Girona. Spain



THURSDAY, OCTOBER 25th

New anticoagulants in the treatment of venous thromboembolism

Dr. Enric Grau Segura

Department of Haematology and Haemotherapy
Hospital Lluís Alcanyís. Xàtiva. Valencia. Spain

Extended prophylaxis in medical patients

Dr. Meyer-Michel Samama

Emeritus Prof. of Haematology
Hôtel-Dieu University Hospital, Faculty of Medicine,
University of Paris. France

Should patients with isolated DVT receive the same treatment as patients with pulmonary embolism?

Dr. Manuel Monreal Bosch

Department of Internal Medicine
University Hospital Germans Trias i Pujol. Badalona, Barcelona. Spain

Can we predict recurrence in patients with idiopathic venous thromboembolism?

Dr. Paolo Prandoni

Department of Medical and Surgical Sciences
Clinica Medical II University of Padua. Italy

Sponsored by: Bayer Healthcare - Almirall

19:00-20:30 h AUDITORIUM B

ROUND TABLE - 21

PRESENTATION OF INTERNAL MEDICINE PROCEDURES

Chairmen: Dr. José Manuel Porcel Pérez

Department of Internal Medicine
University Hospital Arnau of Vilanova. Lleida. Spain

Dr. Blanca Pinilla Llorente

Department of Internal Medicine
University General Hospital Gregorio Marañón. Madrid. Spain

Project approach procedures

Dr. Pedro Pablo Casado Escribano

Department of Internal Medicine
University Hospital de La Princesa. Madrid. Spain



THURSDAY, OCTOBER 25th

Performance of fundus

Dr. José Felipe Varona Arche

Department of Internal Medicine
University Hospital Madrid Montepíncipe
Boadilla del Monte, Madrid. Spain

Clinical ultrasound in the daily practice of the Internist

Dr. Gonzalo García de Casasola

Department of Internal Medicine
University Hospital Infanta Cristina. Parla, Madrid. Spain

19:00-20:00

ROOM MADRID

ROUND TABLE - 22

NEW SPANISH MULTIDISCIPLINARY CONSENSUS ON CKD 2012

Chairmen: **Dr. Javier García Alegría**

President of the Spanish Society of Internal Medicine (SEMI)

Dr. Alberto Martínez Castelao

President of the Spanish Society of Nephrology (SEN)

CKD situation in Spain

Dr. Jesús Cebollada del Hoyo

Department of Internal Medicine
University Hospital Lozano Blesa. Zaragoza. Spain

Importance of a pluridisciplinary CKD approach

Dr. Julián Segura de la Morena

Department of Nephrology
University Hospital 12 de Octubre. Madrid. Spain

Presentation of the new Consensus

Dr. Javier García Alegría

Department of Internal Medicine
Hospital Costa del Sol. Marbella. Málaga. Spain

Dr. Alberto Martínez Castelao

Department of Nephrology
University Hospital of Bellvitge
L'Hospitalet de Llobregat. Barcelona. Spain

Sponsored by: Esteve



FRIDAY, OCTOBER 26th

08:00-09:30 h AUDITORIUM A, B, ROOMS MADRID - ROMA

ORAL COMMUNICATIONS 9 to 12

08:00-09:30 h ROOMS 1 - 12

POSTER SESSIONS 25 to 36

09:30-11:00 h AUDITORIUM A

ROUND TABLE - 23

ADVANCES IN PULMONARY HYPERTENSION

Chairman: Dr. Christopher Davidson

ESIM Co-Director

Brighton & Sussex Medical School. Institute of Postgraduate Medicine
University of Brighton. Mayfield House. East Sussex. U.K.

Current management of pulmonary arterial hypertension

Dr. Pilar Escribano Subias

Department of Cardiology

University Hospital 12 de Octubre. Madrid. Spain

**Current management of pulmonary hypertension secondary to
pulmonary embolism**

Dr. Giancarlo Agnelli

Stroke Unit and Division of Cardiovascular

Department of Internal Medicine. University of Perugia

Hospital Santa Maria della Misericordia. Perugia. Italy

**Current management of pulmonary hypertension secondary to
heart failure**

Dr. Francisco Javier Carrasco Sánchez

Department of Internal Medicine

General Hospital Juan Ramón Jiménez. Huelva. Spain

Sponsored by: Actelion Pharmaceuticals



FRIDAY, OCTOBER 26th

09:30-10:15 h **AUDITORIUM B**
MEET THE EXPERT - 5
DIABETES CONSENSUS OF SEMI

Chairman: **Dr. Ángel Sánchez Rodríguez**
Department of Internal Medicine
University Hospital of Salamanca. Spain

Speaker: **Dr. Ricardo Gómez Huelgas**
Department of Internal Medicine
University Hospital Carlos Haya. Málaga. Spain

09:30-10:15 h **ROOM MADRID**
MEET THE EXPERT - 6
RADIOFREQUENCY SYMPATHETIC DENERVATION

Chairman: **Dr. Antonio Coca Payeras**
Department of Internal Medicine
Institute of Medicine and Dermatology
Hospital Clínic. Barcelona. Spain

Speaker: **Dr. Roland E. Schmieder**
Head of the Research Dpt. CRC
Nephrology and Hypertensiology
University Hospital of Erlangen. Nürnberg. Germany

10:15-11:00 h **AUDITORIUM B**
MEET THE EXPERT - 7
NEW AND OLD CHALLENGES IN MANAGEMENT OF DIABETES

Chairman: **Dr. Manuel Serrano Ríos**
Department of Internal Medicine
University Clinic Hospital San Carlos. Madrid. Spain

Speaker: **Dr. Tina Vilsboll**
Head of Diabetes Research Division. Department of Internal Medicine
Gent of the Hospital University of Copenhagen. Copenhagen. Denmark

Sponsored by: Novo Nordisk



FRIDAY, OCTOBER 26th

10:15-11:00 ROOM MADRID

ROUND TABLE - 24

**PRONOKAL AND DIAPROKAL METHODS: EVIDENCE IN
THE MANAGEMENT OF OBESITY AND A NEW APPROACH
FOR OVERWEIGHT AND OBESE TYPE 2 DIABETES ADULTS**

Chairwoman: **Dr. Amparo Martínez Riquelme**

Head of Endocrinology and Nutrition Department
Medical Laser Institute. Integral Medical Center Henares
Torrejón de Ardoz. Madrid. Spain

Speakers: **Prokal Study: Preliminary results at 12 months**

Dr. Dolores Saavedra Ontiveros

Research Doctor. Department of Endocrinology
University General Hospital Gregorio Marañón. Madrid. Spain

Diaprokal Study: Final results

Dr. Albert Goday

Department of Endocrinology
Hospital del Mar. Barcelona. Spain

Sponsored by: Pronokal

11:00-11:30 h COFFEE-BREAK

11:30-13:00 h AUDITORIUM A

ROUND TABLE - 25

**RECOMMENDATIONS FOR THE INTERNIST ON ANTITHROMBOTIC
THERAPY IN ATRIAL FIBRILLATION:
ROLE OF ORAL ANTICOAGULANTS**

Chairman: **Dr. Javier García Alegría**

Department of Internal Medicine
Hospital Costa del Sol. Marbella. Málaga. Spain

Speakers: **Review of latest updates on antithrombotic therapy in atrial
fibrillation in accordance with current guidelines**

Dr. Javier García Alegría

Department of Internal Medicine
Hospital Costa del Sol. Marbella. Málaga. Spain



FRIDAY, OCTOBER 26th

Atrial fibrillation management: unanswered questions

Dr. Jose M^a Cepeda Rodrigo

Department of Internal Medicine
Hospital Vega Baja. Orihuela, Alicante. Spain

Practical considerations for the use of oral anticoagulants

Dr. Ferrán García-Bragado Dalmau

Department of Internal Medicine
University Hospital Dr. Josep Trueta. Girona. Spain

Sponsored by: Boehringer Ingelheim

11:30-13:00 h AUDITORIUM B

ROUND TABLE - 26

DPP4 INHIBITORS: BEYOND GLYCEMIC CONTROL

Chairman: Dr. Alfredo Michán Doña

Department of Internal Medicine
General Hospital of Jerez de la Frontera. Cádiz. Spain

Speakers: Diabetes Mellitus Type 2: Early and aggressive approach

Dr. Francisco Javier Ampudia Blasco

Department of Endocrinology and Nutrition
University Clinic Hospital. Valencia. Spain

Scientific Rational for Sitagliptin as second choice after metformin in T2DM patients

Dr. Wolfgang E. Schmidt

Medical Director
St. Josef-Hospital. Bochum. Germany

Cardiovascular Effects of Incretin based Therapies

Dr. Michael Lehrke

Medical Clinic. Head of Service Internal Medicine-Cardiology Specialist
Hospital University of Aachen. Germany

Sponsored by: Merck Sharp & Dohme - Ferrer - Almirall



FRIDAY, OCTOBER 26th

11:30-13:00 h ROOM MADRID

ROUND TABLE - 27

RARE DISEASES IN USUAL CLINICAL PRACTICE

Chairwoman: **Dr. Maria Domenica Cappellini**

Department of Internal Medicine

Maggiore Hospital, Policlinico IRCCS. University of Milan. Italy

A review of rare diseases with pharmacological treatment

Dr. Miguel Ángel Torralba Cabeza

Department of Internal Medicine

University Hospital Lozano Blesa. Zaragoza. Spain

Inborn metabolism disorders in the emergency department

Dr. Ángeles García Cazoria

Department of Neuropediatrics

Hospital Sant Joan de Déu. Barcelona. Spain

13:00-13:45 h AUDITORIUM B

MEET THE EXPERT - 8

SODIUM-GLUCOSE COTRANSPORTER 2 (SGLT2)

INHIBITORS: FROM RENAL GLYCOSURIA TO THE

TREATMENT OF DIABETES MELLITUS TYPE 2

Chairman: **Dr. Pedro Conthe Gutiérrez**

Department of Internal Medicine

University General Hospital Gregorio Marañón. Madrid. Spain

Speaker: **Dr. Stefano Del Prato**

Department of Endocrinology & Metabolism

Section of Metabolic Diseases and Diabetes

Cisanello Hospital. Pisa. Italy

Sponsored by: Bristol-Myers Squibb - AstraZeneca



FRIDAY, OCTOBER 26th

13:00-13:45 h ROOM MADRID

LECTURE - 3
ALCOHOL AND IMMUNE SYSTEM

Chairman: **Dr. Miguel Marcos Martín**
Department of Internal Medicine
University Hospital of Salamanca. Spain

Speaker: **Dr. Gyongyi Szabo**
Professor of Medicine. Division of Gastroenterology
Department of Medicine
University of Massachusetts Medical School. USA

13:45-14:30 h AUDITORIUM A

LECTURE- 4
WHAT SHOULD A GENERAL INTERNIST KNOW ABOUT AIDS

Chairman: **Dr. Serhat Ünal**
Department of Internal Medicine
Hacettepe University Medical School. Ankara. Turkey

Speaker: **Dr. Daniel Sereni**
President of the Foundation of the Development of IM in Europe
Head Department Internal Medicine. Hospital Saint-Louis
Professor of Medicine at the University of Paris. France

13:45-14:30 h AUDITORIUM B

LECTURE - 5
REFRACTORY ARTERIAL HYPERTENSION

Chairman: **Dr. Antonio Coca Payeras**
Department of Internal Medicine
Institute of Medicine and Dermatology
Hospital Clínic. Barcelona. Spain

Speaker: **Dr. Josep Redón i Mas**
President of the European Society of Hypertension
Department of Internal Medicine
University Clinic Hospital. Valencia. Spain



FRIDAY, OCTOBER 26th

13:45-14:30 h ROOM MADRID

LECTURE - 6
THYROID NODULES

Chairman: **Dr. Werner O. Bauer**

Past President, European Federation of Internal Medicine (EFIM)
President Swiss Institute of Education (SIWF)
Lecturer in Internal Medicine
University of Zurich Medical School. Switzerland

Speaker: **Dr. Jan Willem F. Elte**

Secretary General of EFIM

14:30-16:00 h WORKING LUNCH

15:00-16:00 h ROOM 1

WORKING GROUP MEETING: DIABETES AND OBESITY

ROOM 2

WORKING GROUP MEETING: BIOETHICS

ROOM 3

WORKING GROUP MEETING: EMERGENCY

ROOM 4

WORKING GROUP MEETING: ORPHAN DISEASES

ROOM 5

WORKING GROUP MEETING: ALCOHOL AND ALCOHOLISM

16:00-17:00 h AUDITORIUM A, B, ROOMS MADRID - ROMA

ORAL COMMUNICATIONS 13 to 16

16:00-17:00 h ROOMS 1 - 12

POSTER SESSIONS 37 to 48



FRIDAY, OCTOBER 26th

17:00-18:30 h AUDITORIUM A

ROUND TABLE - 28

THE BURDEN OF DIABETES AND OBESITY

Chairmen: **Dr. José M^a de Miguel Yanes**

Department of Internal Medicine

University Hospital del Sureste. Arganda del Rey. Madrid. Spain

Dr. Dror Dicker

President of Israeli Society of Internal Medicine

Diet and cardiometabolic risk in diabetic Spanish population

Dr. Fernando Rodríguez Artalejo

Department of Preventive Medicine and Public Health

Autonomous University of Madrid. Spain

Clinical application of type 2 diabetes genetics

Dr. James B. Meigs

Associate Professor of Medicine at Harvard Medical School

Associate Physician in the General Medicine Division and Diabetes Research Unit

Massachusetts General Hospital and Co-director of the MGH. USA

Current perspective of metabolic syndrome

Dr. Manuel Serrano Ríos

Department of Internal Medicine

University Clinic Hospital San Carlos. Madrid. Spain

17:00-18:30 h AUDITORIUM B

ROUND TABLE - 29

EMERGENCY

Chairmen: **Dr. Juan Torres Macho**

Department of Emergency

Hospital Infanta Cristina. Parla. Madrid. Spain

Dr. Mark H. Kramer

Chair Department of Medicine, VUmc

Free University Medical Center. Amsterdam. The Netherlands



FRIDAY, OCTOBER 26th

Agent-based decision support system for hospital internal medicine emergency departments

Dr. Francisco Epelde Gonzalo

Department of Internal Medicine
University Corporación Sanitaria Parc Tauli. Sabadell, Barcelona.
Spain

Internal Medicine and Emergency. A perspective from Netherlands

Dr. Mark H. Kramer

Chair Department of Medicine, VUmc
Free University Medical Center. Amsterdam. The Netherlands

Alternative to traditional inpatient care for emergency medical admissions

Dr. Xavier Corbella i Virós

Managing Director
University Hospital of Bellvitge
L'Hospitalet de Llobregat. Barcelona. Spain

Emergency medicine in the European Union

Dr. Enrico Davoli

Emergency Surgeon Consultant
Rome. Italy

17:00-17:45 h ROOM MADRID

MEET THE EXPERT - 9

NON-ONCOLOGIC PET-CT INDICATIONS IN INTERNAL MEDICINE

Chairman: Dr. Jordi Casademont Pou

Department of Internal Medicine
Hospital Santa Creu i Sant Pau. Barcelona. Spain

Speaker: Dr. Alejandro Fernández León

Department of Nuclear Medicine
Hospital Santa Creu i Sant Pau. Barcelona. Spain



FRIDAY, OCTOBER 26th

17:45-18:30 h ROOM MADRID

MEET THE EXPERT - 10
BIOETHICS AND MOVIES

Chairman: **Dr. Eloy Pacho Jiménez**
Department of Internal Medicine
Ibermutuamur. Madrid. Spain

Speaker: **Dr. Benjamín Herreros Ruiz-Valdepeñas**
Department of Internal Medicine
University Hospital Fundación Alcorcón. Madrid. Spain

18:30-19:30 h AUDITORIUM A

LECTURE - 7
DR. CARLOS JIMÉNEZ DÍAZ CONFERENCE
FUTURE OF INTERNAL MEDICINE IN EUROPE

Chairwoman: **Dr. Maria Domenica Cappellini**
Department of Internal Medicine
Maggiore Hospital, Policlinico IRCCS. University of Milan. Italy

Speaker: **Dr. Ramón Pujol Farriols**
President of EFIM

19:30-20:30 h AUDITORIUM A

CIRIL ROZMAN, YOUNG PHYSICIAN AND FDIME RESEARCH AWARDS



SATURDAY, OCTOBER 27th

08:00-09:30 h AUDITORIUM A, B, ROOMS MADRID - ROMA

ORAL COMMUNICATIONS 17 to 20

08:00-09:30 h ROOMS 1 - 12

POSTER SESSIONS 49 to 60

09:30-10:15 h AUDITORIUM A

MEET THE EXPERT - 11

**INTERNAL MEDICINE IN EUROPE: SURVEYS ON CLINICAL PRACTICE
AND POSTGRADUATE EDUCATION**

Chairman: **Dr. Ramón Pujol Farríols**

Department of Internal Medicine
University Hospital of Bellvitge
L'Hospitalet de Llobregat. Barcelona. Spain

Speaker: **Dr. Runolfur Pálsson**

Division of Nephrology, Internal Medicine Services, Landspítali
The National University Hospital of Iceland and University of Iceland
Reykjavik. Iceland

09:30-10:15 h AUDITORIUM B

MEET THE EXPERT - 12

**WORKSHOP ON DIABETES CASES: FOCUSING ON THE
CLINICAL APPROACH**

Chairman: **Dr. José M^a de Miguel Yanes**

Department of Internal Medicine
University Hospital del Sureste. Arganda del Rey. Madrid. Spain

Speaker: **Dr. James B. Meigs**

Associate Professor of Medicine at Harvard Medical School
Associate Physician in the General Medicine Division and Diabetes
Research Unit
Massachusetts General Hospital and Co-Director of the MGH. USA



SATURDAY, OCTOBER 27th

09:30-11:00 h ROOM MADRID

ROUND TABLE - 30

UNIVERSITY AND INTERNAL MEDICINE
THE ROLE OF THE INTERNIST IN THE ACQUISITION OF
SKILLS OF GRADUATE STUDENTS

Chairmen: **Dr. Juan A. Vargas Núñez**
Dean of the Faculty of Medicine of the UAM

Dr. José Luis Álvarez-Sala Walther
Dean of the Faculty of Medicine of the UCM

Internal Medicine within the teaching degree: actual situation in Spain

Dr. Jordi Casademont Pou
Department of Internal Medicine
Hospital Santa Creu i Sant Pau. Barcelona. Spain

The ECOE exam as final assessment of undergraduate studies
in Medicine: Experience in the UCM

Dr. Luis A. Álvarez-Sala Walther
Department of Internal Medicine
University General Hospital Gregorio Marañón. Madrid. Spain

The student perspective

Sr. Ramón Gómez Ros
Coordinator of CEEM Medical Education
4th Year Medical Student. University of Girona. Girona. Spain

10:15-11:45 h AUDITORIUM A

ROUND TABLE - 31

HOT TOPIC IN

Chairmen: **Dr. Javier García Alegría**
Department of Internal Medicine
Hospital Costa del Sol. Marbella. Málaga. Spain

Dr. Verena A. Briner
Past President of Swiss Society of Internal Medicine

Cardiology

Dr. José Ramón González Juanatey
Department of Cardiology
University Hospital of Santiago de Compostela. A Coruña. Spain



SATURDAY, OCTOBER 27th

Gastroenterology

Dr. Stefan Lindgren

Department of Gastroenterology
Lund University, University Hospital Skane Malmo. Sweden

Nephrology

Dr. Belén Redal-Baigorri

Specialist in Internal Medicine and Nephrology
Køge University Hospital. Copenhagen. Denmark

10:15-11:45 h AUDITORIUM B

ROUND TABLE - 32

**ADVANCES IN LIVER DISEASE: ALCOHOLIC, CURRENT
MANAGEMENT OF VIRAL HEPATITIS, IMAGING TEST, LIVER
TRANSPLANTATION**

Chairman: **Dr. Arturo González Quintela**

Department of Internal Medicine
University Hospital of Santiago de Compostela. A Coruña. Spain

Genetic predisposition to alcoholic liver disease

Dr. Miguel Marcos Martín

Department of Internal Medicine
University Hospital of Salamanca. Spain

Update in liver transplantation

Dr. Santiago Tomé Rituerto

Department of Internal Medicine
University Hospital of Santiago de Compostela. A Coruña. Spain

Current management of HCV infection

Dr. Manuel Romero-Gómez

Clinical Management Unit of Medical Surgical Gastroenterology
Hospital of Valme. Sevilla. Spain



SATURDAY, OCTOBER 27th

11:00-11:45 h ROOM MADRID

MEET THE EXPERT- 13

MONOGENIC DIABETES AND NON TYPE 2 DIABETES

Chairman: **Dr. Alfredo Michán Doña**

Department of Internal Medicine
General Hospital of Jerez de la Frontera. Cádiz. Spain

Speaker: **Dr. Antonio Luis Cuesta Muñoz**

Director Center for the Study of Pancreatic Beta-cell Diseases /
DRI-Málaga
Hospital Carlos Haya. UGC – Internal Medicine
Biomedical Institute of Málaga (IDIMA). Málaga. Spain

11:45-12:30 h AUDITORIUM A

AWARDS

BEST ORAL COMMUNICATIONS AND POSTER SESSIONS

12:30 h AUDITORIUM A

CLOSING CEREMONY

Mr. Ramón Pujol Farriols

President EFIM

Mr. Javier García Alegría

President SEMI

Mr. Pedro Conthe Gutiérrez

President Scientific Committee

12:30-13:30 h AUDITORIUM A

GENERAL ASSEMBLY OF SEMI



ABSTRACT TOPICS

- **A: INFECTIOUS DISEASES**
- **EA: PATIENTS WITH MULTIMORBIDITY AND ELDERLY PATIENTS**
- **G: CLINICAL MANAGEMENT**
- **IC: HEART FAILURE**
- **IF: INFLAMMATION AND AUTOIMMUNE DISEASES**
- **O: OSTEOPOROSIS**
- **RV: VASCULAR RISK**
- **T: VTE**
- **V: OTHERS**

PRESENTATION AT THE CONGRESS OF THE ABSTRACTS ACCEPTED

RULES FOR ORAL COMMUNICATIONS

Please send us your presentation in Power Point format, before 15th October, 2012, at the following e-mail: comunicaciones@shmedical.es

The presentation of the oral communication in sessions will be held in Power Point, with a maximum of 8 minutes, by projecting the slides on a normal screen. It is recommended to use a number between 8 and 10 slides as maximum.

The authors of the oral communications also have to send a jpg file for the display in the touch screens. This file should be submitted online through the internet address:
www.itcongresuales.com/postersonline/efim2012.php

You have received an e-mail with detailed information regarding corresponding steps to be followed for submission of files. This information will also be available on the Congress website (www.efim2012.org).

Please note that it is mandatory to be registered at the Congress for the presentation of oral communications.

RULES FOR POSTER PRESENTATION

The Scientific Committee gives an enormous importance to the posters sessions and for this reason they have tried to ensure that the sessions do not coincide with any other scientific activity within the Program. They have made a remarkable effort to distribute the communications by related topics and to include expert Chairmen in each of the topics.



IMPORTANT: Because of the great number of abstracts, the organization has divided the posters in two groups:

Posters - A. The presentation will be twofold. On the one hand the poster sessions, in which the work will be presented in a Power Point presentation, and secondly, a permanent exhibition through touch screens available at the Congress venue for all the attendees.

Posters - B. They will be presented only in the permanent exhibition through touch screens available at the Congress venue for all the attendees.

Only one picture (in a .jpg file) will be utilized for the display (all the posters) in the touch screens.

The presentation of the posters in sessions (only Posters - A) will be held in Power Point (3 slides without animation), with a maximum of 5 minutes (3 minutes for presentation + 2 minutes for questions/answers), by projecting the slides on a normal screen. For display on touch screens, a single image in JPG will be used (which formerly served to create the printed poster).

The files that are used for both presentation formats (JPG and Power Point), should be submitted online through the internet address: www.itcongresuales.com/postersonline.

You have received an e-mail with detailed information regarding corresponding steps to be followed for submission of files. This information will also be available on the Congress website (www.efim2012.org).

The deadline for submission of files is 15th October, 2012. Please send your files within that period, as no changes can be made on-site on the material sent for exhibition displays.

Please note that it is mandatory to be registered at the Congress for the presentation of the posters.

IMPORTANT FOR CHAIRMEN OF POSTER SESSIONS

Due to the great number of scientific activities scheduled during the Congress, Chairmen are requested to be very aware of time (5 minutes each presentation), not being allowed to exceed the time assigned to the session.

If you have any problems please contact the Technical Secretariat

S&H Medical Science Service
C/ Espronceda, 27, Entreplanta
28003, Madrid. Spain
Tel.: +34 91 535 71 83
Fax: +34 91 181 76 16
E-mail: comunicaciones@shmedical.es



YOU WILL BE ABLE TO DOWNLOAD THE POSTERS IN YOUR MOBILE DEVICE IN THE NEXT EFIM CONGRESS

Attendees to the 11th EFIM Congress / XXXIII SEMI Congress will be able to download the posters in their mobile devices. Through a reading system for QR and BIDI codes, which is going to be incorporated in the touch screens of the Congress, the interested people will have the opportunity to dispose of any abstract's poster in their smartphones or tablets.

HOW TO DOWNLOAD THE POSTERS ON YOUR MOBILE DEVICE THROUGH THE TOUCH SCREEN?

Through this new system of Posters Download, you can download on your mobile device (Smartphone or Tablet) the posters displayed on the screens. According to the Smartphone or Tablet model you have, you must download one of the following applications to read this type of QR codes or BIDI (free of charge).

• **Blackberry:**

"I-NIGMA" <http://www.i-nigma.mobi/>

"QR Code Scanner Pro" from BlackBerry AppWorld

• **Iphone o Ipad:**

"I-NIGMA" <http://www.i-nigma.mobi/> or from AppStore

• **Android (Samsung, HTC, Sonny, etc):**

"I-NIGMA" <http://www.i-nigma.mobi/> or from Android Market

"QR Droid" from Android Market

• **Symbian (Nokia):**

"I-NIGMA" <http://www.i-nigma.mobi/>

"Beetag" <http://get.beetag.com/en/qr-reader/download>

Once downloaded and installed the application, run it and KEEP close your mobile device to the screen, and read the code on the screen associated with the poster you want to download.



MADRID
October, 24-27
2012



6th YOUNG INTERNISTS' DAY

All young internists (trainees, residents and specialists in the early years of their specialty) are very welcome to join us on Thursday afternoon at the Young Internists' Day.

An interesting program awaits you: an introduction to Young Internists' activities, a stimulating lecture and a group discussion on the day-to-day topics young doctors are dealing with.

Join us and enjoy an international and friendly atmosphere!

See you all on Thursday - October 25th from
17:00 to 21:00 Room "Roma"



AWARDS

EFIM AWARDS

1. The 3 Oral Communications presented and best evaluated will be awarded with a prize of 500,00 € and a free registration to the European Congress of EFIM that will be held next year in Prague.
2. The 3 Pósters presented and best evaluated will be awarded with a prize of 300,00 € and a free registration to the European Congress of EFIM that will be held next year in Prague.

SEMI AWARDS

1. The 5 Oral Communications presented and best evaluated, being the 1st Author a Young Internist and Member registered in SEMI. These Young Internists will be awarded with a scholarship by the Society with a free registration to the National Congress of SEMI, that will be held next year.
2. The 15 Posters presented and best evaluated being the 1st Author a Young Internist and Member registered in SEMI. These Young Internists will be awarded with a scholarship by the Society with a free registration to the National Congress of SEMI, that will be held next year.

3. CIRIL ROZMAN AWARD

During the Closing Ceremony we will hand out the award named Ciril Rozman, granted by SEMI to a non-internist personality who has distinguished in previous years by activities in favor of Internal Medicine. The prize is an honorary award and the winner will give a Magistral Conference.

4. YOUNG INTERNIST AWARD

During the Congress, SEMI will hand out the Young Internist Award. This Award was created in 2008 for those Internists (clinicians/researchers) and Members registered in SEMI. Must be physicians under age 35, who have distinguished themselves in the previous year by their scientific projection. The prize includes an award of 2.000,00 €



General Information

Congress Venue

Palacio Municipal de Congresos (*Campo de las Naciones*)

Avda. de la Capital de España Madrid, 7

28042 Madrid (Spain)

Tlf: +34 91 722 04 00 Fax: +34 91 721 06 07

E-mail: info@madrideyc.es

Web Page: www.madrideyc.es

Date Held

24th-27th October 2012

Congress Organizers

European Federation of Internal Medicine (*EFIM*)

Spanish Society of Internal Medicine (*SEMI*)

C/ Pintor Ribera, 3

28016 Madrid (Spain)



Technical Secretariat



S&H Medical Science Service

C/ Espronceda, 27, Entreplanta

28003 Madrid (Spain)

Tlf. +34 91 535 71 83 Fax: +34 91 181 76 16

E-mail: congresos@shmedical.es

Congress Web Page

www.efim2012.org

Registration Desk

The Registration Desk will have the following timetables:

- **Wednesday, 24th October:** from 09.00-20.30 h.
- **Thursday, 25th October:** from 08.00-20.30 h.
- **Friday, 26th Octubre:** from 08.00-20.30 h.
- **Saturday, 27th October:** from 08.00-13:00 h.

Exhibition timetables

- **Wednesday, 24th October:** from 09.00-20.30 h.
- **Thursday, 25th October:** from 09.00-20.00 h.
- **Friday, 26th Octubre:** from 09.30-20.00 h.
- **Saturday, 27th October:** from 09.30-13:00 h.



Congress Language

The official language of the Congress is English. There will be no simultaneous translation.

Badge

Delegates will receive badges and vouchers for the booked events. Participants are kindly requested to wear their badge throughout the Congress, even at social events. Lost badges will not be replaced. A new registration will be mandatory.

Coffee-Break

Coffee will be served in the area of the exhibition.

Working Lunch

Lunch will be at the Congress venue, being essential the presentation of meal tickets.

The schedule is as follows:

Wednesday, 24th October: from 13:00-15:00 h. Only for those attending the Workshops.

Thursday 25th and Friday 26th October: from 13:00-16:00 h.

Workshops

Pre-registration is not necessary for workshop attendance. The workshops will be repeated and the maximum number of persons per workshop will be according to the room capacity.

Exhibition

A technical-scientific exhibition will take place during the Congress.

Accreditation of Medical Physics Education Programs

The scientific program will apply for medical physics continuing education credit (LAIN ENTRALGO).

IMPORTANT: In accordance with regulations of the system of accreditation of continuing medical education, teacher training activity cannot be addressed to professionals in training such as specialists (residents), therefore residents may not may opt for continuing education credits.

Mobile Phones

During scientific sessions mobile phones must be switched off.

Certificate of Attendance

Certificates of attendance will be handed out at the Registration Desk together with the rest of your documentation.



Currency

The official currency in Spain is the euro (EUR). Usual credit cards (Mastercard, American Express, VISA) are accepted in hotels, department stores and restaurants.

Insurance

The Organizers will not be responsible for any injury to participants or damage, theft and loss of personal belongings. Participants should therefore make their own insurance arrangements.

Time Zone

GMT (UTC) +02:00

Weather

The weather in Madrid in October is still beautiful and warm. However, there might be chilly and rainy days. The temperature can range between 13C° and 20C°.

Please check the actual weather on the Spanish official Weather Agency www.aemet.es

Emergency services

Emergency: 112

Police: 091

Ambulance: 060

ABOUT MADRID

There are many reasons for choosing Madrid as the location of the **11th Congress of EFIM and XXXIII Congress of SEMI**, but they will all lead to only one conclusion:

It is the only city where you will find everything. Cutting-edge facilities, devoted professionals and a modern infrastructure, allowing you to comply with the most demanding quality levels. Furthermore, you will find a booming culture, a thriving lifestyle, warm people and blue skies. Undoubtedly, your stay in Madrid will be a unique experience.

At present, the city of Madrid represents the perfect symbiosis and harmony between efficiency and quality of life, at a price which is hard to beat anywhere else in the world.

- 144 museums
- 166 worldwide destination with direct flights
- 2.769 hours of sunshine per year
- 58.995 hotel beds
- 3.284.110 friendly people
- 6 public and 7 private universities
- More than 350 metro stations
- Almost 300 km of underground lines
- 5.077 restaurants
- 15.023 taxis



MADRID TRANSPORTATION

The high quality of Madrid's airport, train stations and all its embracing public transportation system, places it among the best in the world, due to the ease and freedom of movement throughout the city, resulting from excellent connections between the Airport, the Metro, Bus and Regional Train Networks.

AIR

Madrid has three airports, the main one being Madrid-Barajas Airport. In terms of infrastructure, equipment, resources and air traffic, it is the most important air hub in Spain and the fourth in Europe.

It is just 13 km. away from the city, and access to it by public transportation is one of the quickest and easiest to use in the world: besides bus or taxi, travellers may take the metro, where every five minutes a train to Madrid-Barajas Airport leaves from Nuevos Ministerios in the city center. Madrid-Barajas International Airport receives flights from over 166 destinations, including several low cost airlines, and is the main European air hub for Latin America. The opening of the new terminal T4 has set its capacity in 70 million passengers. The building was designed by Richard Rodgers and Lamela and it has received the Stirling Architecture Award.

METRO

The underground (Metro) is the fastest, most efficient and more affordable way to move around Madrid. The city has a vast metropolitan network, one of the most comprehensive in Europe, and covers almost all the points in the capital and many of the neighbouring areas.

Line 8 (Nuevos Ministerios-Airport T4) is particularly noteworthy, has Stations in Campo de las Naciones, where is the Venue of the Congress.

BUS

Madrid has an extensive city bus network, run by the company Empresa Municipal de Transporte (EMT), which covers the whole city. All the vehicles that make up the EMT fleet, 2.022 in total, are air conditioners. Madrid's buses have special facilities for disabled access.

TAXI

There are more than 15.000 taxis in Madrid, so it is not usually difficult to find one available in the city's main thoroughfares. Just make a sign and they will be keen to stop!.



IMPORTANT MESSAGE FOR ALL CONGRESS ATTENDEES CONCERNING TRANSPORTATION:

Upon arrival at the Registration Desk which will be located inside the Congress Venue, all Congress Attendees will receive a **FREE 3 DAY TRAVEL VOUCHER** to be used in the subways, busses and suburban trains.

- Please note that there will be **no official transfers** upon arrival/departure (Airport/Train Stations/Congress Venue/Official Congress Hotels).
- You have available local transportation (metro/busses/suburban trains). Please consult the following link: <http://www.ctm-madrid.es>

IMPORTANT NOTES

Viajes Yacaré and its agents and the Organizers shall not be responsible for and shall be exempt from all liability in respect of any loss, damage, injury, accident, delay or inconvenience to any person, or his/her luggage or any other property for any reason whatsoever, for any tourist services provided. Personal travel and health insurance is recommended.

For any additional options and clarifications, please contact:

Viajes Yacaré

C/ Ríos Rosas, 54 – 28003 Madrid (Spain)

Tfno: +34 91 534 08 03

Fax: +34 91 536 00 01

E-mail: viajesyacare@e-savia.net



Registration fee includes the following services:

- All official documentation including Program.
- Participation in Scientific Sessions.
- Entrance to the Exhibition.
- Abstracts presentation.
- Official working lunches and coffee breaks as scheduled in the program.
- Welcome Reception on 24th October.
- A certificate of attendance.
- Working lunches

TRAVEL VOUCHER

All those attending the Congress will have available a free 3 day travel voucher to be used in the subways, busses and suburban trains.

IMPORTANT

The Spanish Society of Internal Medicine (SEMI) and the European Federation of Internal Medicine (EFIM) are not responsible for the cancellation of the 11th Congress of the European Federation of Internal Medicine and the XXXIII National Congress of the Spanish Society of Internal Medicine caused by strike, public disorder, actions of war, terrorism, fire, weather conditions, pandemics and causes of force majeure or any other damage or loss resulting from such cancellation.

MADRID
October, 24-27
2012





Technical Secretariat:
S&H Medical Science Service
c/ Espronceda, 27, Entreplanta, 28003 Madrid (Spain)
Tel.: +(34) 91 535 71 83 • Fax: +(34) 91 181 76 16
E' mail: congresos@shmedical.es