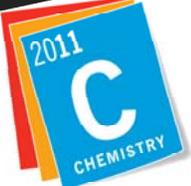


# EPOC y deterioro cognitivo

Dra **Belén Alonso Ortiz**

Medicina Interna. Hospital Universitario de Gran Canaria Dr. Negrín  
Las Palmas de Gran Canaria

International Year of  
**CHEMISTRY**  
2011



**AÑO INTERNACIONAL  
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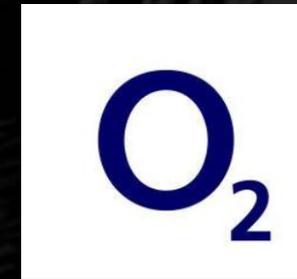
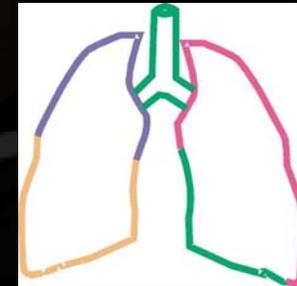
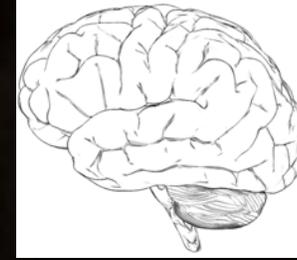
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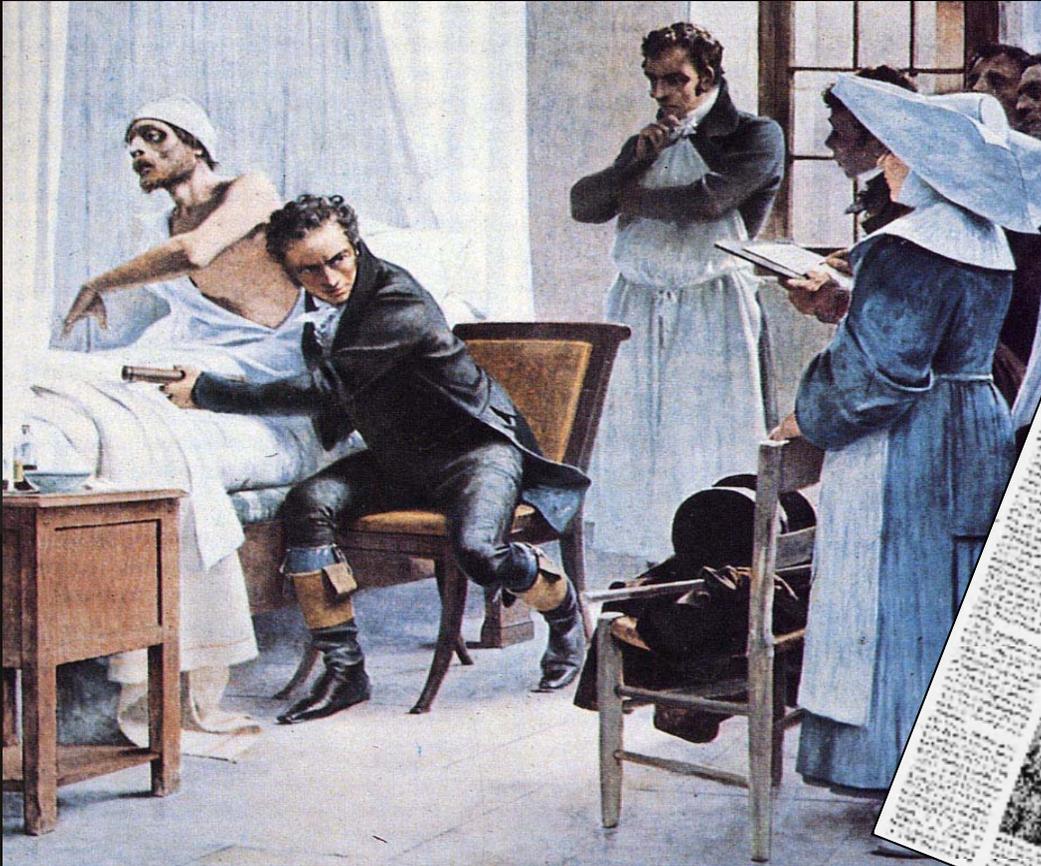


# sumario

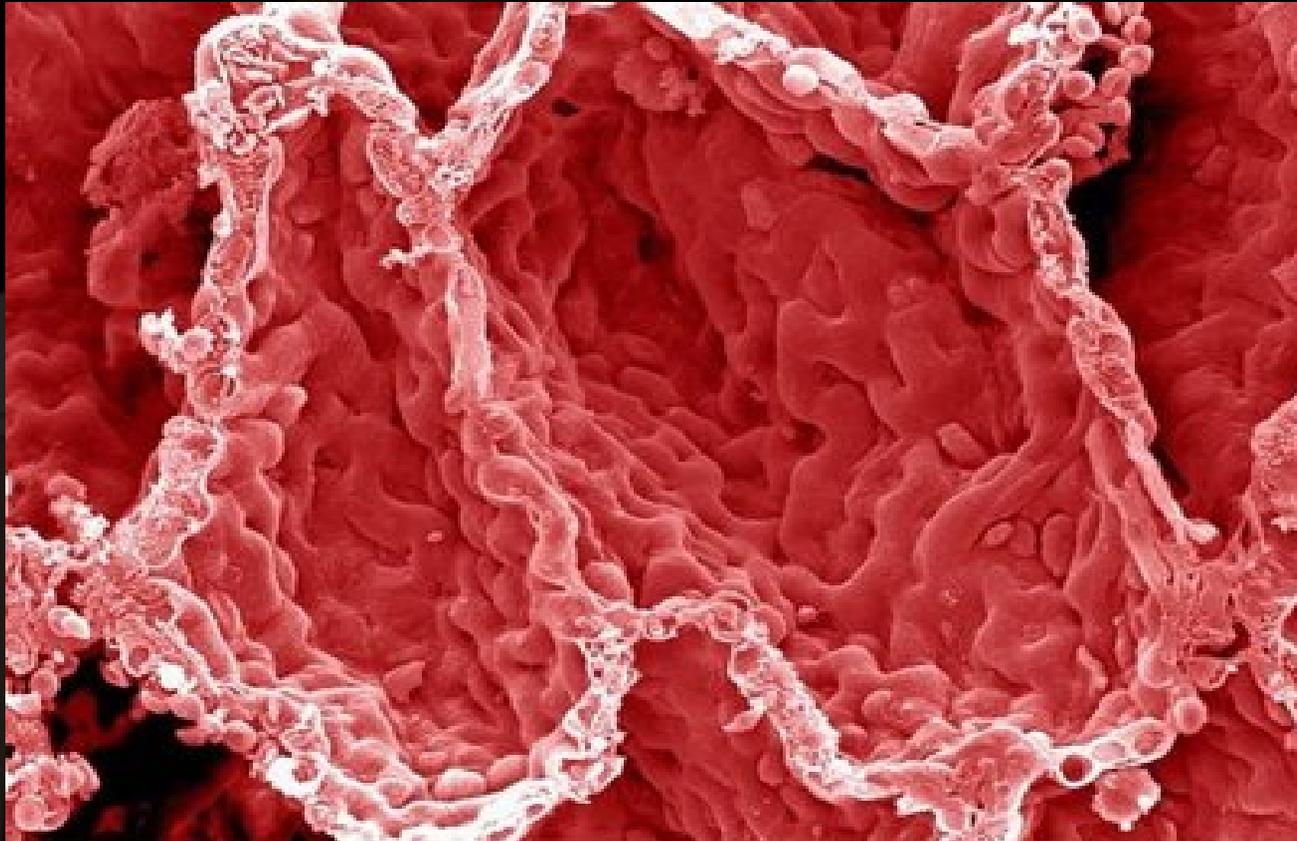
- Introducción
- Fisiopatología
- Oxigenoterapia crónica
- Posibles tratamientos
- Revisión bibliográfica
- Conclusiones



# Introducción



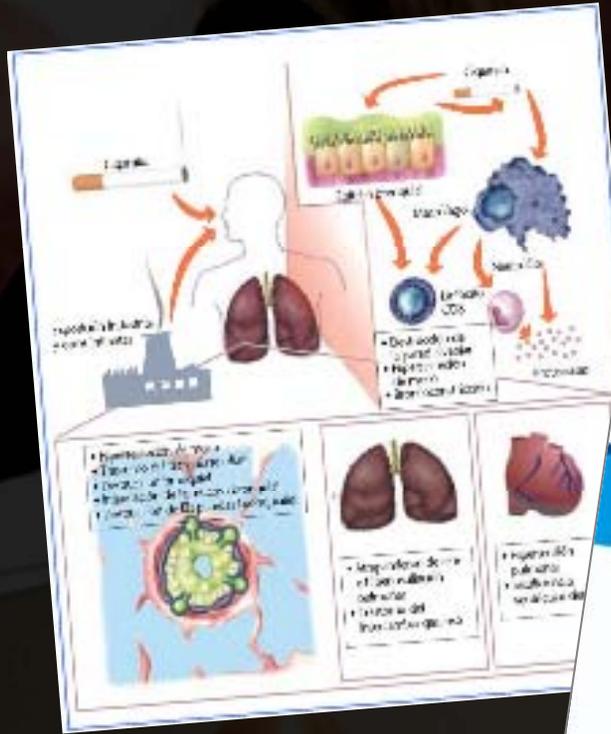
# Introducción



# Introducción



# Las causas de la



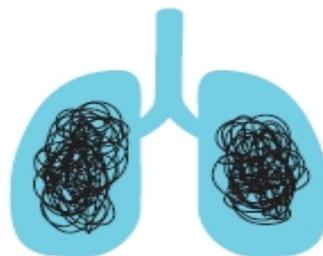
# Introducción



Enfermedad multisistémica

Comorbilidades

Fenotipos



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ALA EPOC.ORG**

# Introducción



# Introducción



# Deterioro Cognitivo (DC)

# Introducci3n



## no todo es Alzheimer





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## Deterioro cognitivo leve

[9] [Saltarse este menú](#) [Concepto](#) [Criterios diagnósticos](#) [Escala](#)

[Pruebas complementarias](#) [Tratamiento](#)

### Deterioro cognitivo leve y envejecimiento normal

**¿Sabías que el 50% de las** personas con alzheimer se pierden en la calle? ¡Con keruve nunca más!  
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#### **Terapia con Células Madre**

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[www.trillaseduforma.com/padres/](#)

#### **¿Tienes una duda?**

Consulta con un equipo de especialistas.  
(solo para médicos)

Los criterios de demencia, tal y como están especificados en la cuarta edición del Manual Diagnóstico y Estadístico de los trastornos mentales (DSM IV), requieren que el paciente tenga déficit cognitivo en dos o más áreas, tales como memoria, lenguaje, cálculo, orientación y juicio. Además, el déficit ha de ser lo suficientemente importante como para originar incapacidad social o laboral.

### Relacionados

- » [Alzheimer, enfermedad de](#)
- » [Casos clínicos](#)
- » [Demencia con cuerpos de Lewy](#)
- » [Demencia vascular](#)
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Anuncios Google



**Todo para el Alzheimer**

Juegos y Material de estimulación, Memoria,

# Introducción





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Profesionales

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Público-Pacientes

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Se actualizan las normas para la acreditación de los servicios y unidades clínicas de neurología

Principal
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**NEUROLOGIA DE LA CONDUCTA Y DEMENCIAS**  
Sociedad Española de Neurología



### BUSCANDO LA EVIDENCIA : APUNTES ACERCA DE INTERNET Y LAS DEMENCIAS

- [La investigación acerca de la Enfermedad de Alzheimer en la Red.](#)
- [Presentación en web, de test de screening ampliamente utilizados.](#)
- [Recursos Generales.](#)
- [Medicina Basada en la Evidencia en Internet](#)

Accesible Online ( en Agosto 2000) la publicación [Depression and risk of cognitive decline and Alzheimer's disease Results of two prospective community-based studies in The Netherlands](#). Donde se publican los resultados parciales del estudio de cohorte LASA (Longitudinal Aging Study Amsterdam.) y AMSTEL (Amsterdam Study of the Elderly).

#### 1.- La investigación acerca de la Enfermedad de Alzheimer en la Red.

Aunque con un sesgo hacia los recursos USA ( Como en todas las áreas ) esta iniciativa, [Alzheimer Research Forum](#) es un buen punto de partida para cualquier investigador sobre E. A. Se actualiza con periodicidad previsible y es posible suscribirse a un boletín de novedades. [Memory Impairment Study](#). Estudio patrocinado por el NIA ( [National Institute on Aging](#) ) de Institute on Aging ) desarrollado en más de 70 centros de USA y Canadá. En fase inicial. [Nun Study](#) is a longitudinal study of aging and Alzheimer's disease funded by the National Institute on Aging. Participants are 678 American members of the School Sisters of Notre Dame religious congregation who were 75-103 years of age....



# Introducci3n



General Medicine (426 journals)

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Neurology (96 journals)

# Introducción



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<p><b>Deutsch</b> <i>Die freie Enzyklopädie</i> 1 173 000+ Artikel</p>	<p><b>Español</b> <i>La enciclopedia libre</i> 697 000+ artículos</p>
<p><b>Français</b> <i>L'encyclopédie libre</i> 1 053 000+ articles</p>	<p><b>Русский</b> <i>Свободная энциклопедия</i> 647 000+ статей</p>
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# Introducción



## deterioro cognitivo definición

- Pérdida o alteración de las funciones mentales, tales como:
  1. memoria
  2. orientación
  3. lenguaje
  4. conducta
  5. reconocimiento visual



que interfiere con la actividad e interacción social de la persona afectada.



# Introducción



lenguaje

memoria

reconocimiento  
visual

orientación

Deterioro cognitivo



conducta



# Introducción criterios de deterioro cognitivo clásicos

1. Pérdida de memoria, referida por el paciente o por un informador fiable.
2. Facultad de memoria inferior en 1.5 SD (*desviaciones estándar*) o más por debajo de la media para su edad.
3. Cognición general normal.
4. Normalidad en las actividades de la vida diaria.
5. Ausencia de criterios diagnósticos de demencia.

**criterios de Petersen**

Petersen RC. Free and cued selective reminding test: MOANS norms. J Clin Exp Neuropsychol. 1997 Oct;19(5):676-91.



# grupo de trabajo *European Consortium on Alzheimer's Disease*



1. Quejas cognoscitivas procedentes del paciente y/o su familia.
2. El sujeto y/o el informador refieren un declive en el funcionamiento cognoscitivo en relación con las capacidades previas durante los últimos 12 meses.
3. Trastornos cognoscitivos evidenciados mediante evaluación clínica: deterioro de la memoria y/u otro dominio cognoscitivo.
4. El deterioro cognoscitivo no tiene repercusiones principales en la vida diaria, aunque el sujeto puede referir dificultades concernientes a actividades complejas del día a día.
5. Ausencia de demencia.

**Subtipo de DCL:** amnésico, no amnésico de múltiples dominios cognoscitivos, o no amnésico de un solo dominio cognoscitivo (distinto de la memoria).

# Introducción tests clásicos



**MINI-MENTAL STATE EXAMINATION DE FOLSTEIN**

Paciente: ..... Edad: .....  
 Teléfono: ..... Fecha: ..... Dx presuntivo: ..... Máx. 5: .....

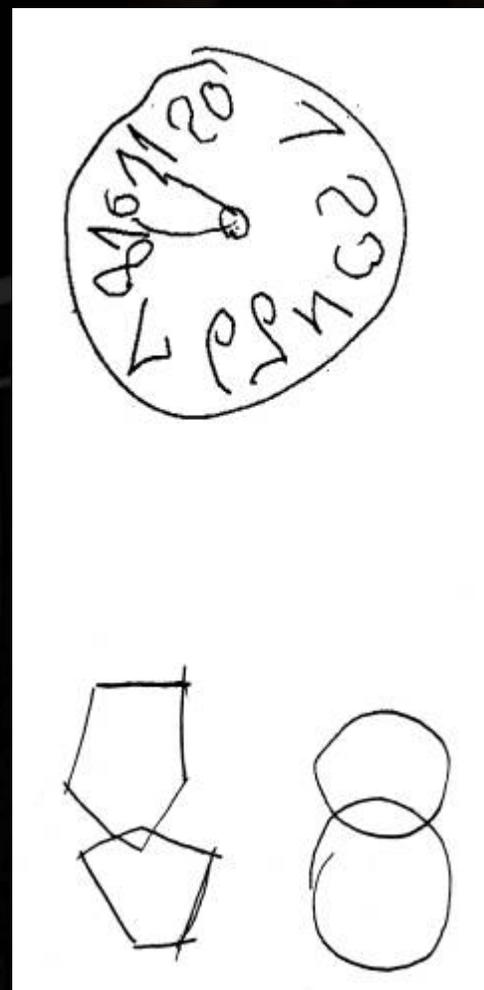
<b>ORIENTACION</b>	1. TIEMPO Día Mes Año Día de la semana Hora	Máx. 5: .....
<b>MEMORIA</b>	2. ESPACIO Piso/Dpto Hospital Barrio Ciudad País 3. RECORDAR EL NOMBRE DE 3 OBJETOS Repetir 8 veces la prueba si es necesario	Máx. 3: .....
<b>ATENCIÓN Y CÁLCULO</b>	4. CONTAR HACIA ATRÁS de 7 en 7, a partir de 100 93.... 86.... 79.... 72.... 65....	Máx. 5: .....
<b>MEMORIA DIFERIDA</b>	5. RECORDAR LOS OBJETOS DEL PUNTO TRES Papel..... Bicicleta..... Cuchara.....	Máx. 3: .....
<b>LENGUAJE</b>	6. DENOMINACION Roto, Lápiz..... 7. REPETICION DE LA FRASE "Ni sí, ni no, ni pero" 8. COMPRESION VERBAL Agarre este papel con la mano derecha..... Colóalo por la mitad..... Péngalo en el suelo..... 9. LECTURA-COMPRESION "Cierre los ojos" 10. ESCRITURA Una frase con verbo, sujeto y predicado..... DIBUJO 11. COPIA	Máx. 1: ..... Máx. 2: ..... Máx. 1: ..... Máx. 1: ..... Máx. 1: .....

Puntaje total: .....

11 - Copia de un dibujo



**ESCALA DE EVALUACION**  
 21 a 30 puntos = Normal  
 Menos de 21 puntos = Deterioro





# Introducción

## Clinical Dementia Rating escalas-1

Morris, J.C. (1993) The Clinical Dementia Rating (CDR): current version and scoring rules. *Neurology*, 43, 2412-4.

**THE CLINICAL DEMENTIA RATING SCALE**

	NONE 0	QUESTIONABLE 0.5	MILD 1	MODERATE 2	SEVERE
<b>Memory</b>	No memory loss or slight inconsistent forgetfulness	Consistent slight forgetfulness; partial recollection of events; "benign" forgetfulness	Moderate memory loss; more marked for recent events; defect interferes with everyday activity	Severe memory loss, only highly learned material retrained; new material rapidly lost	Severe memory loss only fragments remain
<b>Orientation</b>	Fully oriented	Fully oriented but with slight difficulty with time relationships	Moderate difficulty with time relationships; oriented for place at examination; may have geographic disorientation elsewhere	Severe difficulty with time relationships; usually disoriented to time, often to place	Oriented to person only
<b>Judgement and Problem Solving</b>	Solves everyday problems and handles business and financial affairs well; judgement good in relation to past performance	Slight impairment in solving problems, similarities and differences	Moderate difficulty in handling problems, similarities and differences; social judgement usually maintained	Severely impaired in handling problems, similarities and differences; social judgment usually impaired	Unable to make judgements or solve problems

Done

Internet

5 Internet Explorer

Windows Explorer

100%

EN



## Global Deterioration Scale

**Table 15 Global Deterioration Scale**

Reisberg's scale describes how Alzheimer's disease's pattern parallels in reverse that of child development—and tells doctors and relatives what to expect next of Alzheimer's victims.

Approx. Age	Abilities Acquired	Alzheimer's Stage	Abilities Lost
12+ years	Hold a job	Borderline	Hold a job
7–12 years	Handle simple finances	Early	Handle simple finances
5–7 years	Select proper clothes	Moderate	Select proper clothes
5 years	Put on clothes	Severe	Put on clothes
4 years	Shower unaided		Shower unaided
4 years	Go to toilet unaided		Go to toilet unaided
3–4½ years	Control urine		Control urine
2–3 years	Control bowels		Control bowels
15 months	Speak five or six words	Late	Speak five or six words
1 year	Speak one word		Speak one word
1 year	Walk		Walk
6–9 months	Sit up		Sit up
2–3 months	Smile		Smile

SOURCE. Roach, M. "Reflection in a Fatal Mirror," in *Aging*. Goldstein, E. C., ed. Vol. 2, Art. 83. Boca Raton, FL: Social Issues Resource Series, Inc., 1981



pacientes con  
**EPOC con hipoxemia  
presentan deterioro cognitivo**

Grant I, Heaton RK, McSweeney AJ, et al. Neuropsychologic findings in hypoxemic chronic obstructive pulmonary disease. Arch Intern Med 1982; 142: 1470-1476.

1982

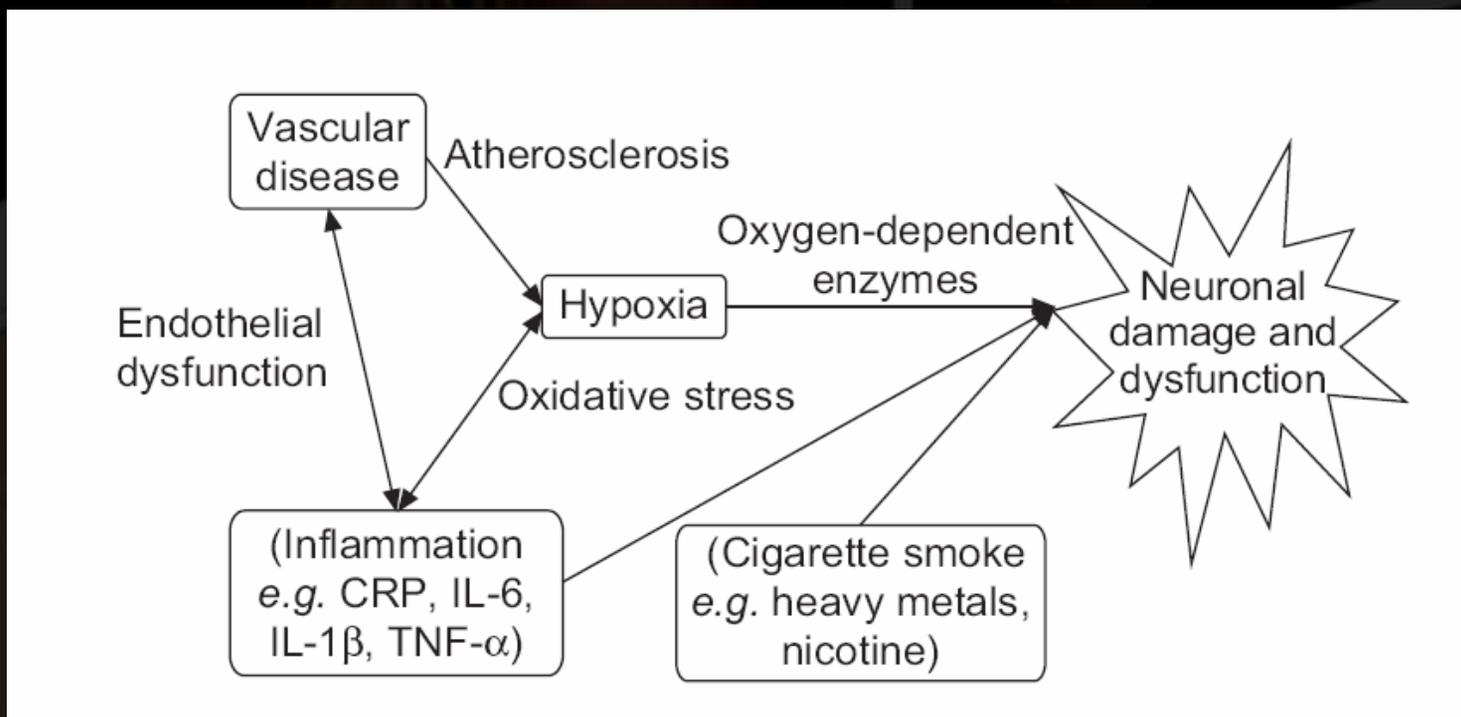
**Incluso, se ha sugerido que los malos resultados en las pruebas neuropsicológicas podría ser un predictor de mortalidad y discapacidad en determinados pacientes con EPOC**

1. Incalzi RA, Corsonello A, Pedone C, et al. Construct validity of activities of daily living scale: a clue to distinguish the disabling effects of COPD and congestive heart failure. Chest 2005; 127: 830-838.
2. Fix AJ, Daughton D, Kass I, et al. Cognitive functioning and survival among patients with chronic obstructive pulmonary disease. Int J Neurosci 1985; 27: 13-17.
3. Antonelli-Incalzi C, Corsonello A, Pedone C, et al. Drawing impairment predicts mortality in severe COPD. Chest 2006; 130: 1687-1694



# Fisiopatología

posibles mecanismos que contribuyan al daño neuronal en la EPOC



Dodd JW. Review: Cognitive function in COPD. Eur Respir J 2010; 35: 913–922.

# Fisiopatología



## tabaco

A silhouette of a person's head and hand smoking a cigarette. The cigarette is held in the hand, and a plume of white smoke rises from the tip. The background is a light, hazy grey.

# efecto neurotóxico

# Fisiopatología



## hipoxia/ hipoxemia



- Los estudios sugieren mayor deterioro en las áreas de la percepción y función motora.
- Sin embargo, estos hallazgos también se encuentran en pacientes no hipoxémicos.
- Es difícil extraer conclusiones por las diferencias en la severidad de la enfermedad y la metodología empleada.

1. Grant I, Heaton RK, McSweeney AJ, et al. Neuropsychologic findings in hypoxemic chronic obstructive pulmonary disease. *Arch Intern Med* 1982; 142: 1470–1476.

2. Fix AJ, Golden CJ, Daughton D, et al. Neuropsychological deficits among patients with chronic obstructive pulmonary disease. *Int J Neurosci* 1982; 16: 99–105.

3. Prigatano GP, Parsons O, Wright E, et al. Neuropsychological test performance in mildly hypoxemic patients with chronic obstructive pulmonary disease. *J Consult Clin Psychol* 1983; 51: 108–116.

4. Liesker JJ, Postma DS, Beukema RJ, et al. Cognitive performance in patients with COPD. *Respir Med* 2004; 98: 351–356.5.

Favalli A, Miozzo A, Cossi S, et al. Differences in neuropsychological profile between healthy and COPD older persons. *Int J Geriatr Psychiatry* 2008; 23: 220–221.



## marcadores de inflamación

- Hay evidencia de que la proteína C-reactiva puede estar asociada con el deterioro cognitivo, bien a través de un efecto neurotóxico directo o un efecto sobre la aterosclerosis cerebral.
- Otros mediadores que también se han relacionado son la IL -6, IL-1b, factor de necrosis tumoral-alfa y alfa-1 antiqumotripsina.
- Estos estudios sugieren una asociación en lugar de una relación de causalidad.

1. Duong T, Acton PJ, Johnson RA, et al. The in vitro neuronal toxicity of pentraxins associated with Alzheimer's disease brain lesions. Brain Research 1998; 813: 303–312.
2. Warnberg J, Gomez-Martinez S, Romeo J, et al. Nutrition, inflammation, and cognitive function. Ann N Y Acad Sci 2009; 1153: 164–175.
3. Borson S, Scanlan J, Friedman S, et al. Modeling the impact of COPD on the brain. Int J Copd 2008; 3: 429–434.
4. Engelhart MJ, Geerlings MI, Meijer J, et al. Inflammatory proteins in plasma and the risk of dementia: the rotterdam study. Archives of Neurology 2004; 61: 668–72.



# Oxigenoterapia

## crónica domiciliaria



# Oxigenoterapia



# 1983



Arch Intern Med. 1983 Oct;143(10):1941-7.

## **Psychologic effects of continuous and nocturnal oxygen therapy in hypoxemic chronic obstructive pulmonary disease.**

Heaton RK, Grant I, McSweeney AJ, Adams KM, Petty TL.

### **Abstract**

The Nocturnal Oxygen Therapy Trial (NOTT) showed previously that patients with hypoxemic chronic obstructive pulmonary disease (COPD) frequently suffered from neuropsychologic deficit and experienced disturbed mood, personality, and life quality. The present study has followed up 150 NOTT patients six months after they were randomized to continuous oxygen treatment (COT) or nocturnal oxygen treatment (NOT). Tested off oxygen, 42% showed modest neuropsychologic improvement after six months of therapy, and the rates for COT and NOT were comparable. A subsample (n = 37) was examined a third time, after 12 months of treatment. At this point patients receiving COT registered better neuropsychologic performance than those receiving NOT. Concurrently, the COT group began showing improved survival. Despite mild neuropsychologic improvement, patients reported little change in emotional status or life quality. It is concluded that prolonged oxygen treatment is associated with small but definite improvement in brain functioning among patients with hypoxemic COPD, and that COT might have some advantage over NOT in enhancing neuropsychologic functioning as well as survival.

# Oxigenoterapia

# 2005

167 pacientes

Deterioro cognitivo mayor  
entre los pacientes  
EPOC con OCD



Deterioro cognitivo  
mayor entre mujeres  
EPOC con OCD



Tohoku J. Exp. Med., 2005, 206, 347-352

## Cognitive Decline in Patients with Long-Term Domiciliary Oxygen Therapy



TAKASHI OHZU,<sup>1</sup> KAZUNORI TANAKA,<sup>2</sup> KAZUHI CHIBA,<sup>3</sup> TOHICHIRO MATSUI, SATOKU EIDEMARU, MIE MI, ICHIRO TSUJI,<sup>4</sup> HISOTAKI ARAI<sup>5</sup> and HIROTADA SASAKI

Department of Geriatric and Respiratory Medicine, <sup>3</sup>Division of Epidemiology, Department of Public Health, <sup>2</sup>Department of Geriatric and Complementary Medicine, Tohoku University Graduate School of Medicine, Sendai, and <sup>1</sup>Teijin Home Healthcare East Japan Limited, Saitama, Japan

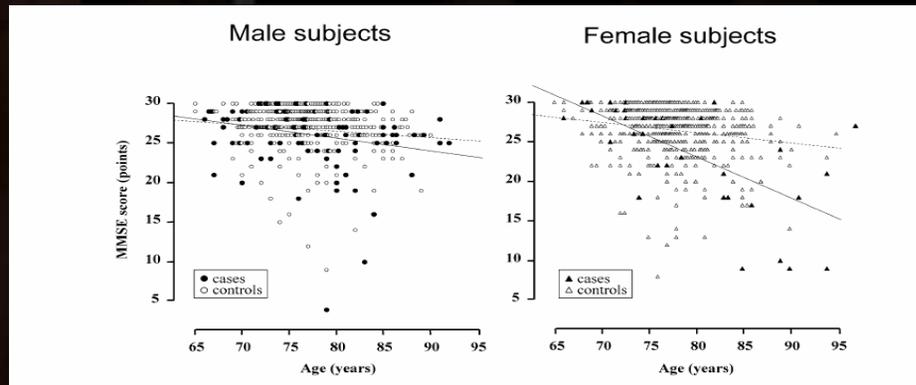
OHZU, T., TANAKA, K., CHIBA, K., MATSUI, T., EIDEMARU, S., MI, M., TSUJI, I., ARAI, H. and SASAKI, H. *Cognitive Decline in Patients with Long-Term Domiciliary Oxygen Therapy.* Tohoku J. Exp. Med., 2005, 206 (4), 347-352 — Cognitive and psycho-physiological condition in patients with long-term domiciliary oxygen therapy (DOT) remains uncertain. A cross sectional analysis was performed to investigate the age-related changes in cognitive and psycho-physiological functions in patients with chronic respiratory failure receiving long-term DOT. Two expert practitioners visited the patient's home and examined them for analysis of cognitive function, emotional status, physical activity and degree of dyspnoeic sensation. One hundred and thirty-five patients completed the study. Control data from a cohort of 718 community dwellers were also included in this study. Male patients had significantly higher rates of chronic obstructive pulmonary disease (71% vs 47%,  $p = 0.001$ ), lower values of forced expiratory volume in one second (FEV1.0) % (49.7  $\pm$  10.3 [standard deviation, s.d.] vs 66.0  $\pm$  7.5% predicted,  $p = 0.002$ ) and higher Borg score, an indicator of dyspnoeic sensation, during daily exercise (3.2  $\pm$  0.8 [s.d.] vs 1.4  $\pm$  0.6,  $p = 0.01$ ) compared with female patients. Linear regression analysis based on mean Mini-Mental State Examination scores, an indicator of cognitive function, showed that age-related cognitive decline was more pronounced in female patients than in female controls (-0.324/year,  $R^2 = 0.426$  vs -0.120/year,  $R^2 = 0.027$ ,  $p < 0.0001$ ), while there was no significant difference between male patients and male controls (-0.156/year,  $R^2 = 0.054$ , vs -0.077/year,  $R^2 = 0.016$ ,  $p = 0.231$ ). These results demonstrate that age-related cognitive decline is more exaggerated in female patients receiving long-term DOT which should be taken into consideration in caring for patients with chronic respiratory failure. — chronic respiratory failure; domiciliary oxygen therapy; long-term survivor; cognitive function; Borg score

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Received October 1, 2004; revision accepted for publication May 31, 2005.  
The first two authors contributed equally to this work.

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e-mail: ohzu@geriat.med.tohoku.ac.jp

# Oxigenoterapia



Variable	Controls		Patients		p value*
	Male (n = 301)	Female (n = 417)	Male (n = 101)	Female (n = 34)	
MMSE score	27.0 ± 3.0	26.4 ± 3.4	26.0 ± 2.4	23.4 ± 2.1	0.02
≤ 23 No. (%)	18(6)	29(7)	15(15)	14(41)	0.01
> 24 No. (%)	283(94)	388(93)	86(85)	20(59)	
GDS score	4.4 ± 2.8	4.2 ± 2.9	6.2 ± 3.4	5.9 ± 2.6	0.16
Functional/performance status (Katz index)	6.2 ± 1.8	6.2 ± 2.1	7.7 ± 3.3	7.0 ± 2.4	0.17
Borg score	1.1 ± 1.0	1.2 ± 1.1	3.2 ± 0.8	1.4 ± 0.6	0.01

Plus-minus values are means ± s.d. \*Comparisons were made between male patients and female patients with long-term DOT.

MMSE and GDS denote Mini-Mental State Examination and Geriatric depression scale.

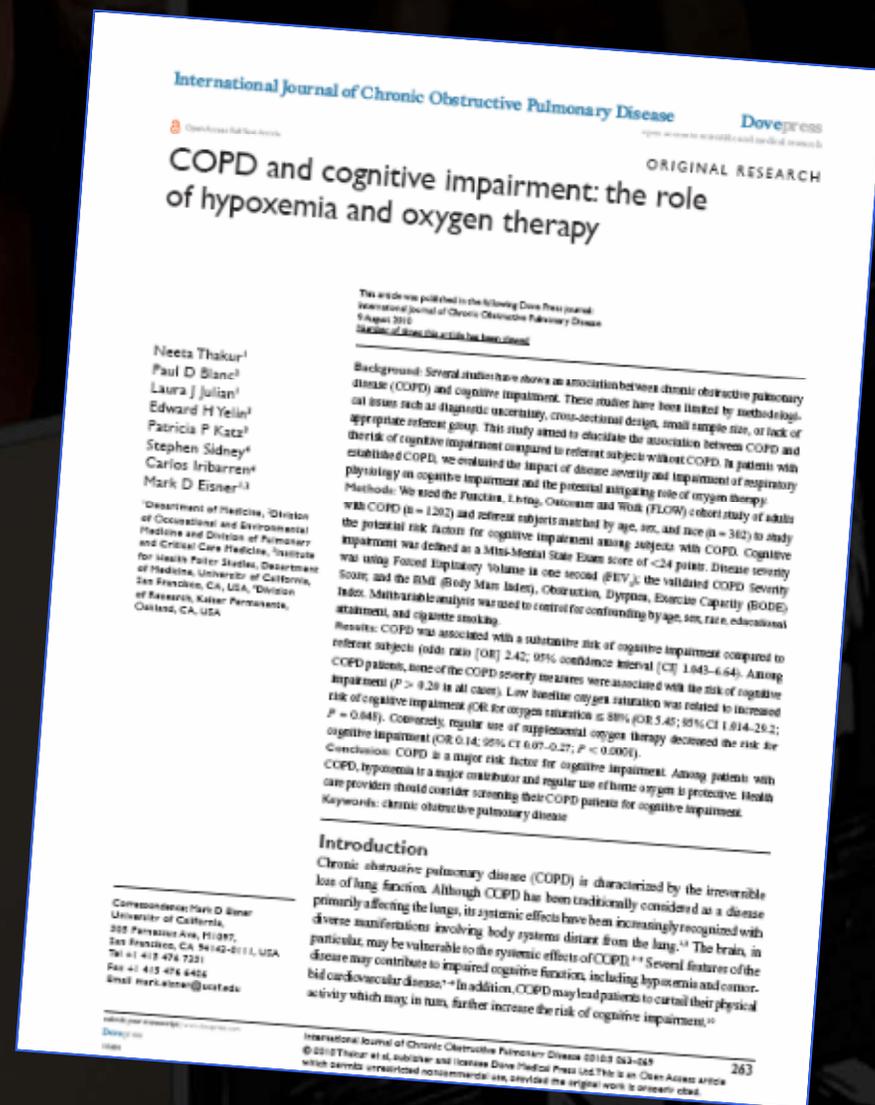
# Oxigenoterapia



estudio de cohortes  
1202 pacientes con EPOC  
302 sujetos sanos

la hipoxemia es el mayor  
contribuyente del deterioro cognitivo

el uso de OCD en  
pacientes con EPOC es  
protector

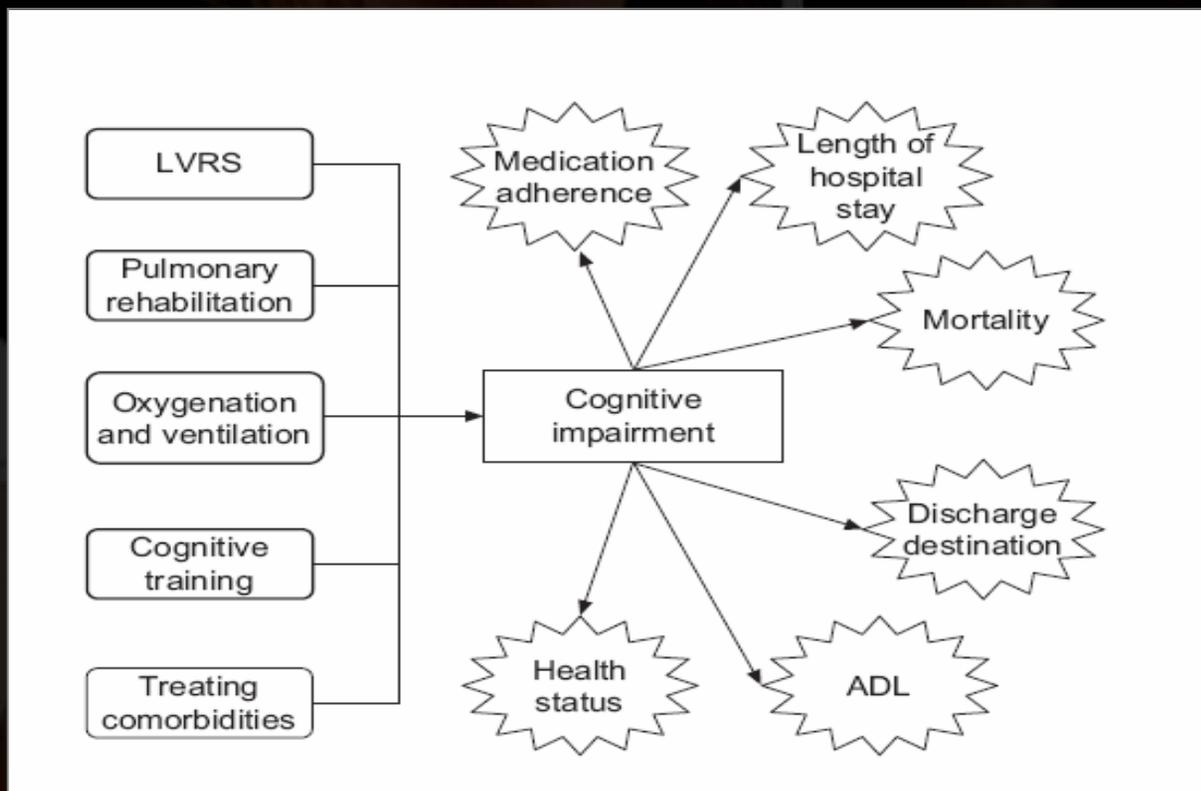


# Posibles tratamientos





# Posibles tratamientos



**LVRS:** lung volume reduction surgery; **ADL:** activities of daily living

Dodd JW. Review: Cognitive function in COPD. Eur Respir J 2010; 35: 913–922.



## Posibles tratamientos

# cirugía de reducción pulmonar

- La **CRVP** se ha asociado con mejoría de la función neuropsicológica, así como en depresión, la ansiedad y la calidad de vida durante más de 6 meses de seguimiento.
- Incluso después del ajuste por diferencias en la capacidad de ejercicio e hipercapnia entre la **CRVP** y grupos de control, mejora en la velocidad psicomotora y memoria verbal siendo significativas.
- Limitación del estudio, **19 pacientes**.



Kozora E, Emery CF, Ellison MC, et al. Improved neurobehavioral functioning in emphysema patients following lung volume reduction surgery compared with medical therapy. Chest 2005; 128: 2653–2663.



## Posibles tratamientos

# rehabilitación pulmonar/ ejercicio

- Un reciente **meta-análisis** sobre actividad física en la población de mayor edad, mostró un 14% de mejoría en la actividad aeróbica coincidiendo con un mejora de la capacidad cognitiva, sobre todo en la función motora y atención auditiva, además de en la velocidad de procesamiento y visual atención.
- En los pacientes con **EPOC**, la evidencia es limitada, pero se objetivan mejoras en la fluidez verbal, después de 3 meses. Parece que los programas de ejercicios adecuados pueden tener efectos beneficiosos sobre las funciones cognitivas, pero no está claro si estos beneficios son a largo plazo.

1. Angevaren M, Aufdemkampe G, Verhaar HJ, et al. Physical activity and enhanced fitness to improve cognitive function in older people without known cognitive impairment. Cochrane Database Syst Rev 2008; 2: CD005381.

2. Etnier JL, Berry M. Fluid intelligence in an older COPD sample after short- or long-term exercise. Med Sci Sports Exerc 2001; 33: 1620–1628.



# Posibles tratamientos

## oxigenoterapia

- La terapia de oxígeno aguda ni a largo plazo ha demostrado mejorar el rendimiento neuropsicológico.
- Hay otros estudios que si bien demuestran que la **OCD** pueden reducir el deterioro cognitivo, no puede prevenirlo por completo.
- Parecen necesarios **estudios longitudinales** más largos que incluyen distintas poblaciones con EPOC.

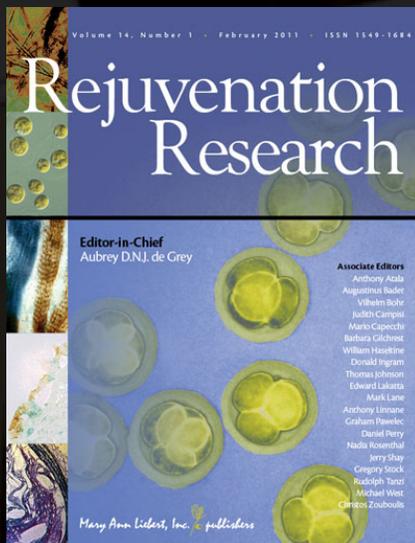
Vos PJ, Folgering HT, van Herwaarden CL. Visual attention in patients with chronic obstructive pulmonary disease. *Biol Psychol* 1995; 41: 295–305.  
Wilson DK, Kaplan RM, Timms RM, et al. Acute effects of oxygen treatment upon information processing in hypoxemic COPD patients. *Chest* 1985; 88: 239–243.  
Incalzi RA, Gemma A, Marra C, et al. Chronic obstructive pulmonary disease. An original model of cognitive decline. *Am Rev Respir Dis* 1993; 148: 418–424.  
Hjalmarsen A, Waterloo K, Dahl A, et al. Effect of long-term oxygen therapy on cognitive and neurological dysfunction in chronic obstructive pulmonary disease. *Eur Neurol* 1999; 42: 27–35.



# Posibles tratamientos

# entrenamiento cognitivo

- En pacientes con EPOC el entrenamiento cognitivo no ha demostrado su efectividad.



Rejuvenation Res. 2008 Feb;11(1):239-50.

## Cognitive training is ineffective in hypoxemic COPD: a six-month randomized controlled trial.

Incalzi RA, Corsonello A, Trojano L, Pedone C, Acanfora D, Spada A, Izzo O, Rengo F.

Geriatric Medicine, University Campus Bio-Medico, Rome, Italy.

### Abstract

Cognitive impairment is highly prevalent in chronic obstructive pulmonary disease (COPD) complicated by chronic hypoxemia, but the effect of cognitive training in patients with COPD has not been studied. The aim of the present study was to verify whether cognitive training can preserve cognitive abilities of patients with hypoxemic COPD. Our series consisted of 105 COPD patients with at rest (n = 36) or effort (n = 69) hypoxemia and free from concurrent dementing diseases. Neuropsychologic assessment included a screening test, the Mini Mental State Examination (MMSE), and a standardized confirmatory battery of neuropsychological tests, the Mental Deterioration Battery (MDB). After baseline assessment, patients were randomized to receive standardized multidimensional care (standardization of pharmacological therapy, health education, selection of inhalers according to patient's ability, respiratory rehabilitation, nutritional counseling, oxygen therapy, and control visits) with (n = 53) or without (n = 52) cognitive training aimed at stimulating attention, learning, and logical-deductive thinking. Cognitive performance was reassessed after 1.5, 4, and 6 months. The analysis of variance for repeated measures (ANOVA) having the group membership (study vs. control) as grouping factor was used to assess changes in cognitive performance. Both intervention and control groups showed no significant changes in cognitive performance except for a trend toward improvement in verbal fluency and verbal memory, but cognitive intervention had no significant effect. In conclusion, cognitive training seems ineffective in COPD. However, a multidimensional standardized therapeutic approach, as it was indistinctly provided to all patients, could help to slow or prevent cognitive decline.

Incalzi RA, Corsonello A, Trojano L, et al. Cognitive training is ineffective in hypoxemic COPD: a six-month randomized controlled trial. Rejuvenation Res 2008; 11: 239–250.

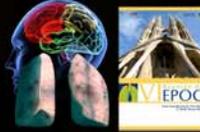


# Posibles tratamientos

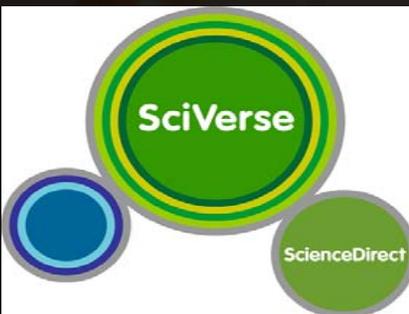
## co-morbilidades

- El impacto sobre la función cognitiva de las intervenciones para el tratamiento de la diabetes, la hipertensión, la dislipidemia y las deficiencias de vitamina B12 y de folato ha sido objeto de numerosas revisiones.
- 
- Ningún beneficio ha sido reportado en términos de incidencia de demencia o disminución de la función cognitiva.
- El **DC** se ha asociado con pobre respuesta al tto. antidepresivo.

Potter GG, Steffens DC. Contribution of depression to cognitive impairment and dementia in older adults. *Neurologist* 2007; 13: 105–117.



# Búsqueda bibliográfica





# Búsqueda bibliográfica

Aproximadamente 18.700 resultados (0,22 segundos)



Deterioro cognitivo

enfermedad  
pulmonar  
obstructiva crónica

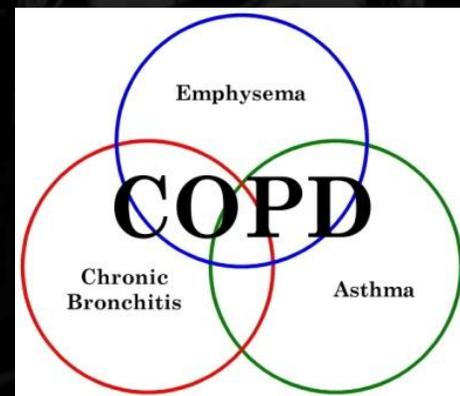




# Búsqueda bibliográfica

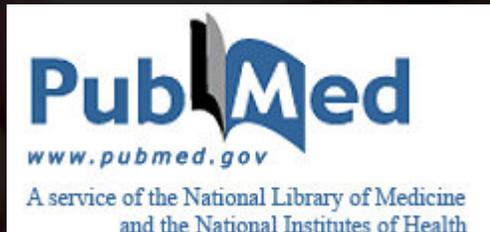


**cognitive funtions**  
**cognitive decline**  
**cognitive impairment**





# Búsqueda bibliográfica



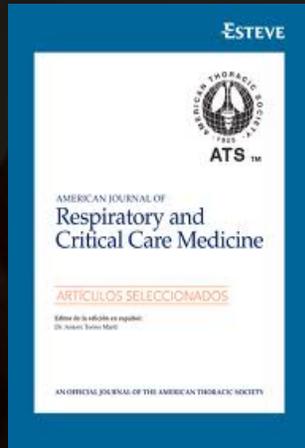
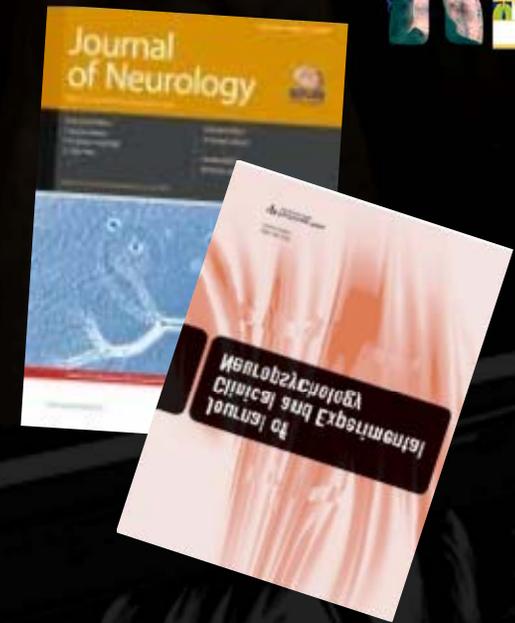
# 86 entradas

The image is a screenshot of a PubMed search results page. The search query is 'cognitive impairment and chronic obstructive pulmonary disease'. The page shows 86 results, with the first two highlighted. The first result is 'Screening of cognitive impairment in chronic obstructive pulmonary disease' by Antonelli-Incalzi R et al. (2007). The second result is 'Development of disability in chronic obstructive pulmonary disease: beyond lung function' by Eisner MD et al. (2011). The page also includes a 'Filter your results' section with options for 'All (86)', 'Free Full Text (22)', and 'Review (12)'. There is a 'Send to' button and a 'Manage Filters' link. The page footer includes the text '8 free full-text articles in PubMed Central' and a list of related articles.

# Búsqueda bibliográfica



# 1973 - 2011



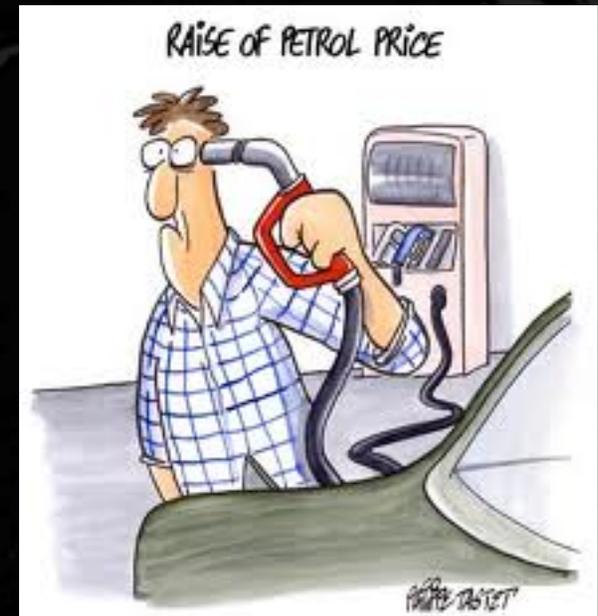
# Búsqueda bibliográfica

## 1973

### La **crisis** del petróleo



*Caricatura sobre el impacto de la crisis del petróleo en diferentes países.*



# Búsqueda bibliográfica



Efectos neuropsicológicos beneficiosos de la OCD en los pacientes con EPOC

**CHEST**  
Official publication of the American College of Chest Physicians

**CHEST ONLINE**

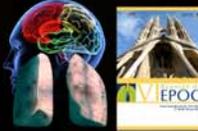
**Neuropsychologic Effects of Continuous Oxygen Therapy in Chronic Obstructive Pulmonary Disease**

Harry D. Krop, A. Jay Block and Edwin Cohen

*Chest* 1973;64:317-322  
DOI 10.1378/chest.64.3.317

The online version of this article, along with updated information and services can be found online on the World Wide Web at:  
<http://chestjournal.chestpubs.org/content/64/3/317>

# Búsqueda bibliográfica



4 grupos

A - 42 pctes ambulatorios EPOC

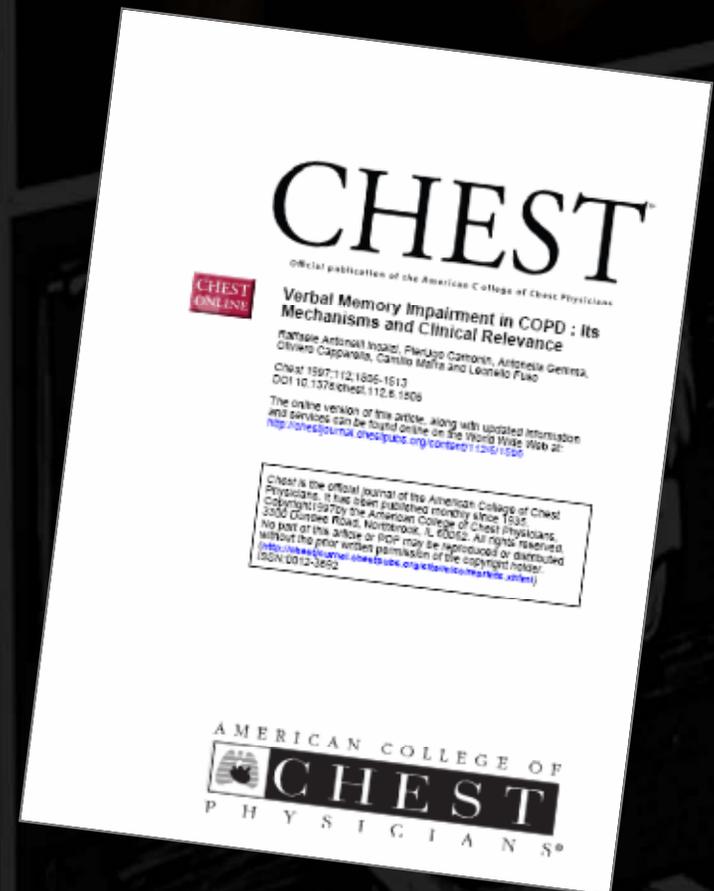
B – 27 sujetos sanos

C – 21 pctes E. de Alzheimer

D – 26 sujetos mayores

el declinar de la memoria verbal es paralelo a la pérdida de función cognitiva en los pacientes EPOC

1997





# Búsqueda bibliográfica

Table 3—Verbal Memory Indexes\*

	Group A	Group B	Group C	Group D	F <sup>†</sup>	p <sup>†</sup>	t <sup>‡</sup>
Immediate recall	33.6±7.3	40.5±6.8	22.2±7.7	36.3±6.6	34.07	<0.001	B>A>C
Verbal learning	40.5±16.5	47.3±16.6	25.6±19.9	44.5±13.8	9.65	<0.001	A>C
Primacy	11.6±4.6	14.4±3.8	7.4±3.7	10.9±4.5	13.6	<0.001	A>C
Secondary memory component	6.9±3.9	10.6±4.1	3.4±2.8	6.8±3.7	17.8	<0.001	B>A>C
Recency	11.5±4.3	12.9±4.2	8.7±5.2	12.1±5.5	4.04	0.01	NS
Delayed recall	6.2±2.5	8.6±2.9	2.9±1.8	7.5±1.9	30.04	<0.001	B>A>C
Intrusions	3±3.3	1.7±2.1	3±2.9	1.7±1.6	2.61	0.05	NS
True-positive recognition	11.3±2.9	12.7±2.2	9.8±3.9	12.1±2	5.31	0.002	NS
False-positive recognition	2.9±3.6	1.1±1.2	7.2±7.3	3.5±4.1	11.76	<0.001	A>C
Accuracy recognition score	89.2±9.6	95.3±4.2	79.7±10.7	91.8±7.32	17.12	<0.001	B>A>C
Verbal forgetting	39.0±27.4	28.8±23.9	69.6±25.3	32.5±17.4	16.96	<0.001	A>C
Retrieval	54.7±16.7	40.9±19.1	75.8±13.5	47.1±13.8	25.75	<0.001	B>A>C
Digit span forward	5.1±0.9	5.4±0.9	4.9±0.9	5.6±1	11.4	<0.001	A>C
Digit span reverse	3.3±0.98	3.8±0.8	3.1±0.8	3.6±0.9	10	<0.001	B>A

\*Groups explained in Table 2 footnotes. Results are expressed as mean±SD.

<sup>†</sup>One-way analysis of variance; degrees of freedom of F: 3, 124.

<sup>‡</sup>Dunnett's *t* test significant at 95% having group A as the reference group. NS=not significant.

# B3squeda bibliogr3fica

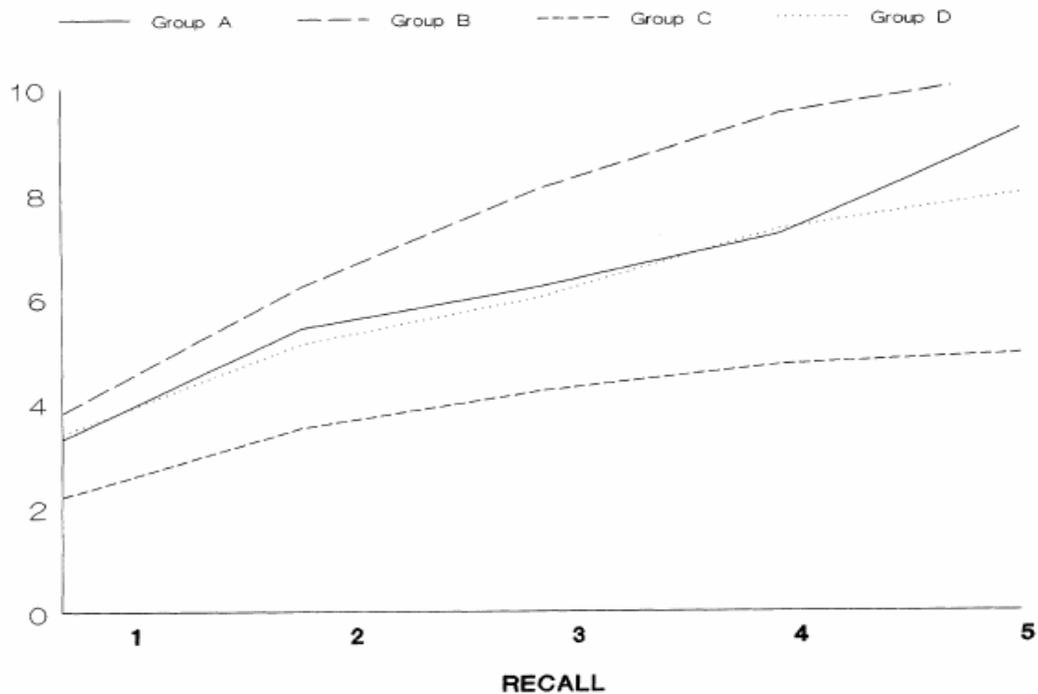


FIGURE 1. Learning curves of groups. Curves are obtained by plotting the number of correctly recalled words against the corresponding recall out of the five consecutive recalls of the Rey's test. group A, COPD patients; group B, normal subjects; group C, Alzheimer's patients; and group D, older normal subjects.

# Búsqueda bibliográfica

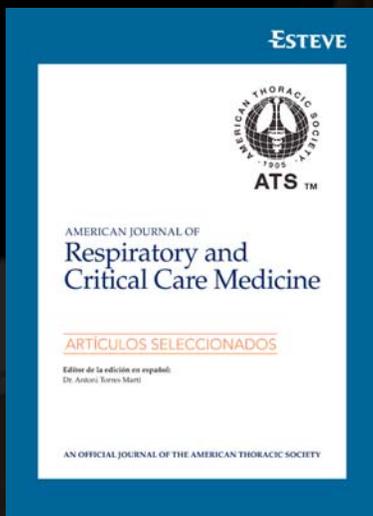


**El DC es más rápido en presencia de obstrucción bronquial severa y es paralelo al agravamiento del estado afectivo de los pacientes con EPOC en tratamiento con oxígeno.**

El inicio de la depresión parece ser un factor de riesgo para el deterioro cognitivo.

# Búsqueda bibliográfica

# 2001



29 pacientes

efectos agudos  
beneficiosos del  
ejercicio en ptes con  
EPOC

## Brief Communication

### Acute Effects of Exercise on Cognition in Patients with Chronic Obstructive Pulmonary Disease

CHARLES F. EMERY, VANESSA J. HOHN, DAVID J. FRID, RIM R. LEROWITZ, and PHELIP Y. DIAZ  
Department of Psychology and Department of Medicine, Ohio State University, Columbus, Ohio

Prior data indicate positive effects of long-term exercise interventions for cognitive health among patients with chronic obstructive pulmonary disease (COPD), but no prior studies have examined acute effects of individual bouts of exercise among patients with COPD. This study evaluated acute effects of exercise on cognitive performance in a community-based sample of patients with COPD and a healthy control group, matched by age, sex, and education. Twenty-nine older adults with COPD (mean age = 67.8 yr [± 7.4]; range 56–85; 17 women) and 29 matched healthy control (mean age = 68.7 yr [± 6.8]) were recruited from the community. All participants completed a 20-min exercise routine in which they exercised to a peak level and a video control condition in which they were provided information about exercise and cholesterol. Conditions were separated by a 1-wk interval, and order of participation in conditions was randomly assigned. Assessments of cognitive performance (Trail Making Test, Digit Symbol, Verbal Fluency, Digit Span, Finger Tapping) were administered before and after each condition (exercise and video). Among patients with COPD, acute exercise was associated with improved performance on the Verbal Fluency test, a measure of verbal production suggesting that acute exercise may benefit aspects of cognitive performance among patients with COPD.

**Keywords:** aerobic exercise; cognition; COPD

Past studies of patients with chronic obstructive pulmonary disease (COPD) indicate that participation in a regular structured program is associated with improvements in physical functioning (1), reduction in dyspnea (2), and positive changes in mood (3). In addition, data have indicated improved cognitive/neuropsychologic performance among patients with COPD following a 16-wk aerobic exercise program (4). Cognitive performance is of particular relevance in this population because previous research has documented cognitive deficits among hypoxemic patients with COPD (5), and cognitive deficits may contribute to impaired quality of life (e.g., confusion, problem-solving difficulty, memory problems). Exercise is thought to contribute to improved cognitive performance as a result of the excess of multiple exercise training sessions. Evidence supporting this mechanism of improvement has been provided in studies of healthy older adults that have documented improved cognitive performance following exercise programs of 18–12 wk (6, 7).

Prior studies have not determined the amount of exercise necessary to produce cognitive benefits. Indeed, it has been suggested that individual bouts of exercise may have a positive effect on cognitive performance. Although past studies have not evaluated acute exercise effects among patients with COPD, two prior studies of older adult samples provide encouraging evidence. In a study of 15 older adults (10 men, 5 women) with impairment in memory and cognitive impairment, significant cognitive ability following 45 min of light aerobic exercise (8). A second study of 20 older adults (10 men, 10 women) found that memory was significantly improved in an exercise group, but not among subjects in a video-watching condition (9). Although these two studies provide support for an acute effect of exercise on cognitive performance, the studies had several methodologic weaknesses including nonrepresentative of a nursing home, absence of documentation of exercise performance, and variability in the social component of the exercise experience (i.e., group exercise versus individual exercise). Furthermore, neither of the studies evaluated patients with COPD. As patients with COPD are increasingly encouraged to participate in exercise rehabilitation as the standard of care (10), it is especially important to examine how structured (acute) and longer-term exercise effects in this population.

This study was designed to evaluate the hypothesis that the physiologic arousal of acute exercise would contribute to enhanced cognitive/neuropsychologic performance among patients with COPD. It has been suggested that exercise-associated autonomic and neurotransmitter release, which are thought to contribute to improved cognitive performance (6). Thus, the study protocol required peak exercise performance in order to maximize physiologic arousal. Methodologic limitations of previous studies in this area were addressed by including a matched group of healthy older adults to control for the influence of age and education on cognitive performance. The study also utilized a laboratory setting for the exercise stimulus to ensure consistency across subjects and reproducibility of the exercise condition, and to minimize the influence of social interaction/voluntarism on cognitive performance. In addition, all participants completed a video-watching condition to control for the influence of repeated testing in the exercise setting.

Based on findings of previous studies, the primary hypothesis of this study was that a brief bout of exercise would be associated with greater improvements in cognitive performance than would a video-watching control condition. In particular, it was hypothesized that patients with COPD would achieve greater exercise-related changes in cognitive performance than would a healthy matched control group. In addition, prior data suggest that cognitive improvement may be most evident

Received 10 August 2001; accepted in final form August 1, 2001.  
This study was supported by a grant from the National Heart, Lung, and Blood Institute.

Correspondence and requests for reprints should be addressed to Charles F. Emery, Department of Psychology, Ohio State University, 1882 Neil Avenue, Columbus, OH 43210. E-mail: emery.1@osu.edu

Am J Respir Crit Care Med 164:1644–1647, 2001  
DOI: 10.1164/rccm.2001081427  
Internet address: www.atsjournals.org

# Búsqueda bibliográfica



ORIGINAL COMMUNICATION

**Cognitive impairment in chronic obstructive pulmonary disease: A neuropsychological and SPECT study**

Stefano Antonelli Incalzi  
Camillo Masera  
Alessandro Giordano  
María Lucía Coliccioli  
Antonio Cappa  
Salvatore Basile  
Gabriella Fogliari  
Leonardo Pano

**Abstract:** Some analogy exists between cognitive impairment in hypoxic patients with chronic obstructive pulmonary disease (COPD) and Alzheimer's disease (AD). We proposed to verify whether the analogy extends to the cerebral perfusion pattern. Ten normal subjects, 15 COPD patients with and 15 without hypoxemia, and 12 patients with mild AD matched for age and educational level underwent brain perfusion single-photon emission computed tomography (SPECT) and neuropsychological assessment. Normal subjects and nonhypoxic COPD patients had comparable perfusion patterns. The average perfusion decreased from nonhypoxic to hypoxic COPD and, then, to AD patients. Hypoperfusion of associative areas was the hallmark of AD, whereas the average perfusion of anterior cingulate and subcortical regions did not distinguish AD and hypoxic COPD patients. Both COPD groups scored higher than AD patients ( $p < 0.01$ ) in 13 cognitive tests but below the normal in selected tests of verbal attainment, attention and deductive thinking. Perfusions of anterior cingulate and subcortical regions of the dominant hemisphere were directly correlated with the number of correctly performed neuropsychologic tests. In conclusion, anterior cerebral hypoperfusion and selected frontoparietal dysfunction characterize hypoxic COPD patients and could herald frontal-type cognitive decline with the worsening of the hypoxemia.

**Key words:** cerebral perfusion; cognitive function; chronic obstructive pulmonary disease; Alzheimer's disease

**Introduction**

Cognitive impairment is a common finding in hypoxic chronic obstructive pulmonary disease (COPD) and shows some analogies with either the aged-related or the early stages of Alzheimer's disease (AD) [1,2]. Indeed, verbal memory dysfunction of 19% of patients with mild to moderate AD is not distinguishable from that of COPD patients [4]. On the other hand, the neuropsychological profile of AD patients is well distinguished from those of older normal subjects and patients with mild frontotemporal dementia [5]. Furthermore, AD and hypoxic COPD might share some mechanisms of neuronal damage: the impairment of oxidative phosphorylation and the generation of free radicals are well known effects of hypoxia as well as recognized pathogenetic mechanisms of AD [13, 32, 37]. Finally, adult COPD has been proved *in vivo* to affect cerebral bioenergetics by depressing the oxidative phosphorylation [27]. These neuropathological and metabolic similarities are the rationale for comparing the cerebral perfusion patterns of hypoxic COPD and AD patients. Indeed, decreased perfusion of the lower

15 pctes con EPOC

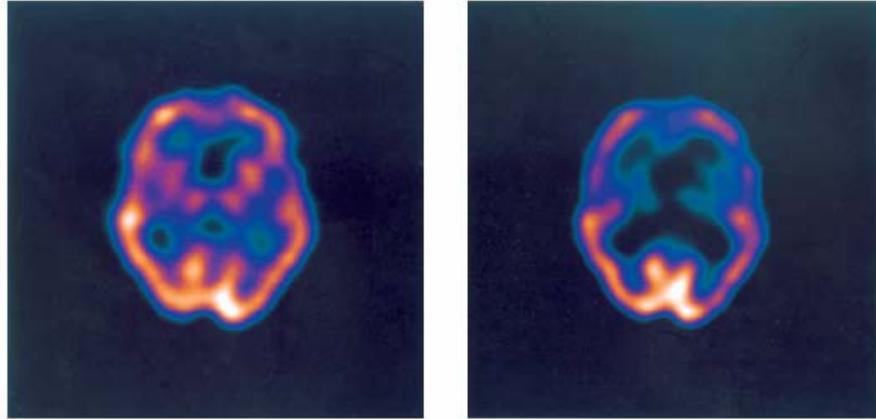
18 pctes sin hipoxemia

15 pctes con E. de Alzheimer

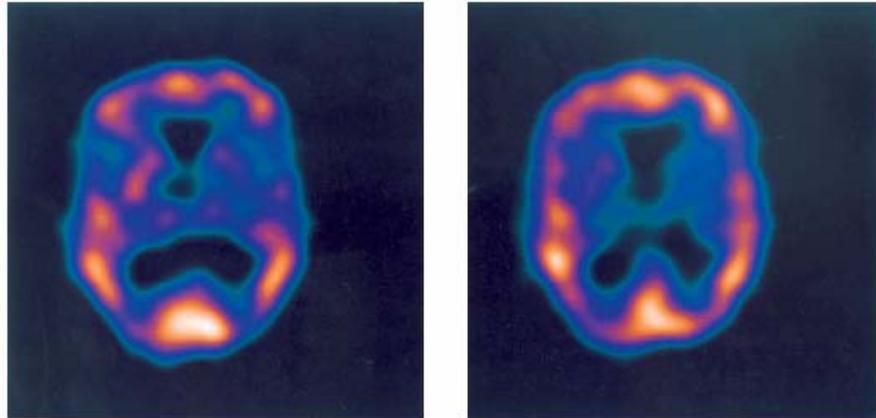
# SPECT cerebral

# Búsqueda bibliográfica

**Fig.3** Two SPECT transaxial images illustrate the cerebral blood flow in a representative patient with Alzheimer's disease (group AD): perfusion is severely reduced in associative areas corresponding to the occipito-temporal regions of the left hemisphere and to both anterior and medial left temporal lobe. Mild to moderate hypoperfusion of ventral thalamus is also evident.

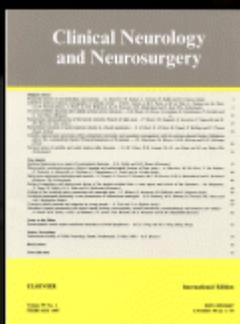


**Fig.4** Two SPECT transaxial images illustrate the cerebral blood flow in a representative patient with hypoxemic COPD (group H): perfusion is moderately reduced in frontal, anterior temporal and ventral thalamic regions.



# Búsqueda bibliográfica

# 2007



mayor latencia de P300  
en ptes con **EPOC**

P300 se puede considerar como  
marcador de deterioro cognitivo

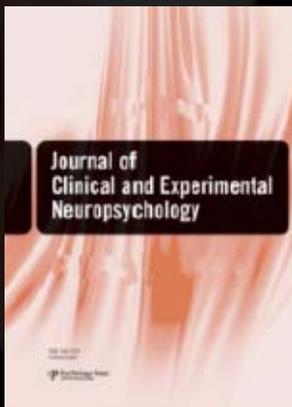


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E-mail address: gankir@yildirim.com.tr, Kankir.  
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doi:10.1016/j.clineuro.2007.05.013



# Búsqueda bibliográfica

# 2009



## estudio longitudinal 4181 pacientes

### AT A GLANCE COMMENTARY

#### Scientific Knowledge on the Subject

Although prior cross-sectional and clinical studies have suggested a relationship between chronic obstructive pulmonary disease and cognitive decline, longitudinal evidence of this relationship is lacking.

#### What This Study Adds to the Field

In this study, we showed that severe chronic obstructive lung disease is associated with poorer cognitive performance on standardized measurements over time.



### Cognitive Decline among Patients with Chronic Obstructive Pulmonary Disease

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**Background:** Prior research has suggested an association between chronic obstructive pulmonary disease (COPD) and the development of cognitive decline; however, these studies have been cross-sectional. To determine whether COPD increases the risk of cognitive decline among older adults, we performed a large, population-based longitudinal cohort study.

**Methods:** We included data from the 1996 to 2002 waves of the Health and Retirement Study, a national nationally representative survey. We included respondents who completed cognitive testing in 1996 and at least one subsequent survey, and excluded those with unknown history of COPD. Clinical history of COPD was determined using respiratory severity based on use of oxygen or other performance measures using a validated 33-point scale. We used multivariate regression models adjusting for multiple risk factors associated with cognitive decline, including education, socioeconomic status, and clinical characteristics.

**Results:** Among those 1,276 eligible adults with no baseline history of COPD, mean scores of older adults with both severe and moderate COPD were significantly lower when compared with adults without COPD (24 points [SD 6.6] and 20 points [SD 6.0] vs 26 points [SD 6.0]). A low white matter signal, mean scores of adults with severe COPD remained lower (20 points [SD 6.0]) whereas mean scores of adults with moderate COPD were no longer different (P = 0.39) when compared with adults without COPD.

**Conclusion:** Severe COPD was associated with lower cognitive performance on standardized measurements over time.

**Keywords:** chronic obstructive pulmonary disease; cognitive impairment; longitudinal survey

Chronic obstructive pulmonary disease (COPD), including emphysema and chronic bronchitis, affects nearly 14 million adults in the United States and caused more than 1,300,000 deaths in 2005 (1). The prevalence of COPD increases with age, affecting nearly 15% among those older adults, including functional disability and mortality (2). Cognitive impairment, characterized by memory loss, on the other hand, is a significant concern for older adults, because it

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was associated with functional disability and decreased quality of life (3). Previous studies have detected a higher rate of cognitive impairment among adults with COPD, particularly among those with severe chronic obstructive pulmonary disease (4-6). Some studies consistently have found that adults with severe COPD may have cognitive dysfunction in brain perfusion as a consequence of hypoxemia, and this change has been hypothesized to affect cognitive performance and cause cognitive impairment (1). Such a relationship, if true, suggests that COPD may cause, or

contribute to, cognitive impairment. However, the studies performed to date that suggest higher rates of cognitive impairment among adults with COPD were unable to formally test the association between COPD and decline in cognitive function because they used cross-sectional designs (7, 8), were clinical series without control groups (9), or were case-control (5, 6, 10). Thus, it is unclear whether COPD is an independent risk factor for worse cognitive function.

Our research objective was to use prospective data from a large longitudinal cohort study to compare cognitive function among older adults with COPD to those without COPD. Our hypothesis was that adults with COPD would have poorer cognitive function when compared with adults without COPD.

**METHODS**  
**Study Population**  
The Health and Retirement Study (HRS) is a national representative survey of American men age 50 and over by the National Institute on Aging (11). The study was designed to investigate the cognitive function of older adults who address many work-to-retirement transitions. The initial wave of HRS in 1992 consisted of the core sample of 11,161 and included 1,276 cognitively-disabled adults between the ages of 51 and 69 on this occasion, representing 11.4% of the cognitively-disabled sample of respondents across waves (11, 12). Follow-up data were collected at 2-year intervals. A full description of the procedures used in the HRS has been published previously (13).

# Búsqueda bibliográfica



severidad EPOC

envejecimiento precoz

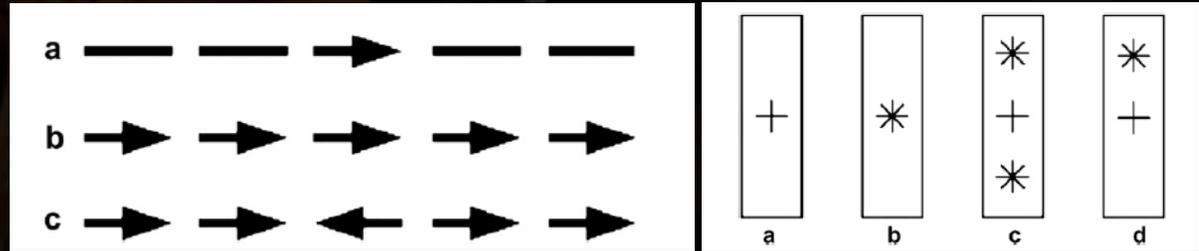


deterioro cognitivo global

2009



# Búsqueda bibliográfica



ANT

SPM

VLT

NVLT

**Table 2** Results of neuropsychological testing separated for patients with COPD and healthy controls. (See Appendices for methodological details.)

	COPD mean (SD)	Controls mean (SD)	t-score	Effect sizes ES (Confidence interval)
<b>ANT</b>				
Relative alerting (% of mean)	4.2 (5.2)	7.1 (4.2)	3.44**	-0.61 (-0.98 to -0.24)
No cue (ms)	680 (121)	622 (110)		
Double cue (ms)	651 (121)	576 (114)		
Relative orienting (% of mean)	3.2 (4.3)	5.5 (5.2)	2.61*	-0.48 (-0.84 to -0.12)
Centre cue (ms)	657 (120)	588 (113)		
Spatial cue (ms)	637 (114)	555 (107)		
Relative conflict (% of mean)	11.8 (5.6)	11.9 (5.3)	0.06	-0.02 (-0.38 to 0.34)
Incongruent (ms)	714 (127)	640 (128)		
Congruent (ms)	632 (118)	563 (111)		
Overall reaction time (ms)	649 (113)	583 (110)	3.25**	0.59 (0.22 to 0.95)
Accuracy (%)	96.7 (3.9)	98.3 (1.7)	2.98**	-0.53 (-0.89 to -0.16)
<b>VLT</b>				
Corr. YES (percentile)	40.9 (25.6)	50 (10)	2.56*	-0.47 (-0.83 to -0.10)
False YES (percentile)	35.6 (32.6)	50 (10)	-3.18*	-0.59 (-0.96 to -0.23)
Diff. corr./false (percentile)	31.9 (27.1)	50 (10)	-4.79**	-0.88 (-1.26 to -0.51)
<b>NVLT</b>				
Corr. YES (percentile)	55.7 (25.7)	50 (10)	1.57	0.29 (-0.07 to 0.65)
False YES (percentile)	21.3 (24.6)	50 (10)	-8.24**	-1.52 (-1.92 to -1.11)
Diff. corr./false (percentile)	23.8 (20.3)	50 (10)	-9.12**	-1.63 (-2.04 to -1.21)
<b>SPM</b>				
Result (percentile)	9.9 (13.2)	50 (10)	-21.89**	-3.4 (-3.96 to -2.84)

Note. (\*p < 0.05, \*\*p < 0.01).

Abbreviations: ANT = Attention Network Test, VLT = Verbal Learning Test, NVLT = Nonverbal Learning Test, SPM = Standard Progressive Matrices.



and the winner is ...



# Búsqueda bibliográfica

# 2010

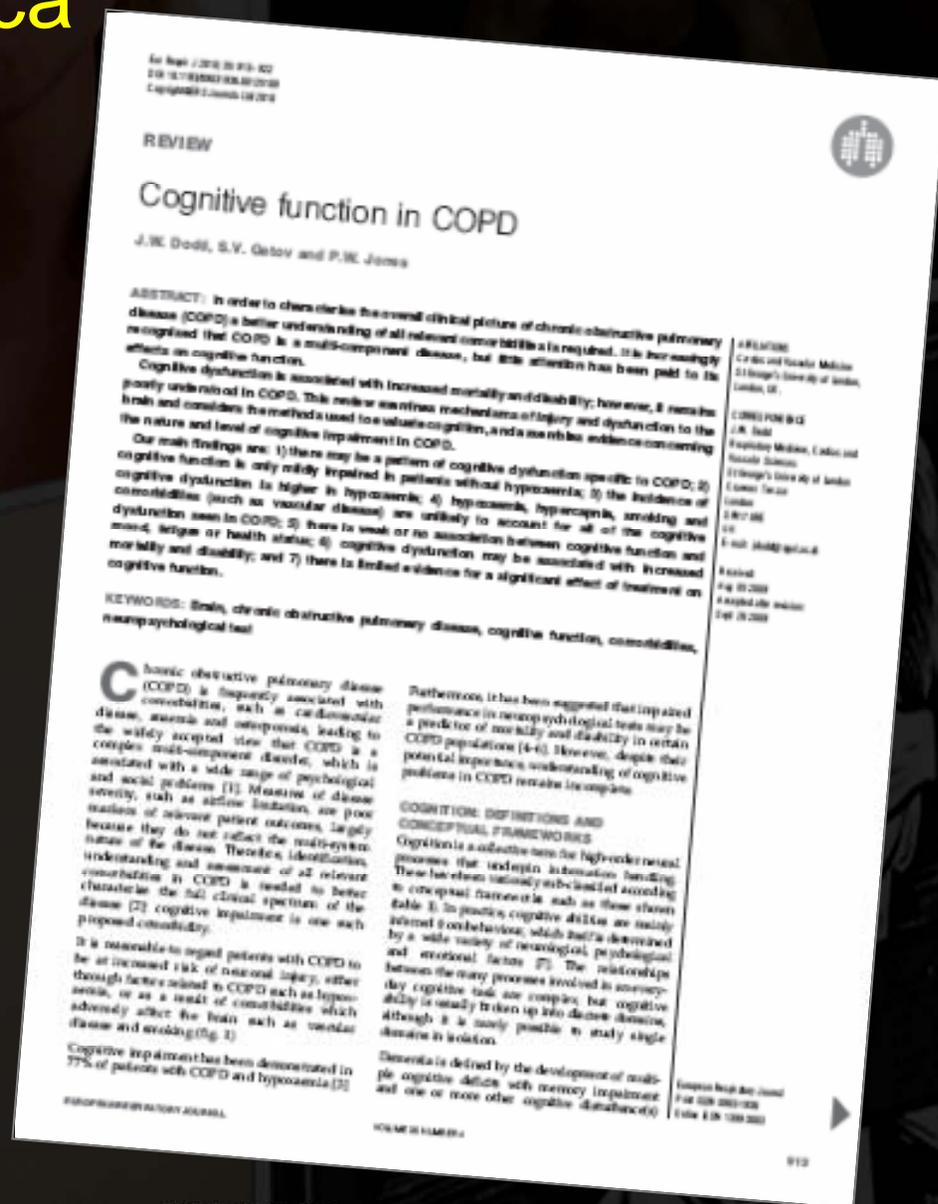


## Revisión muy

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## tablas y figuras





**TABLE 2** Studies of neuropsychological function in patients with chronic obstructive pulmonary function

First author [Ref.]	Patients n	FEV <sub>1</sub>	P <sub>a</sub> O <sub>2</sub> kPa on air	Cognitive function							
				Attention	Perception	Memory and learning	Verbal and language	Construction	Concept formation and reasoning	Executive	Motor
<b>Hypoxaemia</b>											
KROP [15]	10	0.77 L	6.9					●		●	
GRANT [3]	203	0.74 L	6.8	●	●	●	●	●	●	●	
HUPPERT [16]	11	NA	7.9			●					
D'SALLA [17]	28	NA		●							
INCALZI [18]	36	22%	7.9	●		●	●	●			
INCALZI [19]	42	34%	6.5			●					
STUSS [20]	18	NA		●		●					
HJALMARSON [21]	10	38%	6.7	●	●	●			●	●	
ANTONELLI-INCALZI [22]	15/18*	NA	7.3/9.3	●		●			●		
KOZORA [23]	20/19*	24%	8.1/7.8	●		●	●			●	
ANTONELLI-INCALZI [24]	149	37%	7.65	●		●	●	●			
<b>Non/mild hypoxaemia</b>											
FIX [25]	66	39%	8.9	●	●	●	●	●	●	●	
PRIGATANO [26]	100	37%	8.8	●	●	●	●	●	●	●	
VOS [27]	39	33%	8.9	●							
KOZORA [28]	32	FEV <sub>1</sub> /FVC 44%	9.2								
LIESKER [29]	30	49%	10.1	●	●			●		●	
FAVALLI [30]	20	NA	8.8	●		●	●			●	
<b>Proportion of patients demonstrating cognitive dysfunction</b>	<b>(795/827) 96% (409/430) 95% (709/781) 90% (613/689) 89% (594/648) 92% (579/629) 92% (463/492) 94% (726/776) 94%</b>										

FEV<sub>1</sub>: forced expiratory volume in 1 s; P<sub>a</sub>O<sub>2</sub>: mean arterial oxygen tension; NA: not applicable; FVC: forced vital capacity. The white shading indicates cognitive function tested and the circles represent demonstration of cognitive function. \*: 15 non-hypoxaemic and 18 hypoxaemic patients; †: 20 medical therapy and 19 lung volume reduction surgery patients.



# Búsqueda bibliográfica

## pacientes con deterioro cognitivo

**EPOC**

atención	96%
percepción	95%
motor	94%
ejecución	94%
construcción	92%
razonamiento	92%
memoria	90%
lenguaje	89%



**TABLE 4** Lung function and cognition in chronic obstructive pulmonary disease (COPD) patients

First author [Ref.]	Patients n	Description	Measures		Correlations
			Lung function	Cognition	
Fix [25]	66	Longitudinal Hypoxic COPD	FEV <sub>1</sub>	NPT	Attention, vis-motor and perception
GRANT [3]	203	Case control Hypoxaemic COPD	FEV <sub>1</sub>	NPT	Nil
PRIGATANO [26]	100	COPD mild hypoxia form IPPB trial	FEV <sub>1</sub>	NPT	Memory
INCALZI [43]	84	Prospective COPD	FEV <sub>1</sub>	MMSE	Decline in MMSE worse in severe airflow obstruction
KOZORA [28]	32	Mildly hypoxic COPD	Full PFT	NPT	Nil
ETNIER [44]	98	Older COPD mild disease and hypoxia	Full PFT	NPT	FVC associated with working memory 6MWT associated with fluid intelligence and processing speed
ANTONELLI-INCALZI [45]	381	COPD Elderly	GOLD stage	NPT/MMSE	Nil
LIESKER [29]	30	Non-hypoxaemic COPD Case control	FEV <sub>1</sub>	NPT	Nil
OHRUI [46]	135	Respiratory failure on LTOT versus healthy cross section	FEV <sub>1</sub>	MMSE	Nil

FEV<sub>1</sub>: forced expiratory volume in 1 s; NPT: neuropsychological tests; IPPB: intermittent positive pressure breathing; MMSE: mini mental score examination; PFT: pulmonary function tests; FVC: forced vital capacity; 6MWT: 6-min walk test; GOLD: Global Initiative for Chronic Obstructive Lung Disease; LTOT: long-term oxygen therapy.

# Estudios de función pulmonar y cognición en pacientes con EPOC

# Conclusiones





# Conclusiones

- La EPOC conlleva daño ó disfunción neuronal.
- Este daño es independiente de otras comorbilidades.
- La disfunción cognitiva puede estar asociada con una mayor mortalidad y discapacidad.
- A pesar de su importancia potencial, sigue siendo un trastorno poco estudiado y mal entendido.
- Son necesarios más estudios para validar métodos de evaluación, detección y tratamiento.

