

CUANDO LA ANTICOAGULACIÓN ESTÁ CONTRAINDICADA. CIERRE DE LA OREJUELA IZQUIERDA.

Servicio de Medicina Interna

Dr. Agustín Blanco Echevarría





INTRODUCCIÓN

- La fibrilación auricular no valvular es una arritmia frecuente, cuya incidencia aumenta con la edad.
- La fibrilación auricular es la causa de alrededor del 20% de los ictus isquémicos.
- La anticoagulación, ha demostrado reducir los eventos cardioembólicos a costa de incrementar el riesgo de hemorragias.
- Aproximadamente una tercera parte de estos pacientes no pueden recibir anticoagulantes, por el riesgo de sangrado.





INTRODUCCIÓN

- Los dispositivos de cierre de la orejuela izquierda representan una alternativa a la anticoagulación, en aquellos pacientes en los que está contraindicada o tienen alto riesgo de sangrado.
- Score HAS-BLED (hipertensión arterial, función renal /hepática alterada, ictus, antecedentes de hemorragia o predisposición al sangrado, labilidad en el INR, edad >65 años, toma concomitante de fármacos o alcohol).

ESCALA DE RIESGO EMBÓLICO

CHA₂DS₂-VASc

Risk factor-based approach expressed as a point based scoring system, with the acronym CHA, DS, -VASc (Note: maximum score is 9 since age may contribute 0, 1, or 2 points)

| Risk factor | Score |
|---|-------|
| Congestive heart failure/LV dysfunction | 1 |
| Hypertension | 1 |
| Age ≥ 75 | 2 |
| Diabetes mellitus | 1 |
| Stroke/TIA/thrombo-embolism | 2 |
| Vascular disease ^a | 1 |
| Age 65-74 | 1 |
| Sex category (i.e. female sex) | 1 |
| Maximum score | 9 |
| | |



ESCALA DE RIESGO HEMORRÁGICO

HAS-BLED

Clinical characteristics comprising the HAS-BLED bleeding risk score

| Letter | Clinical characteristic ^a | Points awarded |
|--------|--|------------------|
| Н | Hypertension | 1 |
| А | Abnormal renal and liver function (1 point each) | 1 or 2 |
| s | Stroke | 1 |
| В | Bleeding | 1 |
| L | Labile INRs | 1 |
| E | Elderly (e.g. age > 65 years) | 1 |
| D | Drugs or alcohol (1 point each) | 1 or 2 |
| | | Maximum 9 points |



INTRODUCCIÓN

- La orejuela izquierda es un remanente embriológico, cuya principal función es el control de la volemia.
- Gran variabilidad anatómica de un paciente a otro, habitualmente más de un lóbulo.
- En la fibrilación auricular, la orejuela izquierda pierde su capacidad contráctil, dilatándose y produciéndose un enlentecimiento de la sangre, con el consecuente aumento del riesgo de trombosis.
- El 91% de los trombos localizados en la aurícula izquierda, se encuentran alojados en la orejuela izquierda.





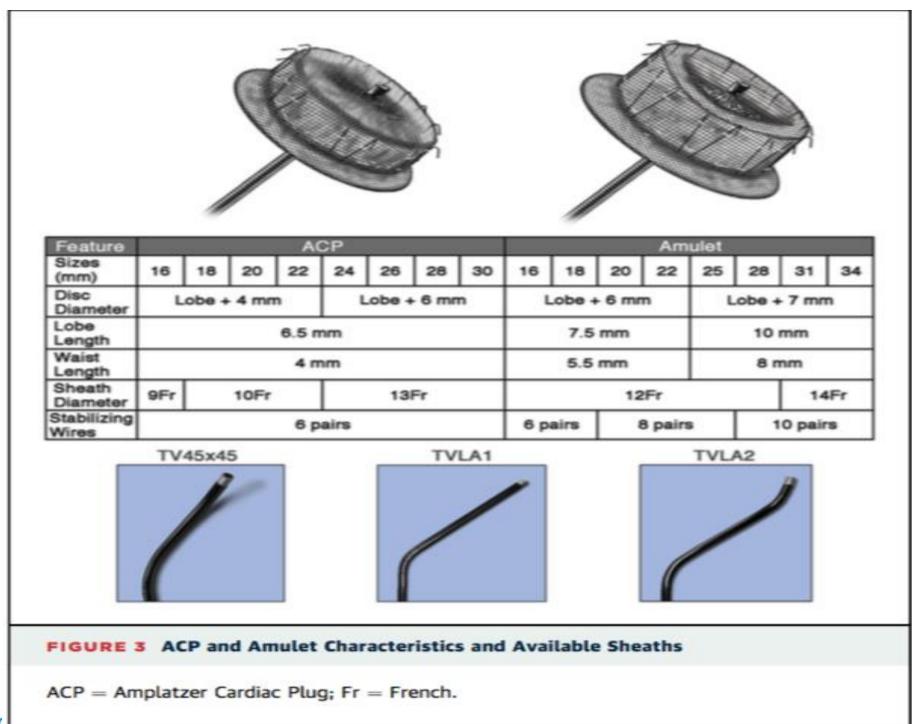
DISPOSITIVOS

- PLAATO. Retirado del mercado.
- Sistema Watchman (Boston Scientific; Boston. Massachusetts. Estados Unidos).
- Amplatzer Cardiac Plug (ACP) (St. Jude Medical; Minneapolis, Minnesota, Estados Unidos). Variante Amulet.
- Se implantan por vía transeptal a través de la vena femoral.
- El sistema Watchman se implanta a 10 mm del ostium de la OI, sin llegar a cubrirla.



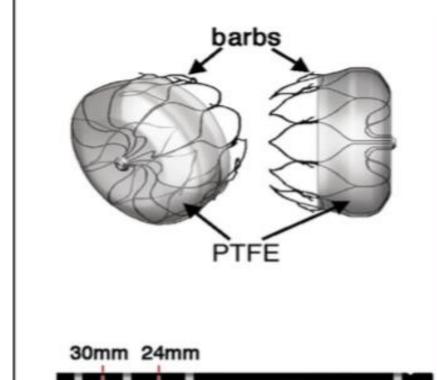


AMPLATZER





WATCHMAN



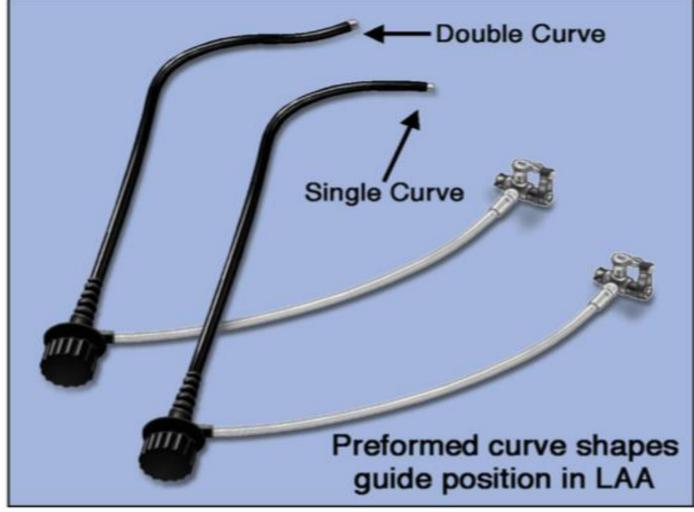


FIGURE 1 WATCHMAN and 14-F Access Sheaths (Double- and Single-Curve)

There are 3 radio-opaque marker bands (33, 27, and 21 mm) on the distal sheath, which should be aligned to the left atrial appendage (LAA) "ostium" according to the selected device. PTFE = polyethylene terephthalate.



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33mm 27mm 21mm

IMPLANTACIÓN

- EL implante de ambos dispositivos, requiere de una curva de aprendizaje no despreciable.
- Antes del implante requiere de un estudio con ETE en la mayoría de los casos para visualizar y estudiar anatómicamente la orejuela izquierda, descartando trombos intracavitarios. TC en ocasiones.
- Se desconoce la importancia de hallar fugas periprotésicas durante el seguimiento, aunque se recomienda implantar dispositivos algo mayores que el tamaño de la orejuela, para evitarlas.





TERAPIA ANTITROMBÓTICA

En el estudio PROTECT-AF se administraba warfarina durante 45 días y se suspendía según los hallazgos tras ETE.

Actualmente la mayoría de centros recomiendan doble antiagregación con ASA y clopidogrel durante 1-3 meses.

Posteriormente se recomienda antiagregación con un solo fármaco, de forma indefenida.



COMPLICACIONES

Derivadas del implante o periprocedimiento: derrame pericárdico, taponamiento cardiaco, ictus isquémico, embolización del dispositivo, implante exitoso.

Similar tasa de complicaciones para ambos dispositivos, en equipos con experiencia. Ictus < 0.5%, derrame pericárdico 1-2%, embolización dispositivo 0.5-1%.

Durante el seguimiento: fugas periprotésicas, trombosis del dispositivo.





Recomendaciones para el cierre/oclusión/escisión de la OI

| Recomendaciones | Clasea | Nivelb |
|--|--------|--------|
| Se puede considerar el cierre de la OI por intervención percutánea para pacientes con alto riesgo de ACV y contraindicaciones para la anticoagulación oral a largo plazo | IIb | В |
| Se puede considerar la escisión quirúrgica de la OI para pacientes sometidos a cirugía a corazón abierto | IIb | С |

ACV: accidente cerebrovascular; OI: orejuela izquierda.

^aClase de recomendación.

^bNivel de evidencia.

^cReferencias.



JOURNAL OF THE AMERICAN COLLEGE OF CARDIOLOGY
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THE AMERICAN COLLEGE OF CARDIOLOGY FOUNDATION,
AND THE HEART RHYTHM SOCIETY
PUBLISHED BY ELSEVIER INC.

VOL. 64, NO. 21, 2014 ISSN 0735-1097/\$36.00 http://dx.doi.org/10.1016/j.jacc.2014.03.021

CLINICAL PRACTICE GUIDELINE

2014 AHA/ACC/HRS Guideline for the Management of Patients With Atrial Fibrillation: Executive Summary



A Report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines and the Heart Rhythm Society

Developed in Collaboration With the Society of Thoracic Surgeons

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The "CCS Algorithm" for OAC Therapy in AF

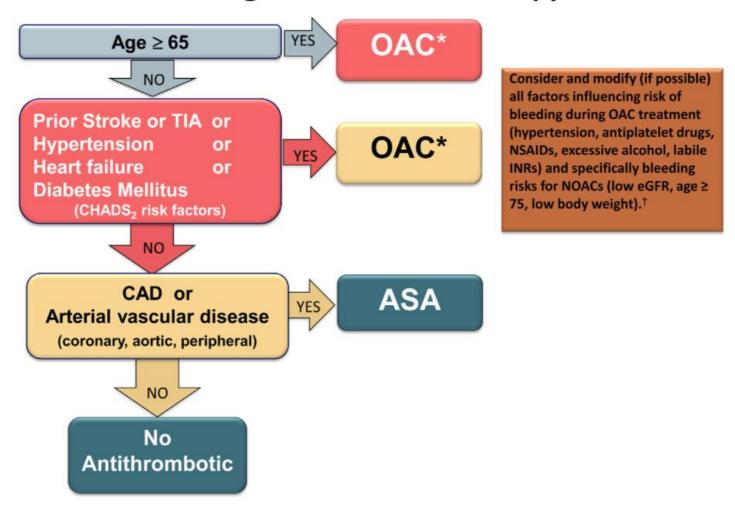


Figure 1. The simplified "CCS algorithm" for deciding which patients with atrial fibrillation (AF) or atrial flutter (AFL) should receive oral anti-coagulation (OAC) therapy. * We suggest that a NOAC be used in preference to warfarin for non-valvular AF. † Might require lower dosing. ASA, acetylsalicylic acid; CAD, coronary artery disease; CCS, Canadian Cardiovascular Society; CHADS₂, Congestive Heart Failure, Hypertension, Age, Diabetes, Stroke/Transient Ischemic Attack; eGFR, estimated glomerular filtration rate; INR, international normalized ratio; NOAC, novel oral anticoagulant; NSAID, nonsteroidal anti-inflammatory drug; TIA, transient ischemic attack.



RECOMMENDATION

5. We recommend that when OAC therapy is indicated for patients with nonvalvular AF, most patients should receive dabigatran, rivaroxaban, apixaban, or edoxaban (when approved) in preference to warfarin (Strong Recommendation High-Quality Evidence)

RECOMMENDATION

11. We suggest these nonapproved LAA closure devices not be used, except in research protocols or in systematically documented use protocols in patients at high risk of stroke (CHADS₂ score ≥ 2) for whom antithrombotic therapy is precluded (Conditional Recommendation, Low-Quality Evidence).



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Percutaneous occlusion of the left atrial appendage in non-valvular atrial fibrillation for the prevention of thromboembolism

Issued: June 2010

NICE interventional procedure guidance 349

www.nice.org.uk/ipg349





Stroke

Percutaneous Left Atrial Appendage Closure for Stroke Prophylaxis in Patients With Atrial Fibrillation

2.3-Year Follow-up of the PROTECT AF (Watchman Left Atrial Appendage System for Embolic Protection in Patients With Atrial Fibrillation) Trial

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Background—The multicenter PROTECT AF study (Watchman Left Atrial Appendage System for Embolic Protection in Patients With Atrial Fibrillation) was conducted to determine whether percutaneous left atrial appendage closure with a filter device (Watchman) was noninferior to warfarin for stroke prevention in atrial fibrillation.

Methods and Results—Patients (n=707) with nonvalvular atrial fibrillation and at least 1 risk factor (age >75 years, hypertension, heart failure, diabetes, or prior stroke/transient ischemic attack) were randomized to either the Watchman device (n=463) or continued warfarin (n=244) in a 2:1 ratio. After device implantation, warfarin was continued for ≈45 days, followed by clopidogrel for 4.5 months and lifelong aspirin. Study discontinuation rates were 15.3% (71/463) and 22.5% (55/244) for the Watchman and warfarin groups, respectively. The time in therapeutic range for the warfarin group was 66%. The composite primary efficacy end point included stroke, systemic embolism, and cardiovascular death, and the primary analysis was by intention to treat. After 1588 patient-years of follow-up (mean 2.3±1.1 years), the primary efficacy event rates were 3.0% and 4.3% (percent per 100 patient-years) in the Watchman and warfarin groups, respectively (relative risk, 0.71; 95% confidence interval, 0.44%−1.30% per year), which met the criteria for noninferiority (probability of noninferiority >0.999). There were more primary safety events in the Watchman group (5.5% per year; 95% confidence interval, 4.2%−7.1% per year) than in the control group (3.6% per year; 95% confidence interval, 2.2%−5.3% per year; relative risk, 1.53; 95% confidence interval, 0.95−2.70).

Conclusions—The "local" strategy of left atrial appendage closure is noninferior to "systemic" anticoagulation with warfarin. PROTECT AF has, for the first time, implicated the left atrial appendage in the pathogenesis of stroke in atrial fibrillation.

Clinical Trial Registration:—URL: http://www.clinicaltrials.gov. Unique identifier: NCT00129545. (Circulation. 2013;127:720-729.)

Key Words: anticoagulation ■ atrial fibrillation ■ catheters ■ left atrial appendage ■ pericardial effusion ■ stroke prevention ■ warfarin



ESTUDIO PROTECT-AF

- Único estudio aleatorizado que ha comparado antgonistas de la vitamina K (warfarina) con un dispositivo oclusor de la orejuela izquierda (Watchman) en la fibrilación auricular no valvular.
- Demostró que el cierre de la orejuela izquierda no es inferior a la warfarina en el objetivo primario: combinado de ictus, embolia sistémica o muerte de origen cardiovascular).
- Tasa inicial de complicaciones periprocedimiento iniciales altas.



REGISTROS ACP VS. WATCHMAN

Table 5 ACP registries in comparison with PROTECT AF

| In-hospital | | | | | | | | | Follow-up | • | | | | | |
|--|----------|-------------------------|-------------------------------------|----------------------|---------------|-----------------------------------|-------------------------|------------------------|----------------------|----------------------------|------------------------|-------------------------|-----------------------|----------------|----------------|
| Registry | Patients | Mean age (year 5) | Mean CHADS ₂ score | Technical success | Stroke | Pericardial effusion conservative | Tamponade (Drainage) | Device embolization | Death (all cause) | Total adverse events | Device embolization | Pericardial effusion | Thrombus on device | Stroke | Death |
| Italian Registrty ¹⁰¹ | 100 | | | 100/100 100% | 0 | | 2/100 2% | 0 | 0 | 2/100 2% | | | | | |
| Dual Centre, Hamburg Bern ⁹⁷ | 131 | | | 131/131 100% | 0 | 1/131 1% | 0 | 0 | 0 | 1/131 0.8% | | | | | |
| ACP EU Post Market Registry ⁹⁸ | 204 | 74 <u>+</u> 9 | 2.6 ± 1.3 | 197/204 97% | 0 | | 3/204 1.5% | 3 | 0 | 6/204 2.9% | 1 | 0 | 5/204 2.4% | | |
| Spanish Registry ⁹⁹ | 35 | 75 ± 6 | 2.4 ± 1.3 | 34/35 97% | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 5/35 14% | 1/35 3% | 3/35 9% |
| Initial European Experience ⁴⁸ | 143 | 74 <u>+</u> 9 | _ | 132/137 96% | 3/143 2.1% | 4/143 3% | 5/143 3.5% | 2/143 1.4% | 0 | 10/143 7% | | | | | |
| Bern LAA Occlusion Registry ¹⁰⁰ | 100 | 72 <u>+</u> 10 | 2.5 ± 1.3 | 98/100 98% | 1/100 1% | 2/100 2% | 1/100 1% | 2/100 2% | 0 | 6/100 6% | | | | | |
| Initial Asian Experience ⁶⁸ | 20 | 68 ± 9 | 2.3 ± 1.3 | 19/20 95% | 0 | 0 | 0 | 0 | 0 | * | - | - | - | - | - |
| Canadian Registry ¹⁰⁵ | 52 | 74 <u>+</u> 8 | 3 (2-4) | 51/52 98% | 0 | 1/52 2% | 1/52 2% | 1/52 2% | 0 | 2/52 4% | 0 | 1/52 2% | 0 | 1/52 2% | 3/52 6% |
| PROTECT AF ⁴⁵ | 463 | 72 ± 9 | 2.2 ± 1.2 | 408/463 88% | 5/463 1% | 8/463 1% | 22/463 5% | 3/463 1% | 0 | 36/463 8% | 2/463 0.4% | 0 | | 16/694 2.3% | 21/705 3.0% |

*Air embolism in right coronary artery, one oesophageal injury during TOE.



ENSAYOS CON WATCHMAN

| T | able | 3 A | Pacul | te wi | th th | a Wat | chman | device |
|---|------|-----|-------|--------|-------|---------|-------|--------|
| | 4000 | | RESID | II S W | | 2 VV 21 | cmman | CHALLE |

| Trial | Patients | Patients device/ Control | Comments | Average CHADS ₂ Score | Average CHA ₂ DS ₂ - VASc Score | | Efficacy events | Safety events | Successful implantation | Mean follow- up (months) | No warfarin | Primary efficacy event rate (per 100 patient-years) | Safety event rate |
|---------------------------------|----------|--------------------------------|--|--|---|---|---|---|----------------------------|---|----------------|--|------------------------------------|
| Pilot study ^{44,94} | 66 | 66/0 | Non-randomized cohort of patients un dergoing Watchman implantation | 1.8 ± 1.1 | | Warfarin plus ASA for 45 days, and ASA for life | Death, stroke, systemic embolism, and major bleeding | | 88% | 73 ± 25 | 91% | Actual stroke rate of 0.5% | 4 device embolizations |
| PROTECT AF ^{45,89} | 707 | 463/244 warfarin | Randomized non- inferiority trial | 2.2 ± 1.2 | 3.4 | Warfarin plus ASA for 45 days, DAPT for 6 months, and ASA for life | Composite endpoint of stroke, cardiovascular death, and systemic embolism | Device embolization, major bleeding events, and pericardial effusion | 88% | 18 ± 10 ⁴⁵ 43.4 ± 21.7 ⁸⁹ | 94% | 3 ⁴⁵ 3 ⁸⁹ 2.3 | 7 ⁴⁵ 6 ⁸⁹ |
| CAP Registry ⁸⁸ | 460 | 460/0 | Non-randomized registry of patients undergoing Watchman implantation | 2.4 ± 1.2 | | Warfarin plus ASA for 45 days, DAPT for 6 months, and ASA for life | PROTECT AF protocol | PROTECT AF protocol | 95% | 25.4 ± 10.0 | 95% | 2 | |
| ASAP Registry ⁴⁸ | 150 | 150/0 | Treat patients contra-indicated for warfarin | 2.8 | 4.4 ± 1.7 | DAPT for 6 months and ASA for life | Stroke rate per 100 patient-years | | 95% | | 100% | 2 | |
| Prevail | 407 | 269/138 | Similar to PROTECT AF ^a with revised inclusion criteria | 2.6 ± 1.0 | | Similar to PROTECT AF | Stroke, embolism, or unexplained death | Same as PROTECT AF within 7 days | 95.1% | Modelled to 18 months, only 58 actually reached 18 months | | 1 | 4 |

DAPT, dual antiplatelet therapy; ASA, acetylsalicylic acid; AF, atrial fibrillation. ^aPrevail data are preliminary and final validation is not yet complete.



SERIE ESPAÑOLA

Artículo original

Resultados inmediatos y a más de un año en 35 pacientes consecutivos a los que se realiza cierre de orejuela izquierda con el dispositivo Amplatzer Cardiac Plug

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Historia del artículo: Recibido el 6 de marzo de 2012 Aceptado el 28 de abril de 2012 On-line el 29 de agosto de 2012

Palabras clave:
Orejuela izquierda
Dispositivo oclusor
Fibrilación auricular
Cartografía electroanatómica no
fluoroscópica
Tomografía computarizada
Resonancia magnética

RESUMEN

Introducción y objetivos: El cierre del apéndice auricular izquierdo puede ser una opción terapéutica atractiva para pacientes confibrilación auricular no valvular y contraindicación para tomar anticoagulantes orales, siempre que se obtengan buenos resultados durante la implantación y en el seguimiento.

Métodos: Se analizó a 35 pacientes consecutivos y no elegibles para los estudios aleatorizados con anticoagulantes orales a los que se implantó el dispositivo oclusor Amplatzer. Tras los primeros 5 casos, se incorporó una técnica de imagen 3D. Se analizaron los resultados de la implantación y de seguimiento durante 1 año.

Resultados: La media de edad era $74,65 \pm 7,61$ años, con un CHADS $_2$ de $2,41 \pm 1,53$ y un CHA $_2$ DS $_2$ -VASc de $3,17 \pm 1,60$. No se pudo implantar el dispositivo en 1 caso y en 5 fue necesario cambiar la medida seleccionada. No hubo ninguna complicación cardiaca durante la implantación ni durante la estancia hospitalaria. Hubo una complicación vascular (fístula arteriovenosa). Se realizó seguimiento con ecocardiografía transesofágica a las 24 h y tras 1, 3, 6 y 12 meses; se documentaron 5 trombos, que se resolvieron con heparina. En el seguimiento de $21,14 \pm 10,09$ meses, hubo 3 muertes de pacientes mayores de 80 años, ninguna de ellas cardiológica, y un accidente isquémico transitorio sin secuelas.

Conclusiones: El cierre del apéndice auricular izquierdo por un operador con cierta experiencia puede ser una opción terapéutica con pocas complicaciones y con resultados a más de 1 año eficaces en la reducción de complicaciones tromboembólicas y hemorrágicas, incluso en poblaciones de muy alto riesgo.



SERIE ESPAÑOLA

Tabla 4
Comparación de algunos datos de interés clínico entre los principales estudios con nuevos anticoagulantes orales y dispositivos y nuestra serie

| | Serie HIC | Dabigatrán (RE-LY) | Apixabán (ARISTOTLE) | Rivaroxabán (ROCKET AF) | PROTECT AF, DO frente a warfarina |
|--|-----------------------------------|-----------------------|-------------------------|----------------------------|--------------------------------------|
| Edad (años) | 74,65 | 71,5 | 70 | 73 | 72 |
| CHADS ₂ | $\textbf{2,41} \pm \textbf{1,53}$ | 2,1 | 2,1 | 3,5 | 2,2±1,2 |
| CHA_2DS_2 - $VASc > 2$ | 42,8% | 32,7% | 30,2% | 87% | 31% |
| Sangrado postoperatorio | 5,7% | 16,4% | 18,1% | 14,9% | Sin datos |
| Sangrados mayores | 2,87% ^a | 3,11% | 2,13% | 3,60% | Sin datos |
| Ictus/embolias postoperatorias | 2,85% ^b | 1,11% | 1,27% | 1,7% | 3,2% DO; 1,8% ACO |
| Abandono del tratamiento tras más de 1 año | 0% | 21% | Sin datos | 24% | 22% |

ACO: anticoagulantes orales; ARISTOTLE: Apixaban for Reduction In STroke and Other ThromboemboLic Events in atrial fibrillation; DO: dispositivo oclusor; HIC: Hospital Infanta Cristina; PLAATO: Percutaneous Left Atrial Appendage Transcatheter Occlusion; PROTECT AF: PROTECTion in patients with Atrial Fibrillation; RE-LY: Randomized Evaluation of Long term anticoagulant therapy; ROCKET AF: Rivaroxaban Once daily oral direct factor Xa inhibition Compared with vitamin K antagonist for the prevention of stroke and Embolism Trial in Atrial Fibrillation.



^a Pacientes que no pueden tomar acenocumarol y sólo por la doble antiagregación de los primeros meses.

b Pacientes que no pueden tomar acenocumarol y sólo por la doble antiagregación de los primeros meses; realmente el único caso es un accidente isquémico transitorio sin secuelas (en Percutaneous Left Atrial Appendage Transcatheter Occlusion, el 3,8% de ictus frente al esperado 6,6% para CHADS₂ 2,5).

REGISTROS CON AMPLATZER

| ACP Registries (Ref. #) | Enrollment Period | N | ${\it CHADS_2\ Score},$ ${\it Mean\ \pm\ SD}$ | Procedural Success, % | Serious Pericardial Effusion, % | Embolization, % | Ischemic Stroke, % | Total Safety Events, % |
|---------------------------------------|---------------------------------|-----|--|--------------------------|---------------------------------------|--------------------|-----------------------|-----------------------------|
| Initial European registry (34) | December 2008- November 2009 | 143 | NA | 96 | 3.5 | 1.4 | 2.1 | 7 |
| Asia-Pacific experience (35) | 2009-2010 | 20 | $\textbf{2.3} \pm \textbf{1.3}$ | 95 | 0 | 0 | 0 | 1 air embolism 1 thrombu |
| Latin America (36) | 2009-2012 | 60 | $\textbf{3.2} \pm \textbf{1.1}$ | 100 | 6.6 | 1.7 | 0 | 8.3 |
| Spanish experience (37) | 2009-2011 | 35 | $\textbf{2.4} \pm \textbf{1.5}$ | 97.1 | 0 | 0 | 0 | 0 |
| Polish experience (38) | 2009-2012 | 21 | $\begin{array}{c} CHA_2DS_2\text{-}VASc \\ 4.4 \pm 1.4 \end{array}$ | 95.2 | 4.8 | 0 | 0 | 0 |
| Iberia registry (42) | 2009-2011 | 213 | NA | 92.5 | 1.4 | 1.9 | 0.5 | 5.6; 1.4 death |
| Bern experience (24) | 2008-2012 | 120 | $\begin{array}{c} \text{CHA}_2\text{DS}_2\text{-VASc} \\ \text{3.4} \pm 1.7 \end{array}$ | 97.5 | 1.6 | 1.6 | 0.8 | 6.7 (2 TIA) |
| Canadian registry (39) | 2009-2011 | 52 | $\textbf{3.0} \pm \textbf{1.0}$ | 98.1 | 0 | 1.9 | 0 | 1.9 |
| Israel experience (40) | 2009-2012 | 100 | $\textbf{3.2} \pm \textbf{1.2}$ | 100 | 1 | 0 | 0 | 1 |
| Belgian registry (43) | 2009-2012 | 90 | $\begin{array}{c} \text{CHA}_2\text{DS}_2\text{-VASc} \\ \text{4.4} \pm 1.8 \end{array}$ | 98.9 | 3.3 | 0 | 0 | 1.1 deaths |
| European post-marketing registry (41) | 2009-2011 | 204 | $\textbf{2.6} \pm \textbf{1.3}$ | 96.6 | 2.4 | 1.5 | 0 | 2.9 |

 CHA_2DS_2 -VASc = congestive heart failure, hypertension, age ≥ 75 years, age 65 to 74 years, diabetes mellitus, stroke/transient ischemic attack/thromboembolism, vascular disease, sex female; NA = not available; TIA = transient ischemic attack; other abbreviations as in Tables 1 and 2.



REGISTRO ESPAÑOL

Heart Online First, published on January 8, 2015 as 10.1136/heartjnl-2014-306332 Congenital heart disease

ORIGINAL ARTICLE

Two-year clinical outcome from the Iberian registry patients after left atrial appendage closure

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Received 9 June 2014 Revised 25 November 2014 Accepted 15 December 2014

ABSTRACT

Aims The aim of this study was to observe the percentage of thromboembolic and haemorrhagic events over a 2-year follow-up in patients with non-valvular atrial fibrillation (NVAF) undergoing closure of the left atrial appendage (LAA) with an occlusion device. Observed events and CHADS₂ (congestive heart failure, hypertension, age, diabetes, stroke history), CHA₂DS₂-VASc (also adding: vascular disease and sex) and HAS-BLED (hypertension, abnormal liver/renal function, stroke history, bleeding predisposition, labile international normalised ratios, elderly, drugs/alcohol use)-predicted

(INR) monitoring) are interesting, the risks inherent to their anticoagulant action remain unchanged, and they significantly increase the cost of surgery. The relative reduction in the number of events is striking but less relevant in absolute terms. ¹

Closure of the left atrial appendage (LAA), the site of over 90% of thrombi in these patients, has initially been shown to reduce incidence of intracranial haemorrhage. It is at least as effective as warfarin in reducing thromboembolic events,² but might be superior to warfarin in longer follow-up periods.³ LAA occlusion is now starting to appear



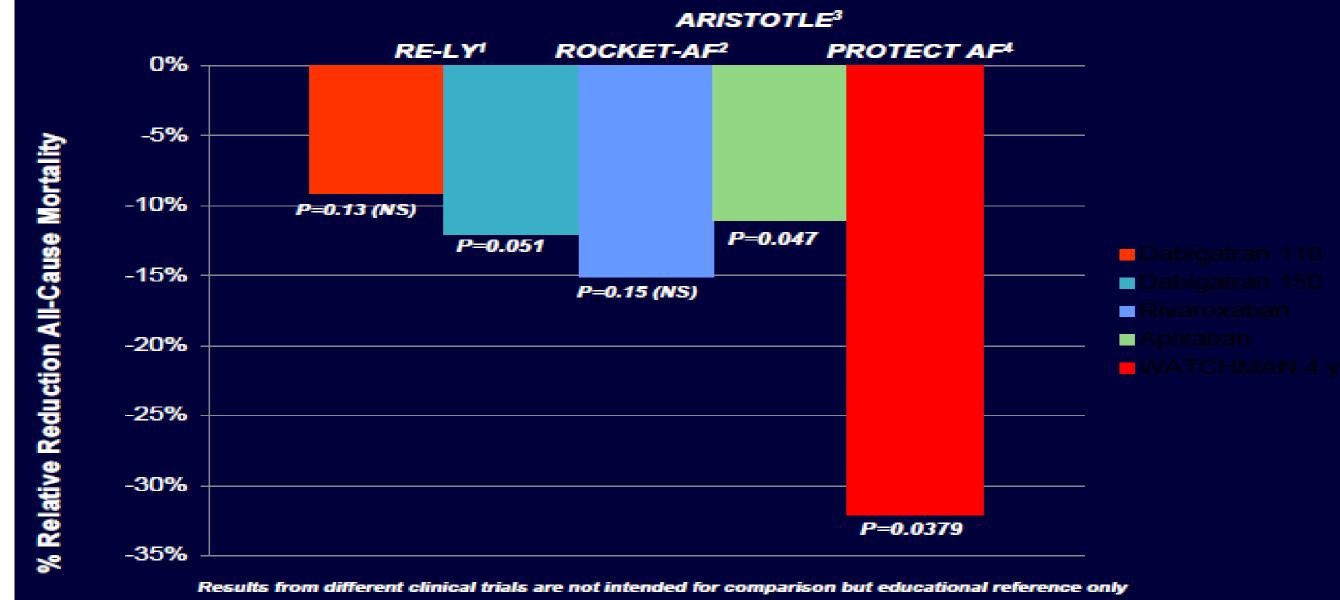
CONCLUSIONES

- La evidencia científica actual sugiere que el cierre percutáneo de la orejuela izquierda es eficaz en la reducción de eventos tromboembólicos en la fibrilación auricular no valvular.
- Tasa de complicaciones periprocedimiento baja, aunque significativa, muy relacionada con la curva de aprendizaje. Centros con disponibilidad de cirugía cardiaca.
- > Selección de pacientes cuidadosa y multidisciplinar.



NUEVOS ANTICOAGULANTES



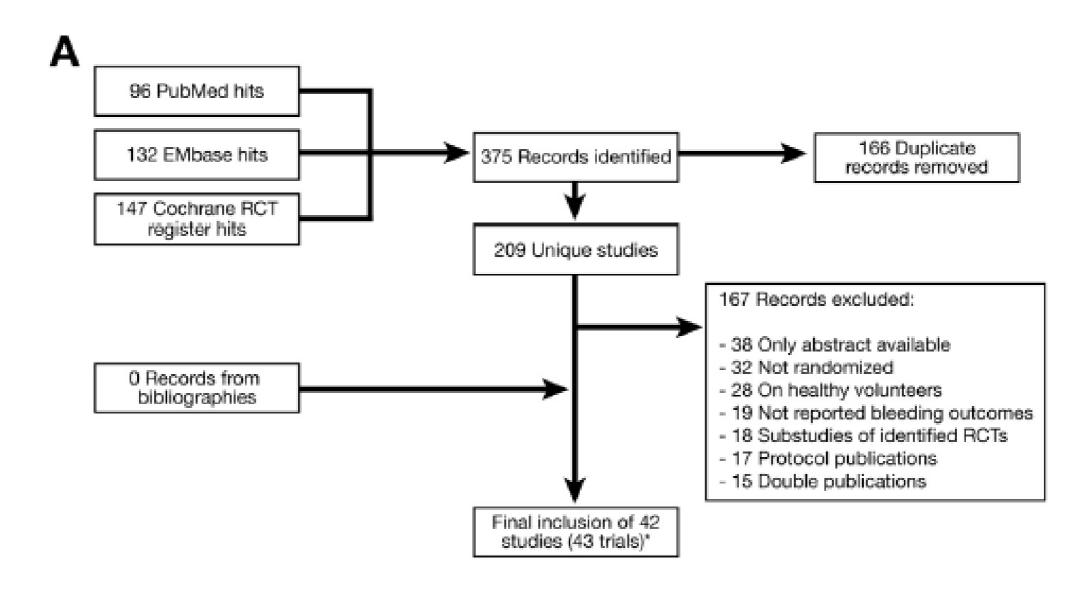




New Oral Anticoagulants Increase Risk for Gastrointestinal Bleeding: A Systematic Review and Meta-analysis

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GASTROENTEROLOGY 2013;145:105-112





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The role of anticoagulant & GI bleeding

- Anticoagulants do not cause any lesion in the GI tract.
- However, anticoagulants are associated with a higher risk of bleeding from most lesions





| Recorded Drug Use | Peptic Ulcer Bleeding (N=1218) | Diverticular Bleeding (N=189) | Angiodysplasia (N=66) |
|-------------------|-----------------------------------|----------------------------------|--------------------------|
| NSAID | 30.7% | 14.8% | 16.7% |
| LOW DOSE ASA | 15.8% | 21.7% | 6.1% |
| Anticoagulant | 5.7% | 14.3% | 27.3% |

- Occult GI bleeding and anticoagulants: 4 times higher



CASO CLÍNICO

- Varón de 84 años. Hipertensión arterial. Diabetes mellitus tipo 2 en tratamiento con insulina y antidiabéticos orales.
- Ictus isquémico en territorio vertebrobasilar sin secuelas, de presumible etiología cardioembólica.
- Fibrilación auricular persistente no valvular anticoagulada con antagonistas de la vitamina k.
- Episodios de hemorragia digestiva grave, en forma de melenas, con necesidad de transfusión de hemoderivados.





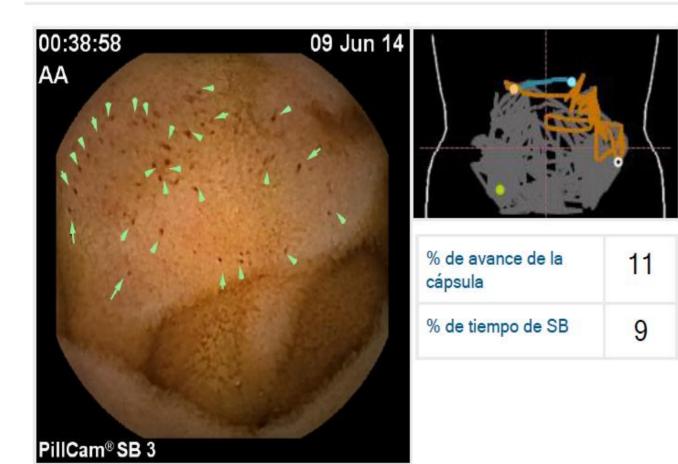
CASO CLÍNICO

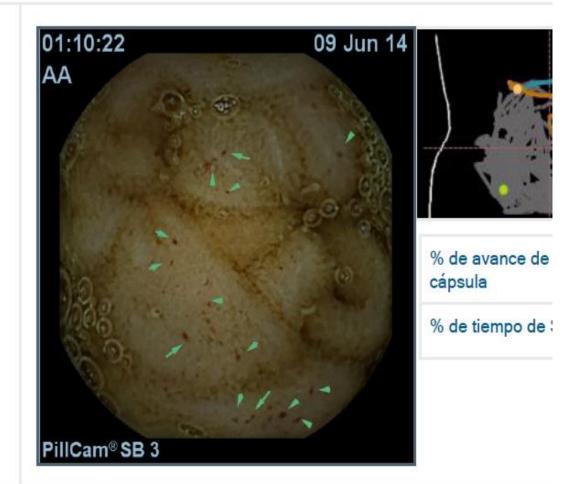
- El paciente tiene buena calidad de vida, con funciones corticales normales y buena clase funcional.
- Mantiene controles INR en rango.
- Estudio endoscópico: gastroscopia con hernia de hiato y gastritis crónica antral; colonoscopia con hallazgos de hemorroides internas y diverticulosis de colon no complicada.
- Cápsula-endoscopia: innumerables petequias de duodeno a yeyuno medio, que se asumen como responsables de los sangrados.

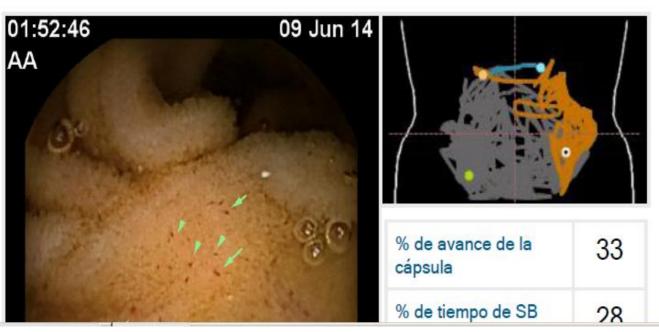




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Comunidad de Madrid

APROBACIÓN FDA

The Center for Devices and Radiological Health (CDRH) of the Food and Drug Administration (FDA) has completed its review of your premarket approval application (PMA) for the WATCHMAN LAA Closure Technology. This device is indicated to reduce the risk of thromboembolism from the left atrial appendage (LAA) in patients with non-valvular atrial fibrillation who:

- Are at increased risk for stroke and systemic embolism based on CHADS₂ or CHA₂DS₂-VASc scores and are recommended for anticoagulation therapy;
- Are deemed by their physicians to be suitable for warfarin; and
- Have an appropriate rationale to seek a non-pharmacologic alternative to warfarin, taking into account the safety and effectiveness of the device compared to warfarin.

We are pleased to inform you that the PMA is approved. You may begin commercial distribution of the device in accordance with the conditions of approval described below.



VIDEO AMPLATZER

AMPLATZERTM AMULETTM

Left Atrial Appendage Occluder



Not approved for sale in the US.



VIDEO WATCHMAN



