

Servicio de Enfermedades del Sistema Inmune y Oncología

Unidad Asociada I+D al Consejo
Superior de Investigaciones Científicas

Departamento de Medicina Interna

Hospital Universitario

"Príncipe de Asturias"

Universidad de Alcalá



Tratamientos biológicos en enfermedades autoinmunes



- Estrategias de tratamiento sobre dianas patogénicas en enfermedades autoinmunes
- Modelo de aplicación: La artritis reumatoide





TRATAMIENTO BIOLÓGICO DE LAS ENFERMEDADES AUTOINMUNES



FUNDAMENTOS Y CONSIDERACIONES INICIALES



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ENFERMEDADES INFLAMATORIAS IDIOPÁTICAS Y AUTOINMUNES



**HETEROGENEIDAD EN LOS MECANISMOS
PATOGÉNICOS SUBYACENTES Y EN LA
EXPRESIÓN CLÍNICA EN
"ENFERMEDADES" Y EN "ENFERMOS"**

CRISIS DE LA NOSOLOGÍA



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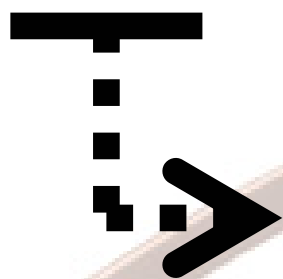




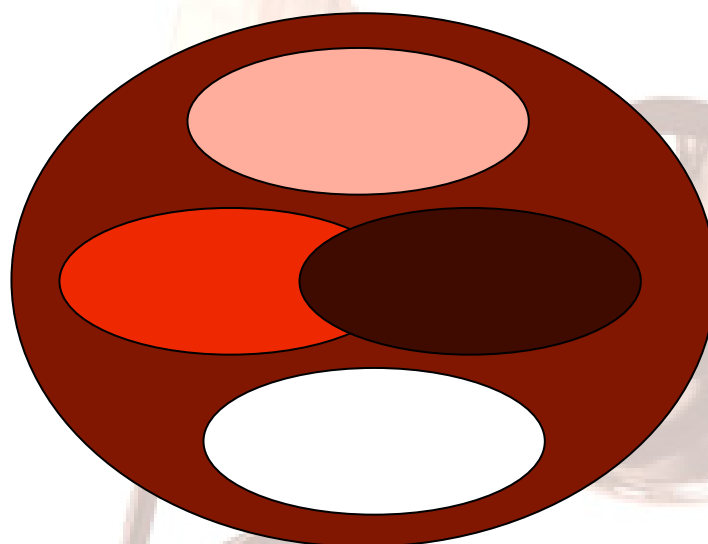
Investigación biomédica etiopatogénica, diagnóstica, terapéutica y reparativa



**SIMILITUD
CLÍNICA
DIAGNÓSTICO
DE
ENFERMEDAD
ÚNICA**



**Medicina
traslacional**



**IDENTIFICACION
DE MECANISMOS
ETIOPATOGÉNICOS
ESPECÍFICOS
Y COMUNES**

**SUPERAR
LIMITACIONES EN:**
• LA REALIZACIÓN
DE ENSAYOS CLÍNICOS
• LA OPTIMIZACIÓN Y
EL DESARROLLO
TERAPÉUTICO
Y REPARATIVO



**Medicina
individualizada**

No existen enfermedades sino enfermos



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Príncipe de Asturias**





Tratamientos biológicos en enfermedades autoinmunes



Estrategias de tratamiento
sobre dianas etiológicas
(óptimo) y patogénicas
(alternativo) en
enfermedades autoinmunes





Estrategias terapéuticas



¿Cual es la etiología de las enfermedades inflamatorias mediadas por el sistema inmunitario y de las clasificadas como autoinmunes?





Respuesta inmune frente a agresiones microbiológicas o tumorales



Reconocimiento antigénico y fase efectora eficientes

Supresión funcional y/o lisis
del agente infeccioso o de las
células neoplásicas

Asintomático

Manifestaciones clínicas

RECUPERACIÓN DE LA SALUD





Respuesta inmune frente a agresiones microbiológicas o tumorales



Reconocimiento antigénico y fase efectora ineficientes

consecuencias patológicas

Deficiente respuesta

Inadecuado control de la respuesta

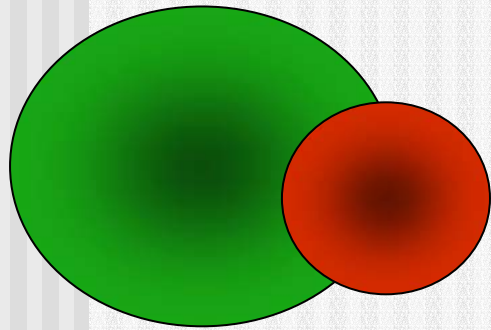
Progresión de la infección o del tumor

- Sepsis
- Shock
- Síndrome inflamatorio sistémico

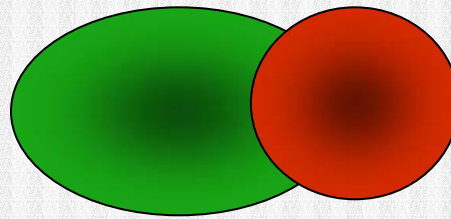
- Enfermedades inflamatorias
- Enfermedades autoinmunes



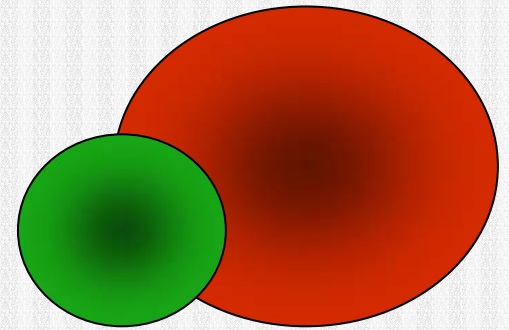
ETIOPATOGENIA DE ENFERMEDADES DEL SISTEMA INMUNOLÓGICO/INFLAMATORIO



BASES GENÉTICAS

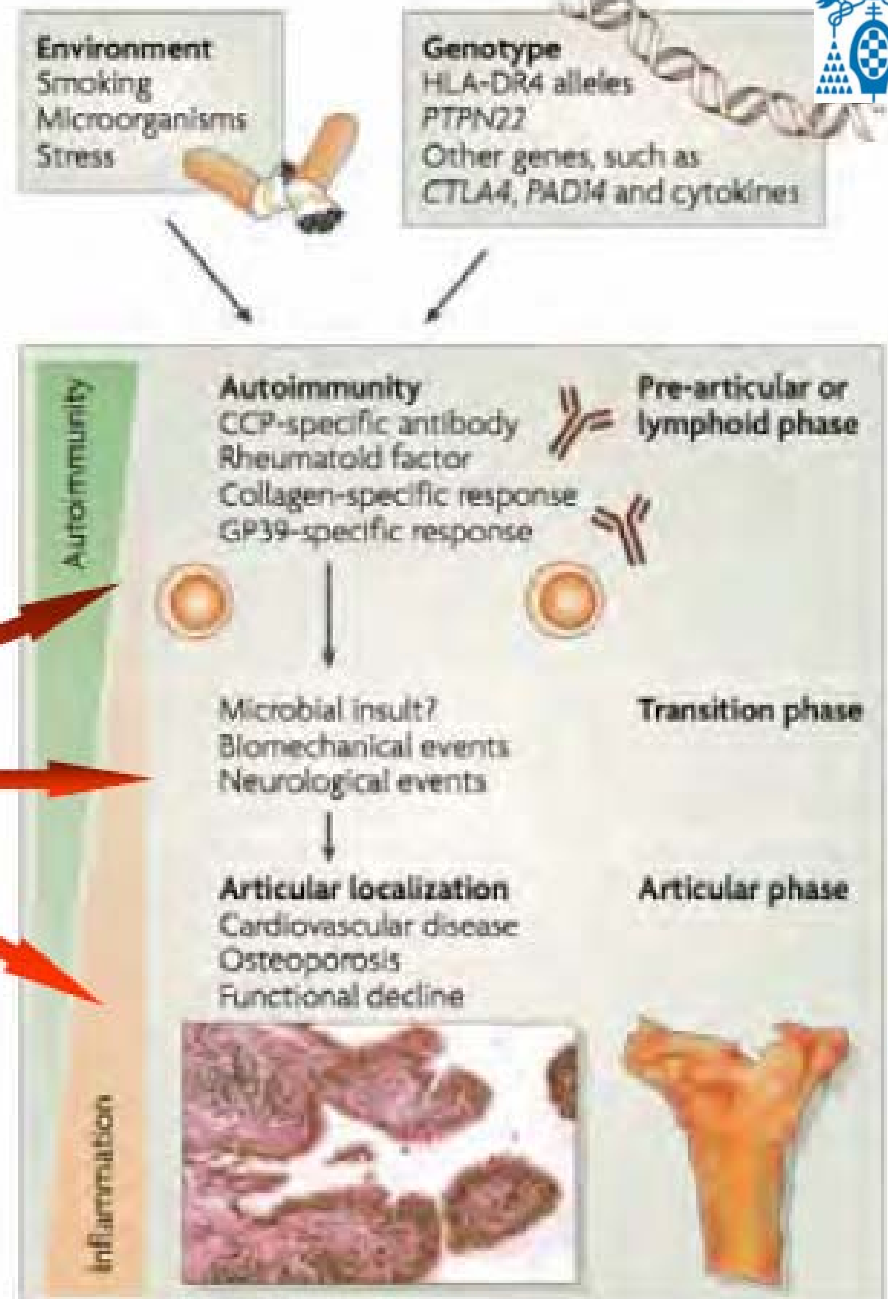


**INTERACCIÓN
CON EL MEDIO
EXTERNO E INTERNO**



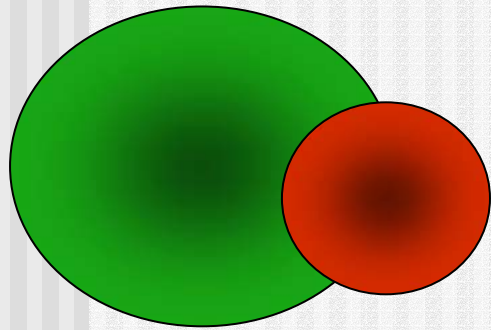
**HETEROGENEIDAD
INDIVIDUAL Y TEMPORAL**

Pathogenesis of RA?

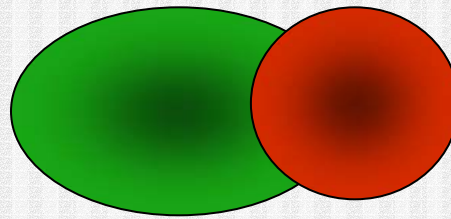


Immune mediated dysfunction

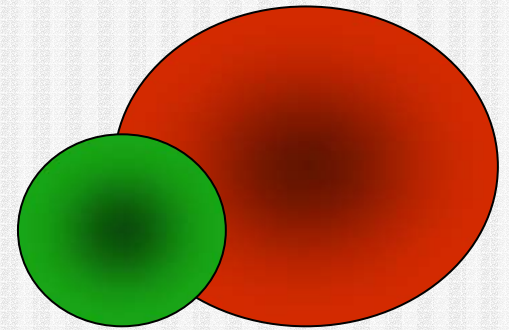
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INDIVIDUAL Y TEMPORAL**

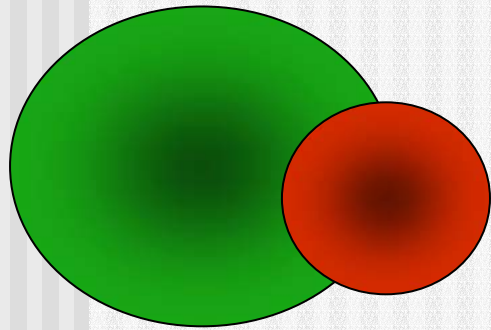
Environmental matters...?

- *Deprivation, life style and inflammatory diseases*

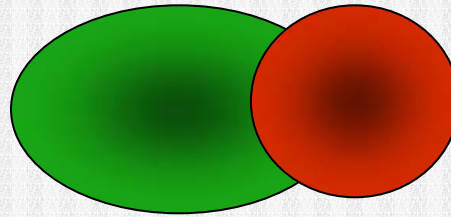
- **Disease activity**
 - Endogenous Mechanisms
 - e.g. PsoBid study
- **Health care access**
 - Compliance
- **Environmental challenge**
 - Hygiene hypothesis
 - microbial triggers
 - **Smoking & *HLADR* gene**



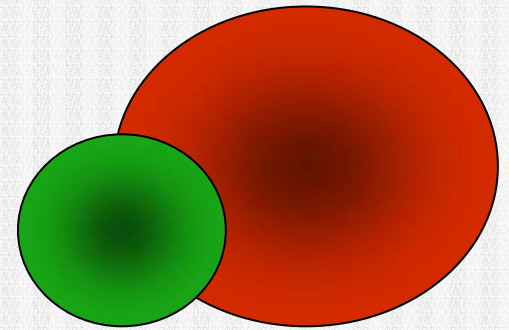
ETIOPATOGENIA DE ENFERMEDADES DEL SISTEMA INMUNOLÓGICO/INFLAMATORIO



BASES GENÉTICAS



**INTERACCIÓN
CON EL MEDIO
EXTERNO E INTERNO**



**HETEROGENEIDAD
INDIVIDUAL Y TEMPORAL**



PATHOGENIC INTERACTIONS OF THE IMMUNE SYSTEM



- **INTERACTIONS WITH MICROORGANISMS**
- **NUTRITIONAL INTERACTIONS**
- **HORMONAL INTERACTIONS**
- **NEUROLOGICAL INTERACTIONS**
- **INTERACTIONS WITH DRUGS**
- **CUTANEOUS AND MUCUS BARRIERS**
- **CHANGES IN THE INTERNAL ENVIRONEMENT**





Humans and microorganisms



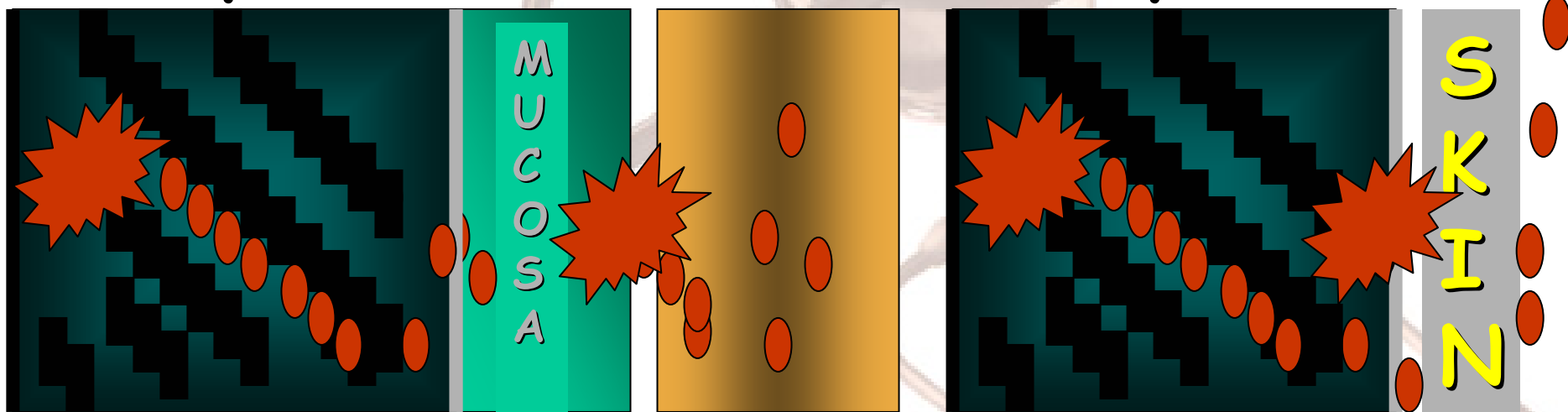
Organs
and Systems

Mucosa

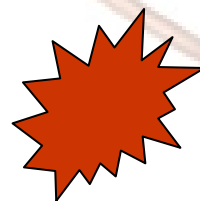
Gut

Organs
and Systems

Skin



microorganisms



Infections

Interactions can become infections



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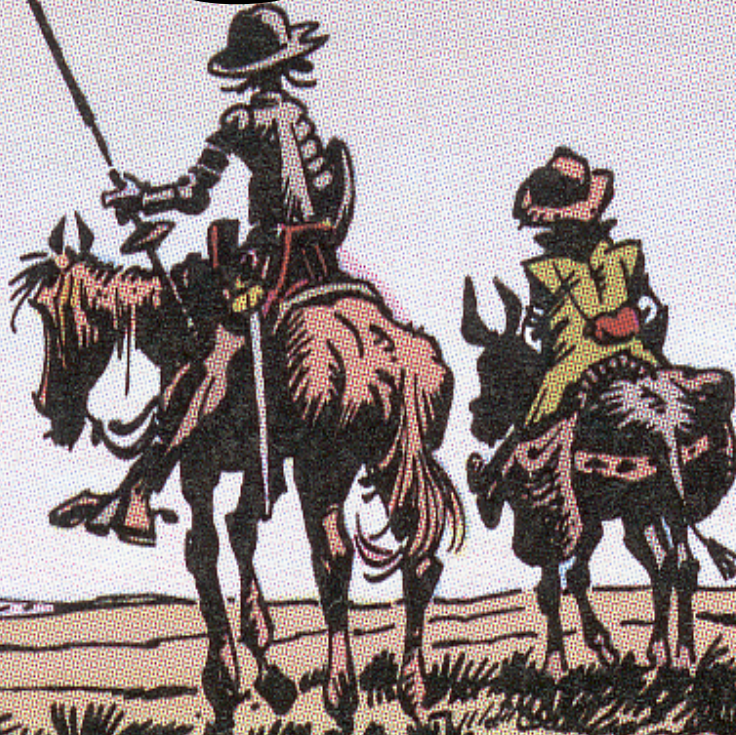
PATHOGENIC INTERACTIONS OF THE IMMUNE SYSTEM



- INTERACTIONS WITH MICROORGANISMS
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- INTERACTIONS WITH DRUGS
- CUTANEOUS AND MUCUS BARRIERS
- CHANGES IN THE INTERNAL ENVIRONMENT



El mal de quien la causa no se sabe, milagro es acertar la medicina



Cervantes, 1605



Estrategias terapéuticas



¿cuales son los mecanismos
patogénicos del sistema
inmunitario implicados en la
patogenia de las enfermedades
inflamatorias de etiología
desconocida y autoinmunes?



Innate immunity - inflammation that is beneficial...normally!

- immediate & effective
- inefficient
- amnesic
- toll-like receptors



heat erythema swelling pain functional loss





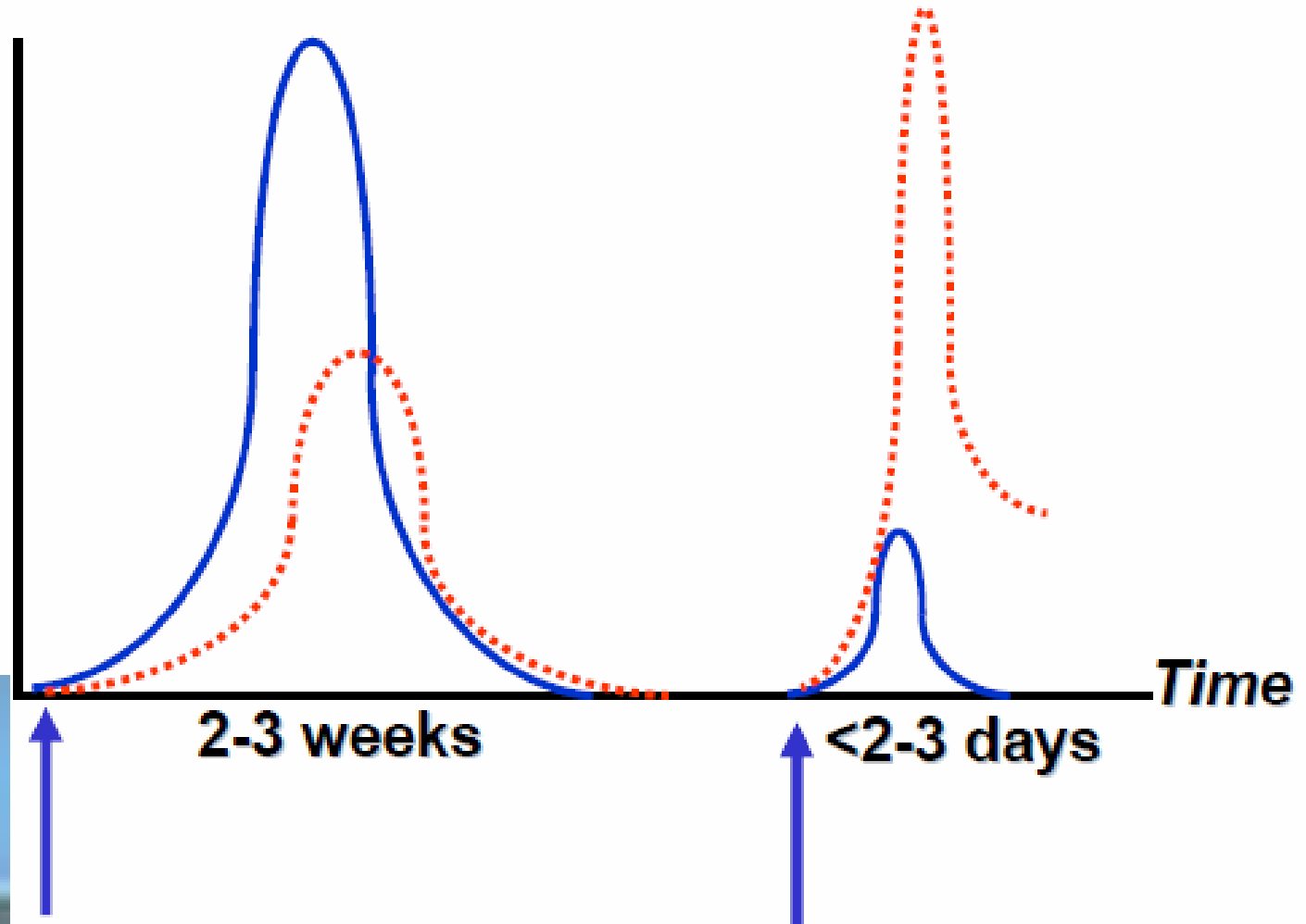
Adaptive immunity:

Overcoming immunologic amnesia!

clinical
severity

protective
antibody

.....





Análisis estratégico del sistema inmunológico



- **Respuesta inmune innata**
 - Células fagocíticas y presentadoras de antígeno (APC)
 - Células monocitarias. Receptores Toll
 - Células citotóxicas espontáneas (NK)
 - Citoquinas y quimioquinas
- **Respuesta inmune adaptativa**
 - APC
 - Linfocitos T y B
 - Citoquinas, inmunoglobulinas, sistema principal de histocompatibilidad





Dianas patogénicas en enfermedades inflamatorias crónicas / autoinmunes



- Dianas terapéuticas

- Diversidad

- Selección eficiente



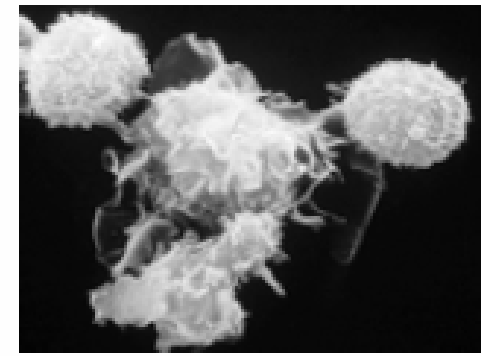
Muchos interpretes... ¿Quién es el director?



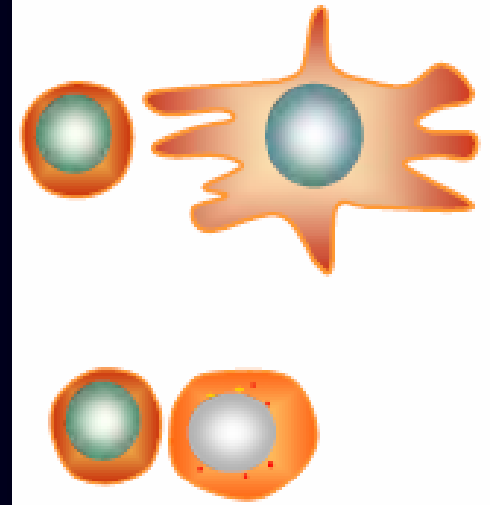
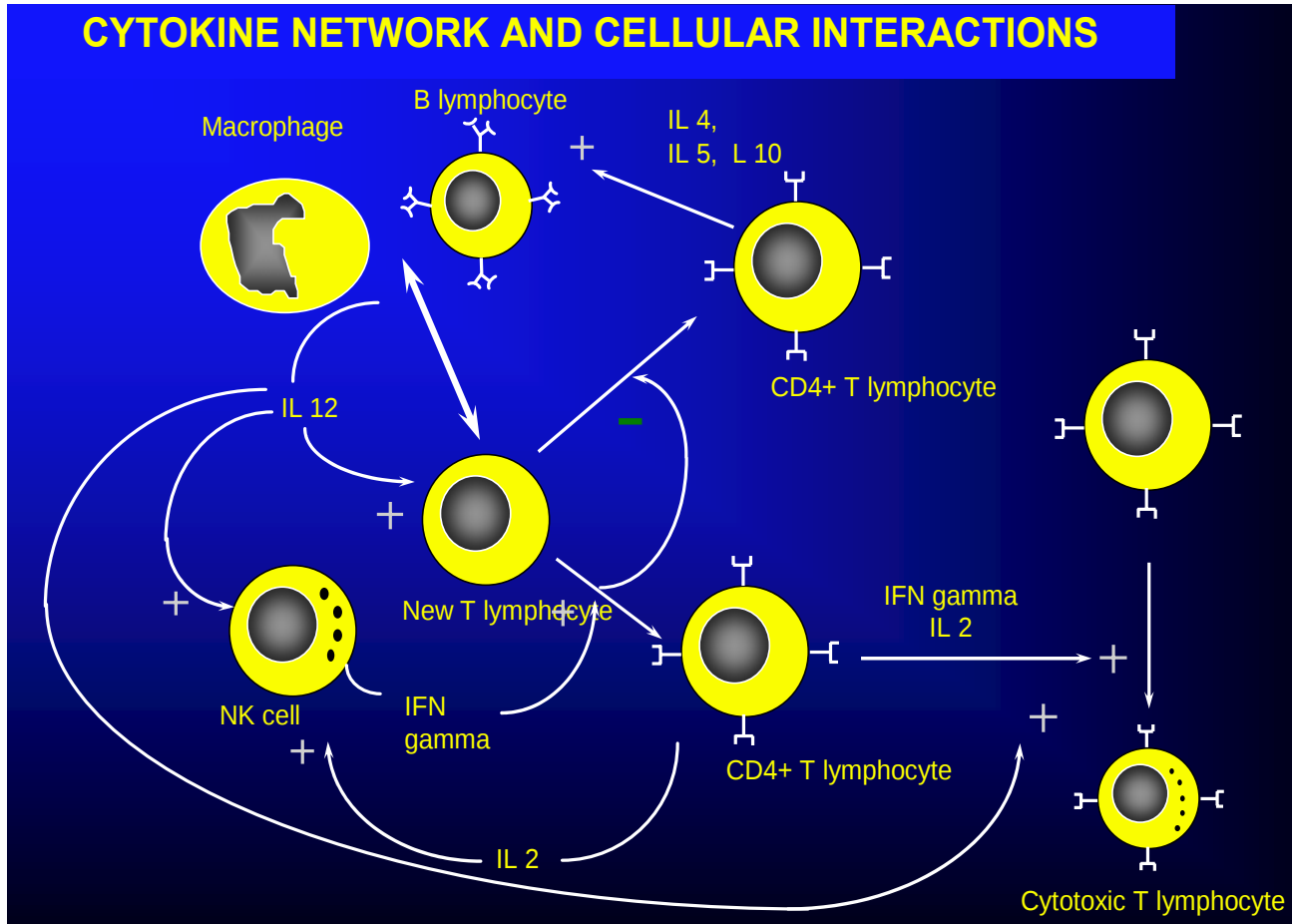
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Adaptive immunity



CYTOKINE NETWORK AND CELLULAR INTERACTIONS



Immunity is a dynamic process!

- driven primarily by **cytokines** & **chemokines**





Dianas patogénicas en artritis reumatoide



- Espectro de mecanismos patogénicos con relevancia variable entre pacientes y a lo largo de evolución
- Selección eficientes de mecanismos celulares y moleculares en el proceso patogénico del sistema inmunitario/inflamatorio



Which target to choose - immunologic approach?

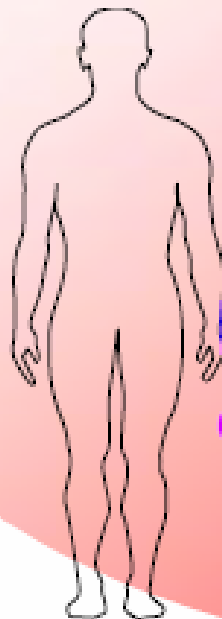
1. Is target present in tissue?
2. Does it possess a plausible biologic profile?
2. Can it be effectively inhibited:

ex vivo?

in vivo?



Animal
models

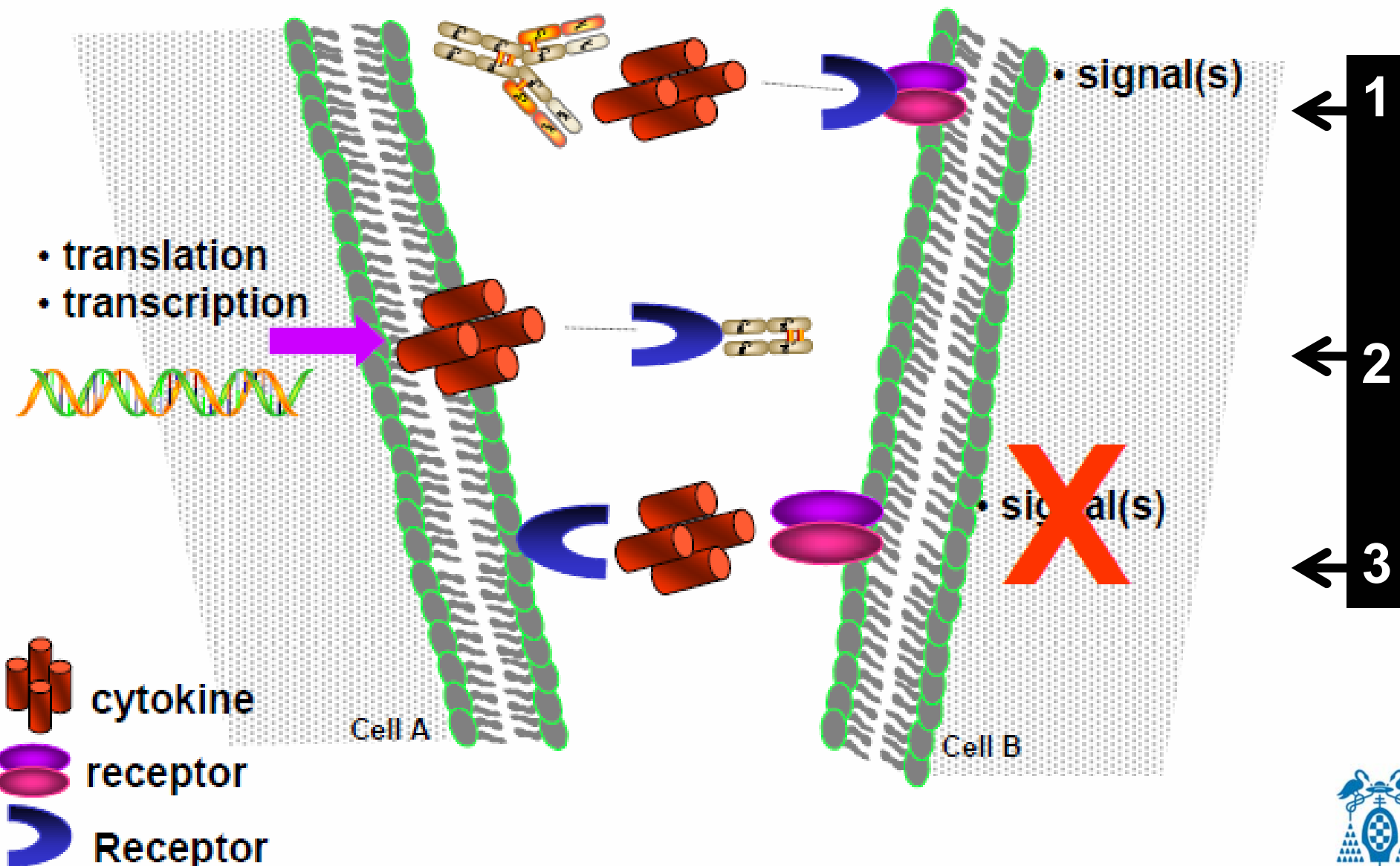


Proof of
concept
studies

In vitro
model
systems



How: to target your chosen molecule...?





DIANAS TERAPÉUTICAS



CITOQUINAS



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Where? Inflamed tissue - source of targets

Adaptive immunity

- Ectopic lymphoid structure
- T cells / DC
- B cells

TNF, IL-1
IL-6, IL-15
IL-18, IL-23...

IL-10, IL-35

Lining layer

- FLS
- macrophages

Interstitium

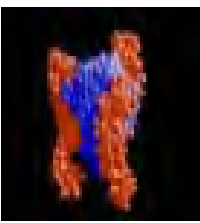
- mast cells
- macrophages
- neuroreceptors

Trafficking

- angiogenesis
- lymphangiogenesis



TNF in inflammatory diseases



Leukocyte activation

- macrophage
- T_H cell ↑ T_R cell ↓
- NK cell

Endothelial cell activation

- pro-angiogenic

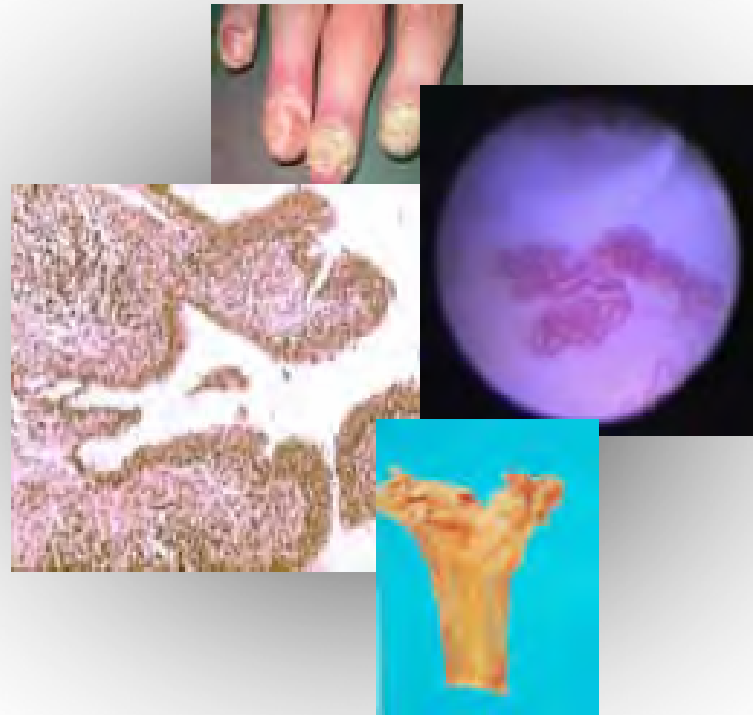
Fibroblast activation

- matrix degradation

Tissue cells

- osteoclast
- keratinocyte
- enterocyte

Nociceptor gating



Systemic

- acute phase response (IL-6)
- atherogenesis
- cognitive function / fatigue



ESCENARIO INFLAMATORIO. The exciting "TNF story"



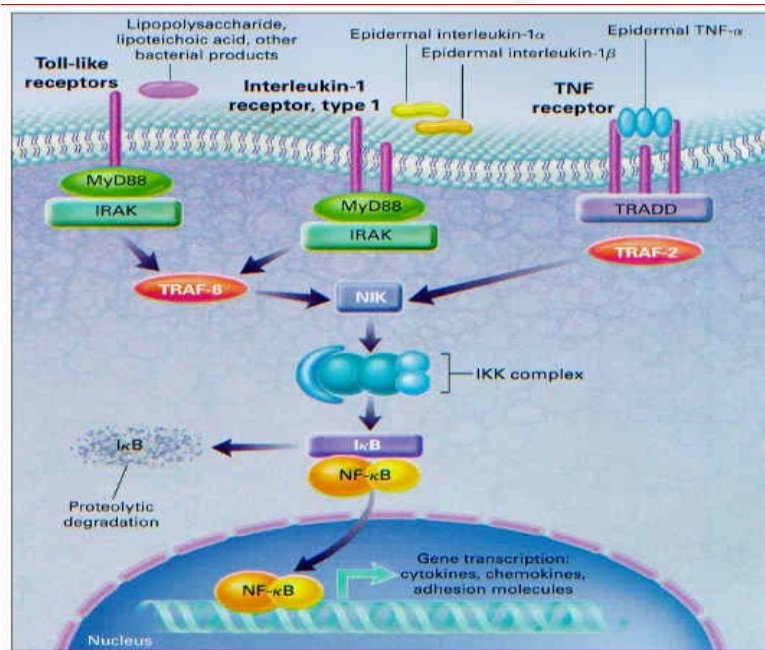
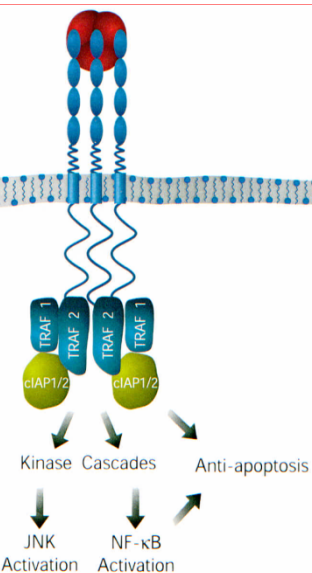
MAPKs

p42
p43
p45
p46
JNK o SAPKs

MADO

ICAM-1*
VCAM-1
TNF α
IL-1
IL-6
iNOS

IL-8
IL-12
IFN γ
**LÍPIDOS DERIVADOS
DE EUCOSANOIDES**



NF- κ B family

NF- κ B1 (p50)
NF- κ B2 (p52)
p62
C-Rel
Rel B

I-kB family

I-kB α
I-kB β
I-kB γ /p105
I-kB δ /p100
I-kB ϵ

IL-4
IL-10 *
TGF β
IL-1ra
IL-11 *

TNF α
IL-1 / IL-1ra
IL-4 / IFN γ

PRO-INFLAMACIÓN

ANTI-INFLAMACIÓN



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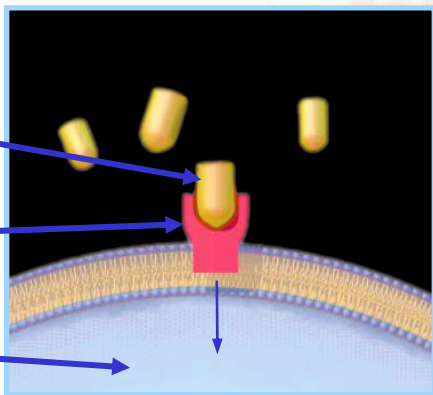
Madrid



INHIBICIÓN DEL SISTEMA DEL $TNF\alpha$

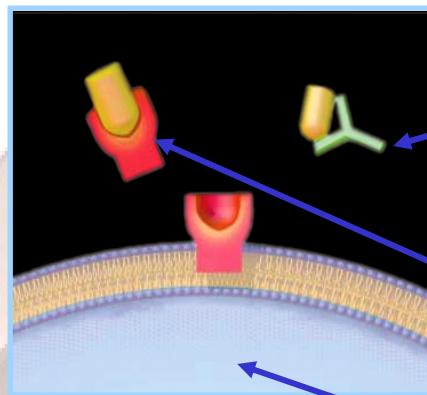
Interacción normal

Citocina inflamatoria
Receptor de la citocina
Señal inflamatoria



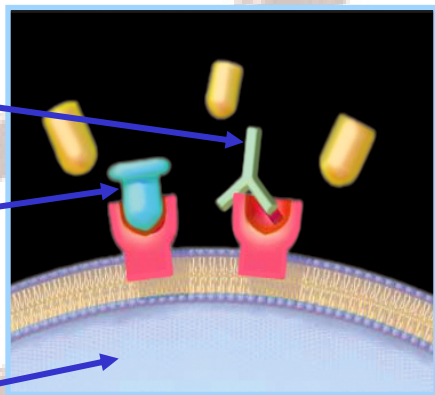
A. Neutralización de las citocinas

Anticuerpo monoclonal anti-Citoquina (*Infliximab, Adalimumab*)
Receptor soluble (*Etanercept*)



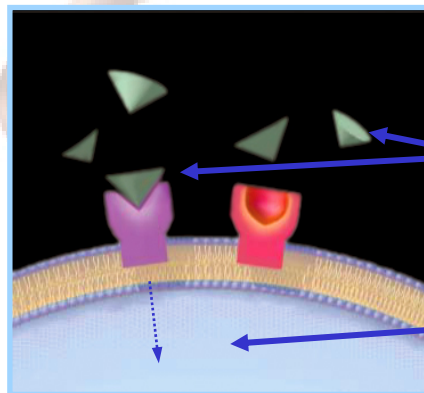
B. Bloqueo de los receptores

Anticuerpo monoclonal anti-Receptor
Antagonista del receptor



C. Activación de las vías antiinflamatorias

Citocina antiinflamatoria
Supresión de la señal inflamatoria





Biologic DMARDs: RA Disease Duration > 6 mo

"Failed" prior MTX in Comb. or With Sequential DMARDs



Disease activity

Low

Refer to Nonbiologic
DMARDs algorithmes

Moderate to high

Features of poor

Refer to
Nonbiologic
DMARDs
Algorithms or
Anti-TNF α

Anti-TNF α
OR Abatacept
OR Rituximab*

* Only recommended for patients with high disease activity with features of poor prognosis



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NUEVOS ANTI-TNF α



CERTOLIZUMAB GOLIMUMAB

POTENCIALES VENTAJAS

1. COMODIDAD EN LA POSOLOGÍA
2. POTENCIALES EFECTOS BIOLÓGICOS NUEVOS





Golimumab



- Kay et al: Arthritis Rheum 2008; 58: 964-975
- Background MTX
- •1° Endpoint: ACR 20 at week 16
- •Efficacy
- Group ACR 20 (%)
 - MTX + placebo 37
 - MTX + 50 mg -2 wks 50
 - MTX + 50 mg -4 wks 60
 - MTX + 100 mg -2 wks 79
 - MTX + 100 mg -4 wks 56





Certolizumab (CDP 870)



- Humanized Fab fragment linked to PEG (no Fc fragment)
- Due to PEGylation, higher bioavailability
- RAPID 1 and RAPID 2





Certolizumab



ACR	20	50	70
■ Placebo + MTX	14	8	3
■ 400mg CZP + MTX	61	40	8
■ 200mg CZP + MTX	59	21	3





Fracasos terapéuticos a anti-TNF α



- **No respondedores primarios**
 - El TNF no es un mediador patogénico crítico en todos los enfermos
 - Retraso en la respuesta
 - Dosis inadecuada o neutralización insuficiente del TNF α
- **No respondedores secundarios**
 - Desarrollo de anticuerpos bloqueantes
 - Dinámica patogénica con participación de otras citoquinas que adquieren la relevancia biológica (IL-1, IL-6, IL-12, IL-15, IL-17 etc)



No respondedores primarios a anti-TNF α

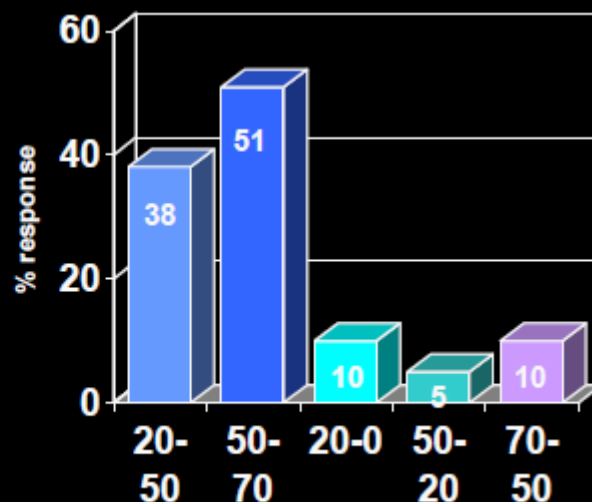


Anti-TNF Responses May be Delayed to 24 weeks in Patients initially on MTX + Etan.

Kavanaugh et al A&R 2007; 56 (Suppl): s167

	Responders at 12 wks (%)	Non- Resp. at 12 wks (%)
ACR 20	76	24
ACR 50	42	58
ACR 70	22	78

Among Responders at
Lower Levels, those
changing by 24 wks



Before declaring a drug a primary
non-responder—and when deciding
which drug to use, consider the time
to onset of action





Onset of response



- **Beginning of Mean Response:**
 - TNFi: 2 days;
 - Abatacept: 2 - 12 wks;
 - Rituximab: 4 - 12 wks
- **WHEN THINKING ABOUT WHAT TO DO NEXT , CONSIDER ONSET OF ACTION—FASTER IS BETTER BUT NEED TO WAIT “LONG ENOUGH” ONCE STARTED ON A BIOLOGIC**





Fracasos terapéuticos a anti-TNF α



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MURPHY
WAS
AN
OPTIMIST

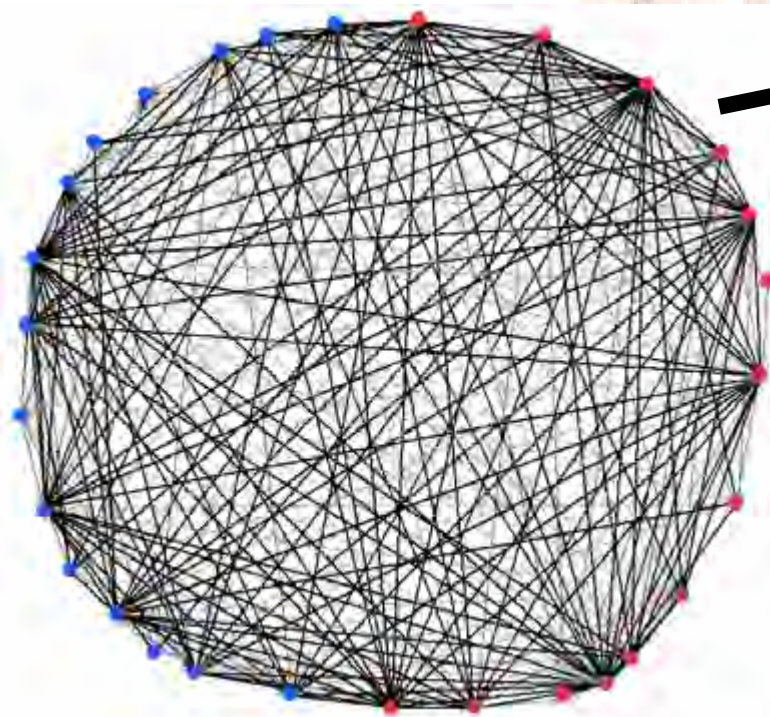
MURPHY'S LAW

FRIENDS COME AND GO
BUT
ENEMIES ACCUMULATE.



Which other targets?

Its quite complicated!

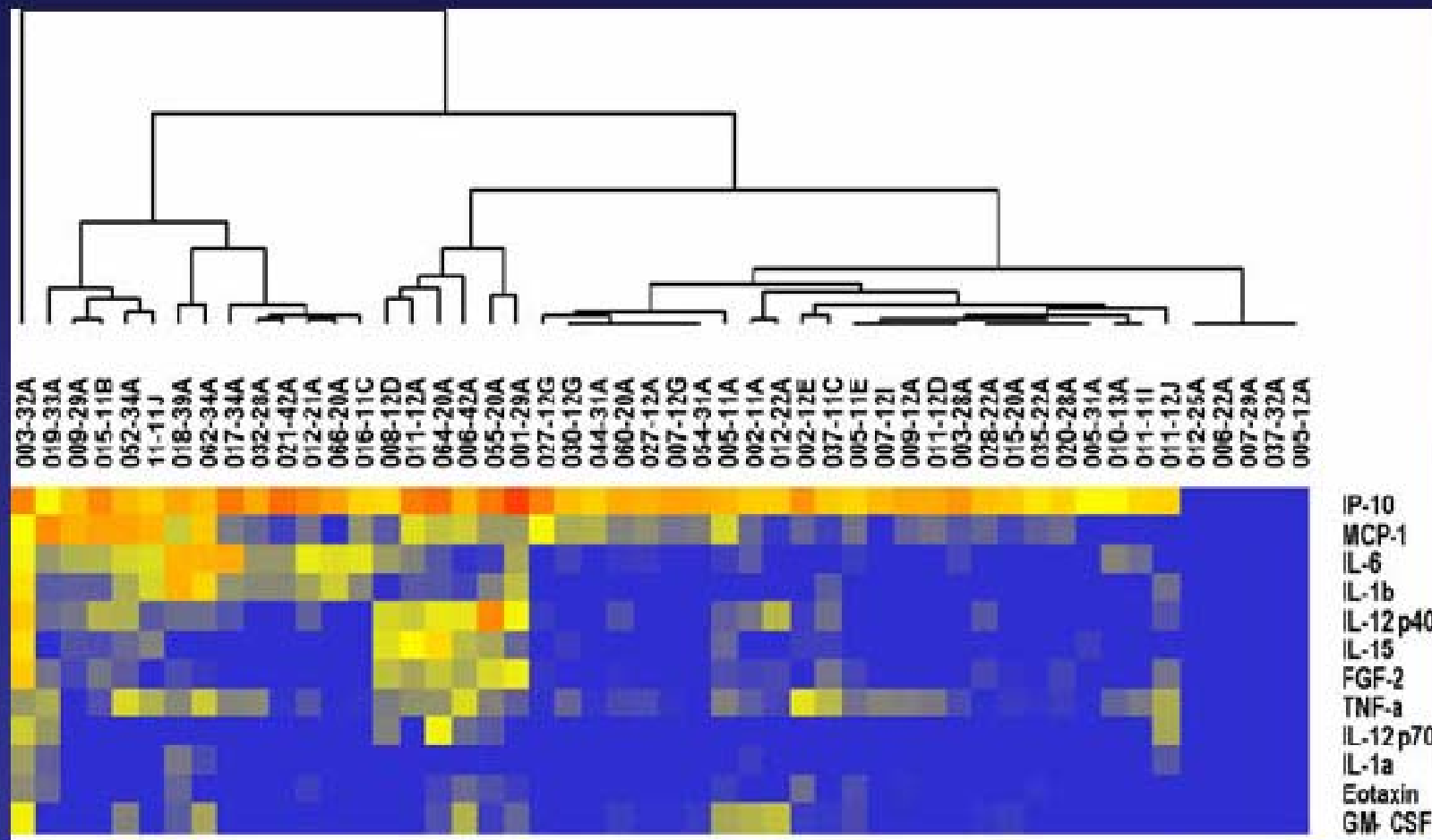


IL 1
IL 6
1L 12
IL 15
IL 17
...

Other mediator become more active with adequate inhibition of TNF α ?



Cytokine Profiling in Early RA Patients



MCP-1, IL-6, IL-1 β hi

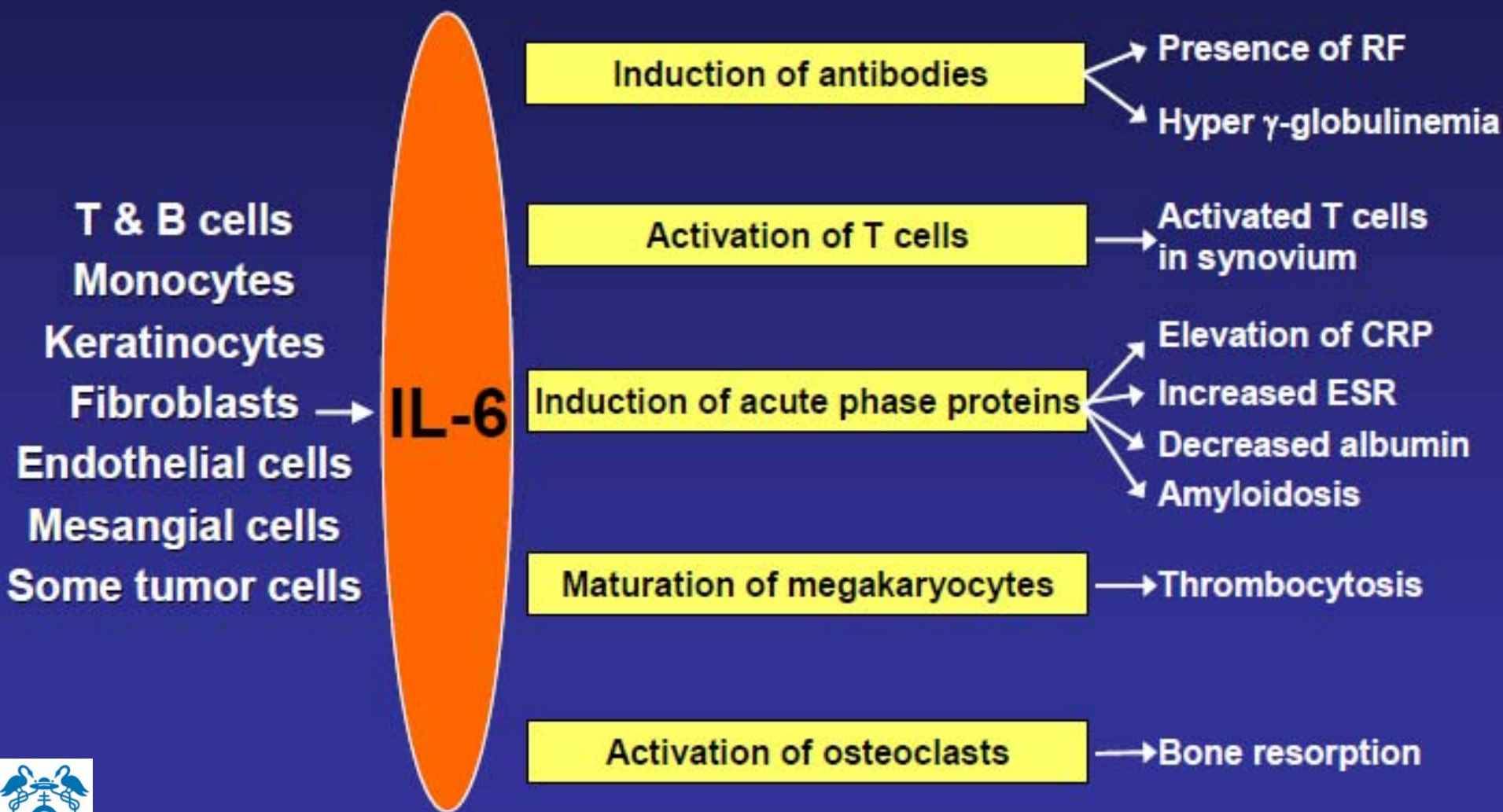
IL-12p40,
FGF-2, &
TNF high

cytokine low

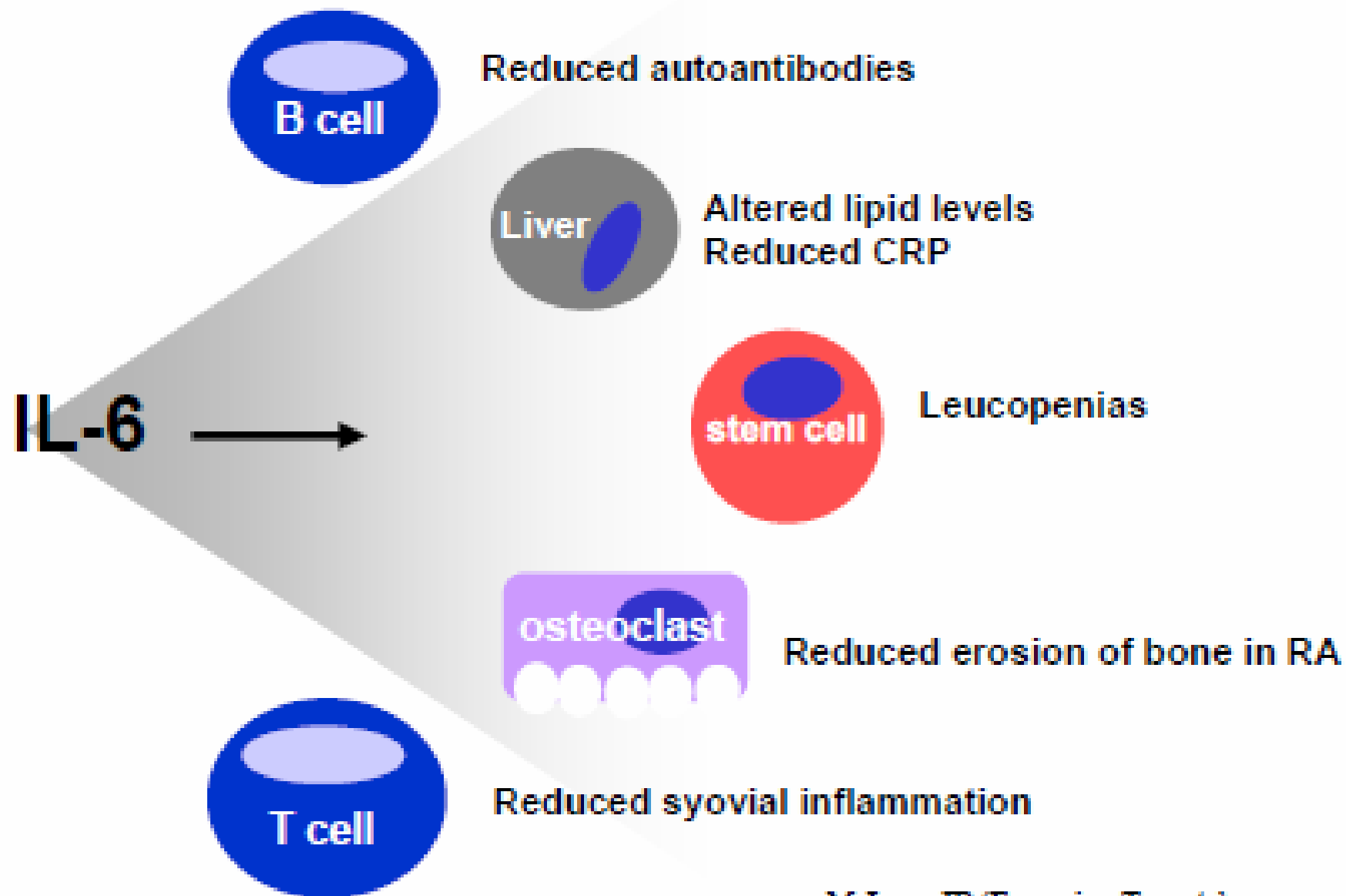
cytokine
negative



IL-6 and RA Pathophysiology



Interleukin-6 – predicted benefit of blockade?

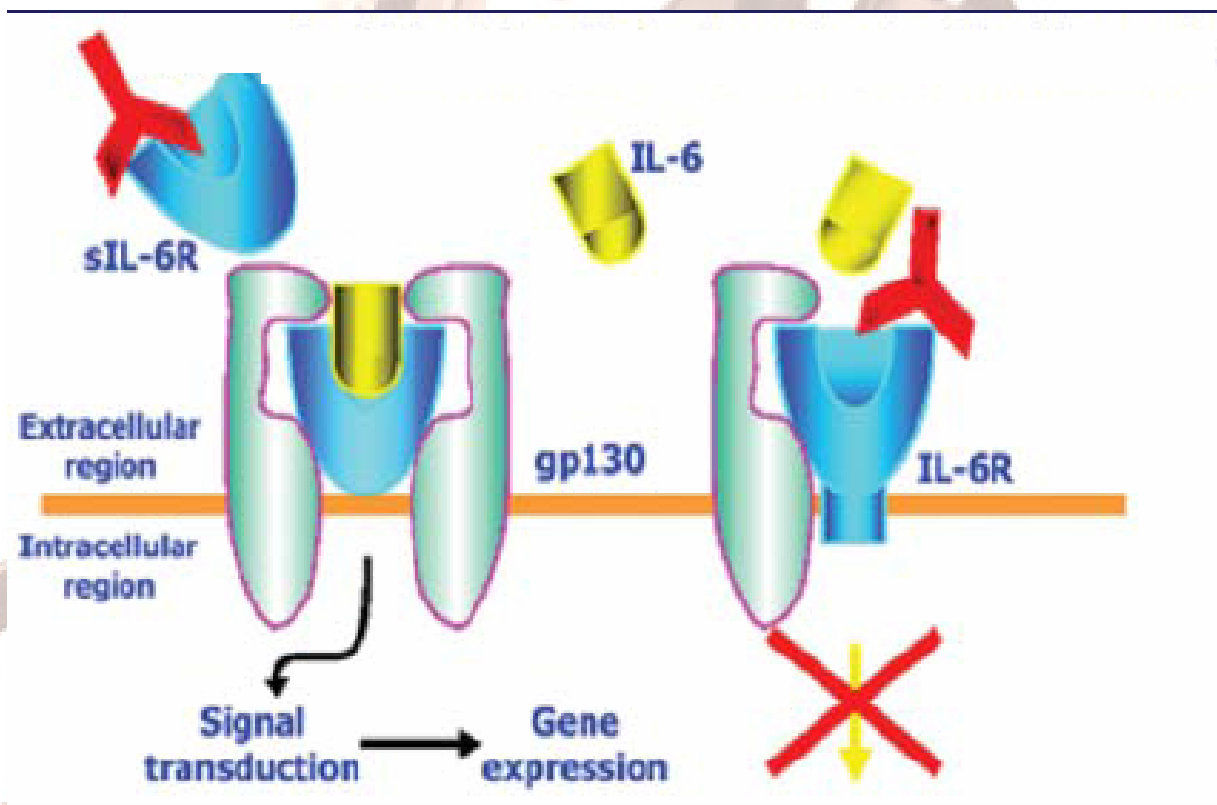




Tolcilizumab

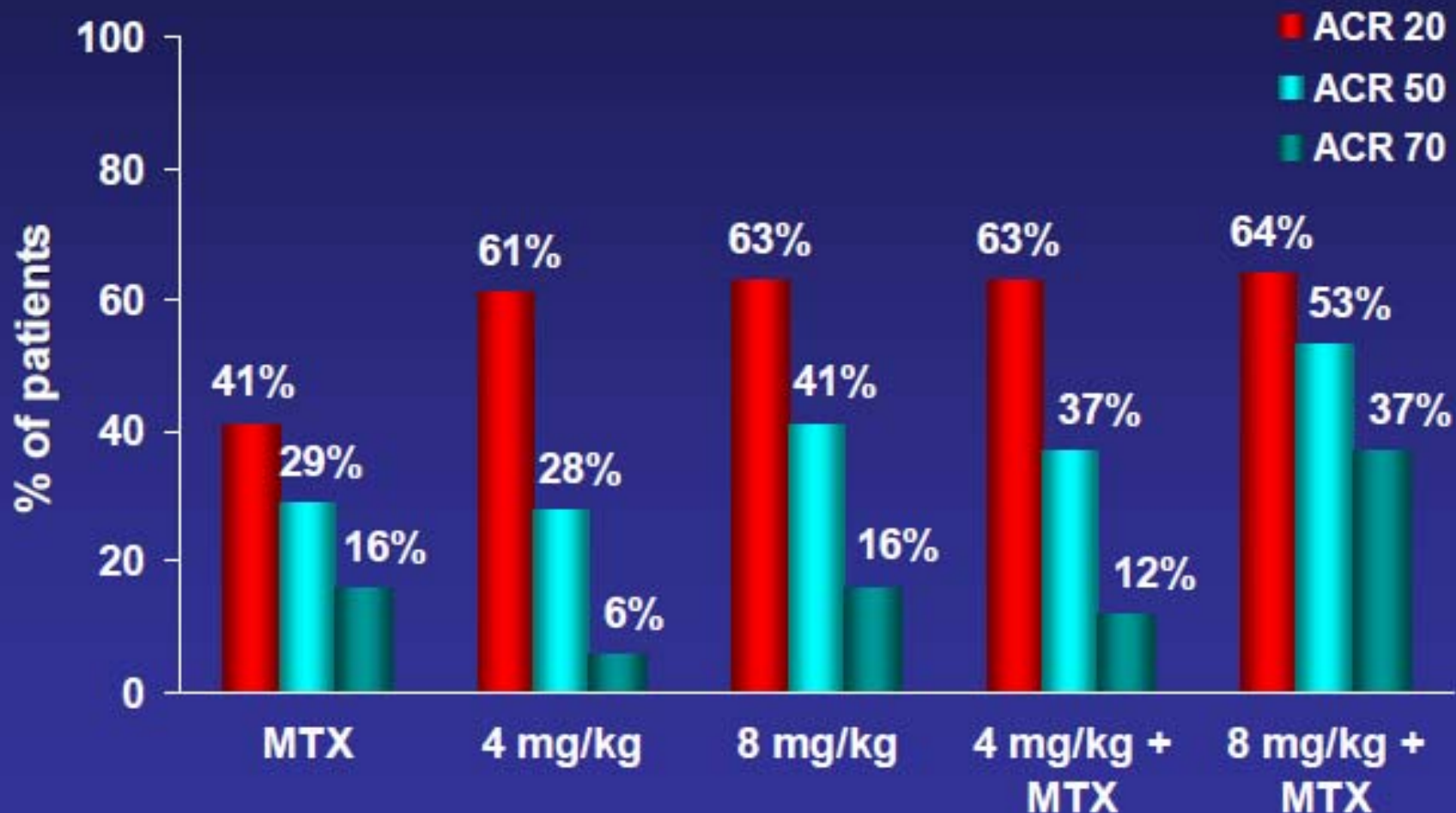


Mecanismo de acción



Tocilizumab : CHARISMA

(Maini et al. Arthritis & Rheumatism, 2006)



Tocilizumab

Option Study (phase III)

Smolen, et al Lancet, 2008; 371:987-999

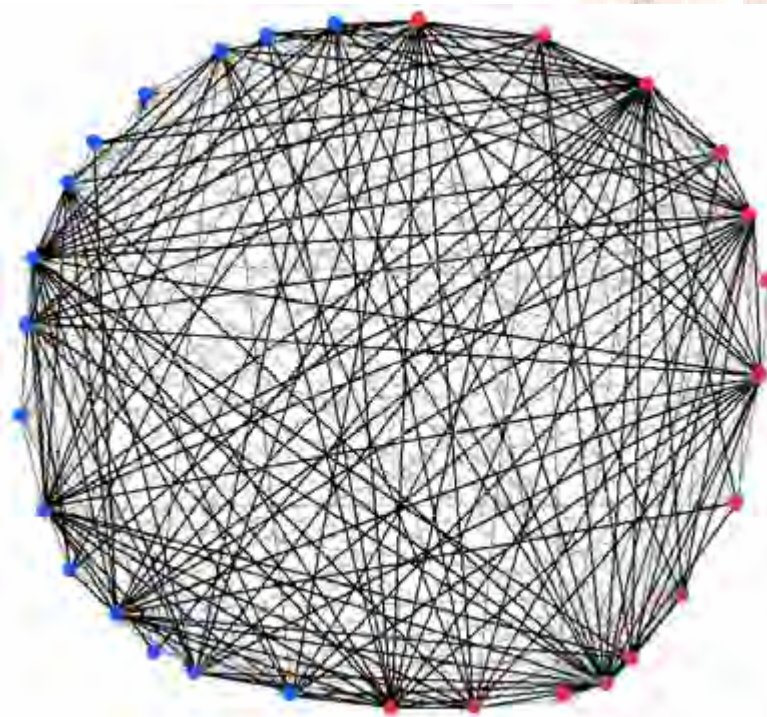
- Background MTX

	Placebo	4mg/kg	8mg/kg
ACR 20%	26	48	59
50%	11	31	44
70%	2	12	22
DAS <2.6	.8	13	27



Which other targets?

Its quite complicated!

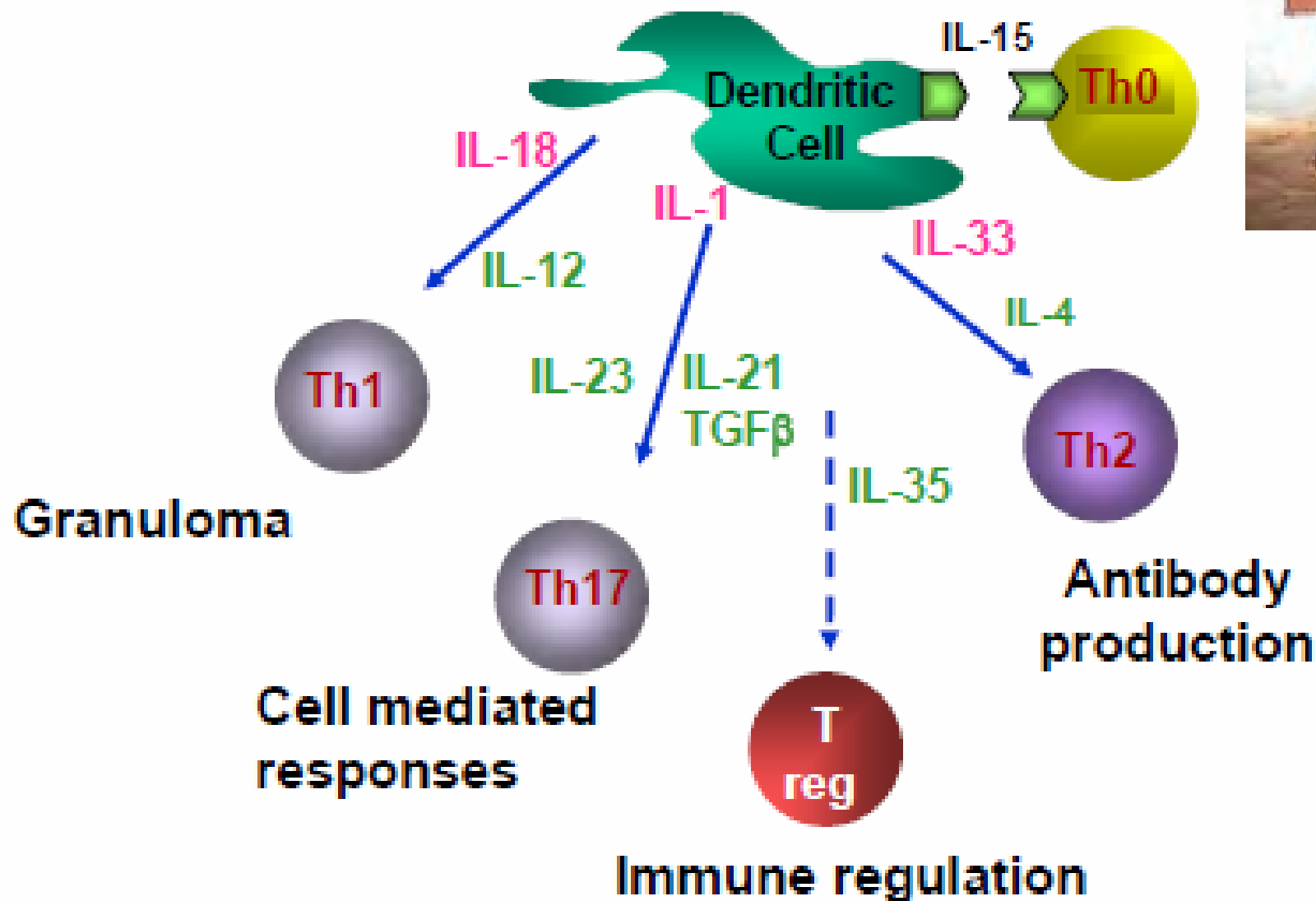


IL 1
IL 6
IL 12
IL 15
IL 17
...

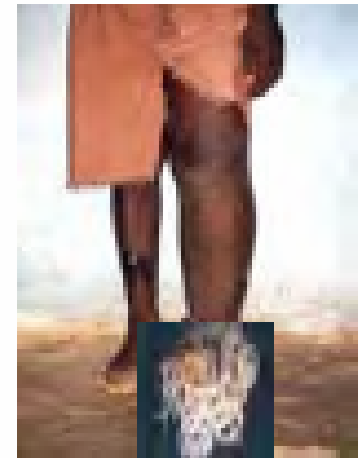
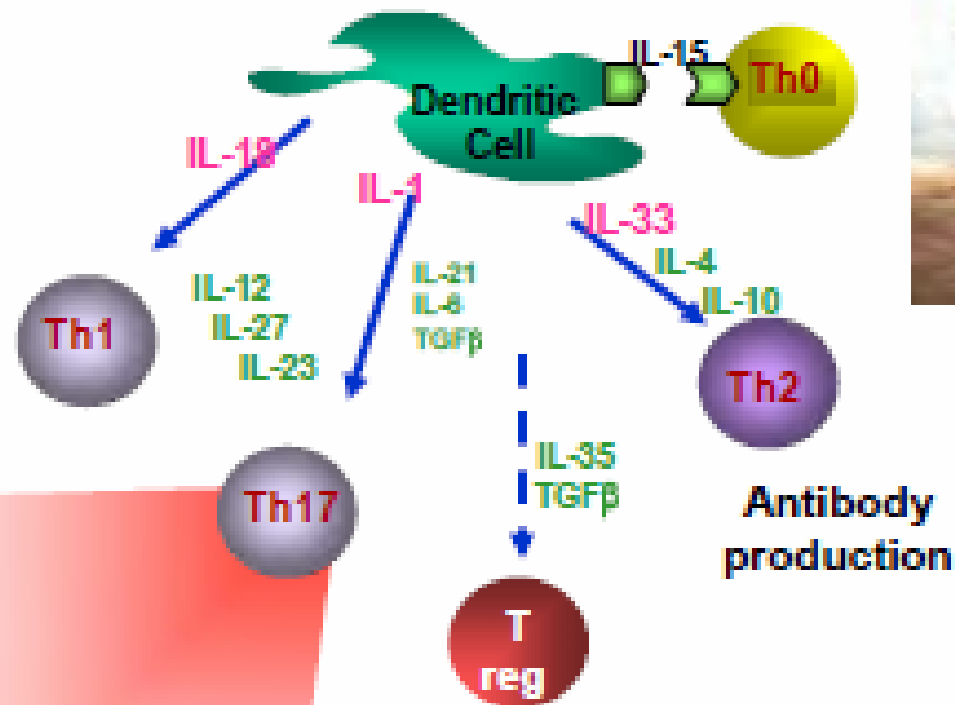
Other mediator become more active with adequate inhibition of TNF α ?



Cytokines that regulate T cells



IL-17A as a therapeutic target?



Inflammation:

- Leukocyte
- Fibroblast
- Chondrocyte / osteoclast

Matrix degradation

- synergistic activities

Uncertainties?

- IL-17F, IL-22, IL-26...
- role in immune defence emerging

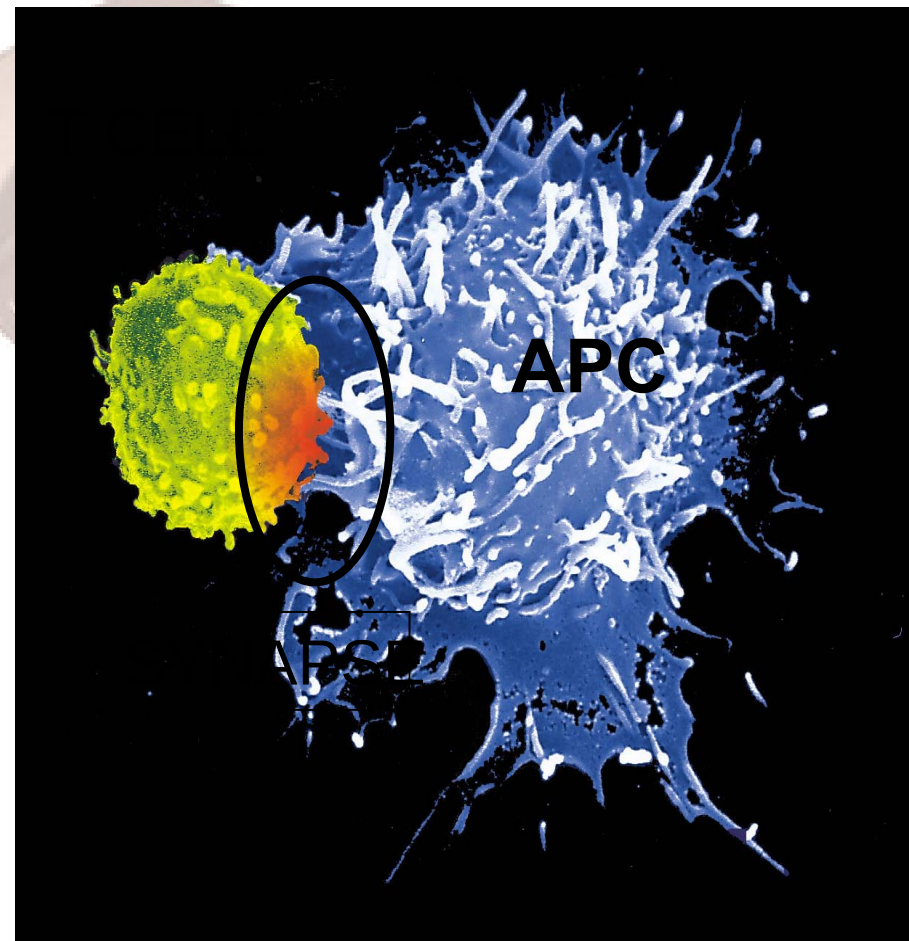


CÉLULAS DEL SISTEMA INMUNITARIO

- **SISTEMA NATURAL**
- **SISTEMA ADAPTATIVO**

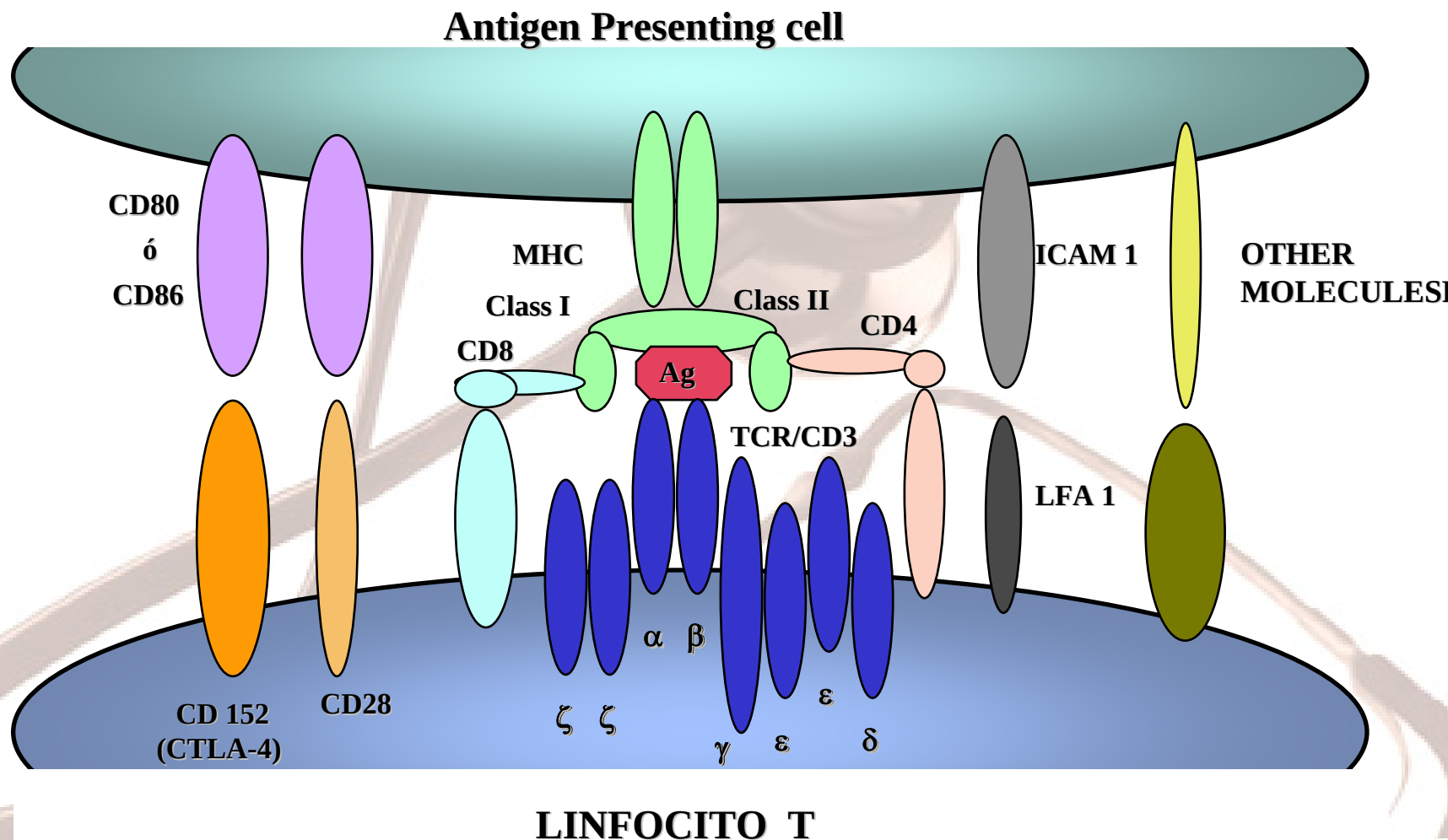


**Micrometer-sized
segregated
clusters of
proteins at the T
lymphocyte-APC
intercellular
contact**





IMMUNOLOGICAL SYNAPSE

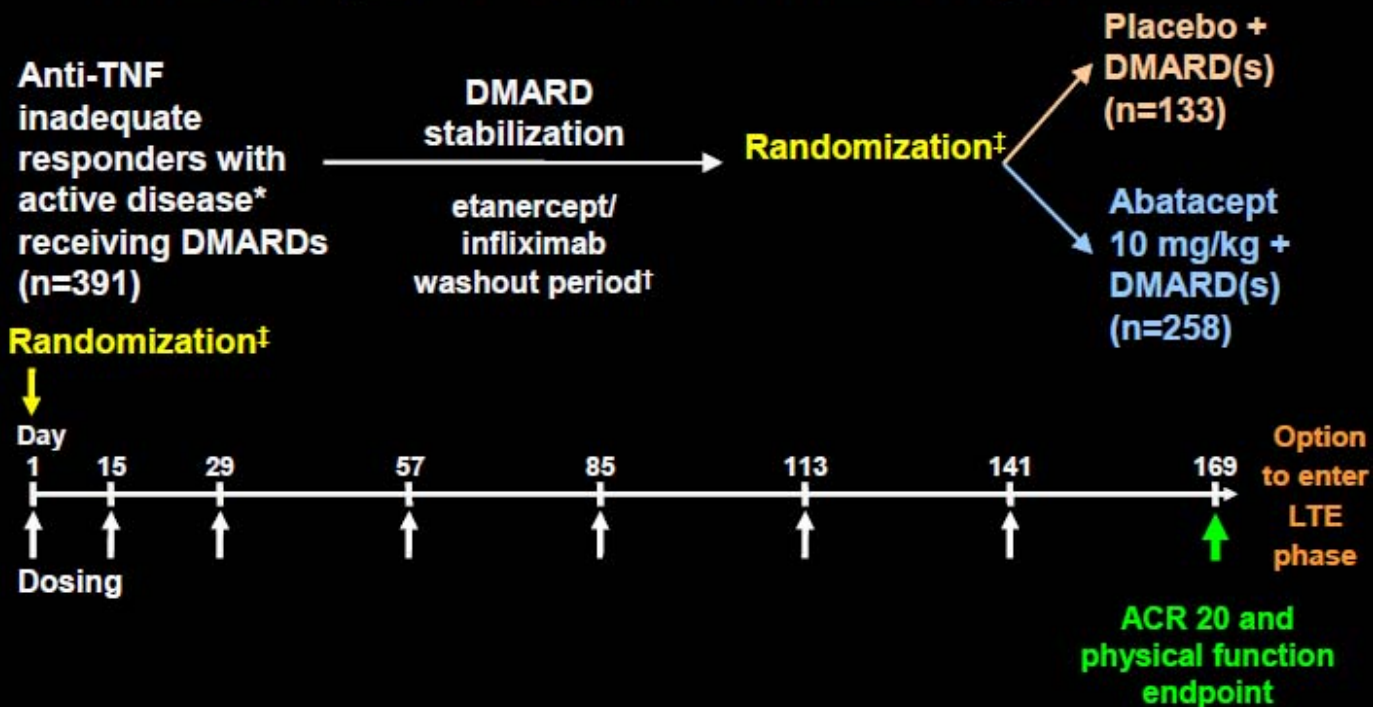




LINFOCITOS T ABATACEPT



Abatacept ATAIN: Trial Design¹



¹Genovese M. *N Engl J Med* 2005; 353(11):1114-23.

*≥10 swollen and ≥12 tender joints with CRP ≥1 mg/dL and DMARD/anakinra regimen stable for 28 days; †Washout—28 days for Enbrel® (etanercept); 60 days for Remicade® (infliximab); ‡2:1 randomization to study arm



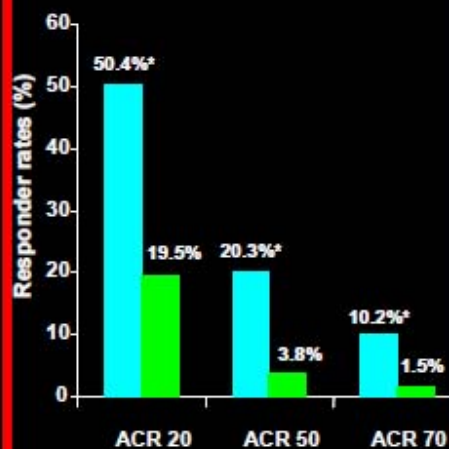


LINFOCITOS T ABATACEPT

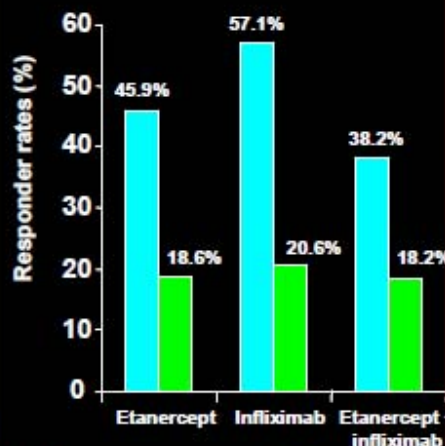


ATTAIN Trial: Results

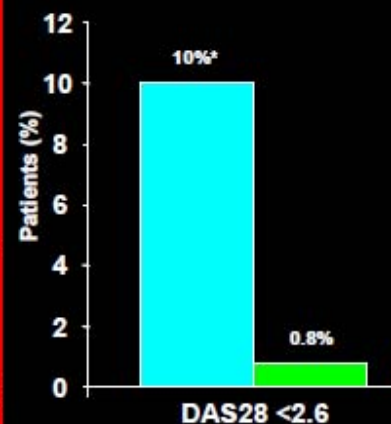
ACR Response 6 Months



ACR 20 Response by
Prior Medication



DAS28 <2.6 at 6 Months
(Remission)



■ Abatacept (n=258) ■ Placebo (n=133)

- Incidence of SAEs, serious infections, infections similar to placebo
- Headaches, sinusitis, and infusion reactions more frequent with abatacept
- Safe and well tolerated in RA patients previously failing anti-TNF therapy

*P<0.001 vs placebo.
Genovese M, et al.

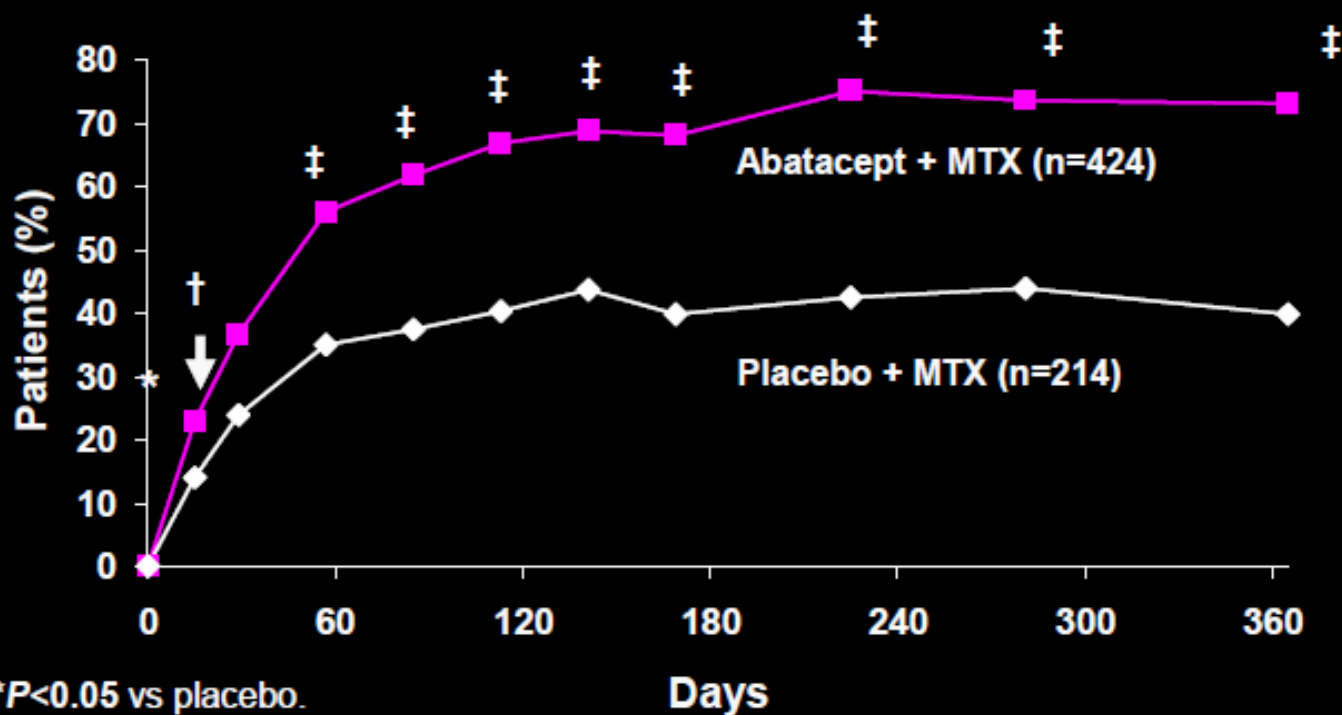




LINFOCITOS T ABATACEPT



AIM: ACR20 Responses Over 12 Months



* $P < 0.05$ vs placebo.

† $P < 0.01$ vs placebo.

‡ $P < 0.001$ vs placebo.

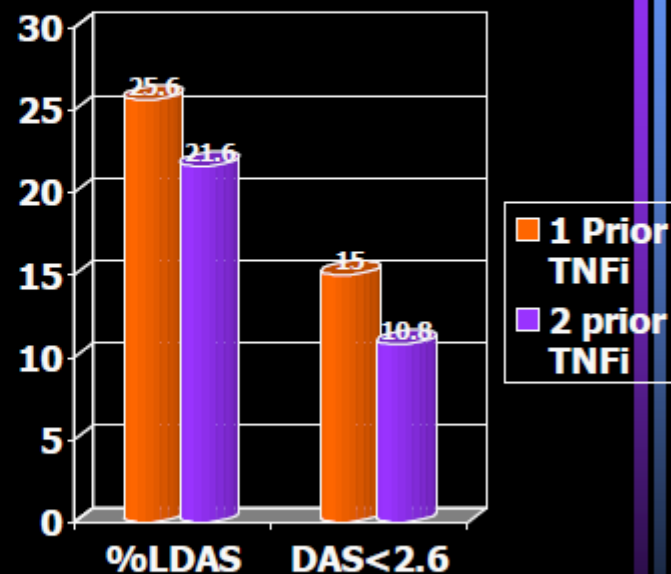
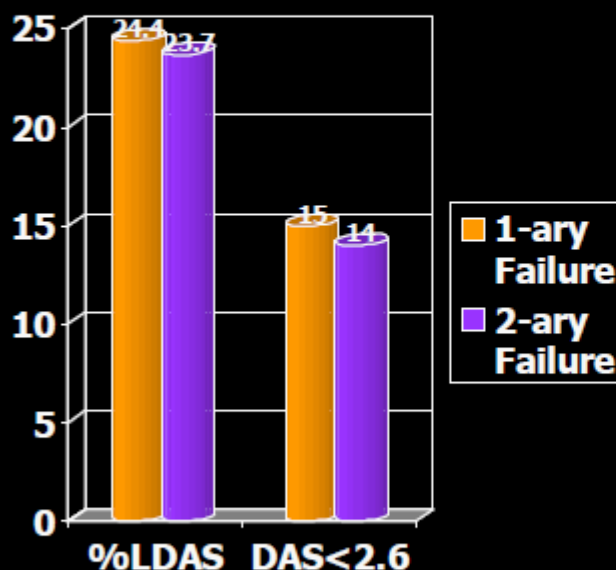




LINFOCITOS T ABATACEPT



Abatacept in anti-TNF failures: Does reason for failure affect response? Results at 1 year



Schiff M, et al. EULAR Paris 2008, FRI0160; Keystone E, et al. ibid, THU0187

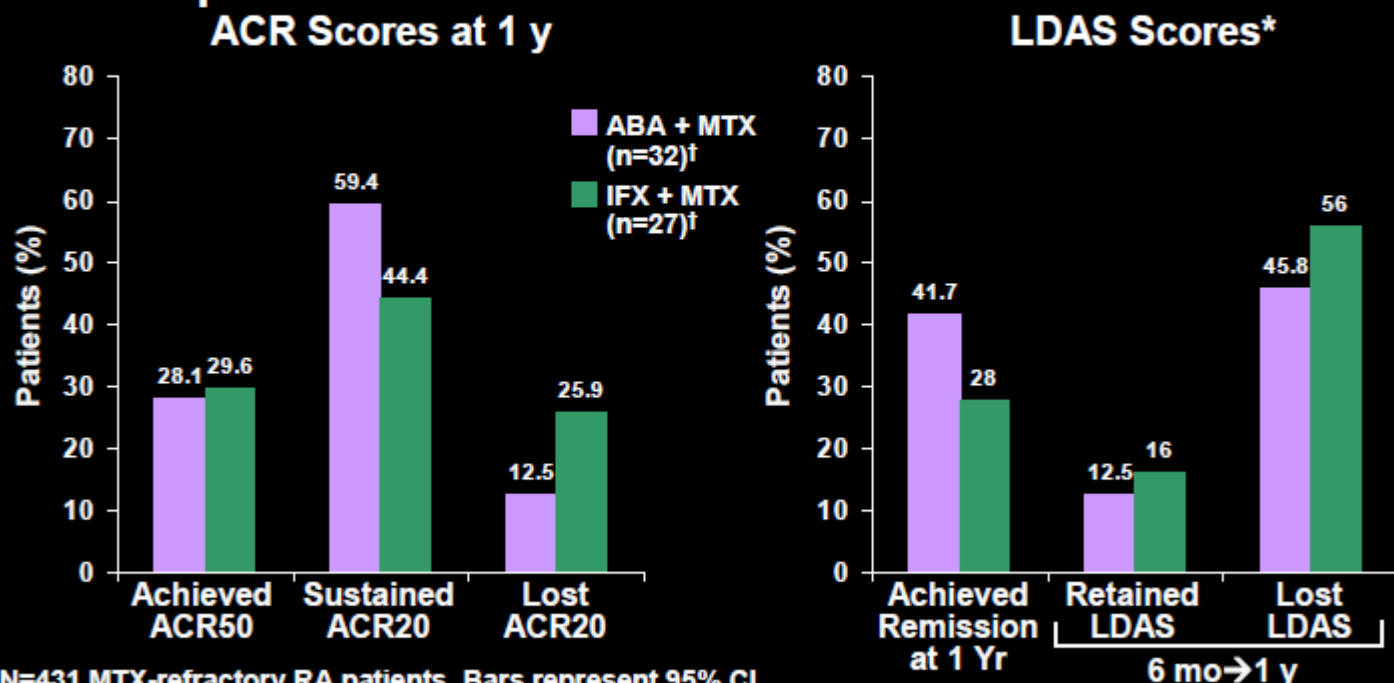




LINFOCITOS T ABATACEPT



ATTEST: ABA and IFX—Clinical Improvement From 6 to 12 Months



N=431 MTX-refractory RA patients. Bars represent 95% CI.

*LDAS = DAS28[CRP] ≥ 2.6 – ≤ 3.2 ; [†]Number of pts out of 431 who achieved ACR20/LDAS at 6 mo and were followed in this study.

LDAS = Low Disease Activity Score.

Schiff M et al. Presented at: EULAR Annual Congress; Paris, France; June 11-14, 2008. Abstract FRI0159.



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CÉLULAS DEL SISTEMA INMUNITARIO

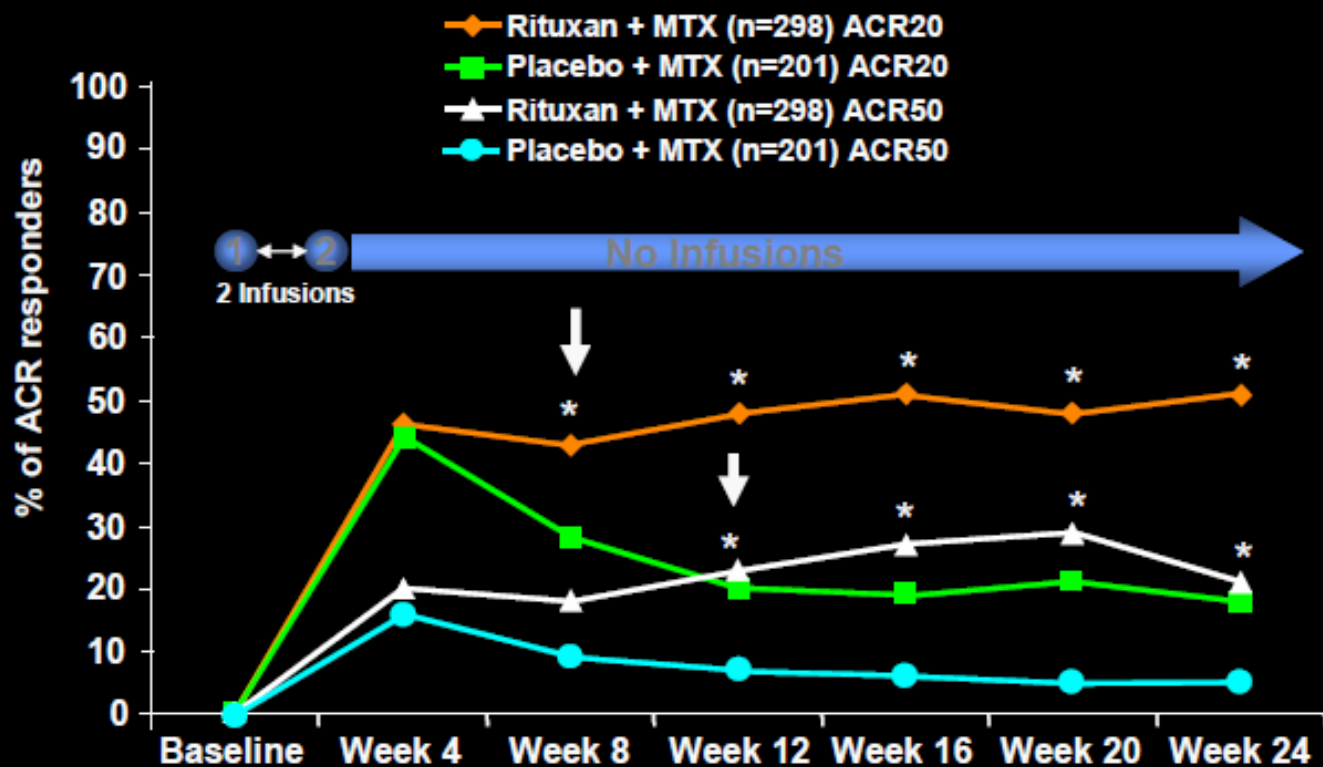
- **SISTEMA NATURAL**
- **SISTEMA ADAPTATIVO**



LINFOCITOS B RITUXAN



REFLEX Trial: ACR Responses Through 6 Months



* $P < 0.0001$ for Rituxan + MTX vs placebo + MTX.

Cohen et al. *Arthritis Rheum.* 2006;54:2793.



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B-cell Inhibitors in Development

<u>Agent</u>	<u>Target</u>	<u>Constant</u>
Belimumab	BAFF	human MAB
Atacicept (TACI-Ig)	BAFF & APRIL	fusion protein
Ofatumimab	CD20	human MAB
Ocrelizumab	CD20	humanized MAB
TRU015	CD20	engineered protein
Epratuzumab	CD22	humanized MAB

BAFF= B-cell activating factor

APRIL = A proliferation-inducing ligand

TACI-Ig = Transmembrane activator and calcium-modulating
cyclophilin ligand interactor -Ig

Damage sensing by innate immune response



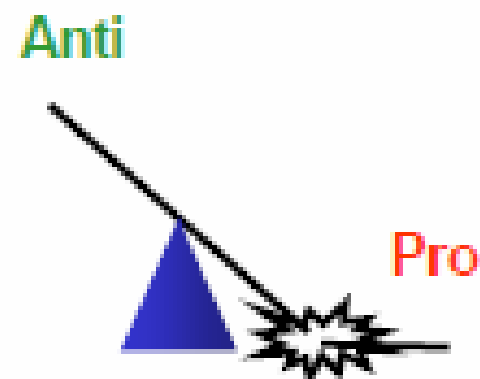
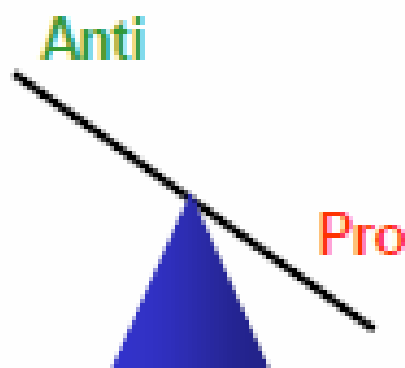
Pre-arthritis

Early arthritis

Established arthritis



Inflammation:
• genetics
• environment

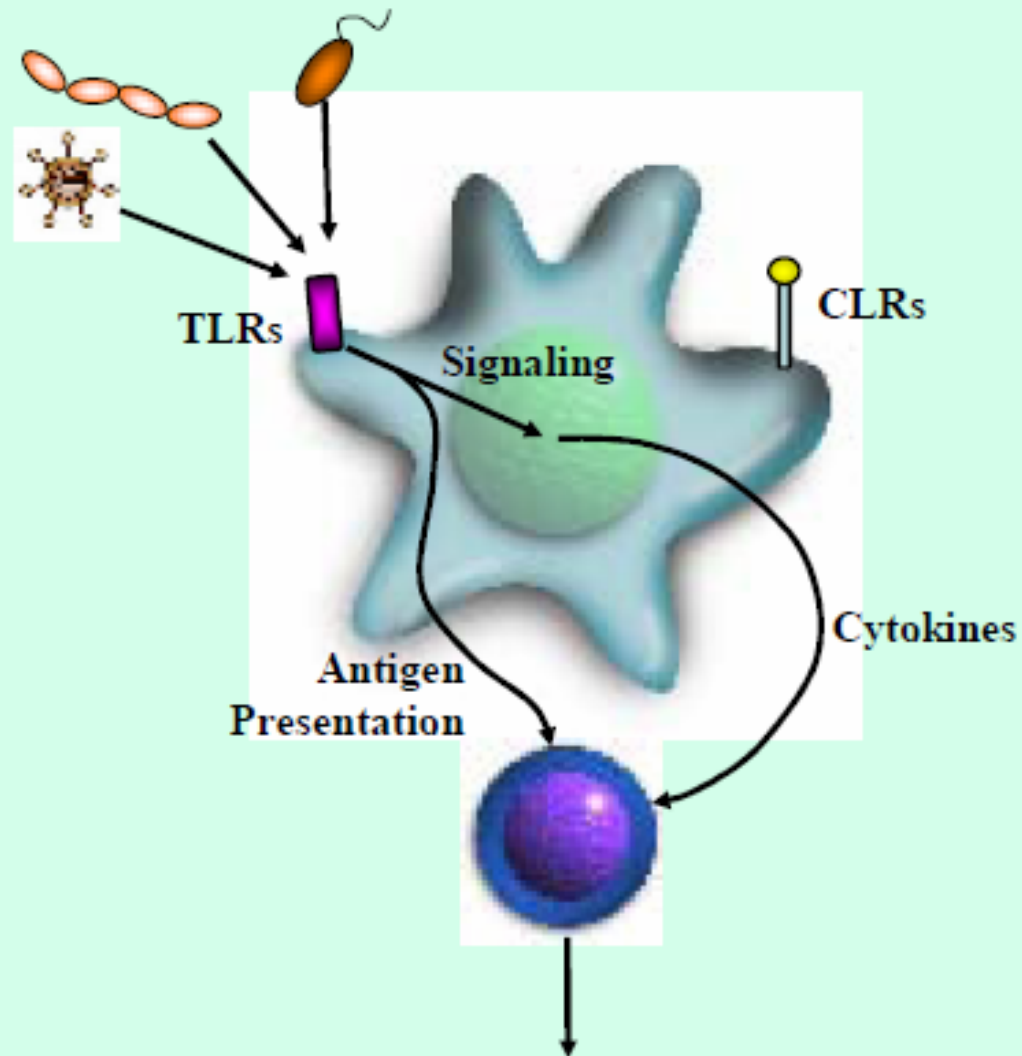


Damage / repair:
• genetics
• environment
• **TLR system**

‘Drug-maintained’ remission?

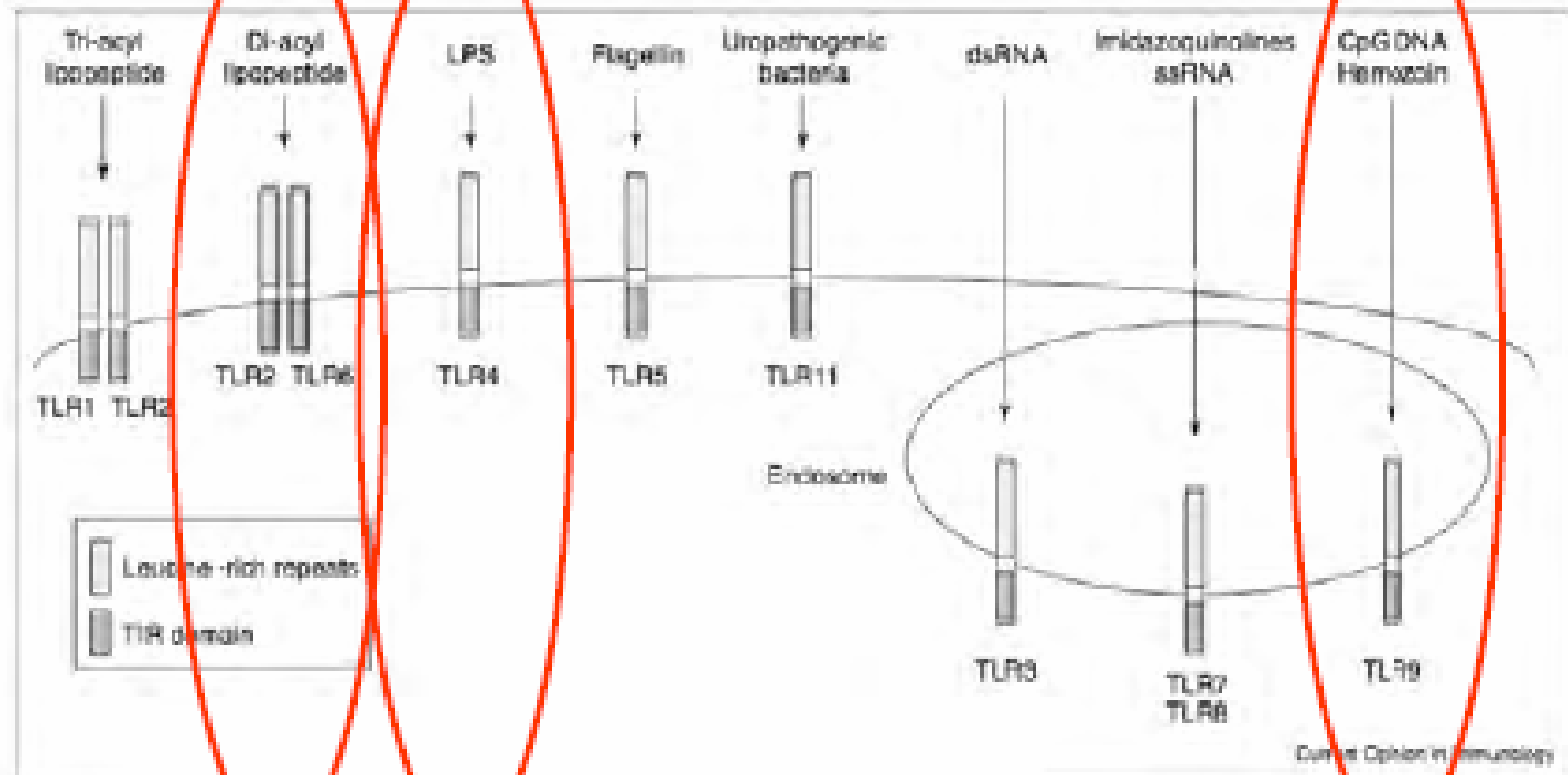
‘Drug-free’ remission?

Dendritic Cell Programming through Toll-like receptors (TLRs) and C-type lectin receptors (CLRs)



Direct the overall quality and effectiveness of
immune responses

Toll-like receptors: driving inflammatory responses in rheumatic diseases

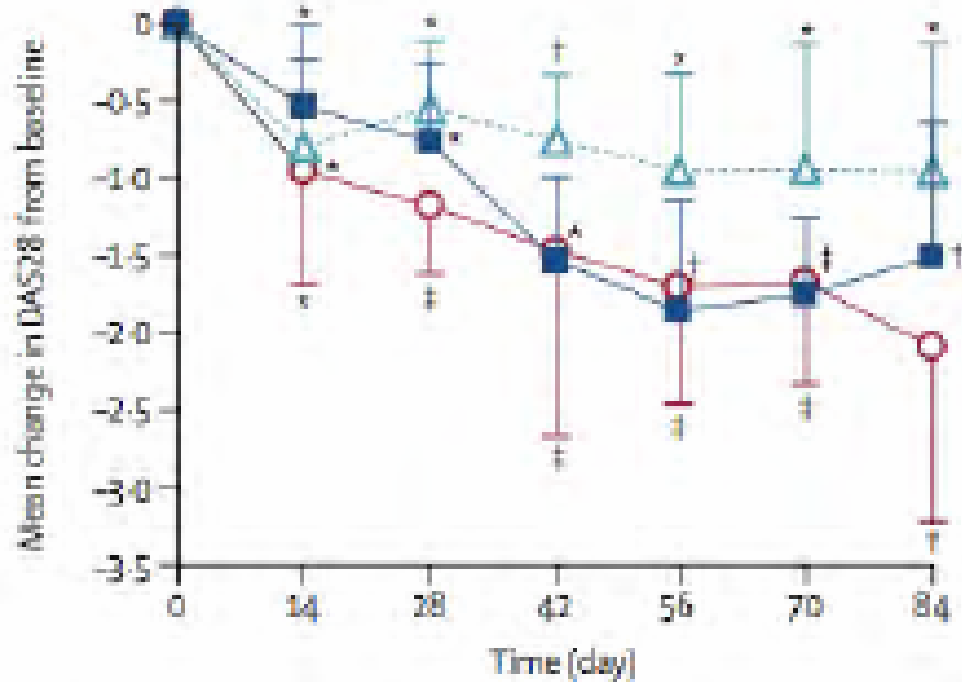


Current Opinion in Immunology

TLR antagonism: chaperonin 10 in RA

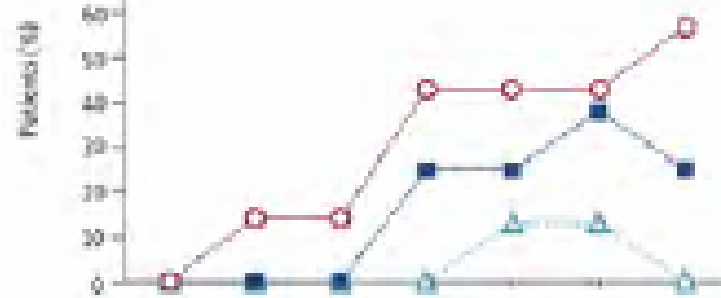
DAS28

- 5 mg group
- △ 7.5 mg group
- 10 mg group



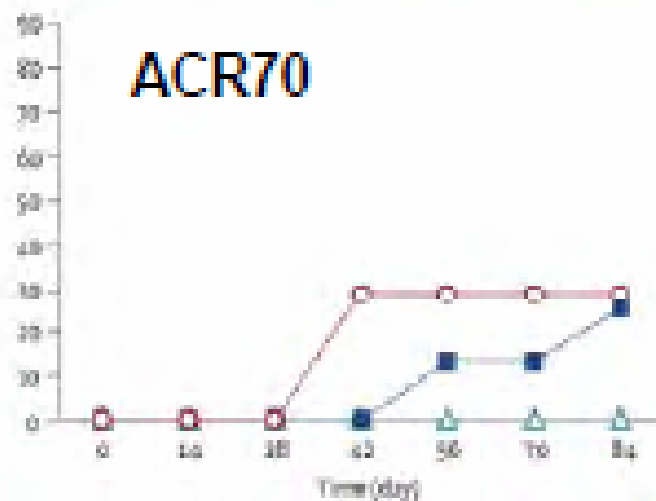
a

ACR50

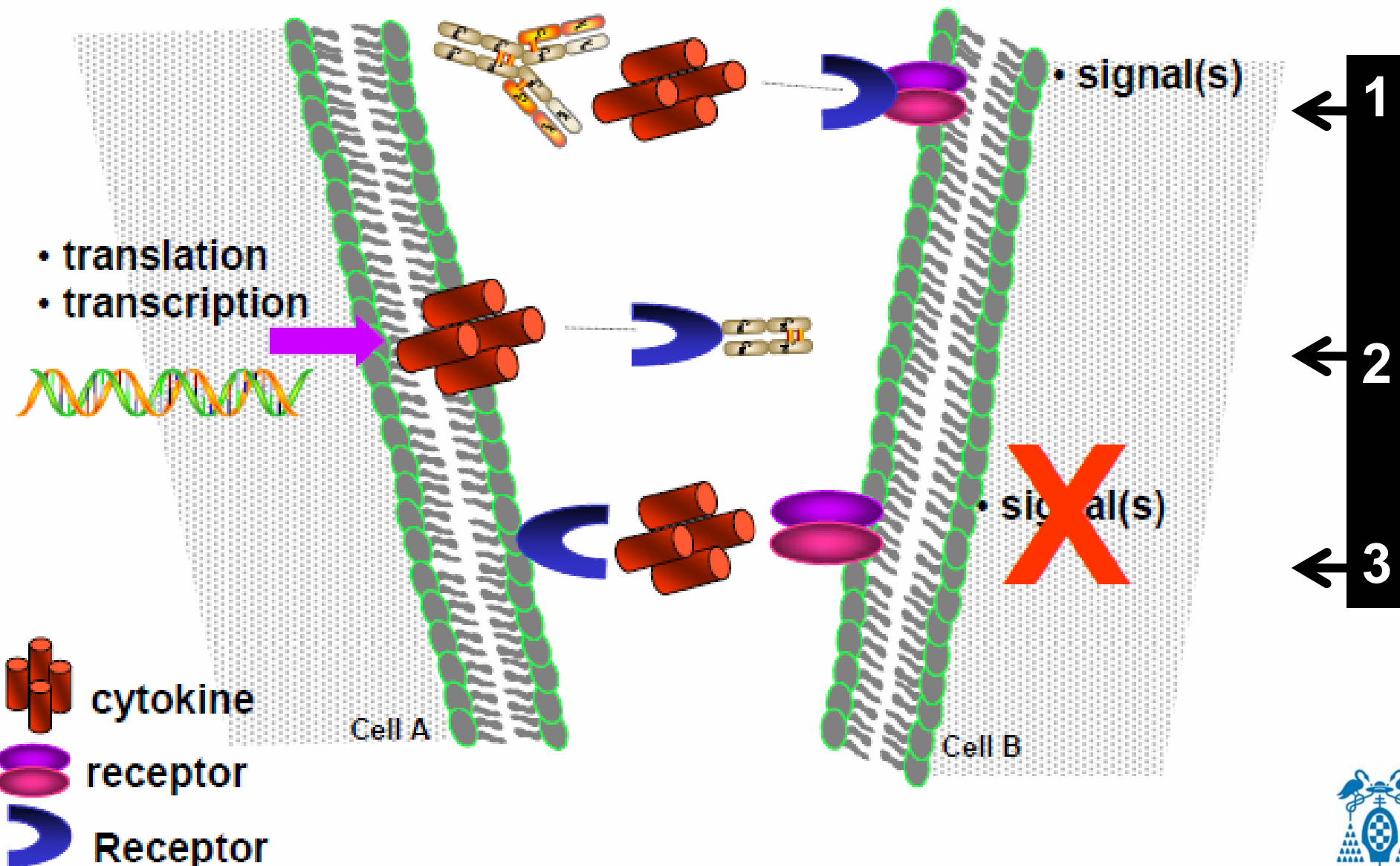


c

ACR70



How: to target your chosen molecule...?





Signal Transduction

Inhibitors



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Signal Transduction Pathways

1. mitogen-activated protein (MAP) kinase
2. janus-kinase/signal-transducer and
3. activator of transcription (Jak/STAT)
4. spleen tyrosine kinase (SYK)
5. others

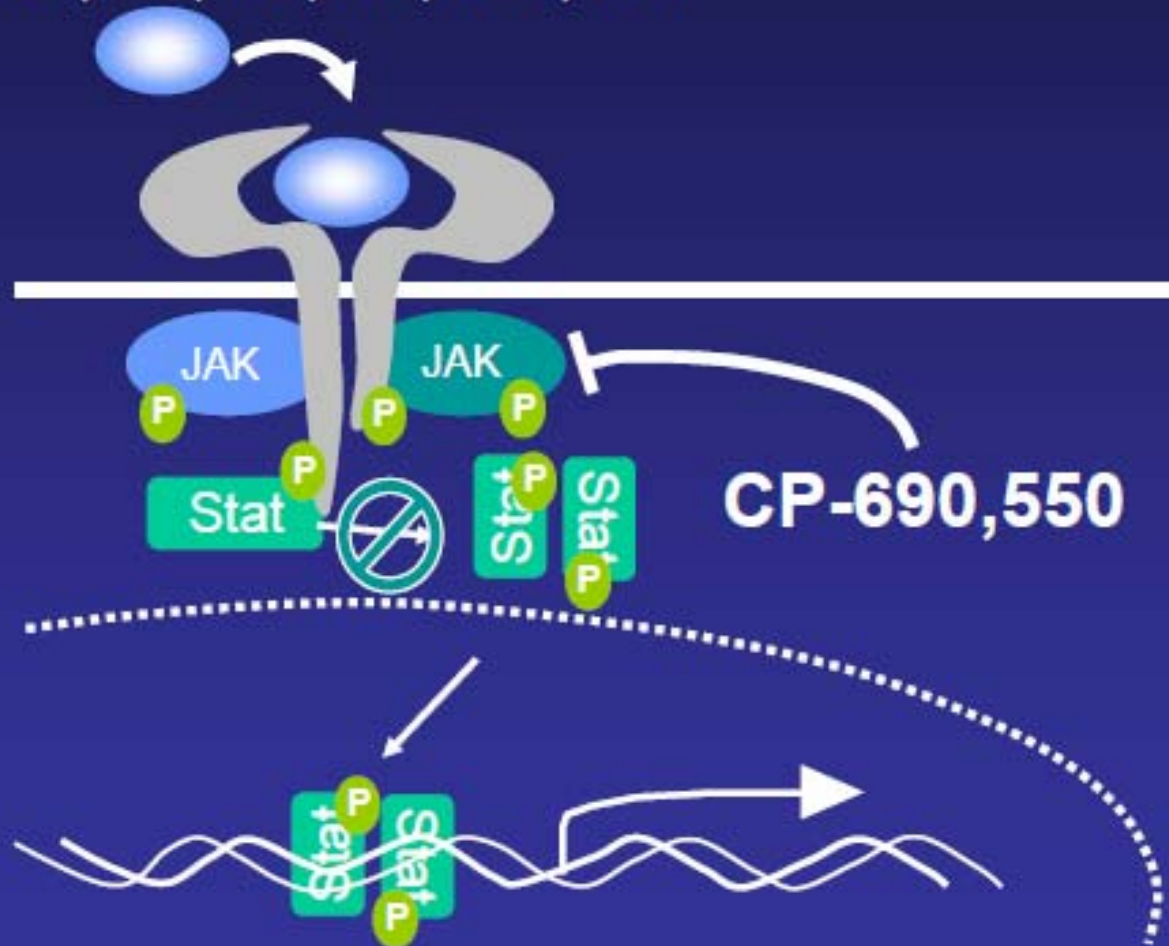


Janus Kinase 3 (JAK3)

JAK3

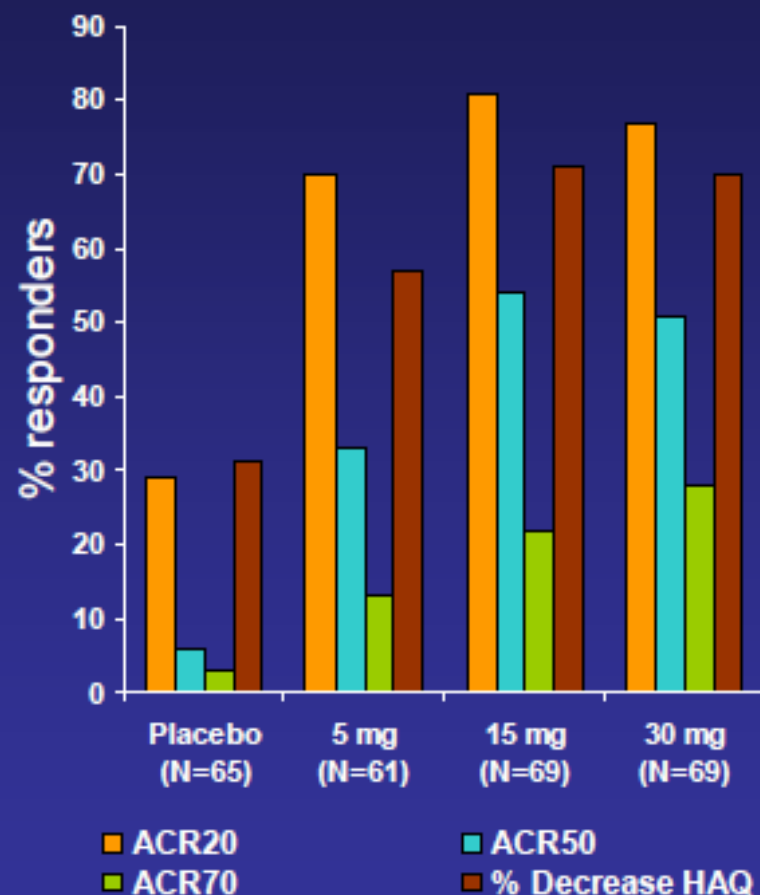
- Most recently described member of this family
- Signaling of IL-2, 4, 7, 13, 15, and 21 in T-cells and myeloid cells

IL-2, IL-4, IL-7, IL-9, IL-15, IL-21



An Oral Inhibitor of JAK-3: CP 690, 550

- Dose-dependent increases in AEs;
HA and nausea most common
 - ↓ neutrophil count dose dependent
 - Dose dependent ↑ in LDL and HDL
 - Reversible increases in mean serum creatinine in all active arms
- Infections in 15 and 30 mg: 30% each, compared with placebo (26%)
 - No opportunistic infections occurred





RHEUMATOID ARTHRITIS EMERGING THERAPIES



• TNF inhibitors

- Golimumab
- Certolizumab

• IL-6 inhibition

- Tocilizumab

• B-cell inhibitors

- Humanized anti-CD20
- Belimumab (anti-BLyS)
- Epratuzumab (anti-CD22)
- TACI-Ig (Atacicept)

• Cytokines

- Anti-IL-1
- Anti-IL-12
- Anti-IL-15
- Anti-IL-17
- Anti-IL-18
- Anti-IL-32

• Chemokine inhibitors

• Toll-like receptor pathways

• Signal transduction

- mitogen-activated protein (MAP) kinase
- janus-kinase/signal-transducer and activator of transcription (Jak/STAT)
- spleen tyrosine kinase (SYK)

• Other co-stimulatory pathways

• Osteoclast inhibitors

• Adenosine agonists

• Cathepsin K inhibitors

• Wnt signaling pathway

• Angiogenesis inhibitors



LA MODULACIÓN DEL SISTEMA INMUNITARIO NO ES INOCUA PERO....



...EL EMPLEO CLÍNICO DE LOS AGENTES BIOLÓGICOS Y DE NUEVAS DIANAS INDUCE TOXICIDAD CONTROLABLE

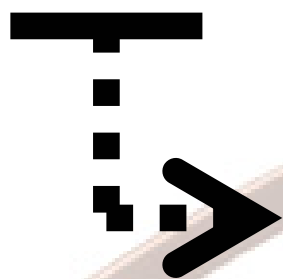




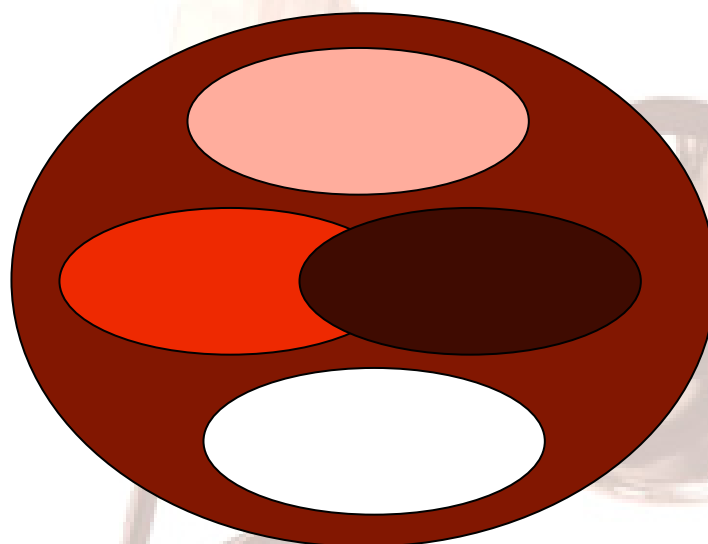
Investigación biomédica etiopatogénica, diagnóstica, terapéutica y reparativa



**SIMILITUD
CLÍNICA
DIAGNÓSTICO
DE
ENFERMEDAD
ÚNICA**



**Medicina
traslacional**



**IDENTIFICACION
DE MECANISMOS
ETIOPATOGENICOS
ESPECIFICOS
Y COMUNES**

**SUPERAR
LIMITACIONES EN:**
• LA REALIZACIÓN
DE ENSAYOS CLÍNICOS
• LA OPTIMIZACIÓN Y
EL DESARROLLO
TERAPÉUTICO
Y REPARATIVO



**Medicina
individualizada**

No existen enfermedades sino enfermos



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XXIX CONGRESO NACIONAL DE LA SOCIEDAD NACIONAL DE MEDICINA INTERNA



MUCHAS GRACIAS POR SU ATENCIÓN
A CORUÑA ,19 DE NOVIEMBRE DE 2008