

Aspectos diferenciales entre estatinas y su aproximación a la práctica clínica

Lluís Masana Marín

Unitat de Medicina Vascular i Metabolisme

Servei de Medicina Interna

Hospital Universitari Sant Joan

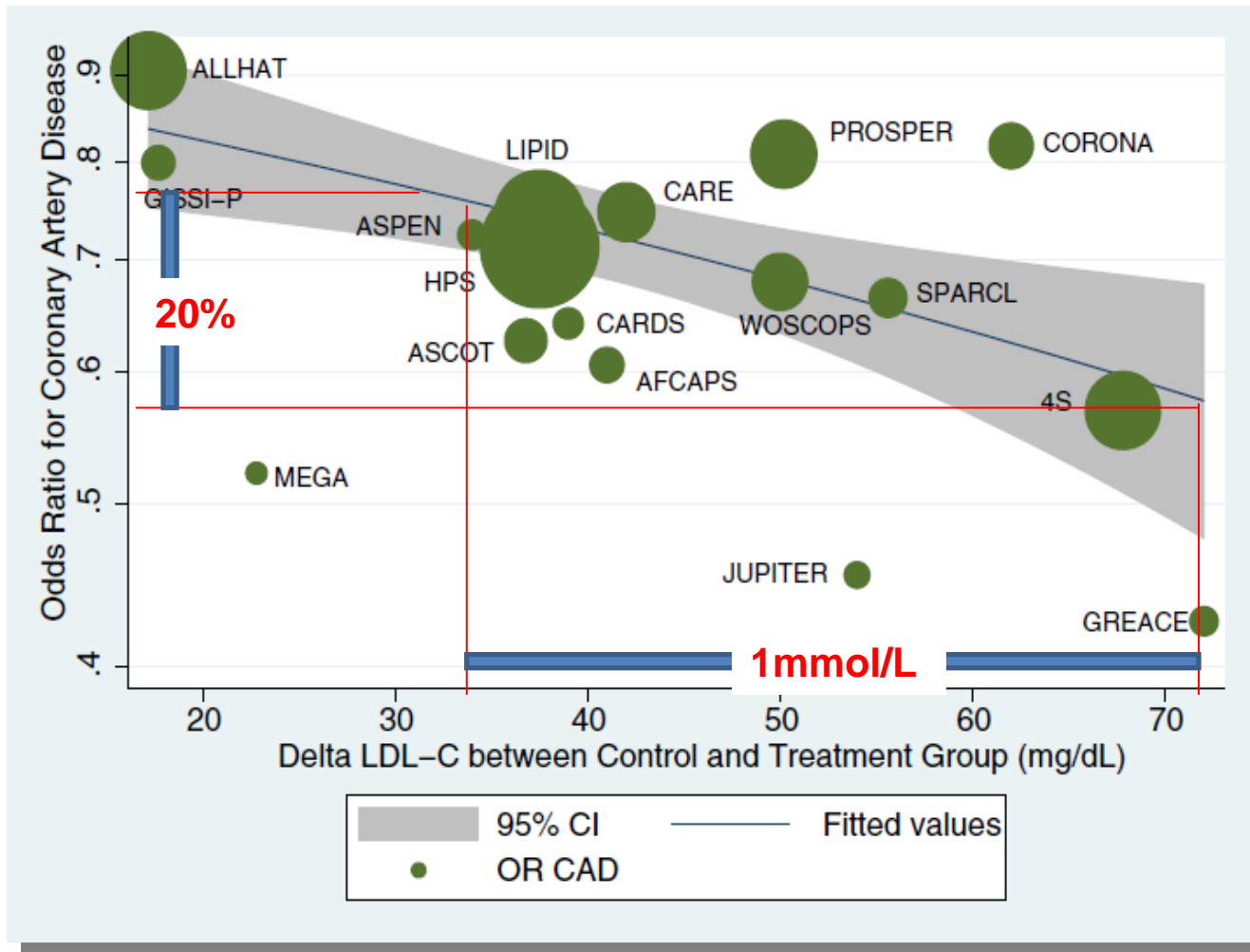
IISPV. CIBERDEM. Universitat Rovira I Virgili

Reus

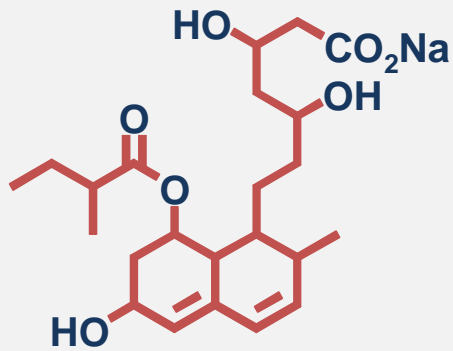


Relation of Low-Density Lipoprotein Cholesterol Reduction to Risk of Coronary Artery Disease and Death

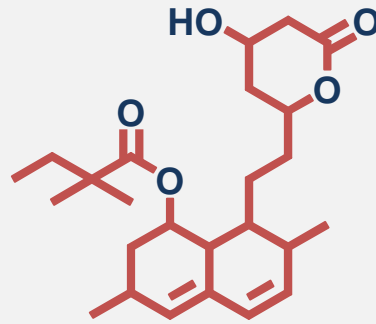
Meta-Regression Analysis of Large-Scale Trials of Statin Therapy



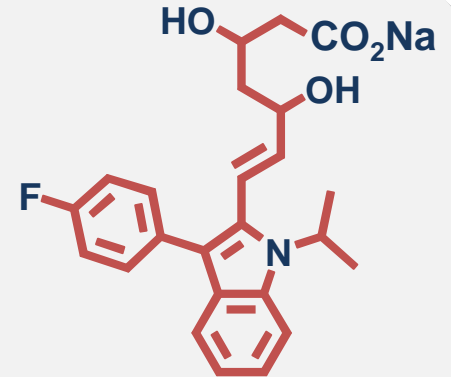
Statins vary in chemical structure



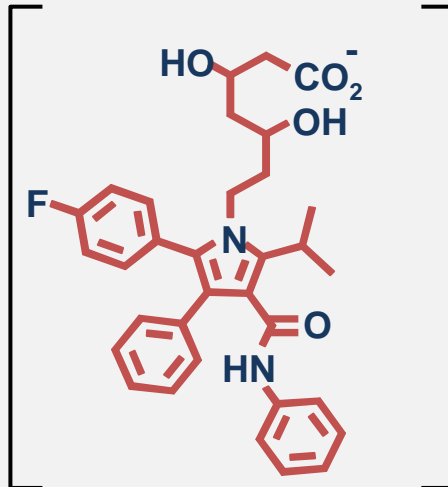
Pravastatin



Simvastatin

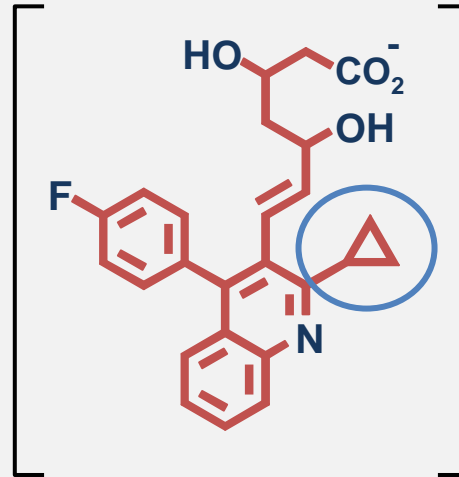


Fluvastatin



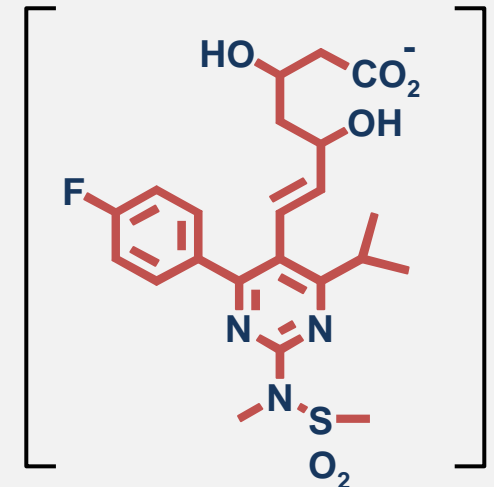
Ca²⁺

Atorvastatin



Ca²⁺

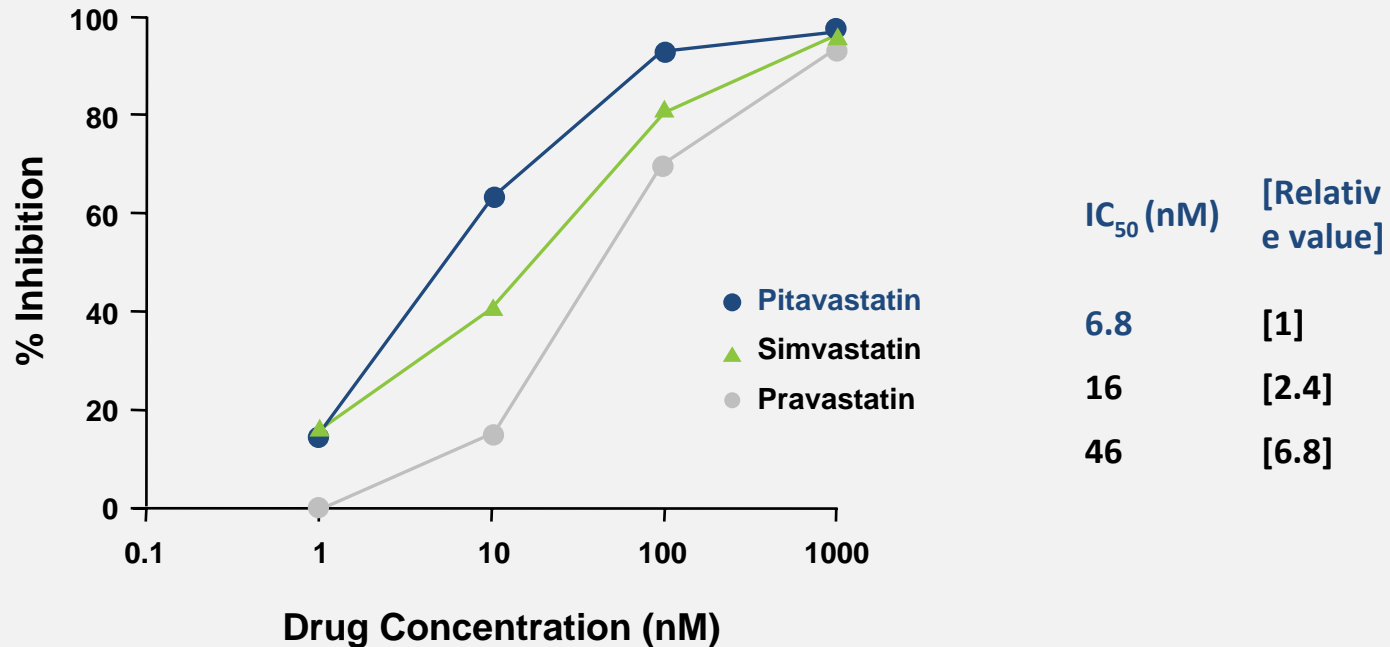
Pitavastatin



Ca²⁺

Rosuvastatin

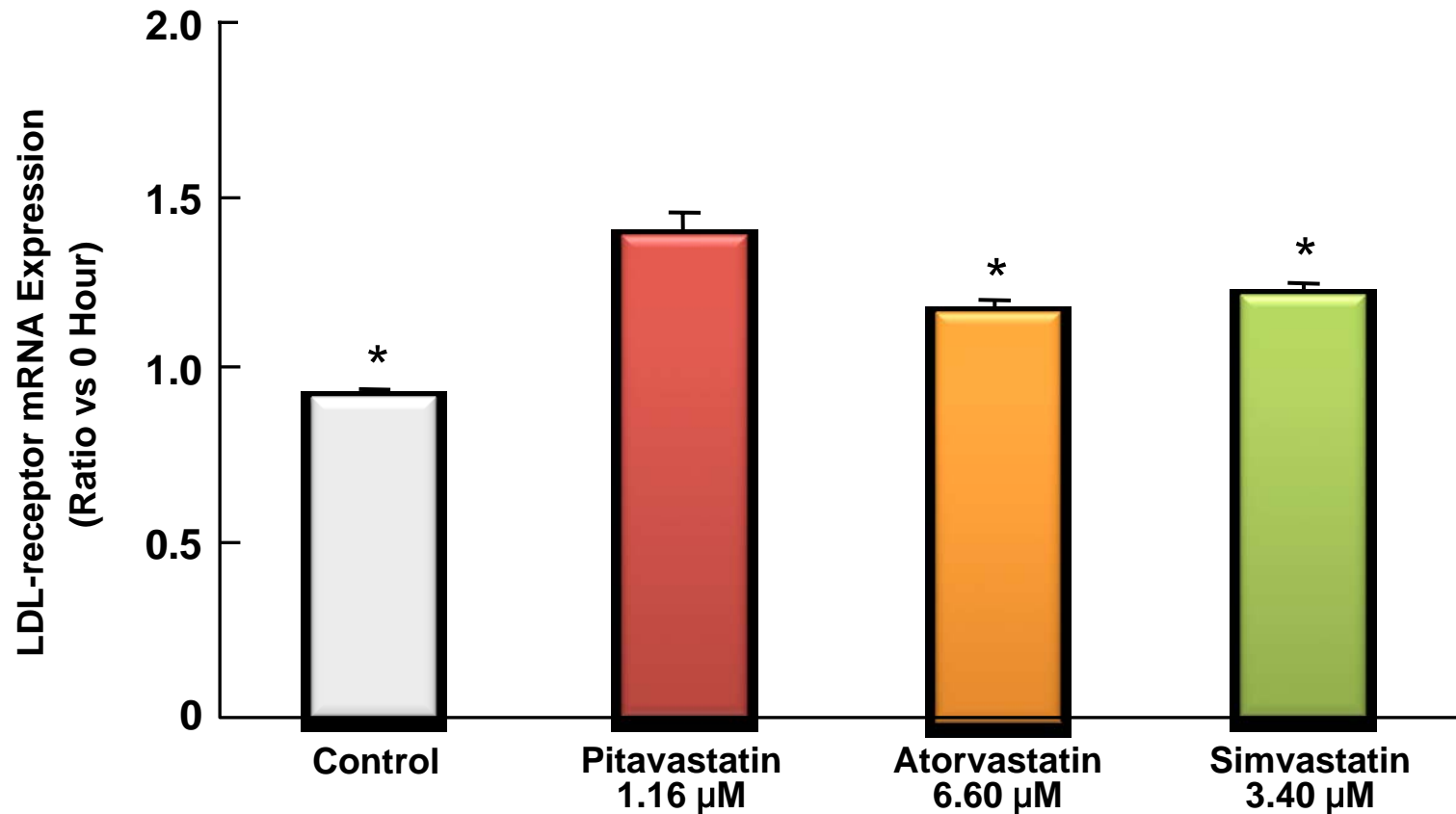
High HMG-CoA reductase inhibition and affinity*



*Rat (Wistar) liver microsomes.

Aoki. *Arzneim.-Forsch/Drug Res* 1997;47:904

Promotion of LDL-receptor mRNA expression (*in vitro*)



200 times higher than IC_{50} of cholesterol synthesis inhibitory effect

Method

Using cells derived from Hep G2, the expression of LDL-receptor mRNA was determined and compared at 12 hours after administration of each drug.

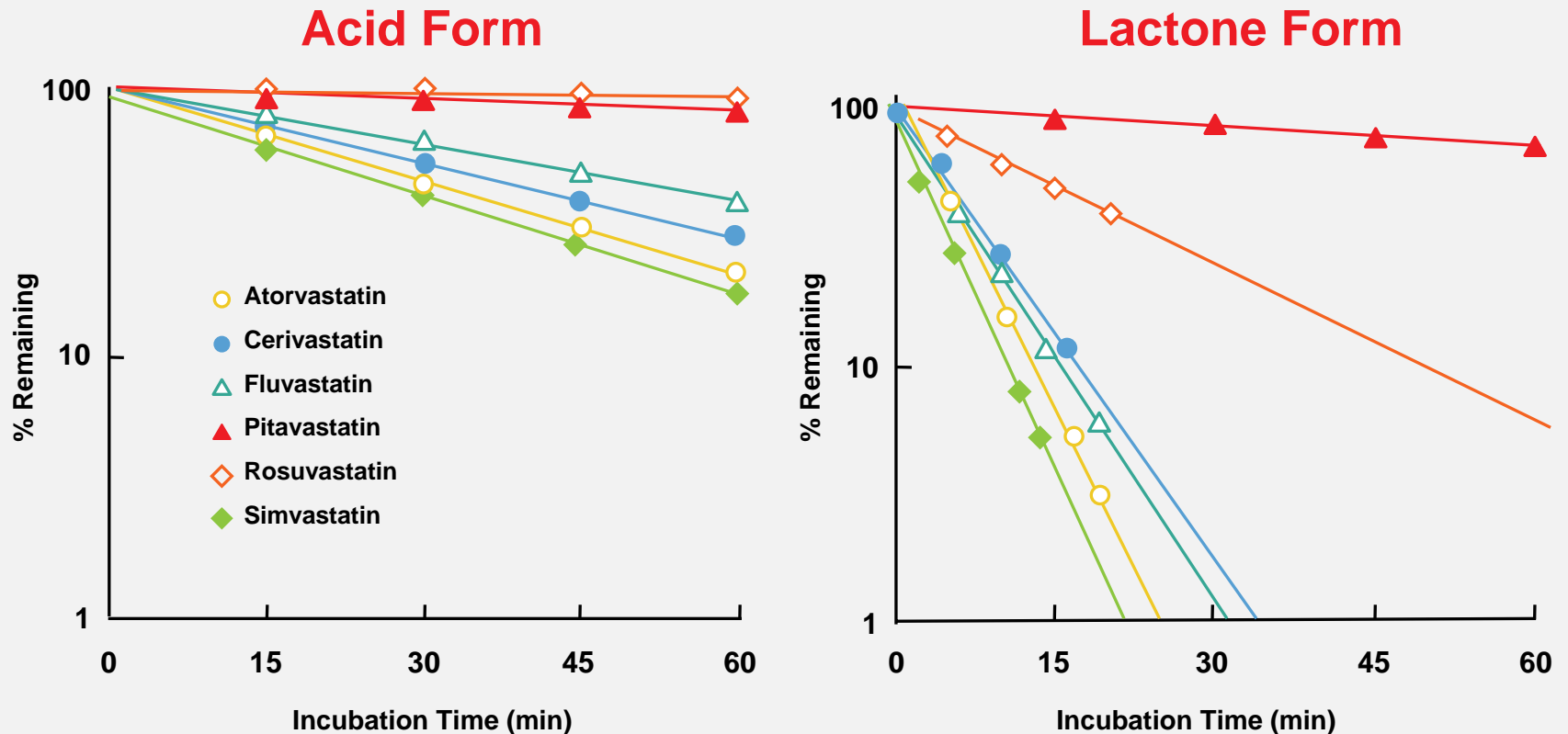
Morikawa. *J Atheroscler Thromb.* 2000;7(3):138.

Lipophilicity, oral absorption and bioavailability

	Atorv a	Fluva	Lova	Pita	Prav a	Rosuv a	Simva
logP (N-octanol/water partition coefficient)	1.11	1.27	1.70	1.49	-0.84	-0.33	1.60
Oral absorption (%)	30	98	31	80*	37	50*	65–85*
Absolute bioavailability (%)	12	10–35	< 5	> 60*	17	20	< 5*

*Not affected by food

Metabolic stability of statins in human hepatic microsomes



Metabolic stability of statins in human hepatic microsomes: (A) acid form and (B) lactone form (substrate concentration: 2.5 μM , microsomal protein concentration for acid forms: 1 mg protein/ mL^{-1} , pitavastatin lactone: 1 mg protein/ mL , rosuvastatin lactone: 0.5 mg protein/ mL^{-1} , fluvastatin lactone and cerivastatin lactone: 0.25 mg protein/ mL^{-1} , atorvastatin lactone and simvastatin: 0.1 mg protein/ mL^{-1}). Data are derived from duplicate determinations.

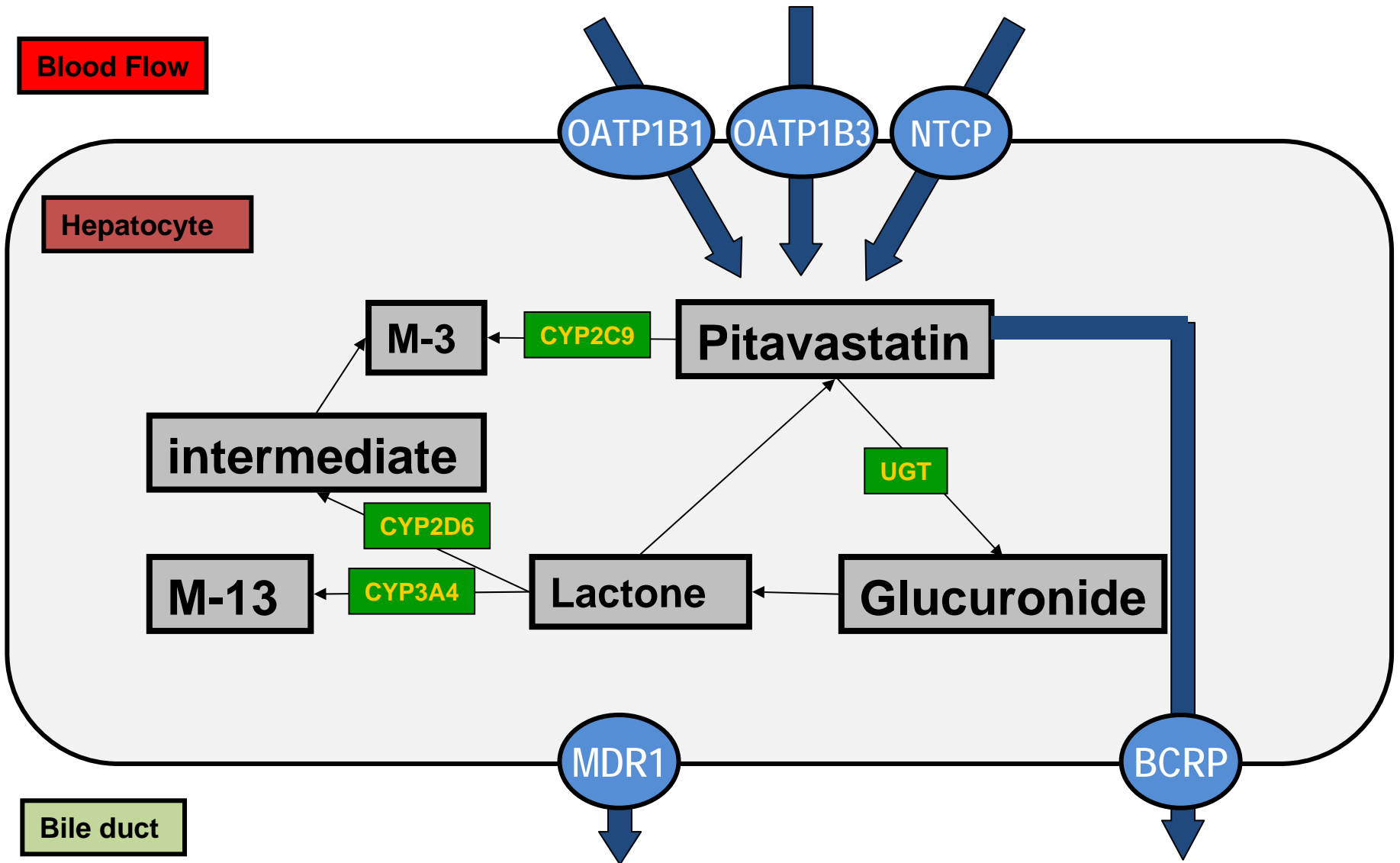
Parent and lactone forms of statins and CYP isoform involvement

Statin	Metabolic Clearance* (Cl_{int}) ($\mu\text{L min}^{-1} \text{mg}^{-1} \text{protein}$)			CYP Enzymes	
	Acid Form	Lactone Form	Cl_{int} Ratio (lactone/acid)	Acid Form	Lactone Form
Atorvastatin	26	1892	73	CYP3A4	CYP3A4
Simvastatin	28	1959	70	CYP3A4	CYP3A4
Cerivastatin	21	622	30	CYP2C8 CYP3A4	CYP3A4
Fluvastatin	33	226	7	CYP2C9 CYP3A4 [†]	CYP3A4
Rosuvastatin	1.1	70.7	64	CYP2C9 CYP7C19	CYP3A4 CYP2C9 [†] CYP2D6 [†]
Pitavastatin	2.5	5.4	2	CYP2C9 CYP2C8	CYP3A4 CYP2D6 [†]

*Substrate concentration: 2.5 μM .

[†]Minor involvement.

Distribution and metabolism of pitavastatin



Hepatic OATP Involved in Statin Uptake

Human Hepatic OATP				
Statin	OATP1B1	OATP1B3	OATP1A2	OATP2B1
Simvastatin	✓	-	-	-
Lovastatin	*	-	-	-
Atorvastatin	✓	-	-	-
Fluvastatin	✓	✓	-	✓
Cerivastatin	✓	-	-	-
Pitavastatin	✓	✓	-	✓
Pravastatin	✓	✓	-	✓
Rosuvastatin	✓	✓	✓	✓

✓ Data in publications, – No data available, † Author's own data, * Inhibits OATP1B1-mediated transport of a model substrate.

Eficaz reducción LDL

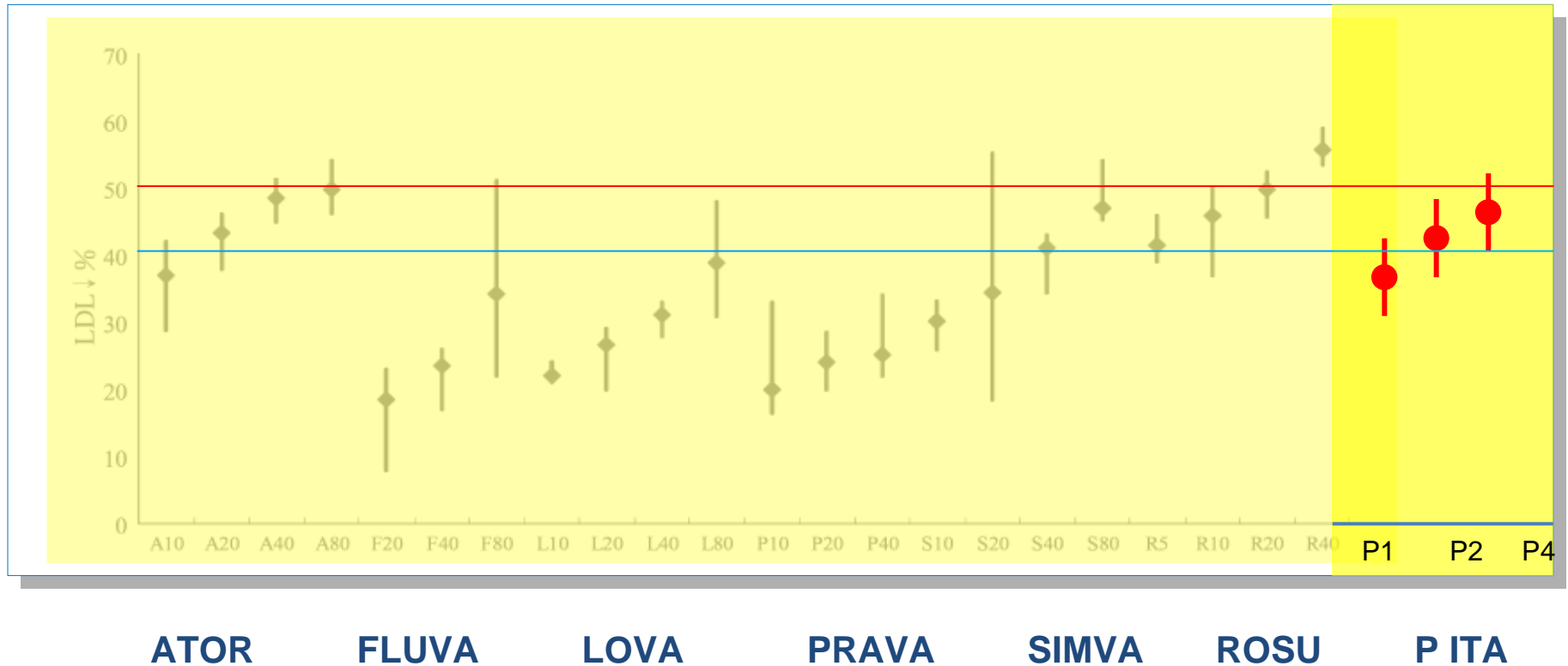
Efecto sobre perfil lipídico

Efectos clínicos

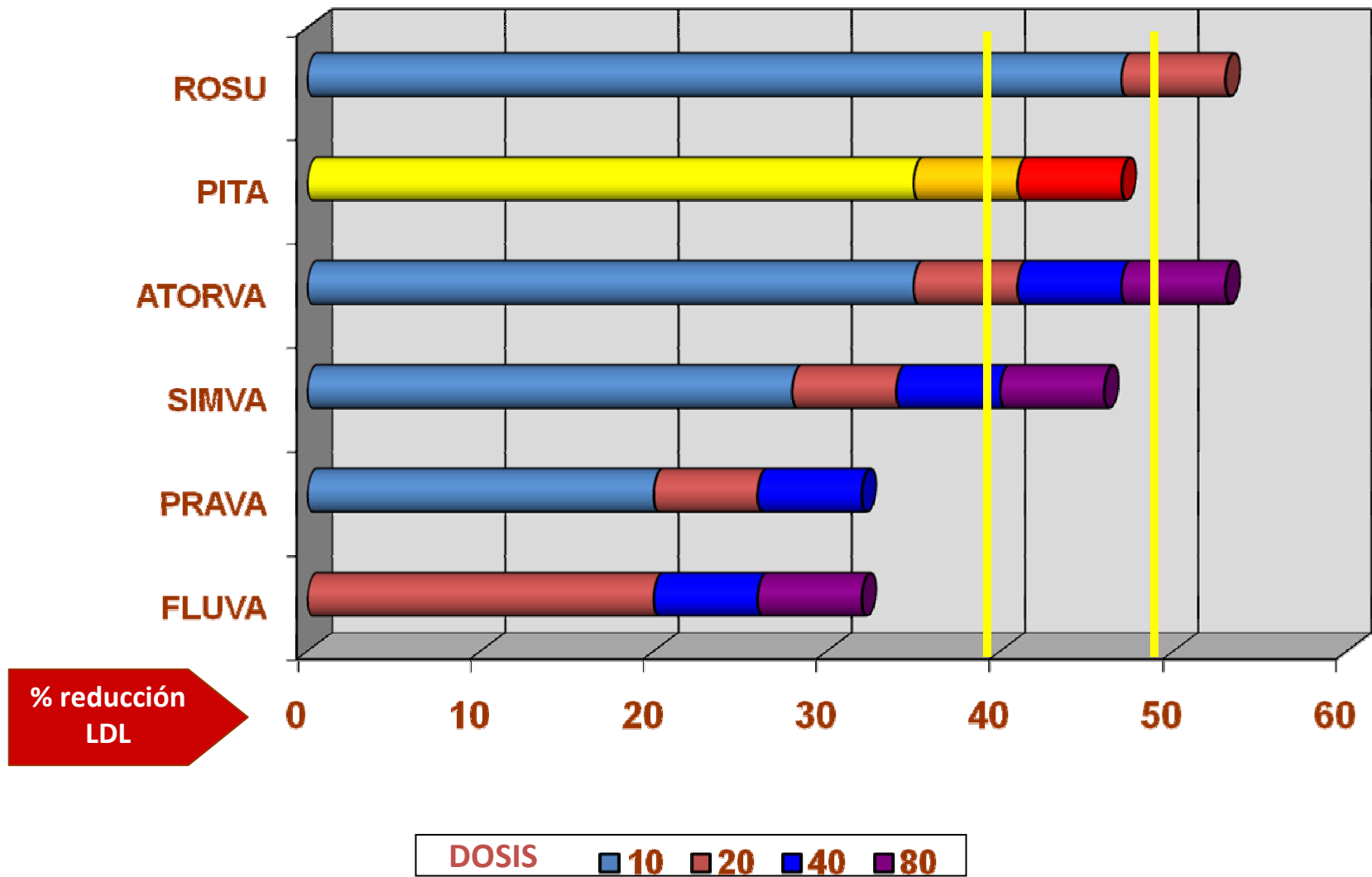
Valor añadido

Seguridad y tolerancia

A systematic review and meta-analysis on the therapeutic equivalence of statins. LDL

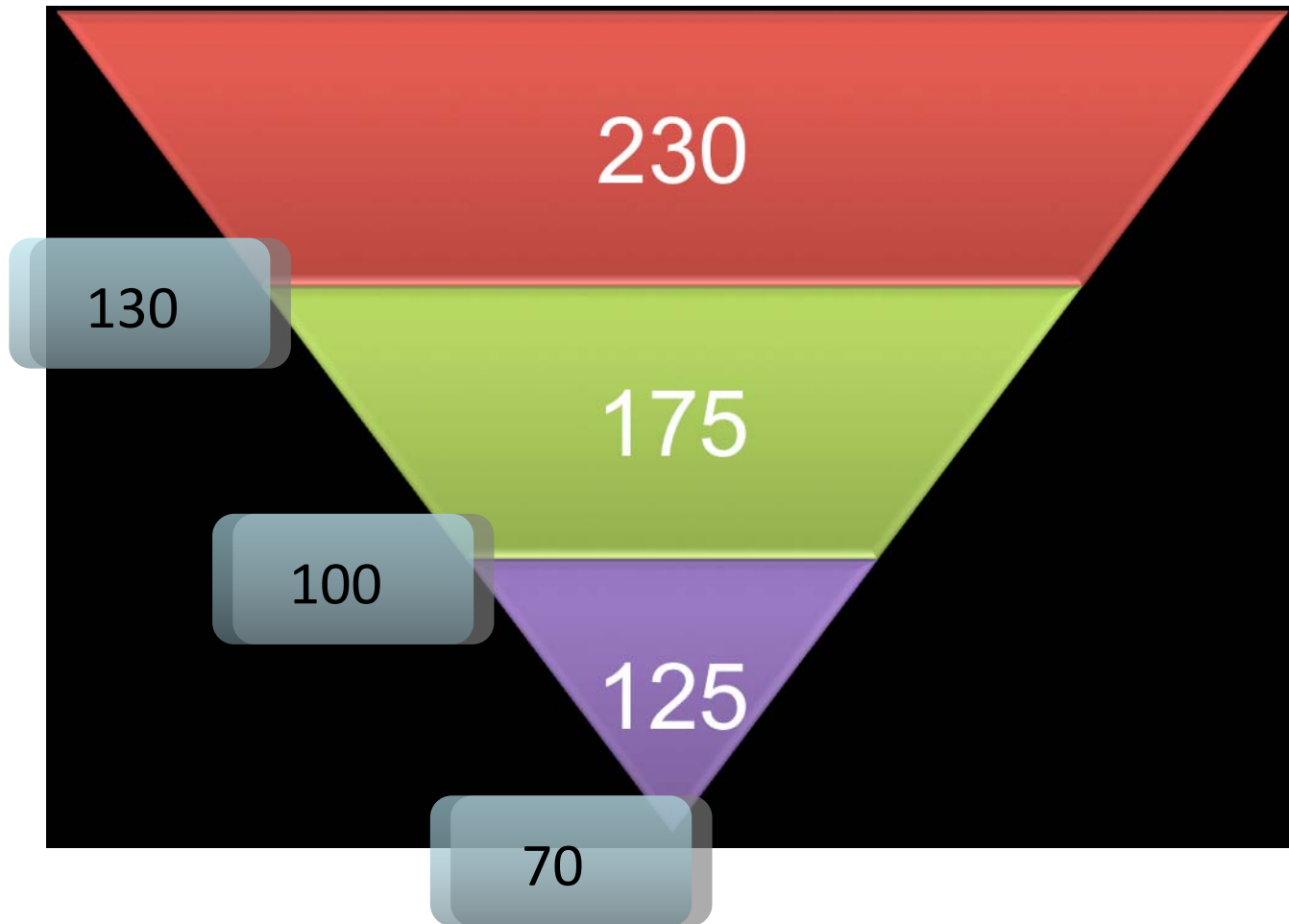


LDL Lowering Potency

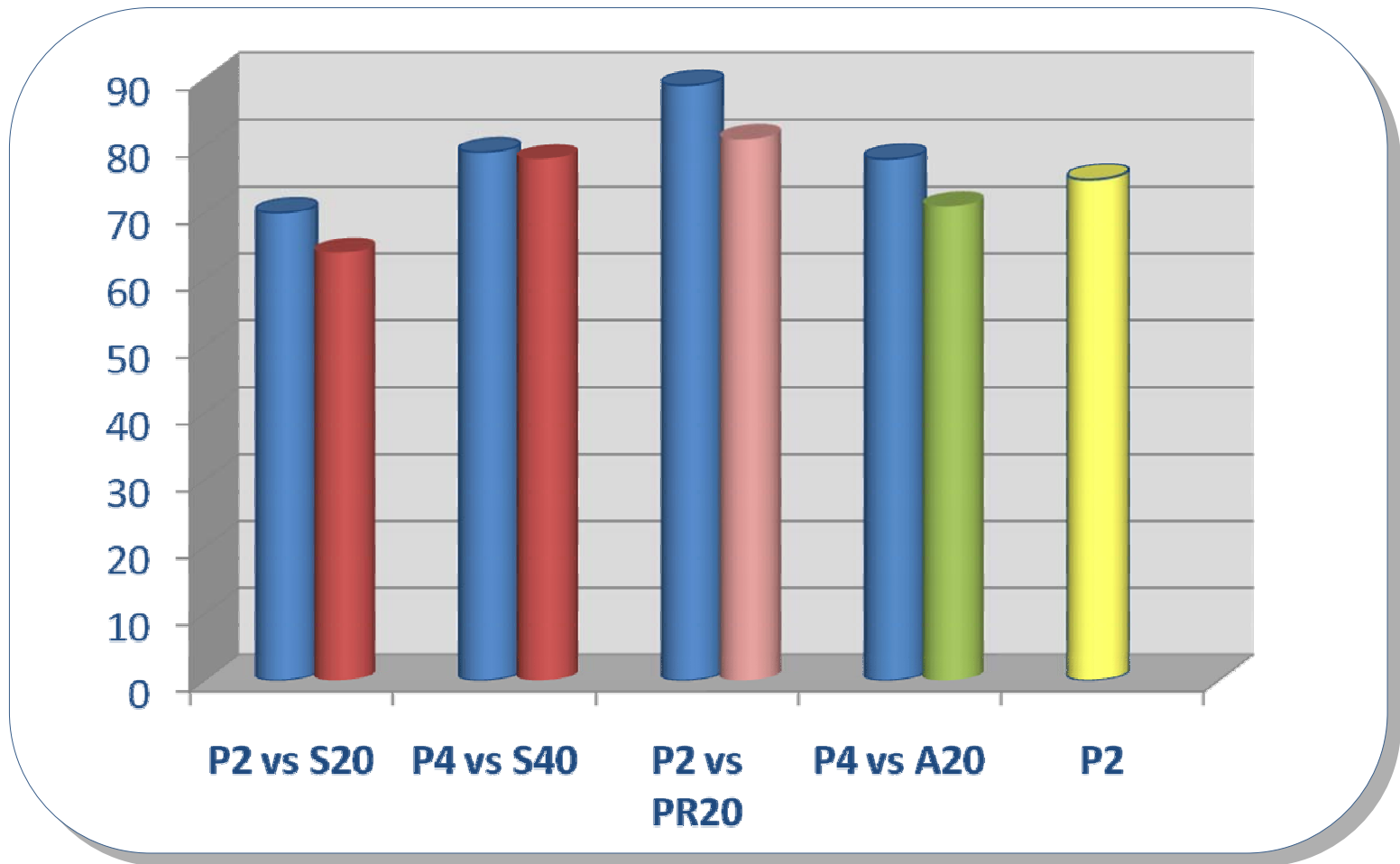


Reckless J.P.D et al. Int J Clin Pract, 2005, 59, 2, 239–252
McKenney JM et al. Curr Med Opin 2003; 19: 689–98
Schaefer EJ et al. Am J Cardiol 2004; 93: 31–9.

PITAVASTATIN will put on target patients with the following Initial LDL concentrations

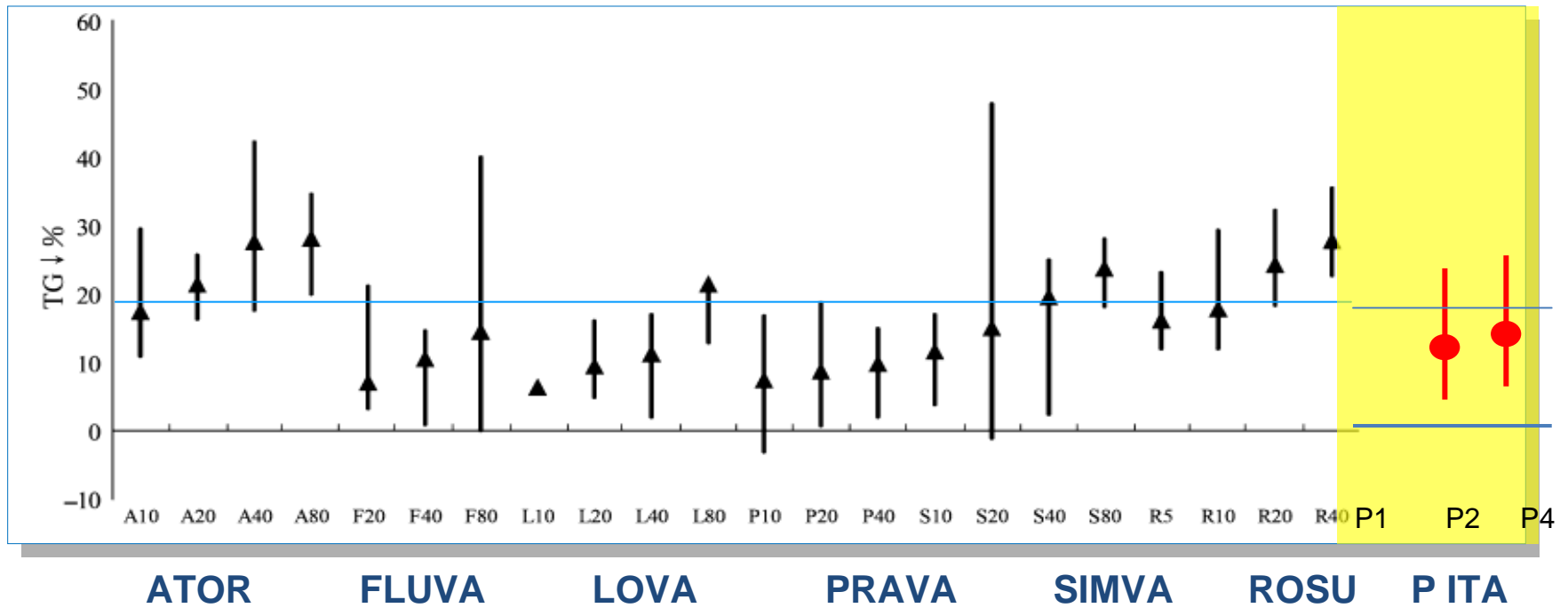


Three out of Four patients on PITAVASTATIN achieve LDL targets regardless of age, gender or clinical setting

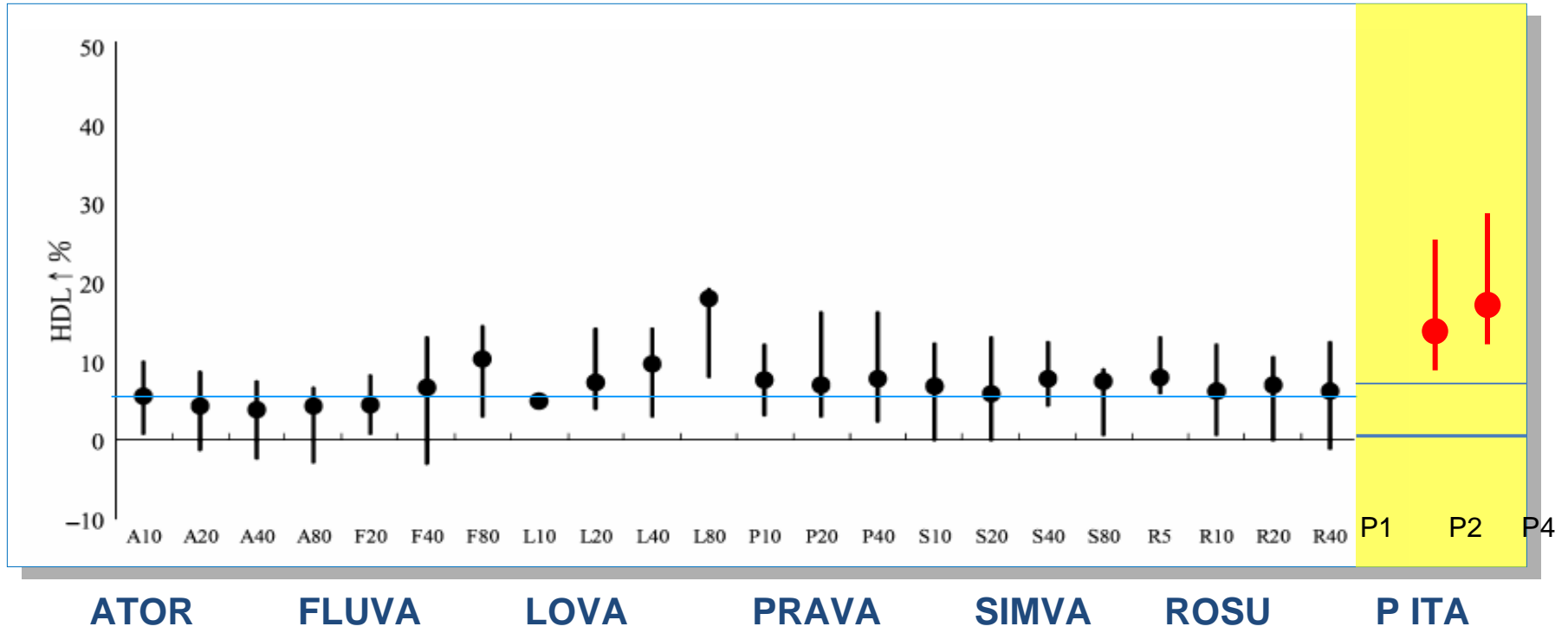


1. Ose L, et al. *Curr Med Res Opin.* 2009;25(11):2755-64
2. Stender S, et al. *Atherosclerosis Supplements* 2009;10(2):P770
3. Graham I, et al. *Atherosclerosis* 2007;194:1-45

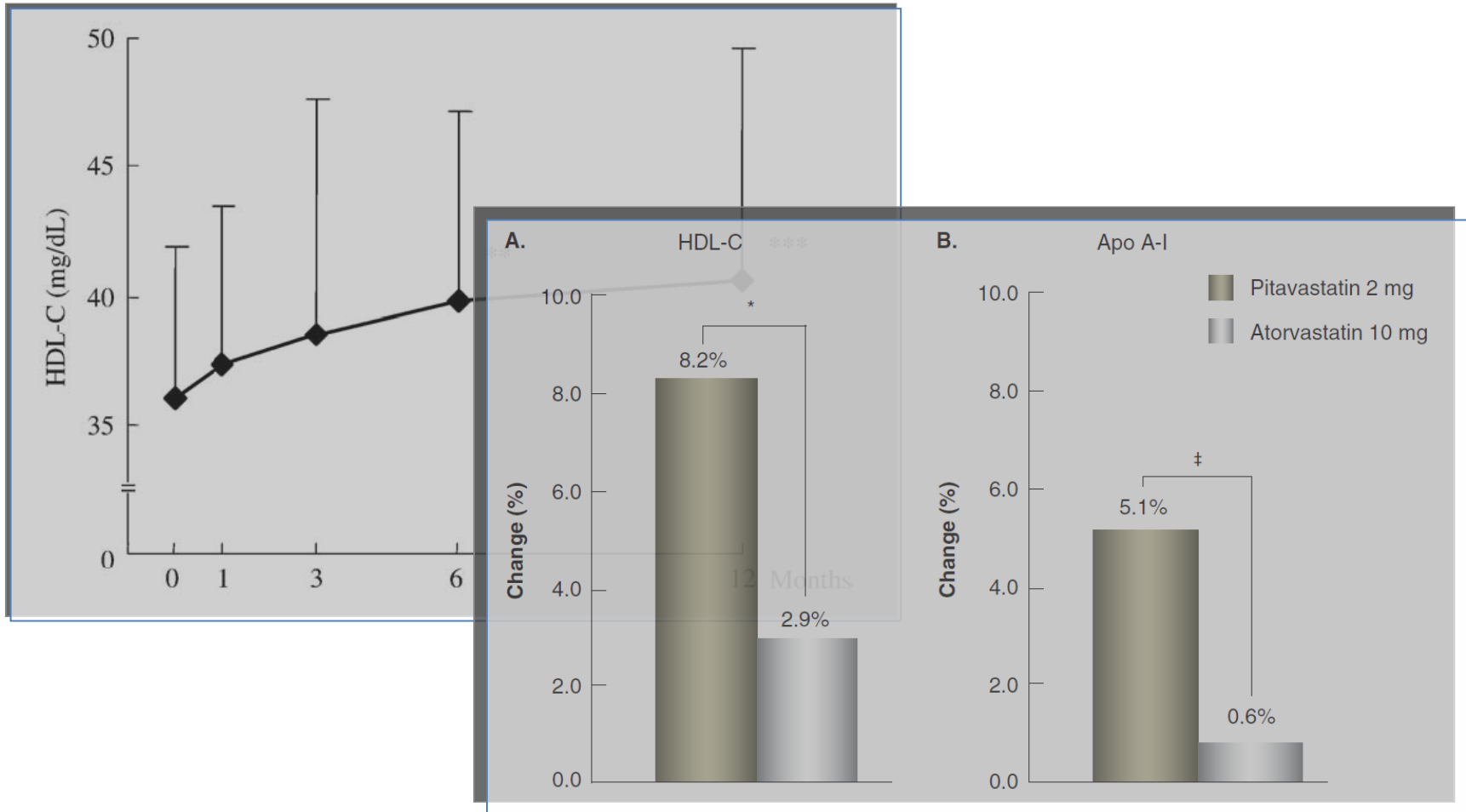
A systematic review and meta-analysis on the therapeutic equivalence of statins. TG



A systematic review and meta-analysis on the therapeutic equivalence of statins. HDL



HDL-C and apolipoprotein A-I are persistently elevated during long-term treatment with PITAVASTATIN

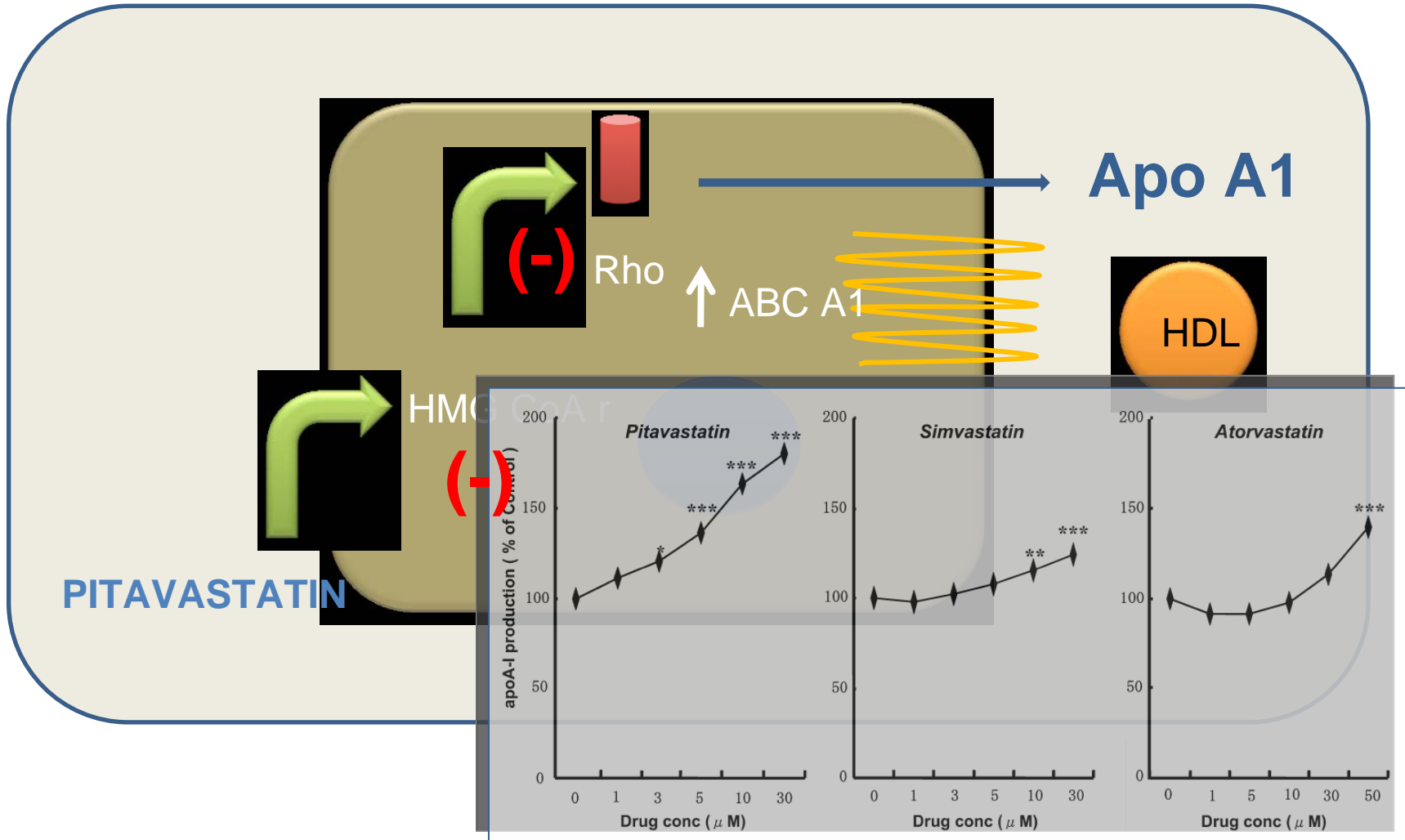


Fukutomi T, et al, *Int J Cardiol* (2009),doi:10.1016/j.ijcard.2008.11.1

Tamio T et al. *Expert Opin. Pharmacother.* 2010 11:817-828

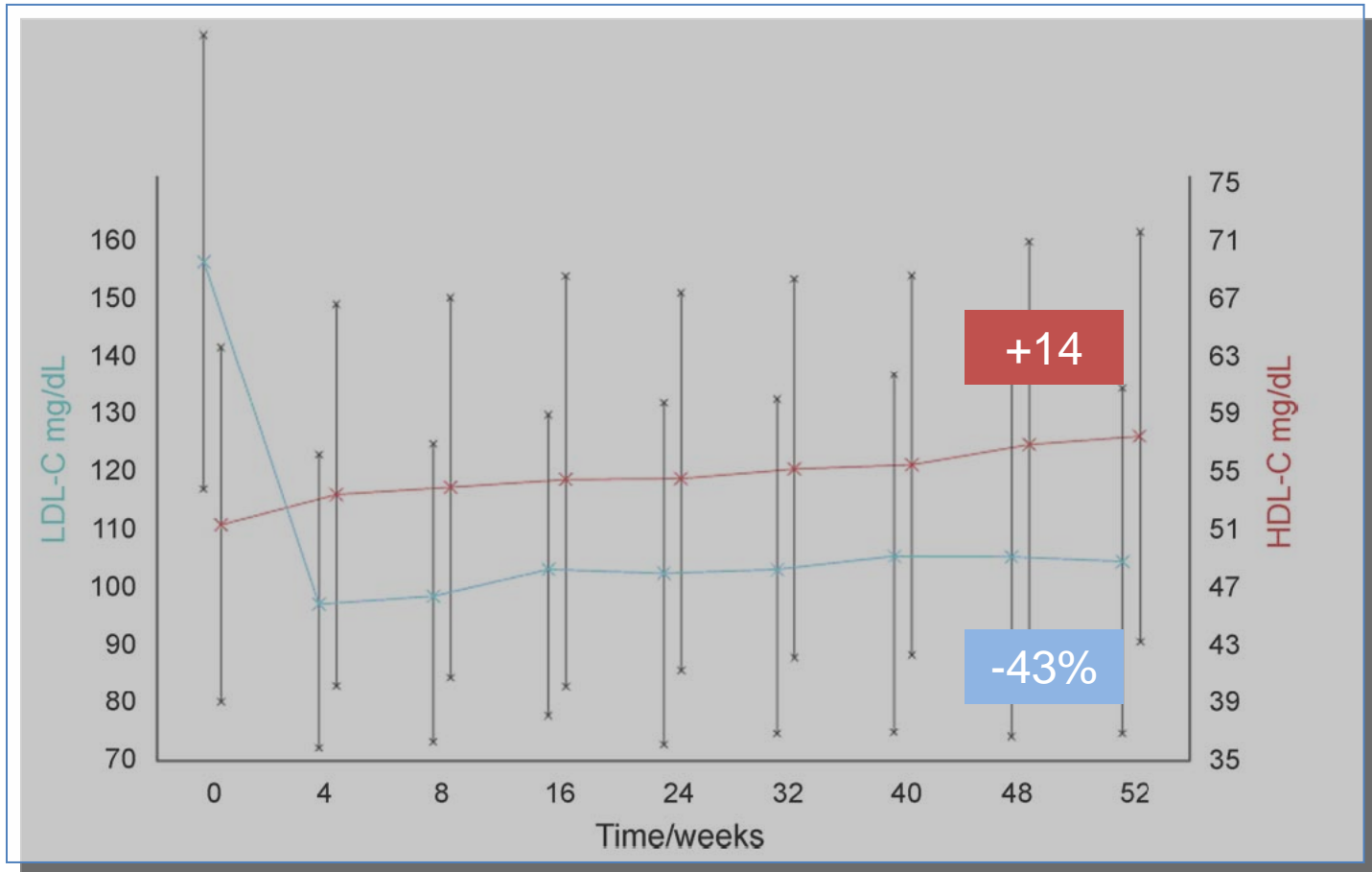
Sasaki J et al. *Clin Ther* 2008;30:1089-101

Pitavastatin enhance apo A-I production in HepG2 cell

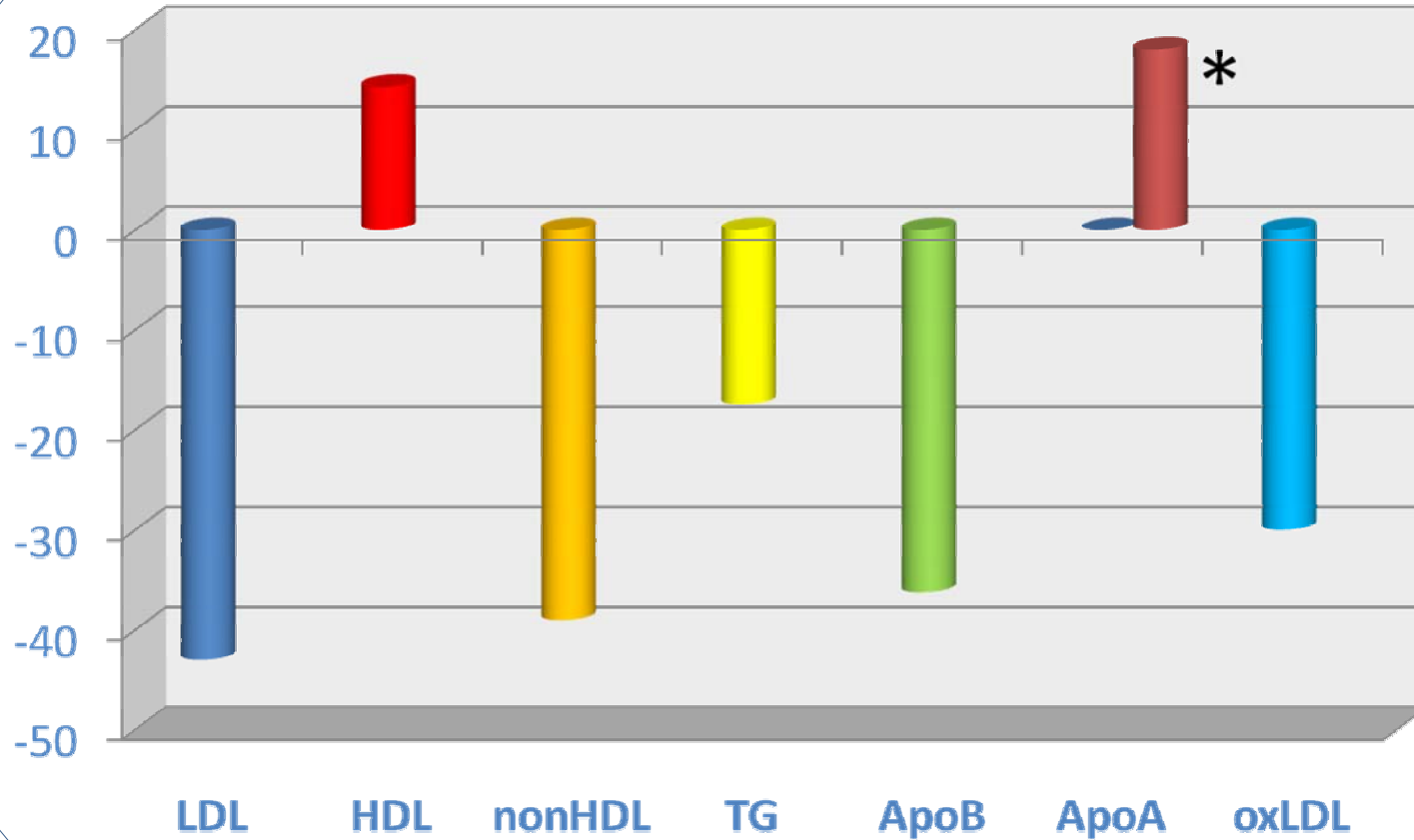


pitavastatin (3μM) > simvastatin (10μM) > atorvastatin (50μM)

Long-term treatment with pitavastatin is effective and well tolerated by patients with primary hypercholesterolemia or combined dyslipidemia

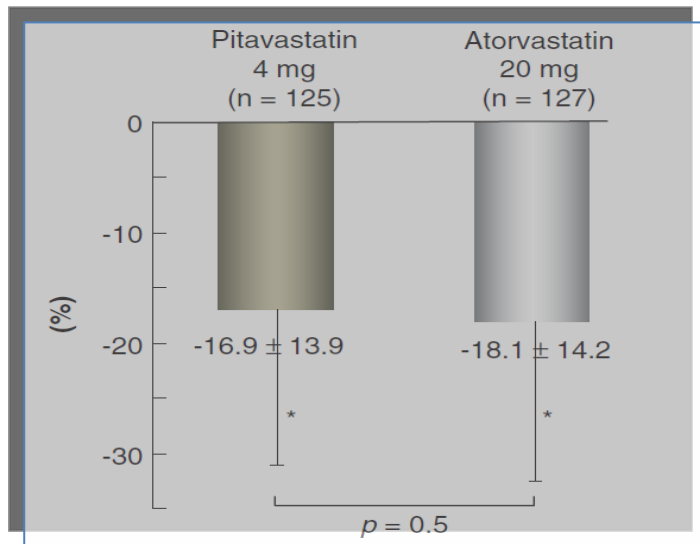


PITAVASTATIN improves lipid profile globally



1353 patients – 52 weeks follow-up

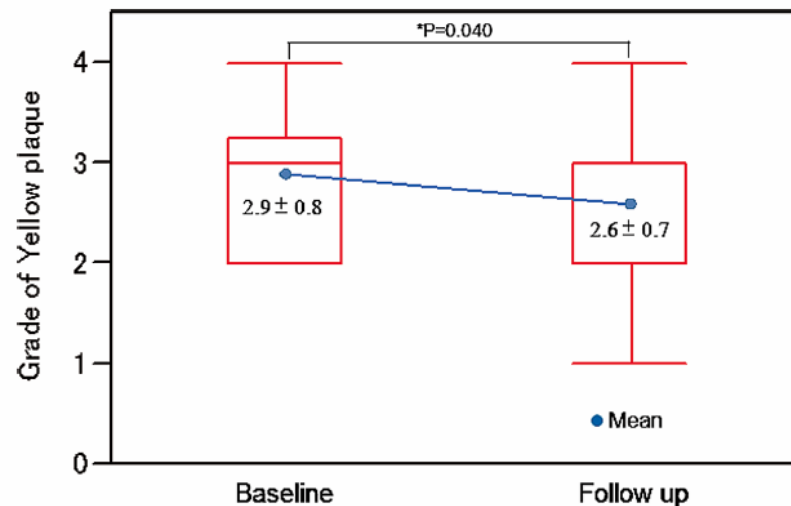
No clinical outcome data yet

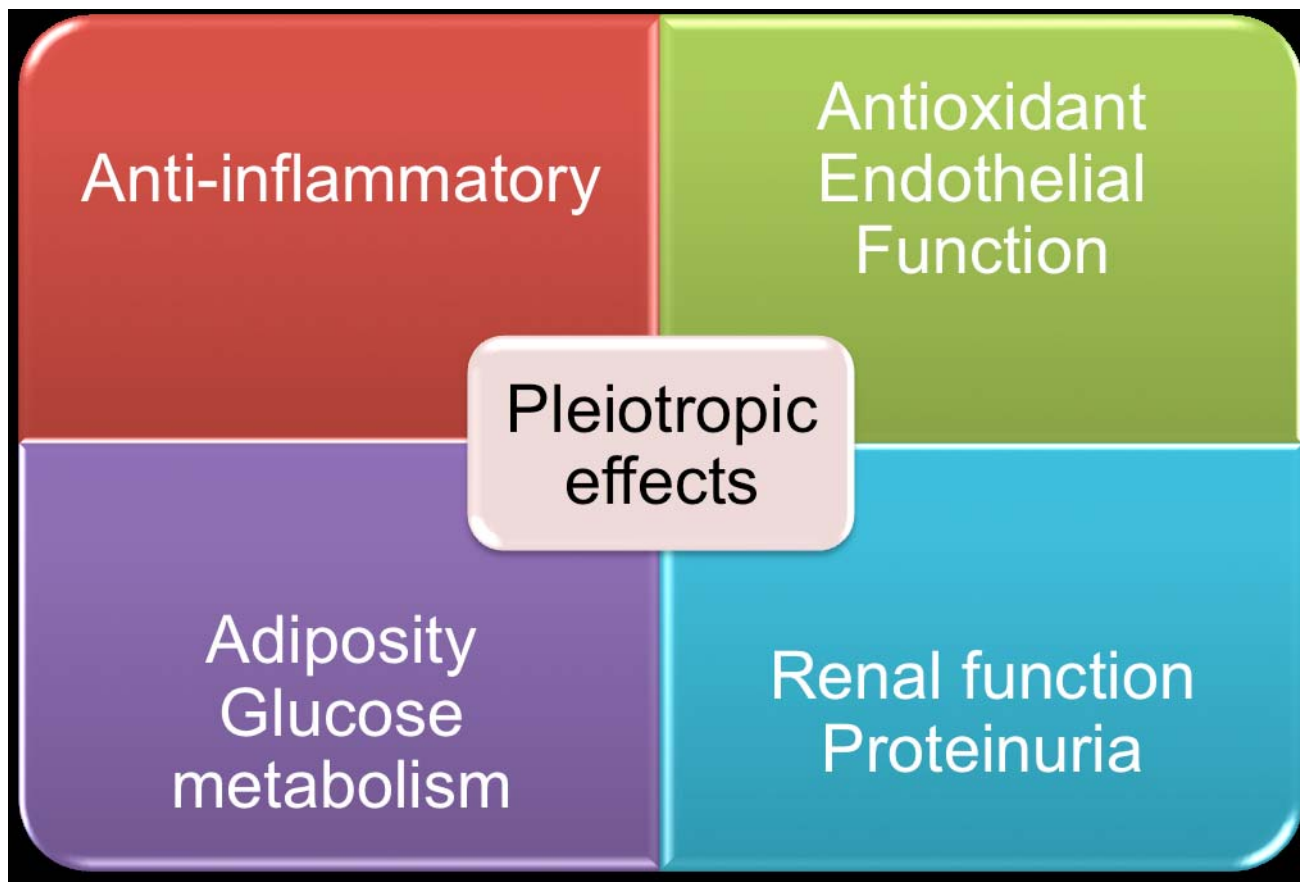


Comparison of yellow grade at baseline and week 52 in the TOGETHAR trial

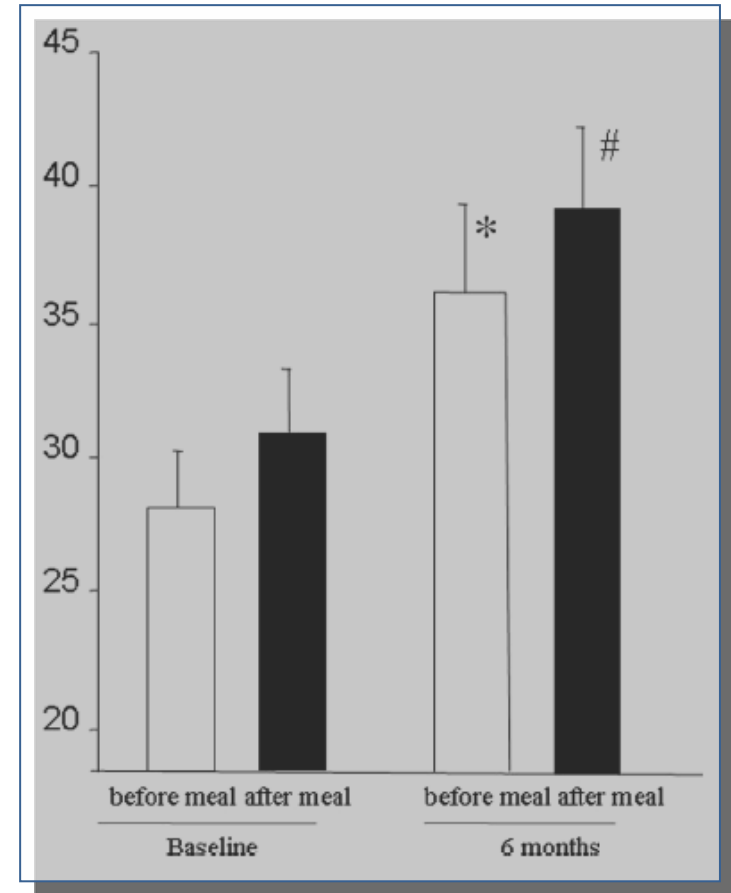
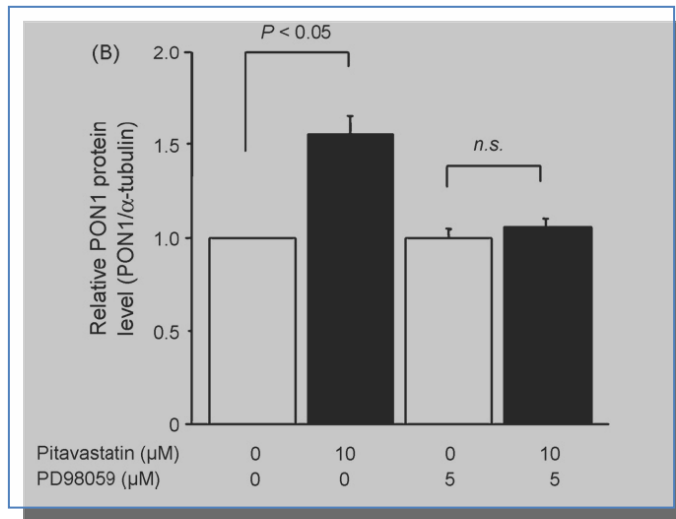
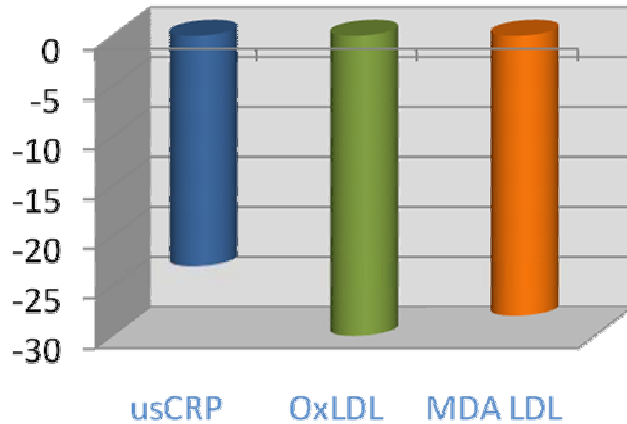
On going: LIVES extension study

Changes in plaque volume in JAPAN-ACS study





Added value

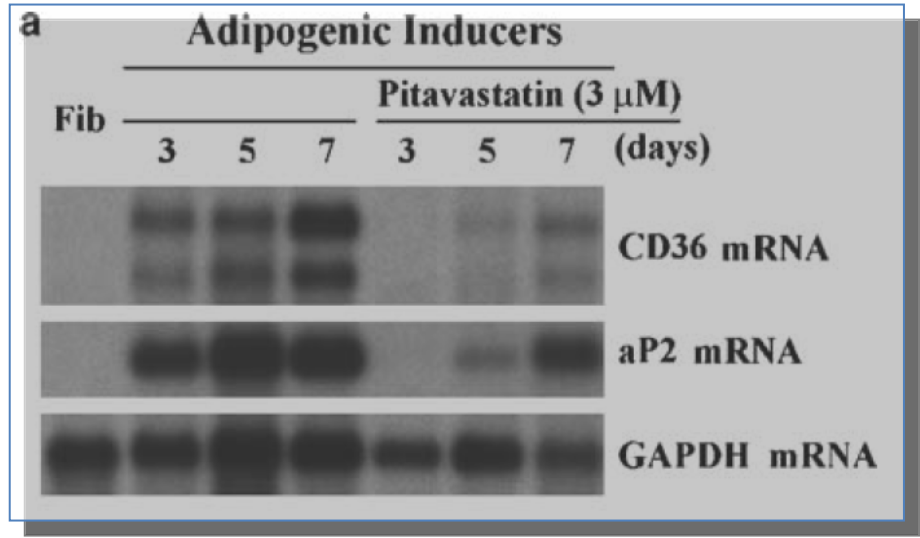
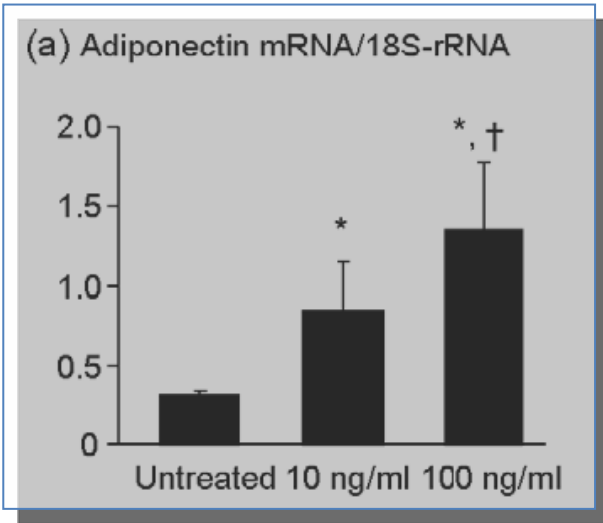
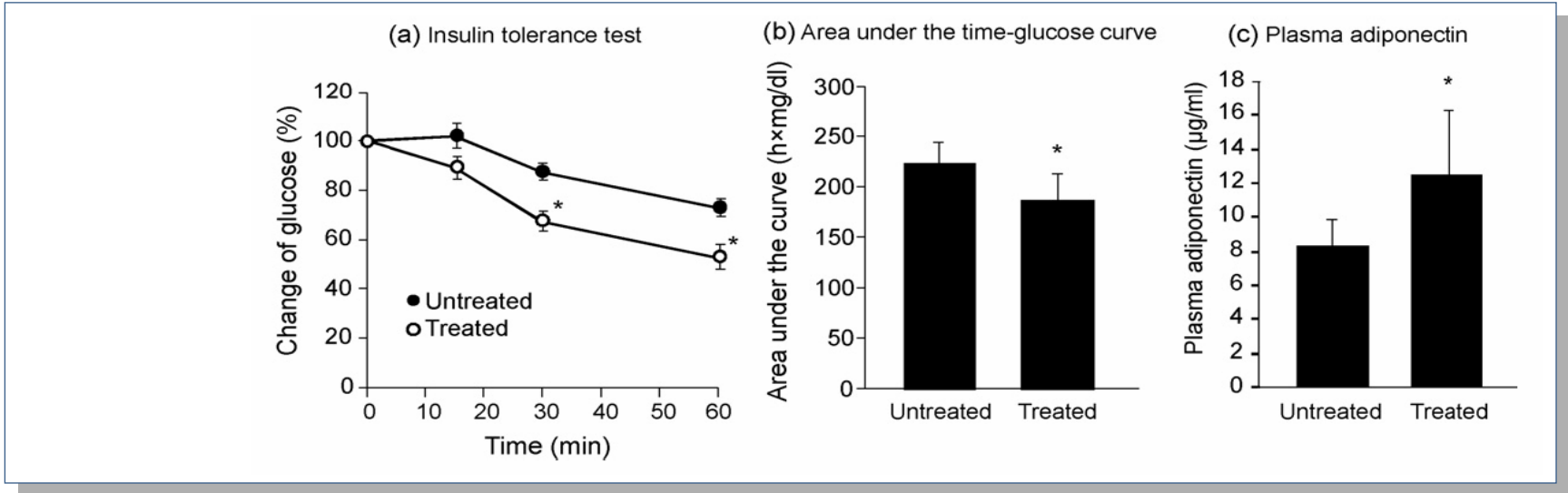


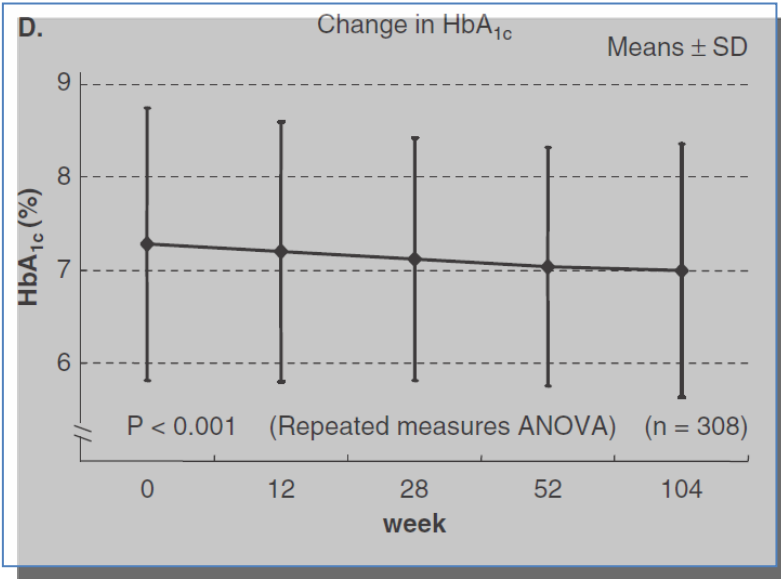
Effects of Pitavastatin on Fasting and Postprandial Endothelial Function (FMD) in CAD patients

Motomura T et al. J Ather Throm 2009, 16
Arii K et al. Atherosclerosis 202 (2009) 439–445

Leiv Ose et al. Atherosclerosis 210 (2010) 202–208
Kenshiro Arao et al. Circ J 2009; 73: 1523 – 1530

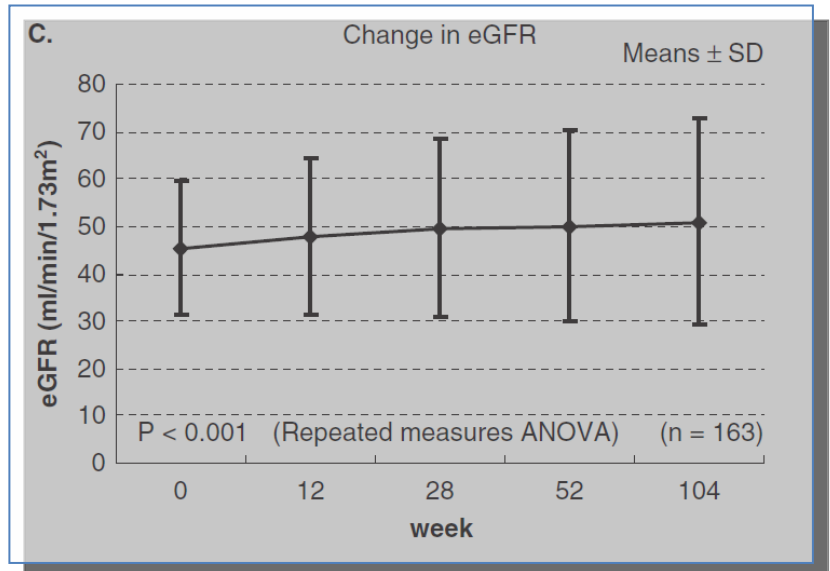
Beneficial direct adipotropic actions of PITAVASTATINA. Cell and animal models



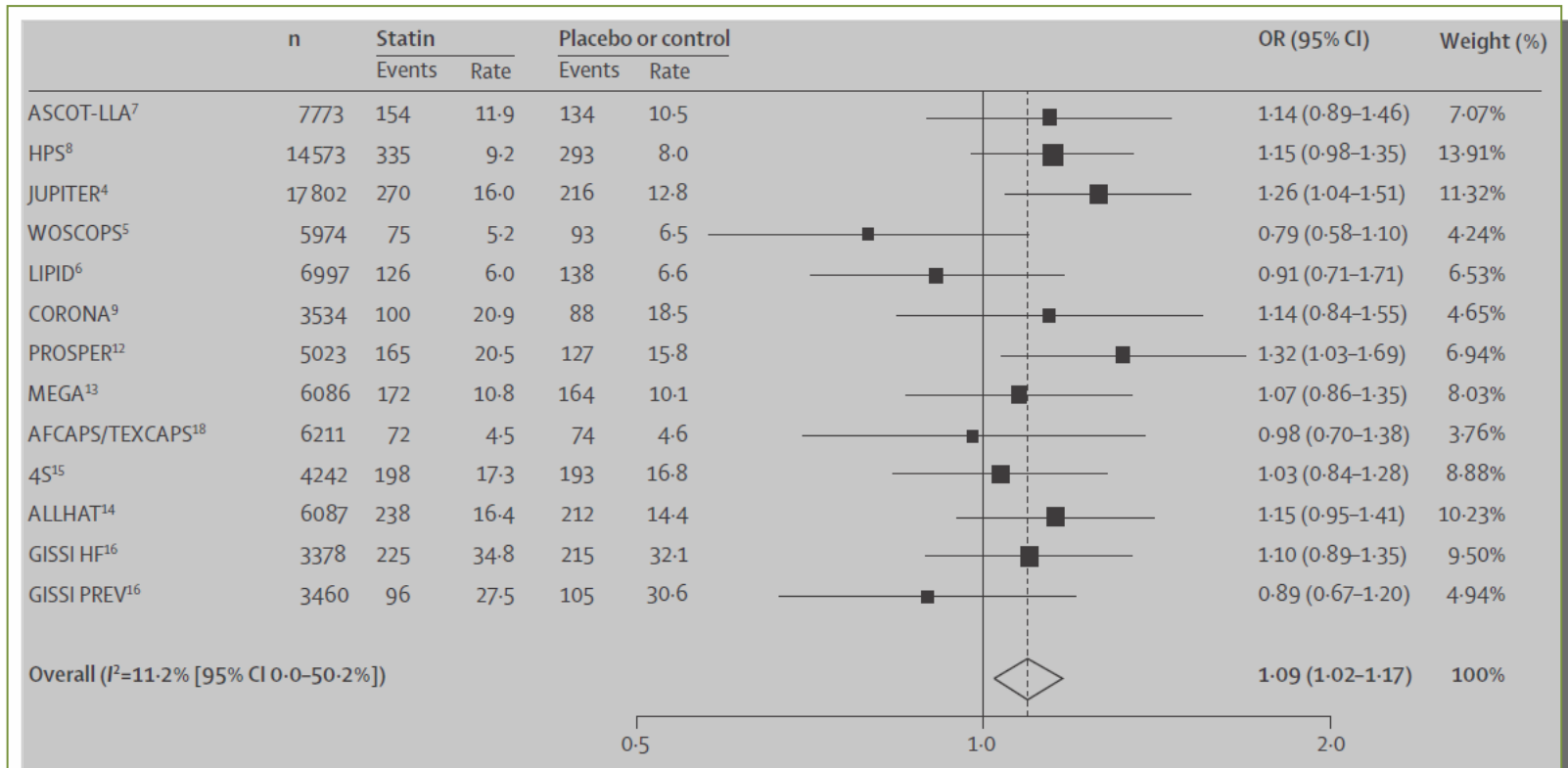


HbA_{1c} decreased after 104 weeks of treatment with PITAVASTATIN

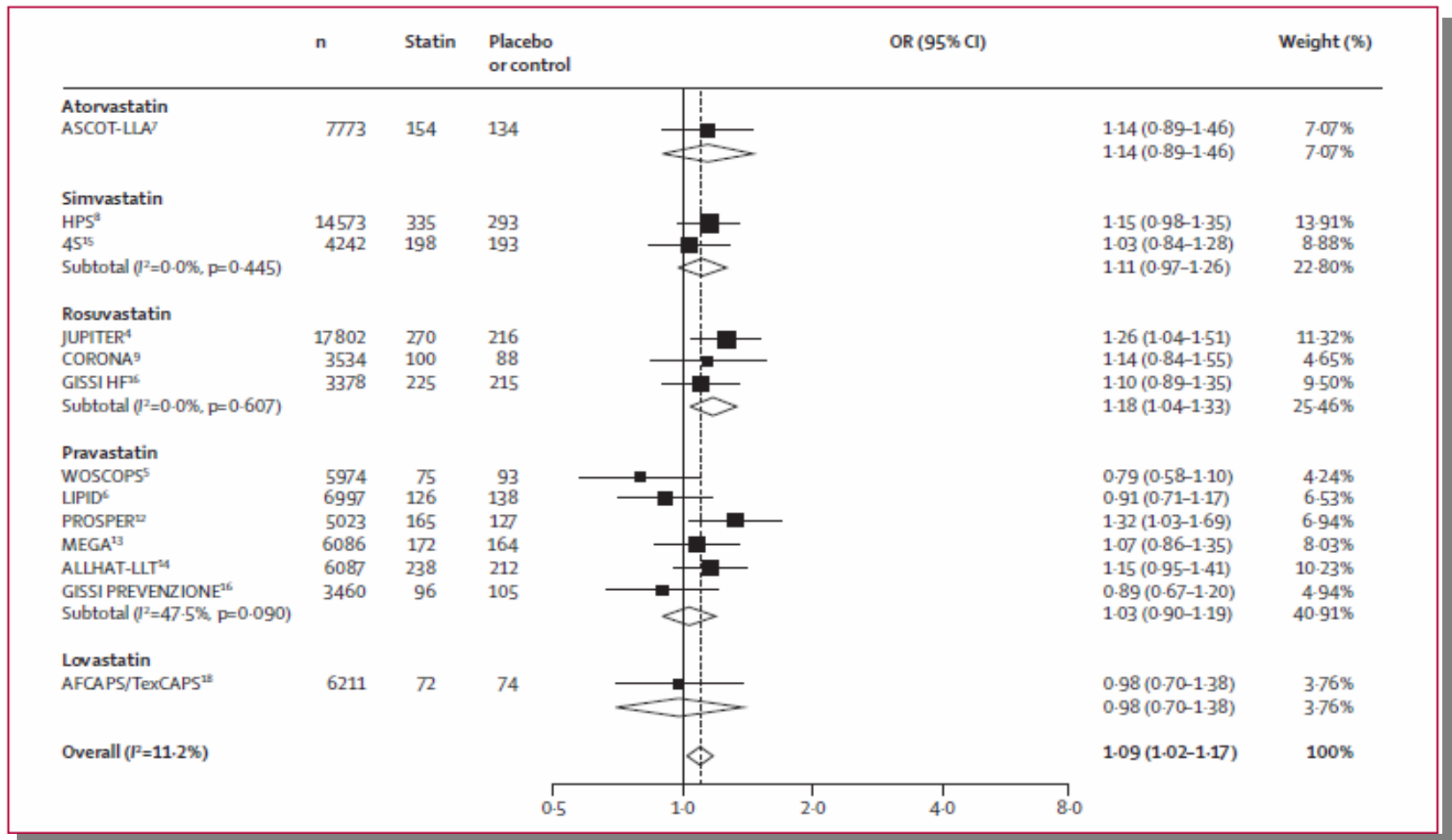
eGFR increased after 104 weeks of treatment with PITAVASTATIN



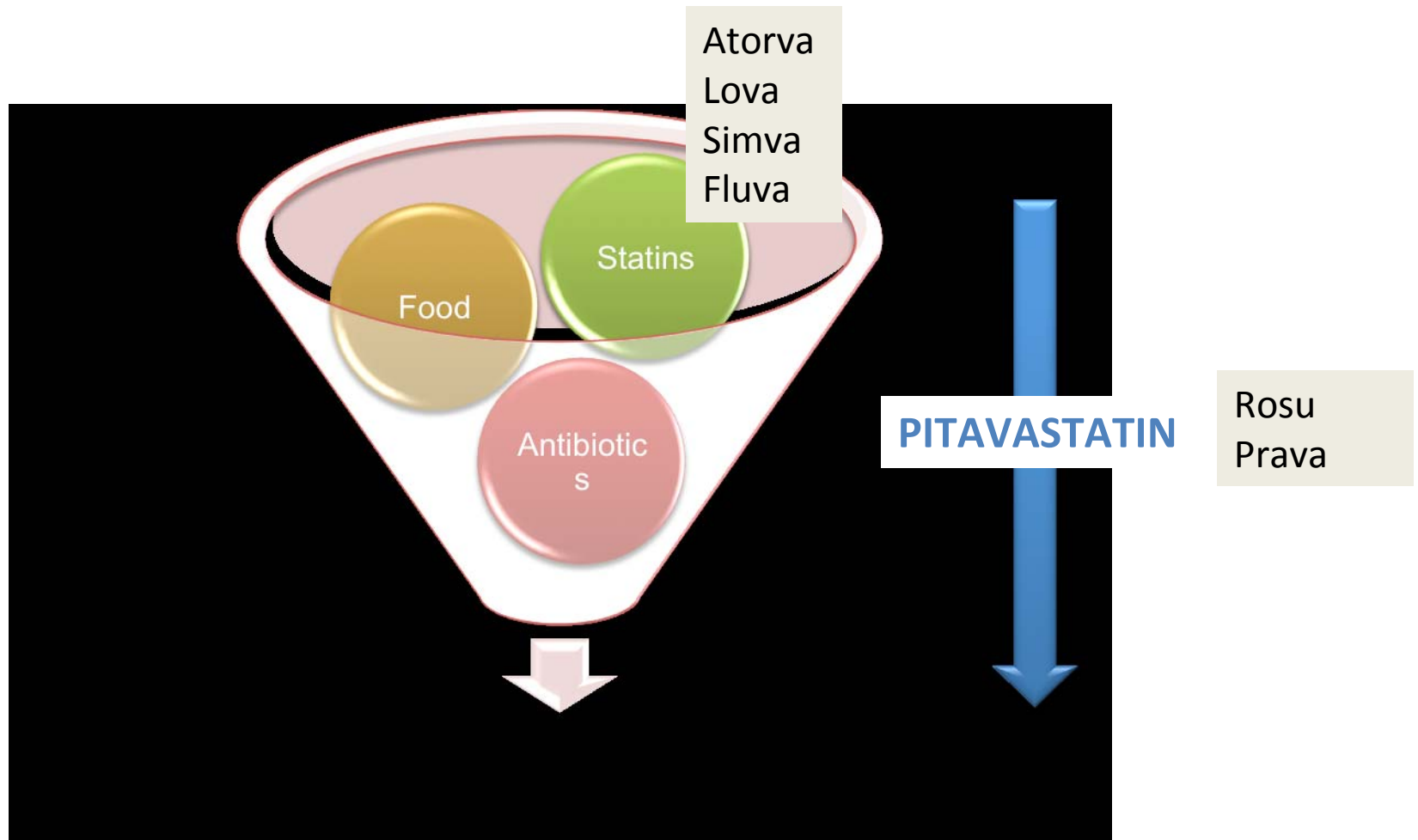
Association between statin therapy and incident diabetes in 13 major cardiovascular trials



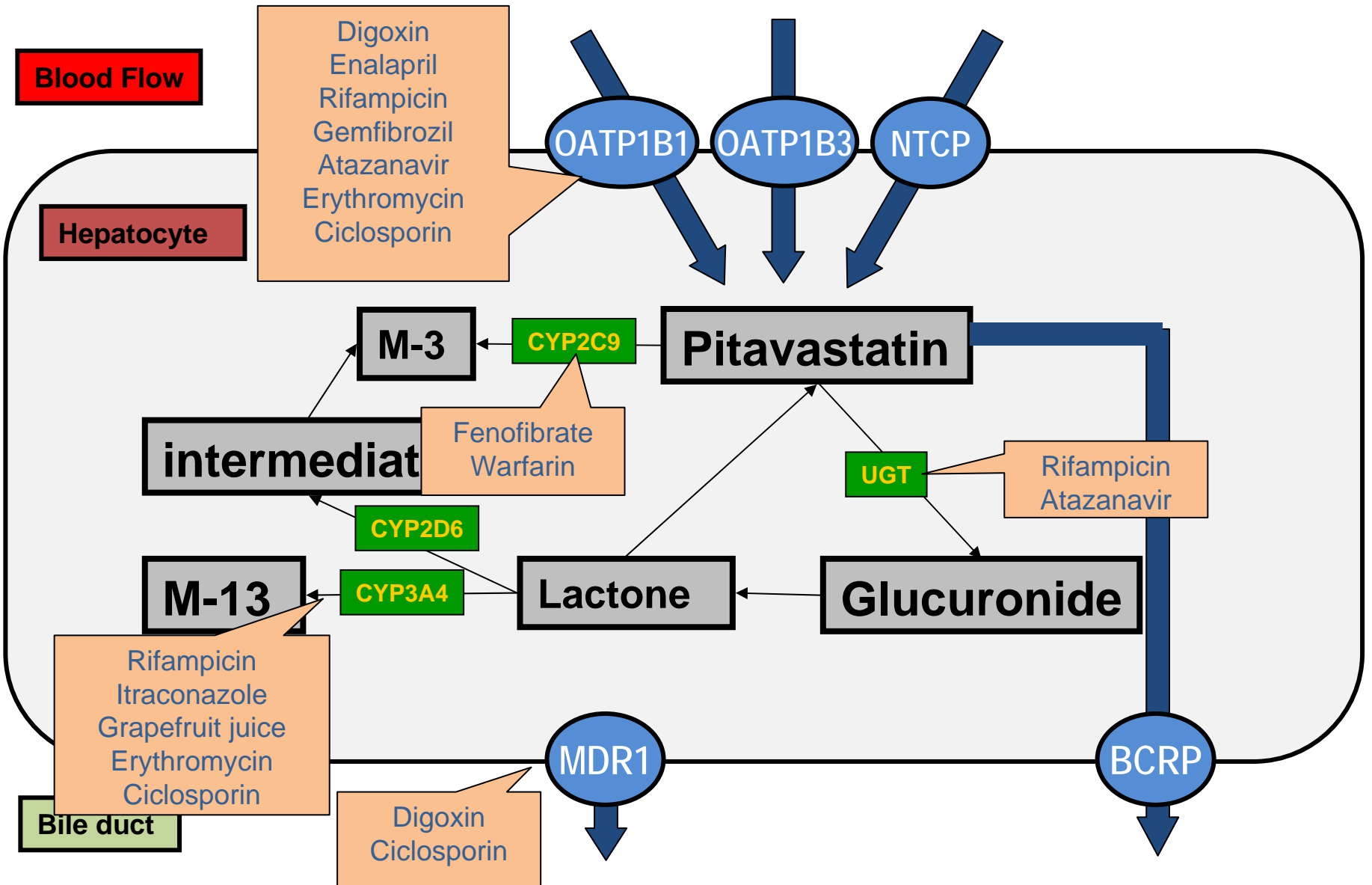
Association between statin therapy and incident diabetes in 13 major cardiovascular trials



Safety and tolerability



Distribution and metabolism of pitavastatin



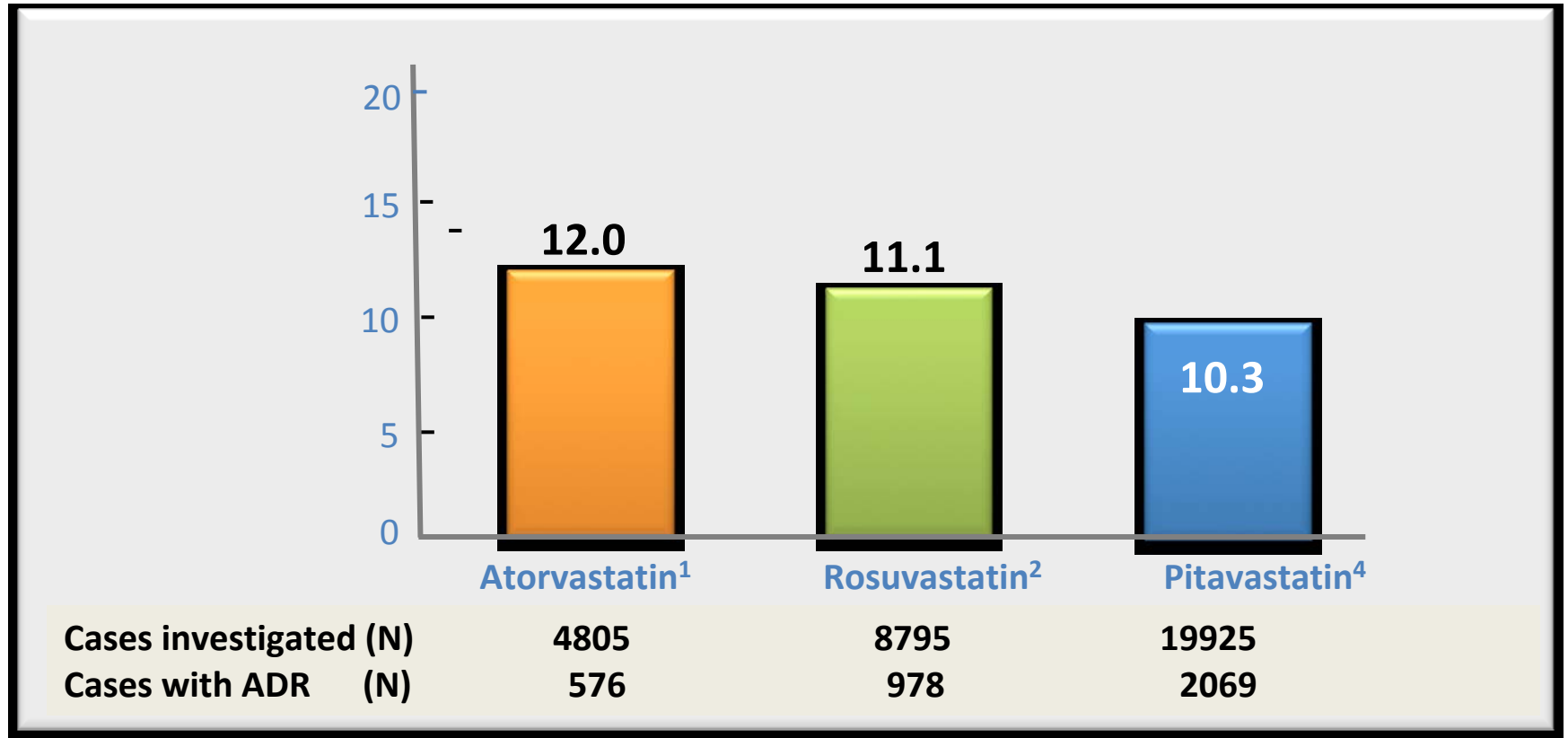
Pitavastatin: Minimal drug-drug interactions

Concomitant med	Con med → pitavastatin	Pitavastatin → con med	Mechanism affected
Cyclosporine	X	–	OATP1B1, CYP3A4. MRP2, MDR1
Bezafibrate	O	–	OATP1B1
Fenofibrate	O	–	OATP1B1
Gemfibrozil	O	–	OATP1B1, CYP2C8
Grapefruit juice	O	–	CYP3A4
Warfarin	–	O	CYP2C9
Digoxin	O	O	MDR1, OATP1B3
Rifampicin	O	O	OATP1B1, UGT, CYP3A4
Enalapril	O	O	OATP1A2
Itraconazole	O	–	CYP3A4
Erythromycin	X	–	OATP1B1, OATP1B3

O: No/weak interaction
X: Moderate/strong interaction
–: Not tested

PGP = P-glycoprotein; OATP = organic anion-transporting polypeptides; UGT = Human UDP-glucuronosyltransferase; CYP = Cytochrome P450

Incidence of adverse drug reactions



1. *Prog Med* 2005;25:131

2. *Prog Med* 2007;27:1159

3. *Jpn Pharmacol Ther* 2007;35:9

4. *Jpn Pharmacol Ther* 2008;36 (8):709-31

LIVES (LIVALO Effectiveness and Safety) study

Large-scale (n = 20,279), long-term (104 weeks), prospective postmarketing surveillance study of hypercholesterolemic patients treated with PITAVASTATIN

Adverse Reaction	Nº of incidences	Incidence rate (%)
Gastrointestinal	245	1.23
Myalgia	215	1.08
Myopathy	6	0.03
Rabdomyolysis	2	0.01
CK increase	545	2.74
ALT	356	1.79
AST	298	1.50
GGT	200	1
Evaluated Patients: : 19925		ADR : 2069 ¹ (10.38%)

LIVES (LIVALO Effectiveness and Safety) study

Table 5 Candidate risk factors for adverse drug reactions

Selected covariate		Hazard ratio	95% CI	<i>p</i> -value
Gender	Male/Female	1.081	(0.985 to 1.187)	0.102
Age	≥65/<65	1.064	(0.975 to 1.162)	0.165
Familial hypercholesterolemia	Present/Absent	1.264	(0.913 to 1.748)	0.158
Concomitant liver disease	Present/Absent	1.324	(1.147 to 1.530)	<0.001
Concomitant renal disease	Present/Absent	1.313	(1.067 to 1.616)	0.010
Concomitant diabetes mellitus	Present/Absent	1.197	(1.059 to 1.353)	0.004
History of drug allergy	Present/Absent	2.071	(1.688 to 2.541)	<0.001
Concomitant use of SU	Present/Absent	0.892	(0.754 to 1.055)	0.182
Concomitant use of thiazolidine derivatives	Present/Absent	0.756	(0.595 to 0.961)	0.022
Concomitant use of biguanides	Present/Absent	0.705	(0.550 to 0.905)	0.006
Concomitant use of ARB	Present/Absent	0.869	(0.787 to 0.961)	0.006
Daily dosage upon first onset	2 mg/1 mg	0.921	(0.843 to 1.005)	0.065
	4 mg/1 mg	0.570	(0.335 to 0.971)	0.039

SU=sulfonylureas. ARB=angiotensin II receptor blockers.

- Pitavastatina es una estatina sintética, moderadamente lipofílica que se absorbe de forma amplia sin interacciones con la comida

- Prácticamente no se metaboliza y se excreta en su mayor parte por bilis y muy poco por orina.

- No interactúa con el CYP450 3 A4 por lo que tiene un buen perfil de compatibilidad con otros fármacos

- Desciende el c-LDL un 43%

- Eleva el c-HDL hasta un 14 %

- Disminuye triglicéridos un 17%

- Reduce PCR, oxidación y mejora la función endotelial

- Reduce y estabiliza la lesión ateromatosa

- Existen indicios de una acción positiva sobre el metabolismo hidrocarbonado

- Su perfil de tolerabilidad y toxicidad parecen óptimos y están avalados por un importante número de pacientes tratados en la actualidad.