

**XXXIV Congreso Nacional Sociedad Española
de Medicina Interna (SEMI)**
Málaga. Nov 21, 2013



Acciones cardiovasculares de las terapias incretínicas: los inhibidores de la DPP-4

José M^a de Miguel Yanes, M.D., Ph.D., M.B.A.
Hospital Universitario del Sureste
Arganda del Rey, Madrid



Desglose de intereses

Alianza Boehringer - Lilly

- patrocinador de esta ponencia
- participante en reuniones de consenso en diabetes
- diseño e I.P. estudio REDIM (SEMI)

sanofi-Aventis

- asistencia a congresos nacionales
- profesor en cursos insulinoterapia

Novartis, Novo-Nordisk

- trabajos de asesoría en diabetes

Outline

- ¿Por qué es importante hablar de efectos cardiovasculares de los antidiabéticos?
- Mecanismos fisiopatológicos y evidencia experimental inhibidores DPP-4
- Evidencia clínica
- Conclusiones

Outline

- ¿Por qué es importante hablar de efectos cardiovasculares de los antidiabéticos?
- Mecanismos fisiopatológicos y evidencia experimental inhibidores DPP-4
- Evidencia clínica
- Conclusiones

Keywords: first, launch, usa, sb, avandia, new, data

First launch in the USA for SB's Avandia, new data show combination efficacy

Article | 16 June 1999

 Print This

 ShareThis

SmithKline Beecham says it has introduced its type 2 diabetes drug Avandia (rosiglitazone) into 40,000 pharmacies in the USA. This is the first market for the drug and signals competition to Warner-Lambert's insulin sensitizer Rezulin (troglitazone).

As the Marketletter reported when the US Food and Drug Administration approved Avandia for use as a monotherapy and in combination with metformin last month (Marketletter May 31), the

Related Articles

[Lilly/Takeda's Actos: first efficacy data presented at ADA](#) 

23 June 1999

[Labeling strengthened for Rezulin in wake of Avandia launch](#) 

23 June 1999

[sNDA filed for Taxol plus Herceptin](#) 

24 June 1999

[Roberts purchases rights to Agrylin from B-MS](#) 

24 June 1999

[ClinPhone appointment](#) 

24 June 1999

Latest Articles

Rates of Myocardial Infarction and Death from Cardiovascular Causes



Table 4. Rates of Myocardial Infarction and Death from Cardiovascular Causes.

| Study | Rosiglitazone Group <i>no. of events/total no. (%)</i> | Control Group | Odds Ratio (95% CI) | P Value |
|---|---|----------------|------------------------|---------|
| Myocardial infarction | | | | |
| Small trials combined | 44/10,285 (0.43) | 22/6106 (0.36) | 1.45 (0.88–2.39) | 0.15 |
| DREAM | 15/2,635 (0.57) | 9/2634 (0.34) | 1.65 (0.74–3.68) | 0.22 |
| ADOPT | 27/1,456 (1.85) | 41/2895 (1.42) | 1.33 (0.80–2.21) | 0.27 |
| Overall | | | 1.43 (1.03–1.98) | 0.03 |
| Death from cardiovascular causes | | | | |
| Small trials combined | 25/6,845 (0.36) | 7/3980 (0.18) | 2.40 (1.17–4.91) | 0.02 |
| DREAM | 12/2,635 (0.46) | 10/2634 (0.38) | 1.20 (0.52–2.78) | 0.67 |
| ADOPT | 2/1,456 (0.14) | 5/2895 (0.17) | 0.80 (0.17–3.86) | 0.78 |
| Overall | | | 1.64 (0.98–2.74) | 0.06 |

Nissen SE, Wolski K. N Engl J Med. 2007; 356:2457-2471



The NEW ENGLAND
JOURNAL of MEDICINE

>> Metaanálisis de estudios en fases II y III (edad avanzada, DM larga evolución, IR; seguimiento >2 años; adjudicación independiente eventos CV;...)

Fase III: HRs para eventos cardiovasculares:

- 1.2; 95%CI [0.5-**1.9**]: estudio **precomercialización (>1.8)**
- 1.5; 95%CI [1.3-**1.7**]: estudio **precomercialización (>1.3)**

Precomercialización: HRs para eventos cardiovasculares:

- 1.04; 95%CI [0.70-**1.4**]: estudio **postcomercialización (>1.3)**
- **1.01**; 95%CI [0.81-1.21]: en principio, prescindibles (<1.3).

Postcomercialización: demostrar $HR \approx 1$, 95%CI [$y - <1.3$]: con diseño de **no inferioridad** y una tasa de eventos del 2%, se necesitaría hacer un seguimiento de **6,100 pacientes x 5 años.**



Exigencia de la Sociedad

“It is hoped that pharmaceutical companies developing new glucose-lowering agents will focus on providing some added value beyond what is already available by addressing unmet clinical needs such as the effects leading to a reduction in CVD risk factors and meaningful cardiovascular and other outcomes”.

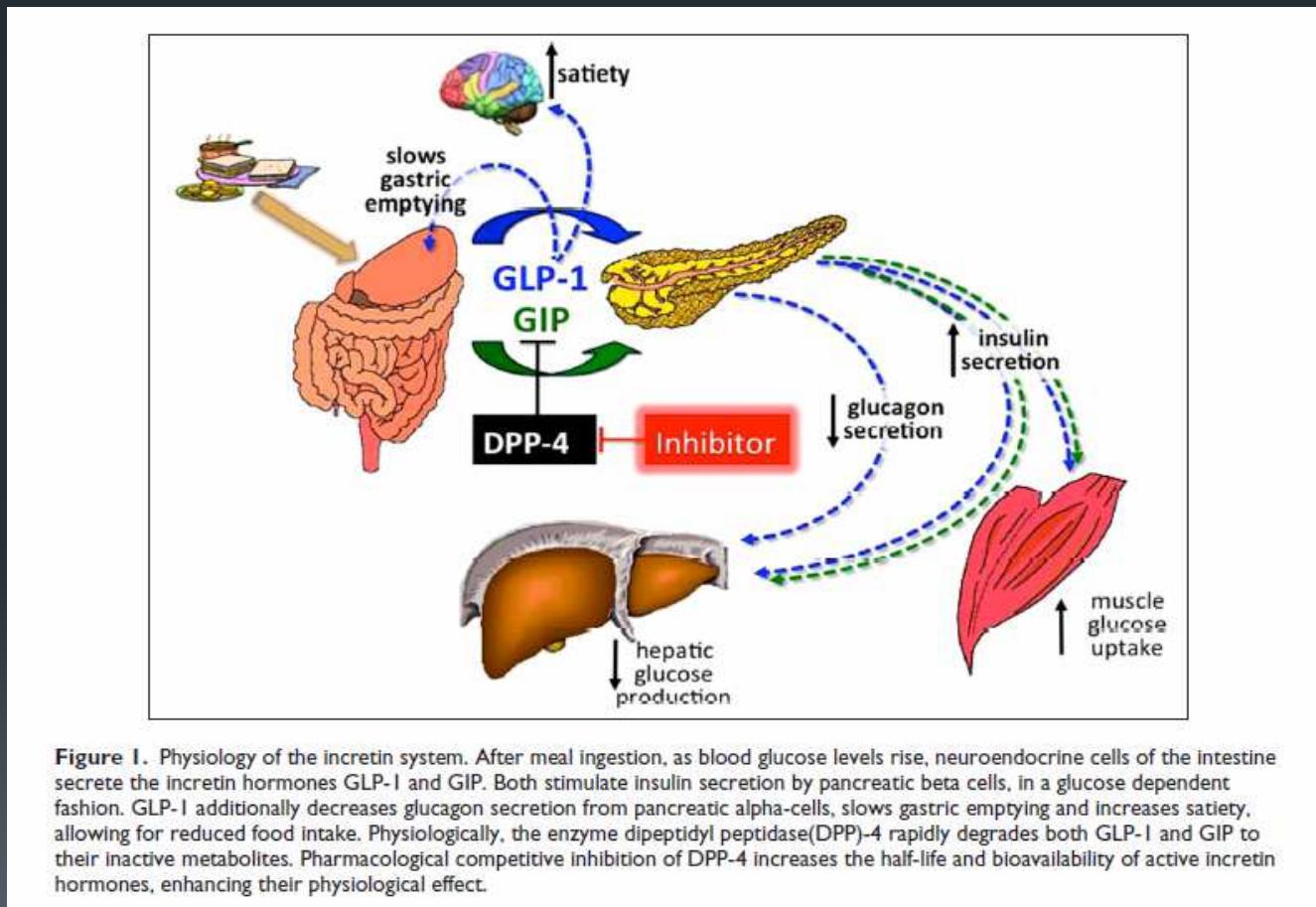


Raz I, Riddle MC, Rosenstock J, et al. Personalized Management of Hyperglycemia in Type 2 Diabetes. Reflections from a Diabetes Care Editors' Expert Forum. *Diabetes Care*. 2013; 36:1779-1788.

Outline

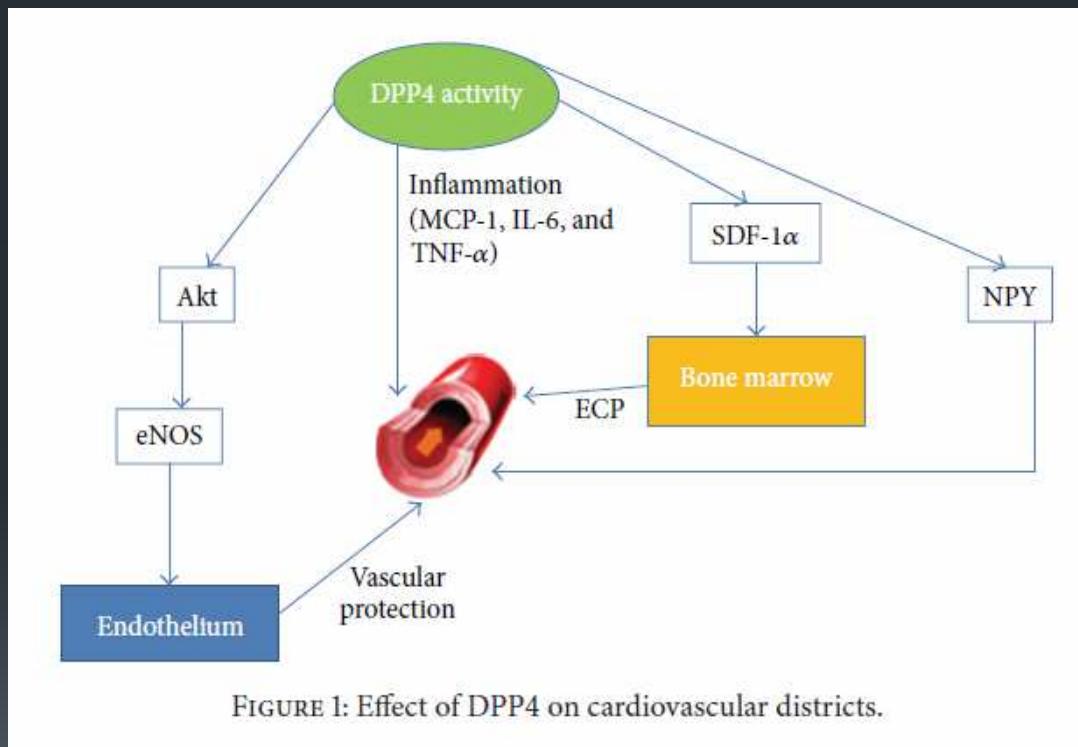
- ¿Por qué es importante hablar de efectos cardiovasculares de los antidiabéticos?
- Mecanismos fisiopatológicos y evidencia experimental inhibidores DPP-4
- Evidencia clínica
- Conclusiones

Principal mecanismo de acción DPP-4



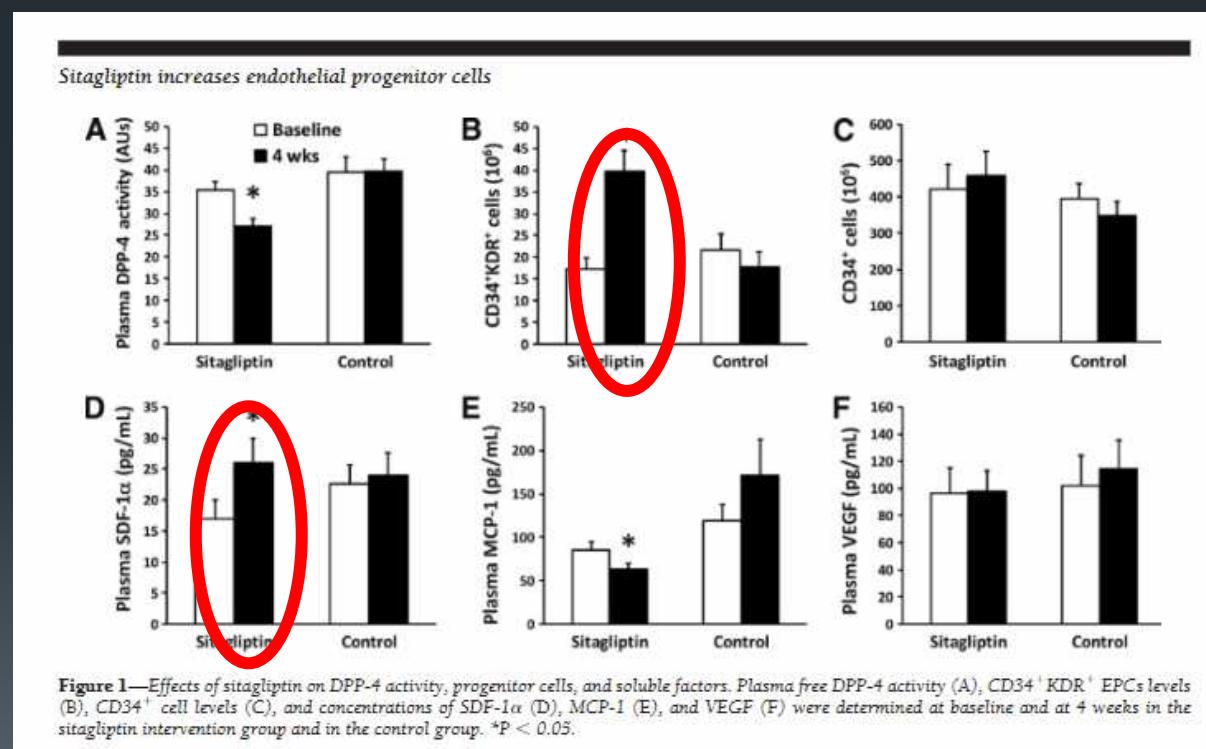
Jose T, et al. Diab Vasc Dis Res. 2012.

Acciones adicionales DPP-4



Pala L, J Diabetes Res. 2013;2013:590456.

Sitagliptina aumenta células progenitoras endoteliales y el factor derivado del estroma (mejoría de angiogénesis).



Fadini GP. Diab Care. 2010; 33:1607-2609

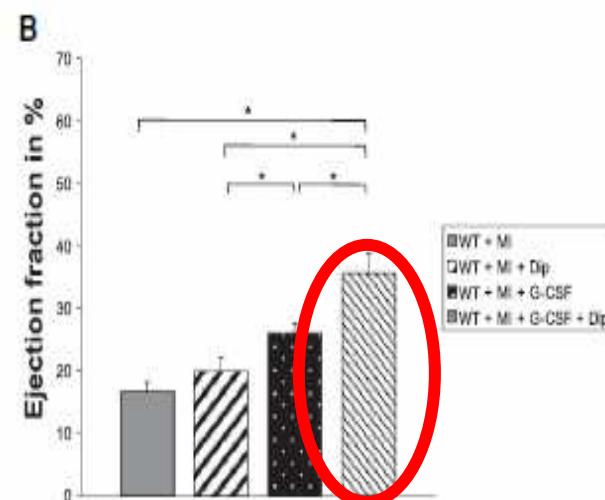
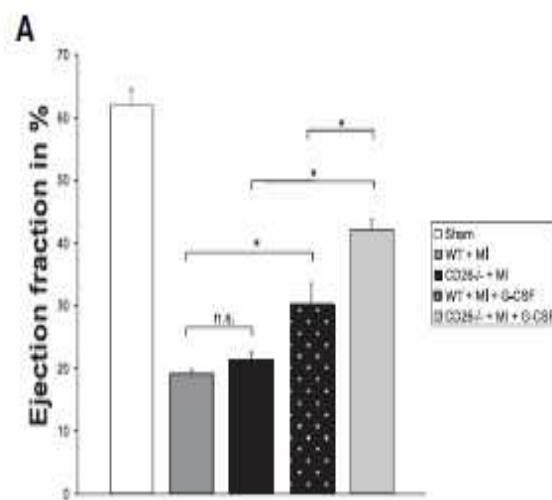
Combinados con G-CSF, mejoran FEVI post-IAM

Cell Stem Cell

DPP-IV Inhibition and G-CSF Enhance Stem Cell Homing

Cell
PRESS

Ratones tratados con diprotina A



Zaruba MM, et al. Cell Stem Cell. 2009; 4:313-323

Linagliptina aproxima PA en ratas obesas insulín-resistentes a la de ratas delgadas

doi: 10.1210/en.2013-1096

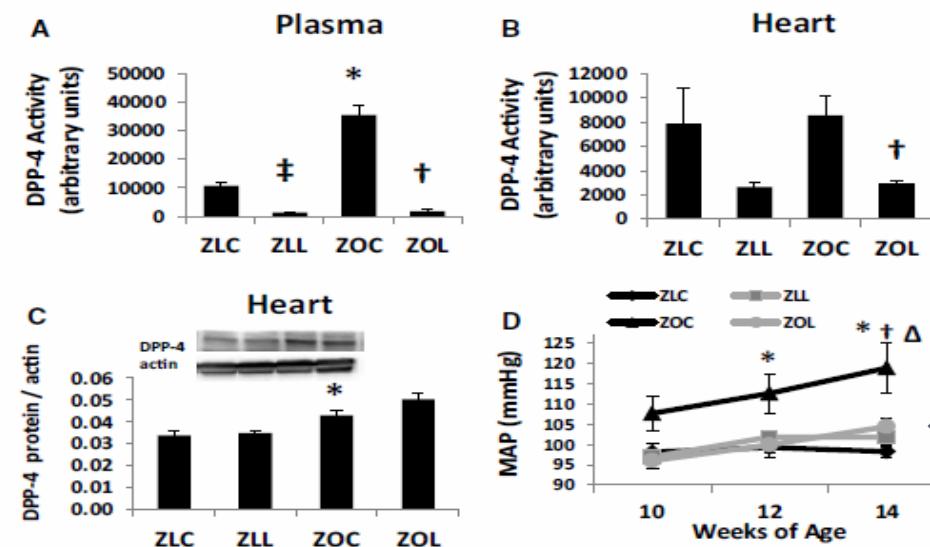


Figure 1. Linagliptin (LGT) reduces DPP-4 activity in the plasma (A) and myocardium (B) of Zucker Lean (ZL) and Obese rats. C, DPP-4 protein expression is elevated in control- and LGT-treated ZO rat hearts compared to lean counterparts. D, Twenty four hour ambulatory mean arterial pressure (MAP) of Zucker rats. Symbols indicate differences in MAP between treatment groups within a single time period. $P < .05$, *, ZLC vs ZOC; †, ZLC vs ZLL; †, ZOC vs ZOL; and Δ, ZOC vs ZLL.

ZLC: delgadas control
ZLL: delgadas liraglutide
ZOC: obesas control
ZOL: obesas linagliptina

Linagliptina aproxima la función diastólica del VI de ratas obesas insulín-resistentes a la de ratas delgadas

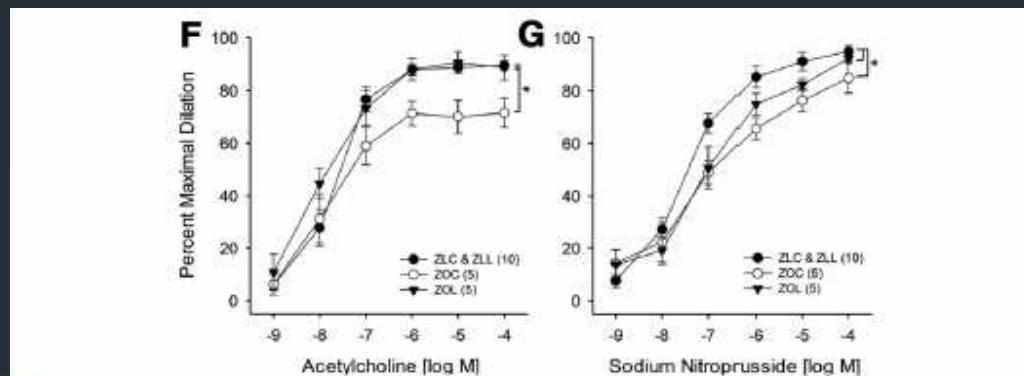


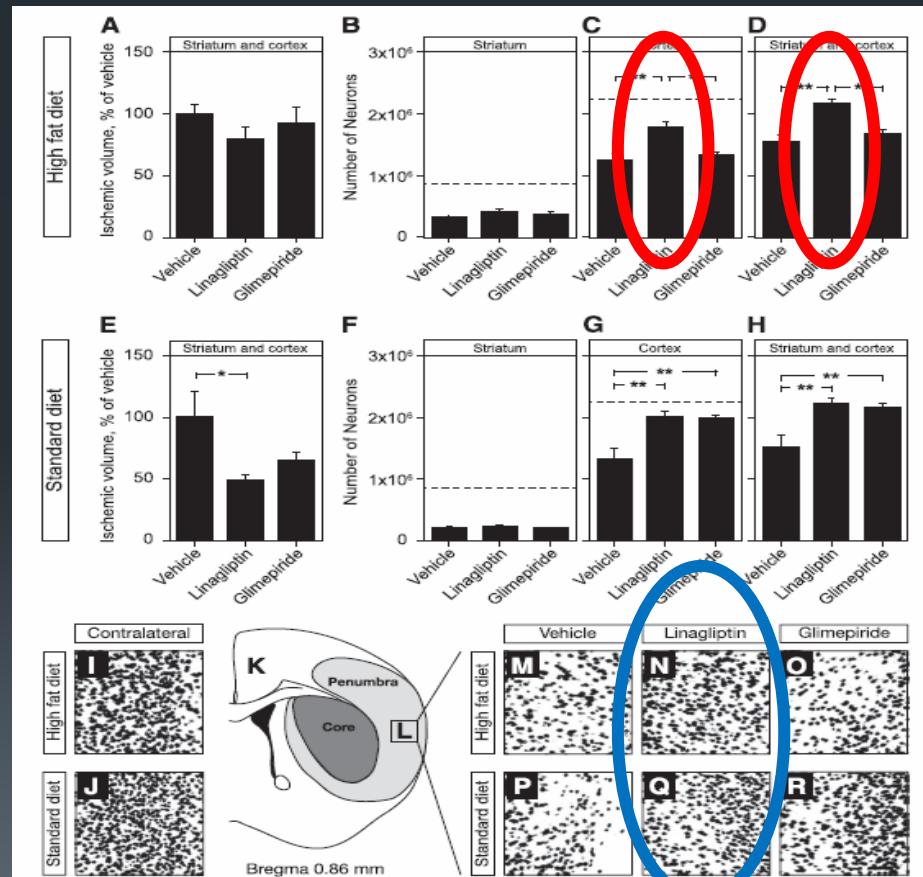
Figure 2. Zucker Obese (ZO) rats exhibit diastolic dysfunction (A-E) and impaired vasomotor reactivity of skeletal muscle arterioles (F and G) which are ameliorated by the DPP-4 inhibitor, linagliptin (LGT). A, Representative tissue doppler images are shown of the early and late (E' and A') motion of the septal annulus during diastole and during early systole (S'). Mean group values for E', A' and E'/A' are listed in Table 2. B, Representative pressure-volume loops are shown of ZOC and ZOL during pre-load reduction. C-E, Regression analysis indicates significant relationships between tau (τ), the time constant of isovolumic relaxation, generated by PV analysis and echocardiography-derived parameters of early diastolic relaxation. Vp = propagation velocity of mitral inflow; IVRT = isovolumic relaxation time; E' = velocity of early septal annular wall motion determined by pulse wave echocardiography for the same rats. Data points were plotted from ZOC and ZOL rats that had both cardiac procedures. Linagliptin treatment improved vasomotor reactivity of skeletal muscle arterioles. Concentration-response curves of gastrocnemius 1A arterioles to acetylcholine (F) and sodium nitroprusside (G). Values are mean \pm SE, sample size in parentheses. *, $P < .05$ for ZOC versus all other groups (F) and ZLC & ZLL versus all other groups (G).

ORIGINAL ARTICLE

The DPP-4 Inhibitor Linagliptin Counteracts Stroke in the Normal and Diabetic Mouse Brain

A Comparison With Glimepiride

Vladimer Darsalia,¹ Henrik Ortsäter,¹ Anna Olverling,¹ Emilia Darlöf,¹ Petra Wolbert,¹ Thomas Nyström,¹ Thomas Klein,² Åke Sjöholm,¹ and Cesare Patroni¹



Dieta rica en grasas

Darsalia V, et al. Diabetes. 2013.

Resumen acción DPP-4

- Enzimática:

>>Inactivación incretinas (GLP1, GIP).

- Descenso de presión arterial (natriuresis, BNP, vasodilatación, SN Autónomo), incluso sin perder peso
- Mejora del perfil lipídico
- Efectos en FRCV “no clásicos”
- Disminución de necrosis experimental del miocardio en animales (elevación de Ca++ intracelular, activación de vía RISK)

>>Degradación péptidos no incretínicos: SDF (angiogénesis), NPY.

- No enzimática:

>>Acción estimuladora de células T de memoria

>>Interacción con proteínas de membrana: caveolina, etc.

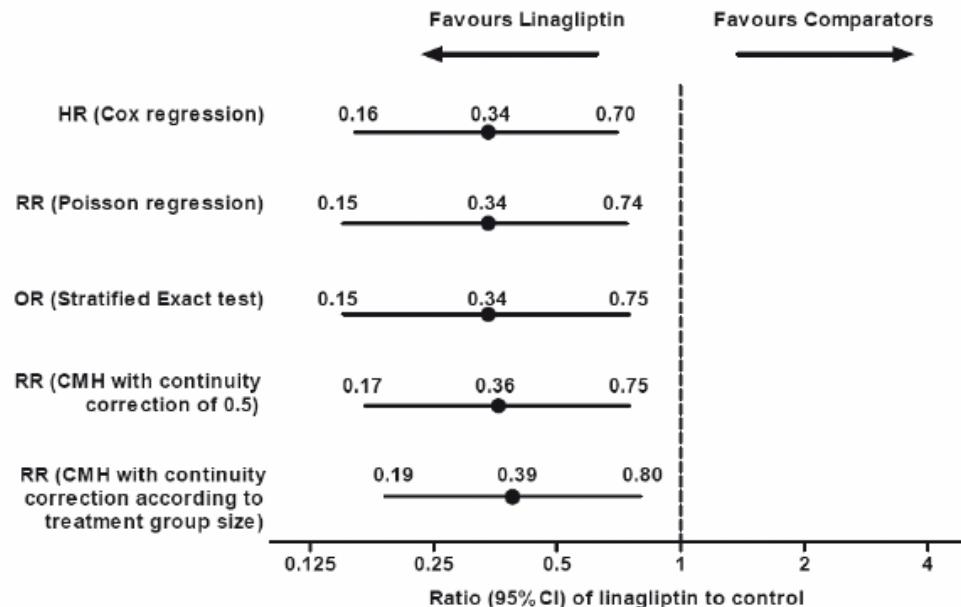
Por tanto, con los inhibidores DPP-4 podemos esperar efectos adicionales independientes de GLP1: anti-inflamatorios, endotelio vascular, aterosclerosis, obesidad visceral.



Outline

- ¿Por qué es importante hablar de efectos cardiovasculares de los antidiabéticos?
- Mecanismos fisiopatológicos y evidencia experimental inhibidores DPP-4
- Evidencia clínica
- Conclusiones

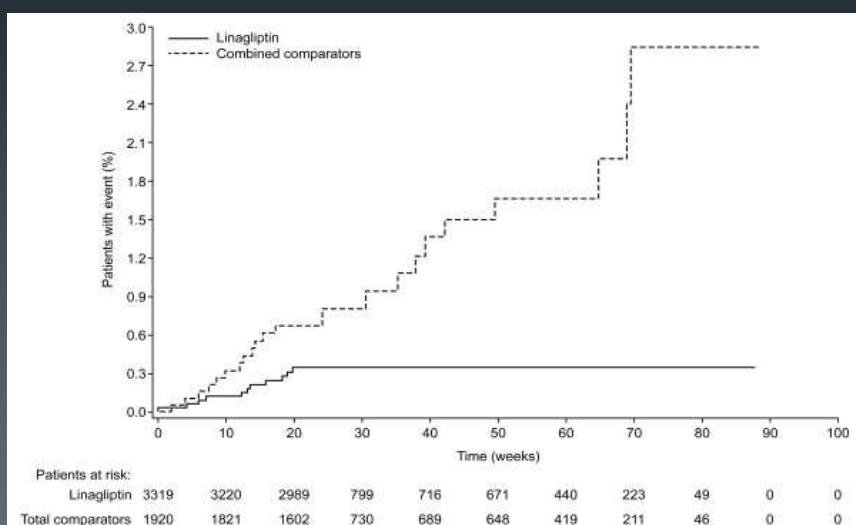
Metaanálisis linagliptina fase III



Johansen et al.
Cardiovascular
Diabetology.
2012

Figure 1 Risk estimates for primary composite CV endpoint with linagliptin versus total comparators based on various statistical models. CI, confidence interval; CMH, Cochran-Mantel-Haenszel; CV, cardiovascular; HR, hazard ratio; OR, odds ratio; RR, risk ratio.

Metaanálisis >5,000 pt.
Media seguimiento 6 meses
Adjudicación ciega prospectiva de eventos CV
Comparador: glimepirida
Endpoint combinado



Linagliptina: RCT vs. glimepirida

- **RCT**. Doble ciego, no inferioridad.
- 1,552 pacientes tratados con metformina.
- Linagliptina vs. glimepirida.
- Seguimiento de 2 años.
- Desenlace principal: variación en HbA1C.
- Secundarios: hipoglucemias y Δ peso.
- Comité independiente para MACE.

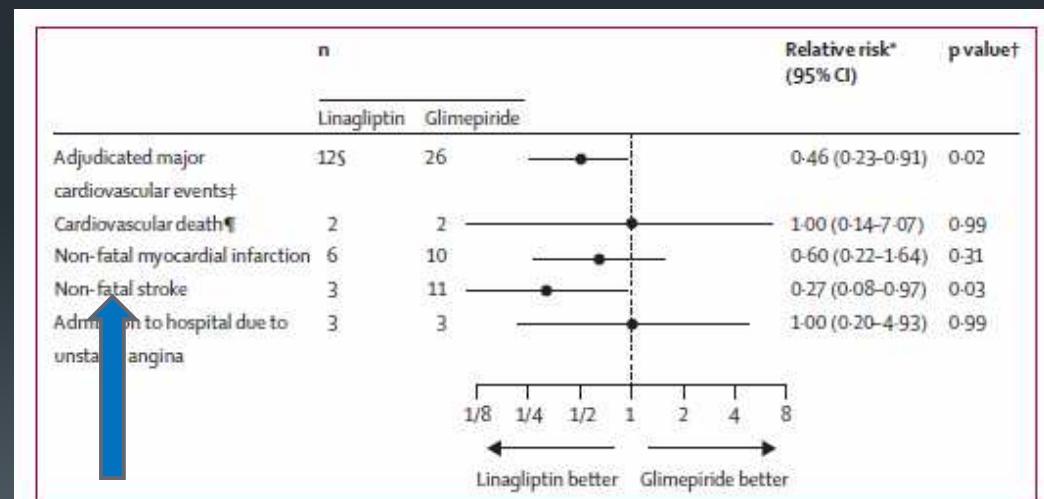
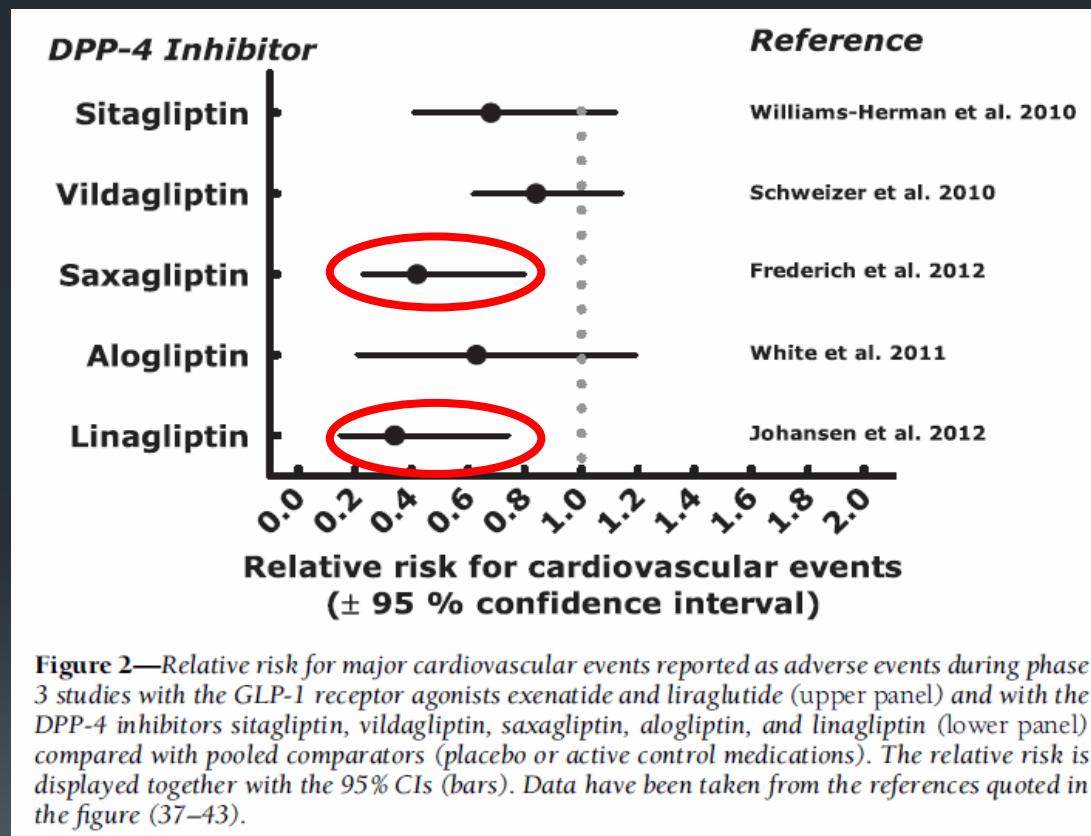


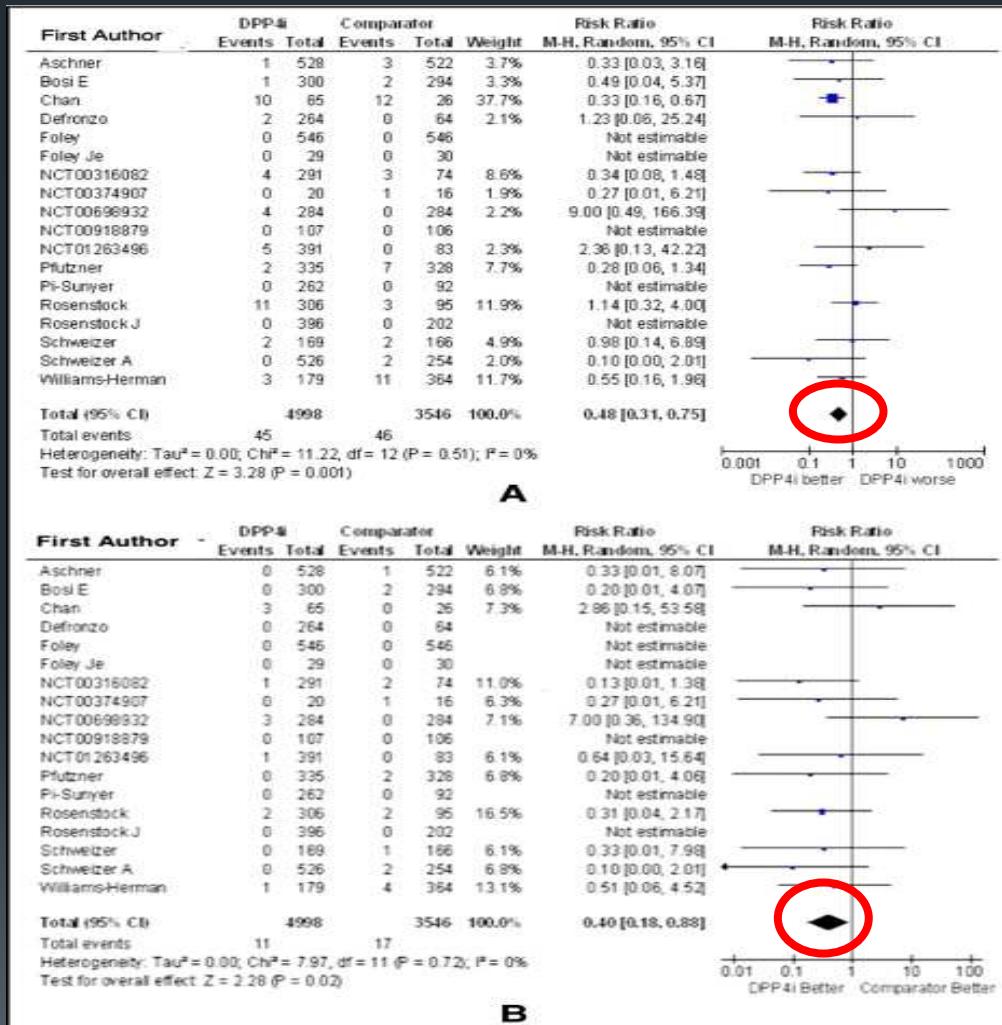
Figure 3: Relative risk of cardiovascular events, independently adjudicated by a clinical event committee in the treated set of patients

*With continuity correction of 0.5. †From χ^2 test. ‡Patients who had at least one of the following events: cardiovascular death, myocardial infarction, stroke, and admission to hospital due to unstable angina. §Includes two patients who each had two different cardiovascular events, and therefore the total (12) is less than the sum of patients who had individual cardiovascular events (14). ¶Including fatal stroke and fatal myocardial infarction.

Riesgos relativos < 1 para MACE



Nauck MA. Diab Care. 2013; 36:2126-2132.



Riesgo de eventos cardiovasculares con DPP-4 inh.

Riesgo de SCA con DPP-4 inh.

Estudios de seguridad CV inhibidores DPP-4

Table 2. Key features of ongoing CV safety studies of DPP-4 inhibitors.

| Drug/comparator | Study (acronym and official title) | Background therapy | Composite primary end point | Estimated enrolment | Planned duration | NCT number |
|-------------------------|---|--|--|---------------------|------------------|-------------|
| Linagliptin/glimepiride | CAROLINA: a multicenter, international, randomized, parallel-group, double-blind study to evaluate CV safety of linagliptin versus glimepiride in patients with type 2 diabetes mellitus at high CV risk | Largely metformin and/or SU, glinide or α -glucosidase inhibitor | CV death, non-fatal MI, non-fatal stroke or hospitalized unstable angina | 6000 | 6–7 years | NCT01243424 |
| Sitagliptin/placebo | TECOS: a randomized, placebo-controlled clinical trial to evaluate CV outcomes after treatment with sitagliptin in patients with type 2 diabetes mellitus and inadequate glycaemic control on mono or dual combination oral anti-hyperglycaemic therapy | Mono or dual oral combination (metformin, SU and pioglitazone) or stable dose of insulin | CV death, non-fatal MI, non-fatal stroke or hospitalized unstable angina | 14,000 | 4–5 years | NCT00790205 |
| Saxagliptin/placebo | SAVOR-TIMI-53: a multicenter, randomized, double-blind, placebo-controlled phase IV trial to evaluate the effect of saxagliptin on the incidence of CV death, myocardial infarction or ischaemic stroke in patients with type 2 diabetes | Current standard care | CV death, non-fatal MI or non-fatal ischaemic stroke | 16,500 | 5 years | NCT01107886 |
| Alogliptin/placebo | EXAMINE: a multicenter, randomized, double-blind, placebo-controlled study to evaluate CV outcomes following treatment with alogliptin in addition to standard of care in subjects with type 2 diabetes and acute coronary syndrome | Current standard care | CV death, non-fatal MI or non-fatal stroke | 5400 | 4.75 years | NCT00968708 |

$\Sigma=220,000$ pt-years

SU: sulphonylurea; CV: cardiovascular; DPP-4: dipeptidyl peptidase-4; CAROLINA: Cardiovascular Outcome Study of Linagliptin versus Glimepiride in Patients with Type 2 Diabetes; MI: myocardial infarction; TECOS: Trial Evaluating Cardiovascular Outcomes with Sitagliptin; SAVOR-TIMI-53: Saxagliptin Assessment of Vascular Outcomes Recorded in Patients with Diabetes Mellitus–Thrombolysis in Myocardial Infarction; EXAMINE: Examination of Cardiovascular Outcomes: Alogliptin versus Standard Care in Patients with Type 2 Diabetes and Acute Coronary Syndrome.
Further details of these trials are available at <http://clinicaltrials.gov/>

Rosenstock J et al. Diab Vasc Dis Res 2013;10:289-301

Ensayos clínicos aleatorizados de seguridad CV

Figure 2



SAVOR-TIMI 53

Documented Type 2 Diabetes

N ~ 16,500

Established CV disease or
Multiple Risk Factors

RANDOMIZE 1:1 DOUBLE BLIND

Dosing based on eGFR

All other diabetes therapy per
treating doctors

SAXAGLIPTIN
2.5 or 5 mg/d

PLACEBO

Mediana 2,1 años

Duration
Event driven
~ 5 years

Follow up Visits
Q6 months

Final Visit

Primary Endpoint
CV Death, non-fatal MI,
non-fatal ischemic
stroke

Major Secondary Endpoints: CV death, non-fatal MI, non-fatal stroke, or
hospitalization for heart failure, unstable angina pectoris, or coronary
revascularization

Trial schema of the SAVOR-TIMI 53 Trial.

Scirica BM, et al. Am Heart J. 2011; 162:818-825.

SAVOR-TIMI 53: Clinical End Points

Table 2. Prespecified Clinical End Points.*

| End Point | Saxagliptin (N=8280) no. (%) | Placebo (N=8212) no. (%) | Hazard Ratio (95% CI) | P Value |
|--|------------------------------------|--------------------------------|--------------------------|---------|
| Cardiovascular death, myocardial infarction, or stroke: primary efficacy end point | 613 (7.3) | 609 (7.2) | 1.00 (0.89–1.12) | 0.99 |
| Cardiovascular death, myocardial infarction, stroke, hospitalization for unstable angina, heart failure, or coronary revascularization: secondary efficacy end point | 1059 (12.8) | 1034 (12.4) | 1.02 (0.94–1.11) | 0.66 |
| Death from any cause | 420 (4.9) | 378 (4.2) | 1.11 (0.96–1.27) | 0.15 |
| Death from cardiovascular causes | 269 (3.2) | 260 (2.9) | 1.03 (0.87–1.22) | 0.72 |
| Myocardial infarction | 265 (3.2) | 278 (3.4) | 0.95 (0.80–1.12) | 0.52 |
| Ischemic stroke | 157 (1.9) | 141 (1.7) | 1.11 (0.88–1.39) | 0.38 |
| Hospitalization for unstable angina | 97 (1.2) | 81 (1.0) | 1.19 (0.89–1.60) | 0.24 |
| Hospitalization for heart failure | 289 (3.5) | 228 (2.8) | 1.27 (1.07–1.51) | 0.007 |
| Hospitalization for coronary revascularization | 423 (5.2) | 459 (5.6) | 0.91 (0.80–1.04) | 0.18 |
| Doubling of creatinine level, initiation of dialysis, renal transplantation, or creatinine >6.0 mg/dl (530 µmol/liter) | 194 (2.2) | 178 (2.0) | 1.08 (0.88–1.32) | 0.46 |
| Hospitalization for hypoglycemia | 53 (0.6) | 43 (0.5) | 1.22 (0.82–1.83) | 0.33 |

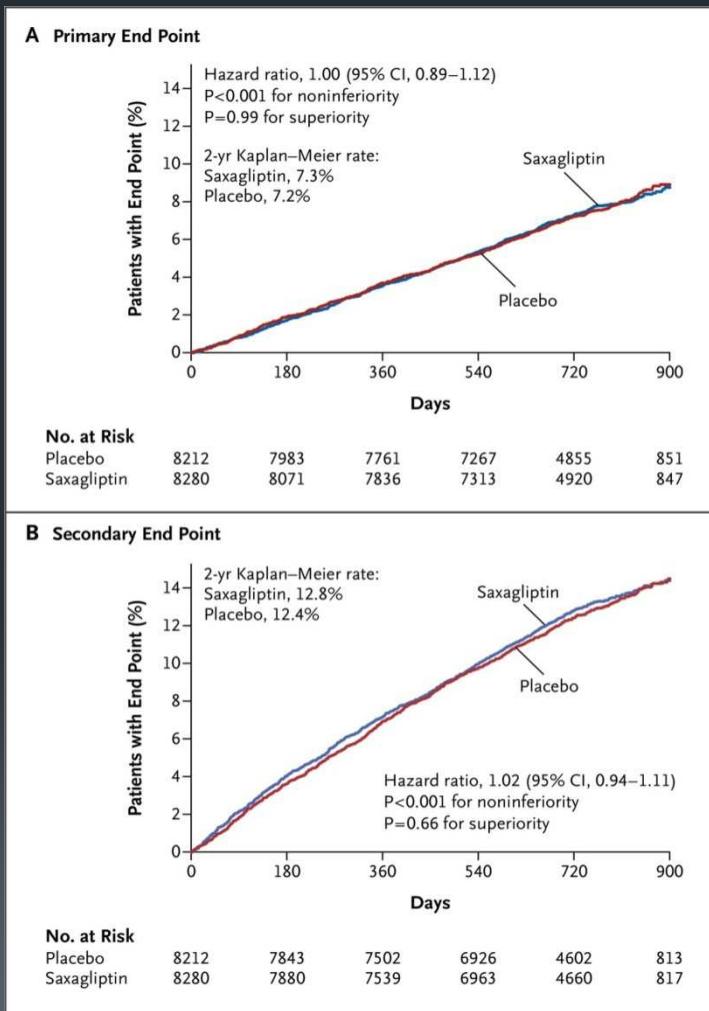
* Event rates and percentages are 2-year Kaplan–Meier estimates.

Scirica BM et al. N Engl J Med 2013.



The NEW ENGLAND
JOURNAL of MEDICINE

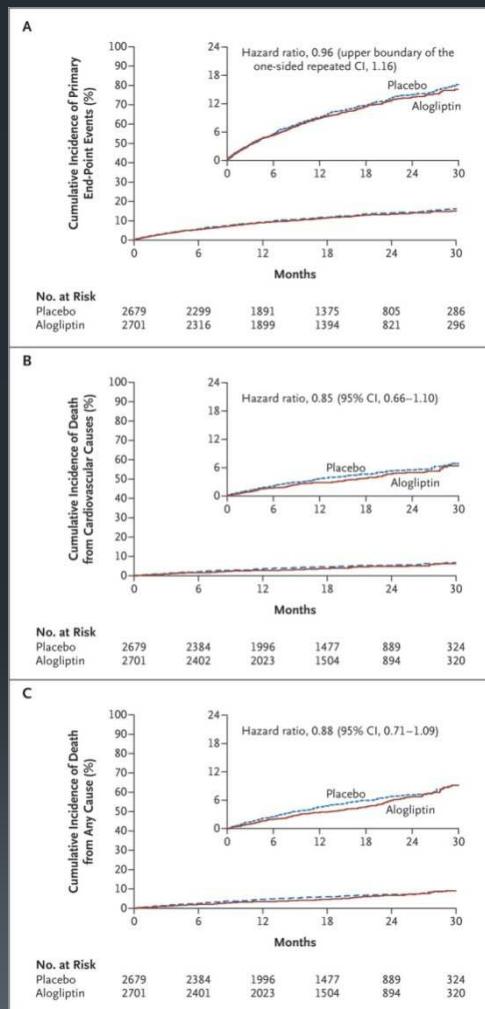
SAVOR-TIMI 53: Kaplan–Meier Rates of the Primary and Secondary End Points



Scirica BM et al. N Engl J Med 2013.



The NEW ENGLAND
JOURNAL of MEDICINE



EXAMINE Study: Cumulative Kaplan–Meier Estimates of the Time to the Primary End-Point Event or Other Safety End Point.

- Coronarios (mayor RCV), **alogliptina** vs. placebo, MACE.
- Stop prematuro tras demostrar no-inferioridad.
- Mediana de exposición de 18 meses.

White WB et al. N Engl J Med 2013; 369:1327-1335.



The NEW ENGLAND
JOURNAL of MEDICINE

EXAMINE STUDY: Major Safety End Points

Table 3. Major Safety End Points.

| End Point | Placebo (N = 2679) | Alogliptin (N = 2701) | Hazard Ratio for Alogliptin Group (95% CI) | P Value* |
|-----------------------------------|-----------------------|--------------------------|--|----------|
| no. (%) | | | | |
| Primary end point† | 316 (11.8) | 305 (11.3) | 0.96 (≤ 1.16)‡ | 0.32 |
| Components of primary end point | | | | |
| Death from cardiovascular causes | 111 (4.1) | 89 (3.3) | 0.79 (0.60–1.04) | 0.10 |
| Nonfatal myocardial infarction | 173 (6.5) | 187 (6.9) | 1.08 (0.88–1.33) | 0.47 |
| Nonfatal stroke | 32 (1.2) | 29 (1.1) | 0.91 (0.55–1.50) | 0.71 |
| Principal secondary end point§ | 359 (13.4) | 344 (12.7) | 0.95 (≤ 1.14)‡ | 0.26 |
| Other end points | | | | |
| Death from any cause | 173 (6.5) | 153 (5.7) | 0.88 (0.71–1.09) | 0.23 |
| Death from cardiovascular causes¶ | 130 (4.9) | 112 (4.1) | 0.85 (0.66–1.10) | 0.21 |

* P values for testing the superiority of alogliptin to placebo were calculated with the use of a Cox regression analysis.

† The primary end point was a composite of death from cardiovascular causes, nonfatal myocardial infarction, or nonfatal stroke.

‡ The parenthetical value is the upper boundary of the one-sided repeated CI, at an alpha level of 0.01.

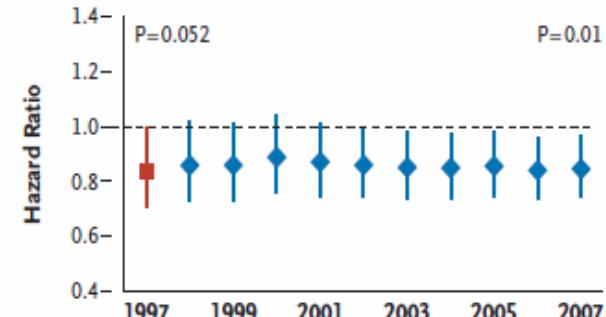
§ The secondary end point was a composite of death from cardiovascular causes, nonfatal myocardial infarction, nonfatal stroke, or urgent revascularization due to unstable angina within 24 hours after hospital admission.

¶ Included are deaths that occurred as primary end-point events and deaths that occurred after a nonfatal primary end-point event.



Kaplan-Meier Curves for Four Prespecified Aggregate Clinical Outcomes

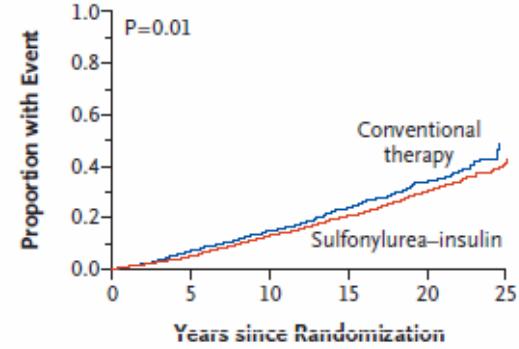
C Myocardial Infarction



No. of Events

| | | | | | | |
|----------------------|-----|-----|-----|-----|-----|-----|
| Conventional therapy | 186 | 212 | 239 | 271 | 296 | 319 |
| Sulfonylurea-insulin | 387 | 450 | 513 | 573 | 636 | 678 |

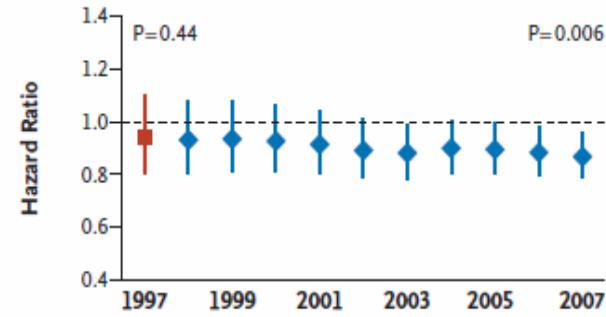
C Myocardial Infarction



No. at Risk

| | | | | | | |
|----------------------|------|------|------|------|-----|----|
| Conventional therapy | 1138 | 1013 | 857 | 578 | 221 | 20 |
| Sulfonylurea-insulin | 2729 | 2488 | 2097 | 1459 | 577 | 66 |

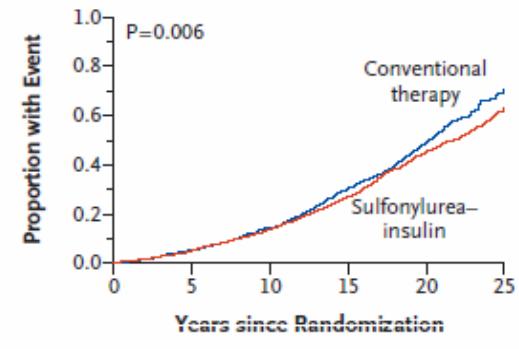
G Death from Any Cause



No. of Events

| | | | | | | |
|----------------------|-----|-----|-----|-----|------|------|
| Conventional therapy | 213 | 267 | 330 | 400 | 460 | 537 |
| Sulfonylurea-insulin | 489 | 610 | 737 | 868 | 1028 | 1163 |

G Death from Any Cause



No. at Risk

| | | | | | | |
|----------------------|------|------|------|------|-----|----|
| Conventional therapy | 1138 | 1066 | 939 | 665 | 270 | 28 |
| Sulfonylurea-insulin | 2729 | 2573 | 2276 | 1675 | 680 | 83 |

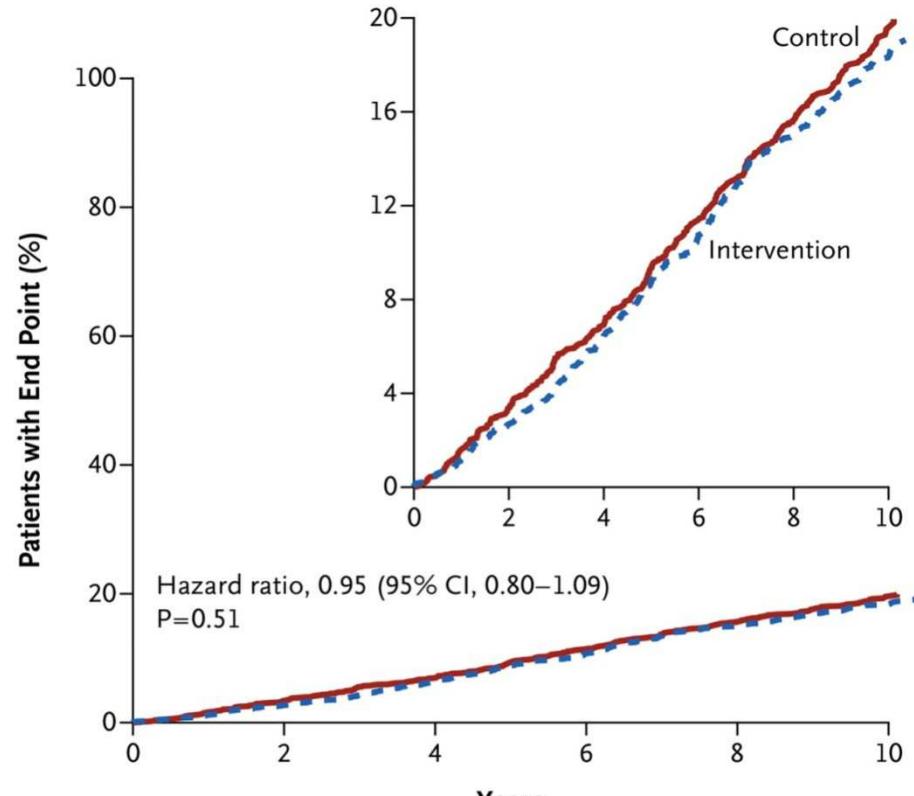


Holman RR et al. N Engl J Med 2008;359:1577-1589



The NEW ENGLAND
JOURNAL of MEDICINE

Cumulative Hazard Curves for the Primary Composite End Point

**No. at Risk**

| | | | | | | |
|--------------|------|------|------|------|------|-----|
| Control | 2575 | 2425 | 2296 | 2156 | 2019 | 688 |
| Intervention | 2570 | 2447 | 2326 | 2192 | 2049 | 505 |



The Look AHEAD Research Group. N Engl J Med 2013;369:145-154



The NEW ENGLAND
JOURNAL of MEDICINE



Outline

- ¿Por qué es importante hablar de efectos cardiovasculares de los antidiabéticos?
- Mecanismos fisiopatológicos y evidencia experimental inhibidores DPP-4
- Evidencia clínica
- Conclusiones

Conclusiones: efectos CV de inhibidores DPP-4

- Los estudios fisiológicos demuestran acciones añadidas no mediadas por efecto incretínico / enzimático.
- Como efecto de clase, la evidencia apunta a que los inhibidores de la DPP-4 son seguros desde el punto de vista de mortalidad y eventos cardiovasculares.
- Puede haber diferencias intraclase en su efecto sobre variables concretas: ictus y linagliptina; ingreso por IC y saxagliptina.
- Será difícil que, en pacientes de riesgo vascular en los que ya se hace un abordaje integral del mismo, demuestren SEPARADAMENTE superioridad frente a comparadores, con seguimientos cortos y pocos eventos

Gracias por su atención

