

**XXXIV Congreso Nacional de la Sociedad Española de Medicina Interna (SEMI)**

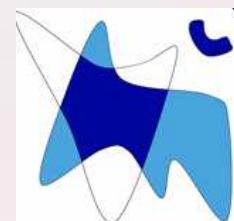
**21-23 Noviembre 2013 Palacio de Ferias y Congresos de Málaga. Málaga**

**XXIX Congreso de la Sociedad Andaluza de Medicina Interna (SADEMI)**

# Nuevas evidencias en la prevención del ictus en FA



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# Features of novel oral anticoagulants

|                          | Dabigatran <sup>1</sup> | Rivaroxaban <sup>1,2</sup> | Apixaban <sup>1,3</sup> | Edoxaban <sup>4-6</sup> |
|--------------------------|-------------------------|----------------------------|-------------------------|-------------------------|
| <b>Target</b>            | Ila (thrombin)          | Xa                         | Xa                      | Xa                      |
| <b>Hours to Cmax</b>     | 1.25-3                  | 2-4                        | 3-4                     | 1-2                     |
| <b>CYP metabolism</b>    | None                    | 32%                        | Yes                     | Minimal (<4%)           |
| <b>Bioavailability</b>   | 6%                      | 80%                        | 60%                     | 62%                     |
| <b>Transporters</b>      | P-gp                    | P-gp/BCRP                  | P-gp/ BCRP              | P-gp                    |
| <b>Protein binding</b>   | 35%                     | 93%                        | 87%                     | 50%                     |
| <b>Half-life</b>         | 14-17 h                 | 7-11 h                     | 8-15 h                  | 8-10 h                  |
| <b>Renal elimination</b> | 80%                     | 33%                        | 25%                     | 50%                     |

BCRP, breast cancer resistance protein

CYP, cytochrome P450; P-gp, P-glycoprotein

NR, not reported

1. Eriksson et al. Clin Pharmacokinet 2009;48:1-22; 2. Xarelto [package insert]. Titusville, NJ: Janssen Pharmaceuticals, Inc.; 2011; 3. ELIQUIS Summary of Product Characteristics. Bristol Myers Squibb/Pfizer EEIG, UK;
4. Ruff et al. Hot Topics in Cardiology 2009;18:1-32; 5. Matsushima et al. Am Assoc Pharm Sci 2011; abstract;
6. Ogata et al. J Clin Pharmacol 2010;50:743-53

ORIGINAL ARTICLE

Edoxaban versus Warfarin in Patients  
with Atrial Fibrillation

# Effective aNticoaGulation with factor xA next GEneration in Atrial Fibrillation



## Study objectives

- ▶ To determine if two dose regimens (60 mg and 30 mg QD) of edoxaban were non-inferior to warfarin with respect to the composite primary efficacy endpoint of stroke (ischemic or hemorrhagic) and systemic embolic events (SEE) in patients with non-valvular atrial fibrillation

# Study design: ENGAGE AF-TIMI 48

Randomized,  
double-blind,  
double-dummy,  
event-driven study

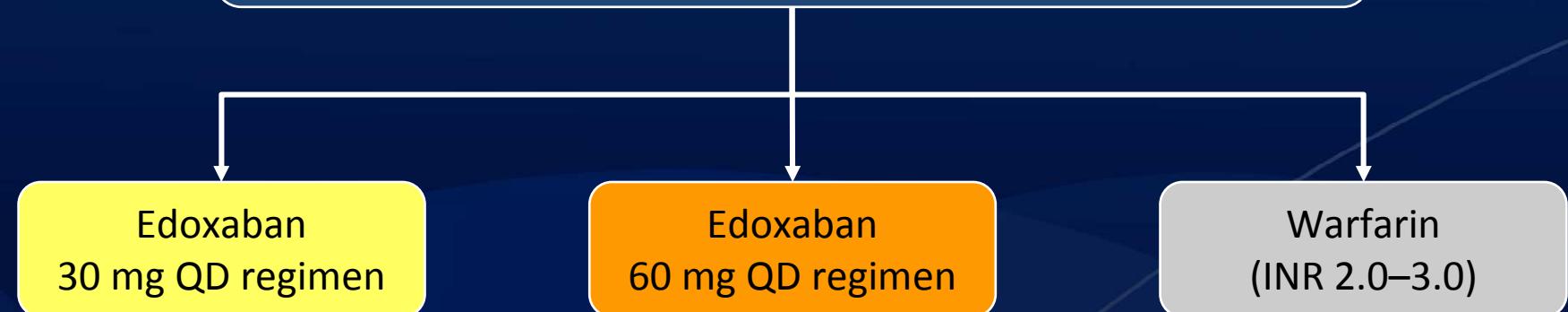
## PATIENTS

AF on electrical recording within last 12 months  
Intended oral anticoagulant  
 $\text{CHADS}_2 \geq 2$

N=21,105

## RANDOMIZATION

1:1:1 randomization is stratified by  $\text{CHADS}_2$  score 2–3 versus 4–6  
and need for edoxaban dose reduction\*



Median duration of follow up 2.8 years

\*Dose reduced by 50% if CrCl 30–50 mL/min, body weight ≤60 kg or patient receiving verapamil, quinidine or dronedarone  
AF=atrial fibrillation; CrCl=creatinine clearance  
INR=International Normalized Ratio; QD=once daily

# Primary efficacy and principal safety outcome measures

- ▶ Primary efficacy
  - Time to first stroke (ischemic or hemorrhagic) or SEE
- ▶ Principal safety
  - Major bleeding as defined by ISTH
    - ▶ Fatal bleeding, and/or
    - ▶ Symptomatic bleeding in a critical area or organ such as intracranial, intraspinal, intraocular, retroperitoneal, intra-articular or pericardial, or intramuscular with compartment syndrome, and/or
    - ▶ Bleeding causing a fall in hemoglobin level of 2 g/dL (1.24 mmol/L) or more, or leading to transfusion of two or more units of whole blood or red cells

## Key secondary composite efficacy outcomes

- ▶ Stroke, SEE and CV mortality (including bleeding)
- ▶ MACE: composite of non-fatal MI, non-fatal stroke, non-fatal SEE, and death due to CV cause or bleeding
- ▶ Stroke, SEE and all-cause mortality

# Overall patient characteristics

| Characteristic                            | Warfarin<br>(n=7,036) | Edoxaban 60 mg<br>(n=7,035) | Edoxaban 30 mg<br>(n=7,034) |
|---|-----------------------|-----------------------------|-----------------------------|
| Median age [IQR], years                   | 72 [64–78]            | 72 [64–78]                  | 72 [64–78]                  |
| Female sex , n (%)                        | 2,641 (37.5)          | 2,669 (37.9)                | 2,730 (38.8)                |
| Region, n (%)                             |                       |                             |                             |
| North America                             | 1,562 (22.2)          | 1,559 (22.2)                | 1,560 (22.2)                |
| Latin America                             | 888 (12.6)            | 886 (12.6)                  | 887 (12.6)                  |
| Western Europe                            | 1,078 (15.3)          | 1,079 (15.3)                | 1,079 (15.3)                |
| Eastern Europe                            | 2,381 (33.8)          | 2,383 (33.9)                | 2,380 (33.8)                |
| Asia Pacific and South Africa             | 1,127 (16.0)          | 1,128 (16.0)                | 1,128 (16.0)                |
| Paroxysmal atrial fibrillation, n (%)     | 1,778 (25.3)          | 1,753 (24.9)                | 1,835 (26.1)                |
| Qualifying risk factors, n (%)            |                       |                             |                             |
| Age ≥75 years                             | 2,820 (40.1)          | 2,848 (40.5)                | 2,806 (39.9)                |
| Prior stroke or transient ischemic attack | 1,991 (28.3)          | 1,976 (28.1)                | 2,006 (28.5)                |
| Chronic heart failure                     | 4,048 (57.5)          | 4,097 (58.2)                | 3,979 (56.6)                |
| Diabetes mellitus                         | 2,521 (35.8)          | 2,559 (36.4)                | 2,544 (36.2)                |
| Hypertension requiring treatment          | 6,588 (93.6)          | 6,591 (93.7)                | 6,575 (93.5)                |

IQR=interquartile range

Giugliano et al. N Engl J Med 2013; e-pub ahead of print

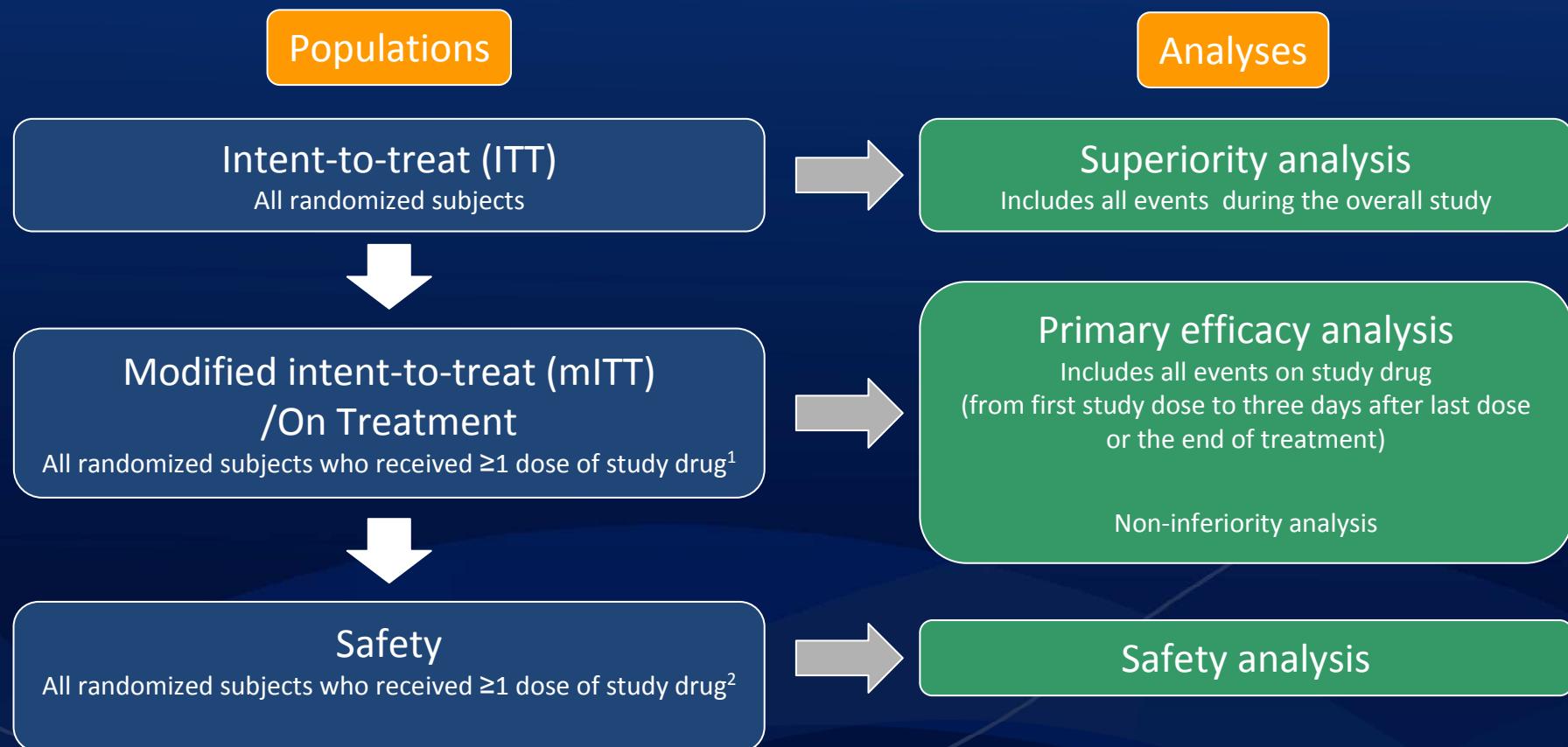
# Overall patient characteristics

| Characteristic                                    | Warfarin<br>(n=7,036) | Edoxaban 60 mg<br>(n=7,035) | Edoxaban 30 mg<br>(n=7,034) |
|---|-----------------------|-----------------------------|-----------------------------|
| CHADS <sub>2</sub> , mean±SD, n (%)               | 2.8±1.0               | 2.8±1.0                     | 2.8±1.0                     |
| ≤3  | 5,445 (77.4)          | 5,422 (77.1)                | 5,470 (77.8)                |
| 4–6   | 1,591 (22.6)          | 1,613 (22.9)                | 1,564 (22.2)                |
| Dose reduction at randomization*, n (%)           | 1,787 (25.4)          | 1,784 (25.4)                | 1,785 (25.4)                |
| Creatinine clearance 30–50 mL/min                 | 1,361 (19.3)          | 1,379 (19.6)                | 1,334 (19.0)                |
| Weight ≤60 kg                                     | 701 (10.0)            | 684 (9.7)                   | 698 (9.9)                   |
| Verapamil or quinidine                            | 243 (3.5)             | 258 (3.7)                   | 260 (3.7)                   |
| Previous vitamin K antagonist for ≥60 days, n (%) | 4138 (58.8)           | 4140 (58.8)                 | 4163 (59.2)                 |
| Medications at time of randomization, n (%)       |                       |                             |                             |
| Aspirin   | 2,092 (29.7)          | 2,070 (29.4)                | 2,018 (28.7)                |
| Thienopyridine                                    | 164 (2.3)             | 174 (2.5)                   | 149 (2.1)                   |
| Amiodarone  | 827 (11.8)            | 866 (12.3)                  | 799 (11.4)                  |
| Digoxin or digitalis preparations                 | 2,176 (30.9)          | 2,078 (29.5)                | 2,073 (29.5)                |

Patients could appear in more than one category, therefore percentages may not total 100%

\*Patients with CrCl 30–50 mL/min, body weight ≤60 kg or those receiving concomitant strong P-gp inhibitors (verapamil, quinidine or dronedarone) at randomization received a 50% reduction in the dose of edoxaban to maintain similar exposure to the patient without these factors

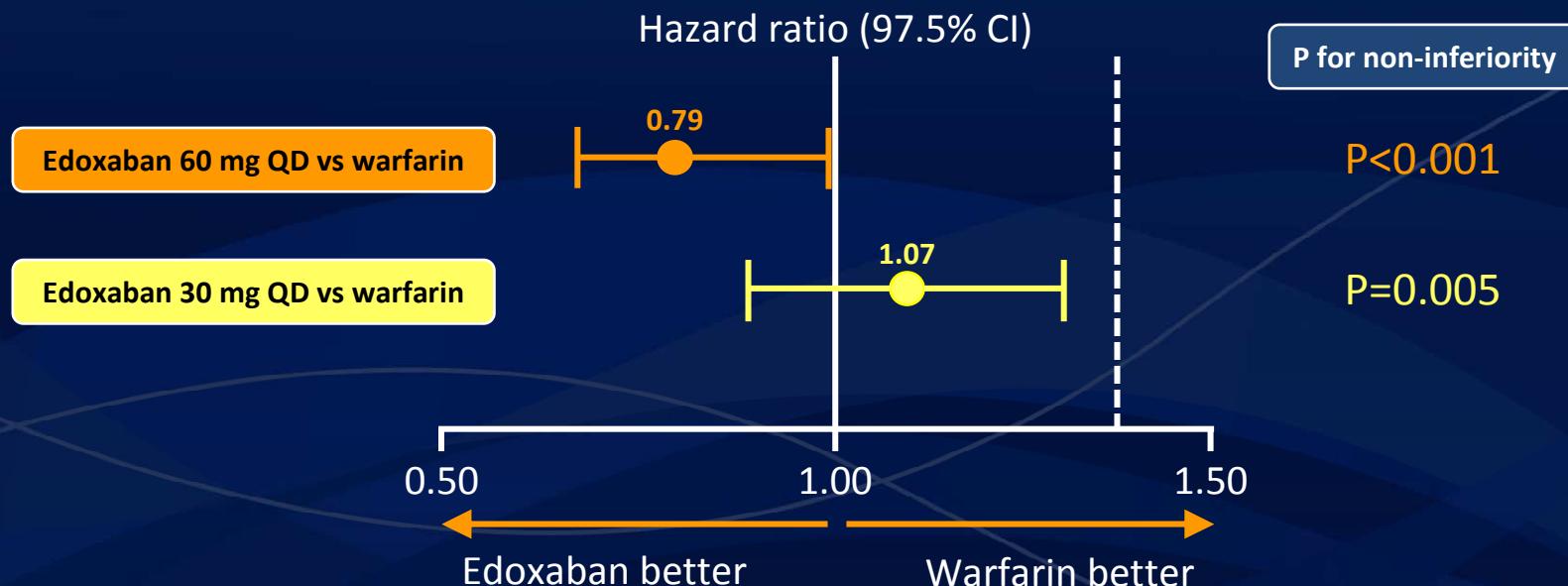
# Population/analysis definitions



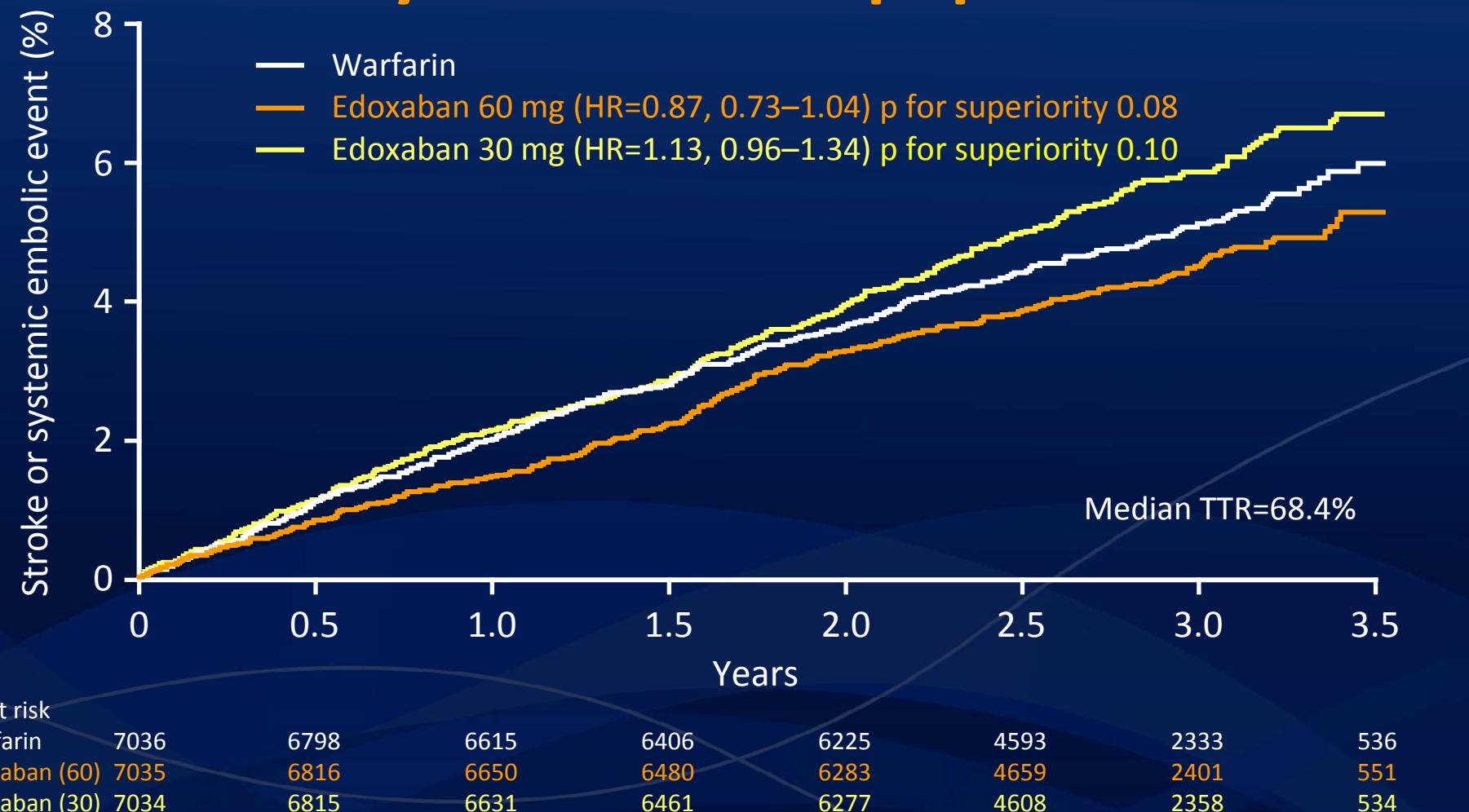
1. Analyses based on randomized treatment even if incorrect drug or dosage is given, or dose is adjusted
2. Analyses based on randomized treatment if dose is adjusted. If incorrect drug or dosage is received for the entire study, analysis will be based on treatment actually received

# Primary efficacy endpoint: stroke or SEE mITT on-treatment analysis

| Treatment                   | N     | n   | Incidence (%/yr) | Edoxaban versus warfarin |                       |
|-----------------------------|-------|-----|------------------|--------------------------|-----------------------|
|                             |       |     |                  | HR (97.5% CI)            | P for non-inferiority |
| Warfarin (median TTR 68.4%) | 7,012 | 232 | 1.50             | -                        | -                     |
| Edoxaban 60 mg QD           | 7,012 | 182 | 1.18             | 0.79 (0.63–0.99)         | P<0.001               |
| Edoxaban 30 mg QD           | 7,002 | 253 | 1.61             | 1.07 (0.87–1.31)         | 0.005                 |



# Kaplan-Meier of primary efficacy outcome ITT population

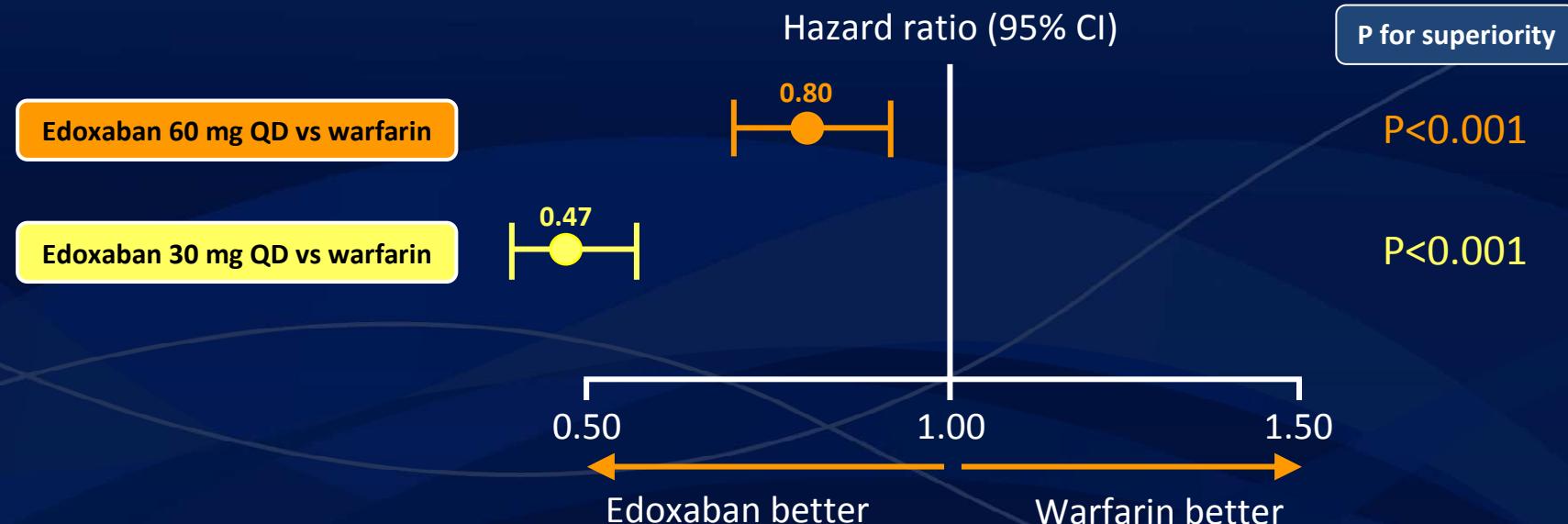


# Major bleeding

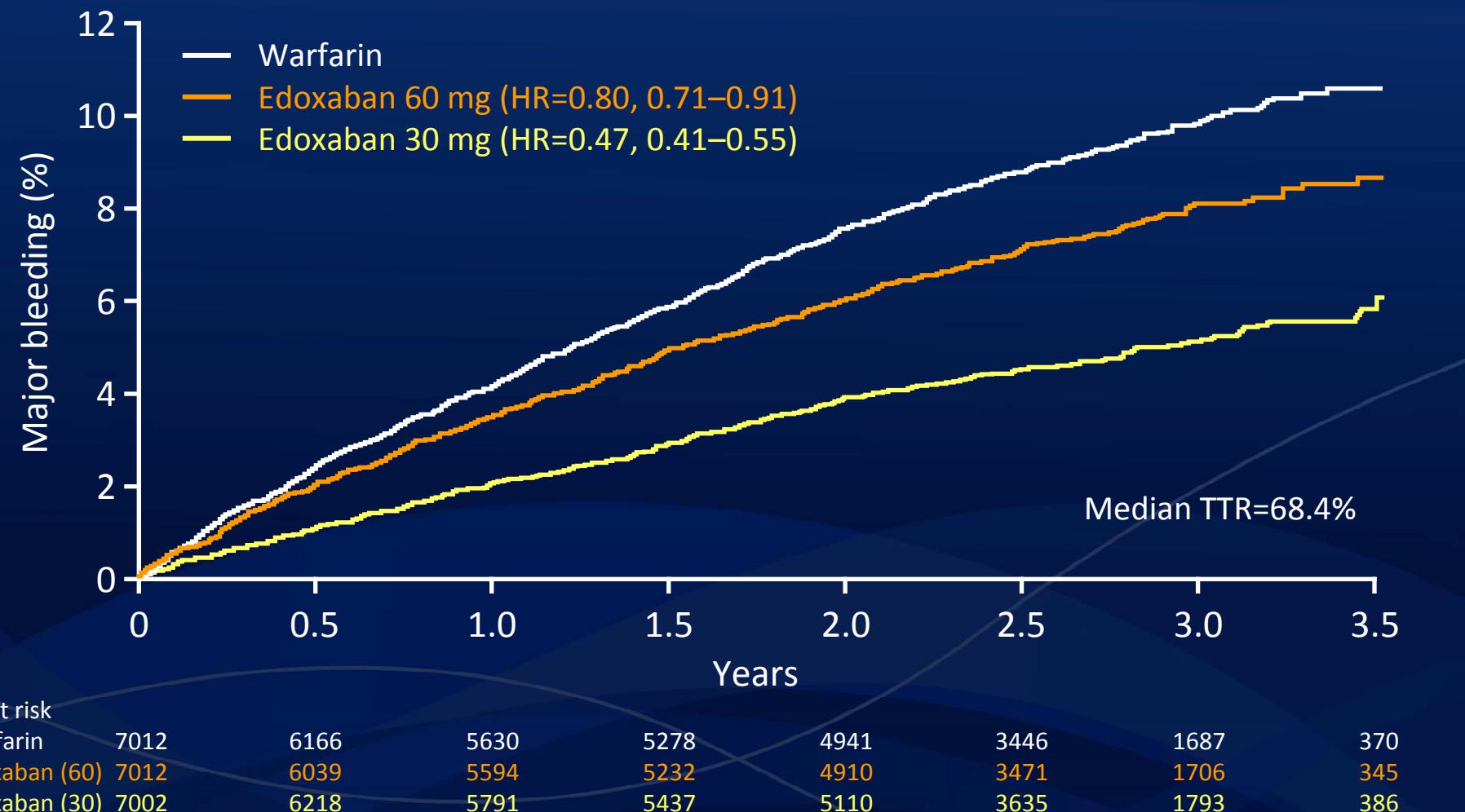
## Safety on-treatment analysis

### Edoxaban versus warfarin

| Treatment         | N     | n   | Incidence (%/yr) | HR (95% CI)      | P value |
|-------------------|-------|-----|------------------|------------------|---------|
| Warfarin          | 7,012 | 524 | 3.43             | -                | -       |
| Edoxaban 60 mg QD | 7,012 | 418 | 2.75             | 0.80 (0.71–0.91) | <0.001  |
| Edoxaban 30 mg QD | 7,002 | 254 | 1.61             | 0.47 (0.41–0.55) | <0.001  |



# Kaplan-Meier of principal safety outcome



# Safety outcomes

| Outcome                      | Warfarin<br>(n=7,012) |       | Edoxaban<br>60 mg<br>(n=7,012) |       | Edoxaban<br>60 mg<br>versus warfarin |        | Edoxaban<br>30 mg<br>(n=7,002) |       | Edoxaban<br>30 mg<br>versus warfarin |        |
|------------------------------|-----------------------|-------|--------------------------------|-------|--------------------------------------|--------|--------------------------------|-------|--------------------------------------|--------|
|                              | n                     | %/yr  | n                              | %/yr  | HR (95% CI)                          | P      | n                              | %/yr  | HR (95% CI)                          | P      |
| Major bleeding               | 524                   | 3.43  | 418                            | 2.75  | 0.80 (0.71–0.91)                     | <0.001 | 254                            | 1.61  | 0.47 (0.41–0.55)                     | <0.001 |
| Life-threatening<br>bleeding | 122                   | 0.78  | 62                             | 0.40  | 0.51 (0.38–0.70)                     | <0.001 | 40                             | 0.25  | 0.32 (0.23–0.46)                     | <0.001 |
| CRNM bleeding                | 1,396                 | 10.15 | 1,214                          | 8.67  | 0.86 (0.79–0.93)                     | <0.001 | 969                            | 6.60  | 0.66 (0.60–0.71)                     | <0.001 |
| Minor bleeding               | 714                   | 4.89  | 604                            | 4.12  | 0.84 (0.76–0.94)                     | 0.002  | 533                            | 3.52  | 0.72 (0.65–0.81)                     | <0.001 |
| Major or CRNM<br>bleeding    | 1,761                 | 13.02 | 1,528                          | 11.10 | 0.86 (0.80–0.92)                     | <0.001 | 1,161                          | 7.97  | 0.62 (0.57–0.67)                     | <0.001 |
| Any overt bleeding           | 2,114                 | 16.40 | 1,865                          | 14.15 | 0.87 (0.82–0.92)                     | <0.001 | 1,499                          | 10.68 | 0.66 (0.62–0.71)                     | <0.001 |

Data are from the Safety cohort during the on-treatment period

# Major bleeding

| Outcome             | Warfarin<br>(n=7,012) |      | Edoxaban<br>60 mg<br>(n=7,012) |      | Edoxaban<br>60 mg<br>versus warfarin |        | Edoxaban<br>30 mg<br>(n=7,002) |      | Edoxaban<br>30 mg<br>versus warfarin |        |
|---------------------|-----------------------|------|--------------------------------|------|--------------------------------------|--------|--------------------------------|------|--------------------------------------|--------|
|                     | n                     | %/yr | n                              | %/yr | HR (95% CI)                          | P      | n                              | %/yr | HR (95% CI)                          | P      |
| Major bleeding      | 524                   | 3.43 | 418                            | 2.75 | 0.80 (0.71–0.91)                     | <0.001 | 254                            | 1.61 | 0.47 (0.41–0.55)                     | <0.001 |
| Fatal               | 59                    | 0.38 | 32                             | 0.21 | 0.55 (0.36–0.84)                     | 0.006  | 21                             | 0.13 | 0.35 (0.21–0.57)                     | <0.001 |
| Critical organ/area | 211                   | 1.36 | 108                            | 0.70 | 0.51 (0.41–0.65)                     | <0.001 | 69                             | 0.44 | 0.32 (0.24–0.42)                     | <0.001 |
| ≥2 g/dL blood loss  | 327                   | 2.13 | 317                            | 2.08 | 0.98 (0.84–1.14)                     | 0.78   | 187                            | 1.19 | 0.56 (0.47–0.67)                     | <0.001 |
| Intracranial        | 132                   | 0.85 | 61                             | 0.39 | 0.47 (0.34–0.63)                     | <0.001 | 41                             | 0.26 | 0.30 (0.21–0.43)                     | <0.001 |
| Fatal               | 42                    | 0.27 | 24                             | 0.15 | 0.58 (0.35–0.95)                     | 0.03   | 12                             | 0.08 | 0.28 (0.15–0.53)                     | <0.001 |
| Gastrointestinal    | 190                   | 1.23 | 232                            | 1.51 | 1.23 (1.02–1.50)                     | 0.03   | 129                            | 0.82 | 0.67 (0.53–0.83)                     | <0.001 |
| Upper               | 111                   | 0.71 | 140                            | 0.91 | 1.27 (0.99–1.63)                     | 0.06   | 88                             | 0.56 | 0.78 (0.59–1.03)                     | 0.08   |
| Lower               | 81                    | 0.52 | 96                             | 0.62 | 1.20 (0.89–1.61)                     | 0.23   | 44                             | 0.28 | 0.54 (0.37–0.77)                     | <0.001 |
| Other location      | 211                   | 1.37 | 131                            | 0.85 | 0.62 (0.50–0.78)                     | <0.001 | 87                             | 0.55 | 0.40 (0.31–0.52)                     | <0.001 |

Data are from the Safety cohort during the on-treatment period with interval censoring

# Net clinical outcomes

|   | Warfarin<br>(n=7,012) |      | Edoxaban<br>60 mg<br>(n=7,012) |      | Edoxaban 60 mg<br>versus warfarin |       | Edoxaban<br>30 mg<br>(n=7,002) |      | Edoxaban 30 mg<br>versus warfarin |        |
|---|-----------------------|------|--------------------------------|------|-----------------------------------|-------|--------------------------------|------|-----------------------------------|--------|
|   | n                     | %/yr | n                              | %/yr | HR (95% CI)                       | P     | n                              | %/yr | HR (95% CI)                       | P      |
| <b>Primary</b>  |                       |      |                                |      |                                   |       |                                |      |                                   |        |
| Composite of stroke, SEE, major bleeding, and all-cause mortality                     | 1,462                 | 8.11 | 1,323                          | 7.26 | 0.89 (0.83–0.96)                  | 0.003 | 1,248                          | 6.79 | 0.83 (0.77–0.90)                  | <0.001 |
| <b>Secondary</b>  |                       |      |                                |      |                                   |       |                                |      |                                   |        |
| Composite of disabling stroke, life-threatening bleed, and all cause mortality        | 987                   | 5.23 | 883                            | 4.64 | 0.88 (0.81–0.97)                  | 0.008 | 837                            | 4.38 | 0.83 (0.76–0.91)                  | <0.001 |
| <b>Tertiary</b>   |                       |      |                                |      |                                   |       |                                |      |                                   |        |
| Exploratory composite of stroke, SEE, life-threatening bleed, and all-cause mortality | 1,123                 | 6.02 | 999                            | 5.30 | 0.88 (0.81–0.96)                  | 0.003 | 1,010                          | 5.37 | 0.89 (0.82–0.97)                  | 0.007  |

Data are from the overall treatment period

SEE=systemic embolic event

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# Summary of key outcomes

Stroke and SEE: *mITT on-treatment*



Stroke and SEE: *ITT*



Hemorrhagic stroke: *ITT*



Ischemic stroke: *ITT*



Major bleed: *safety cohort*



CRNM bleed: *safety cohort*



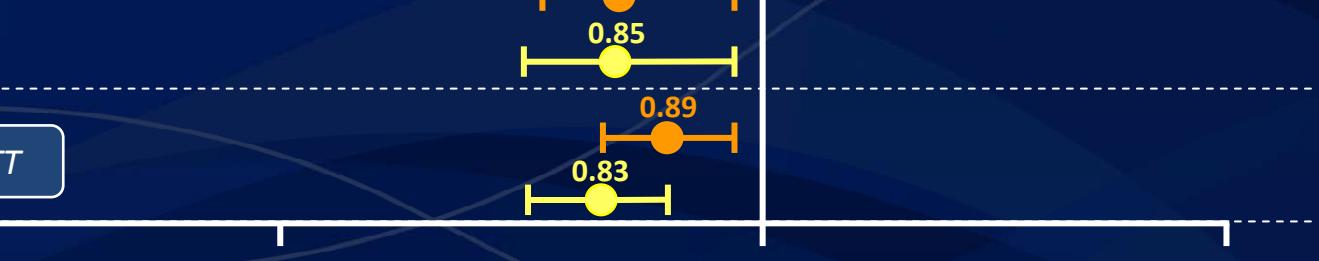
Death: *ITT*



CV death: *ITT*



Stroke, SEE, major bleed, death: *ITT*



0.00

0.50

1.00

1.50

Edoxaban better

Warfarin better

Edoxaban 60 mg

Edoxaban 30 mg

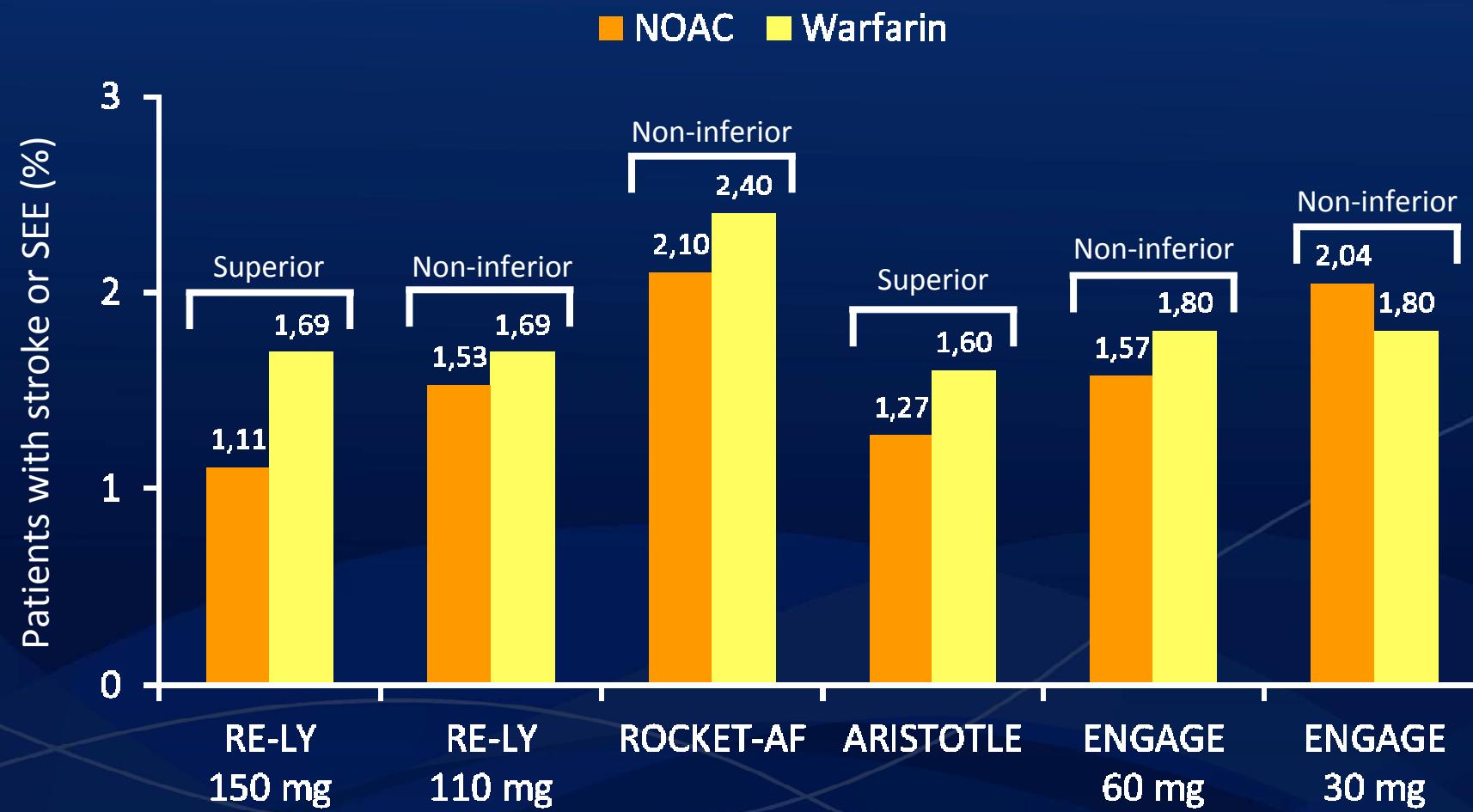
## Conclusion

- ▶ Both once-daily regimens of edoxaban were noninferior to warfarin with respect to the prevention of stroke or systemic embolism and were associated with significantly lower rates of bleeding and death from cardiovascular causes.

## Unique study features

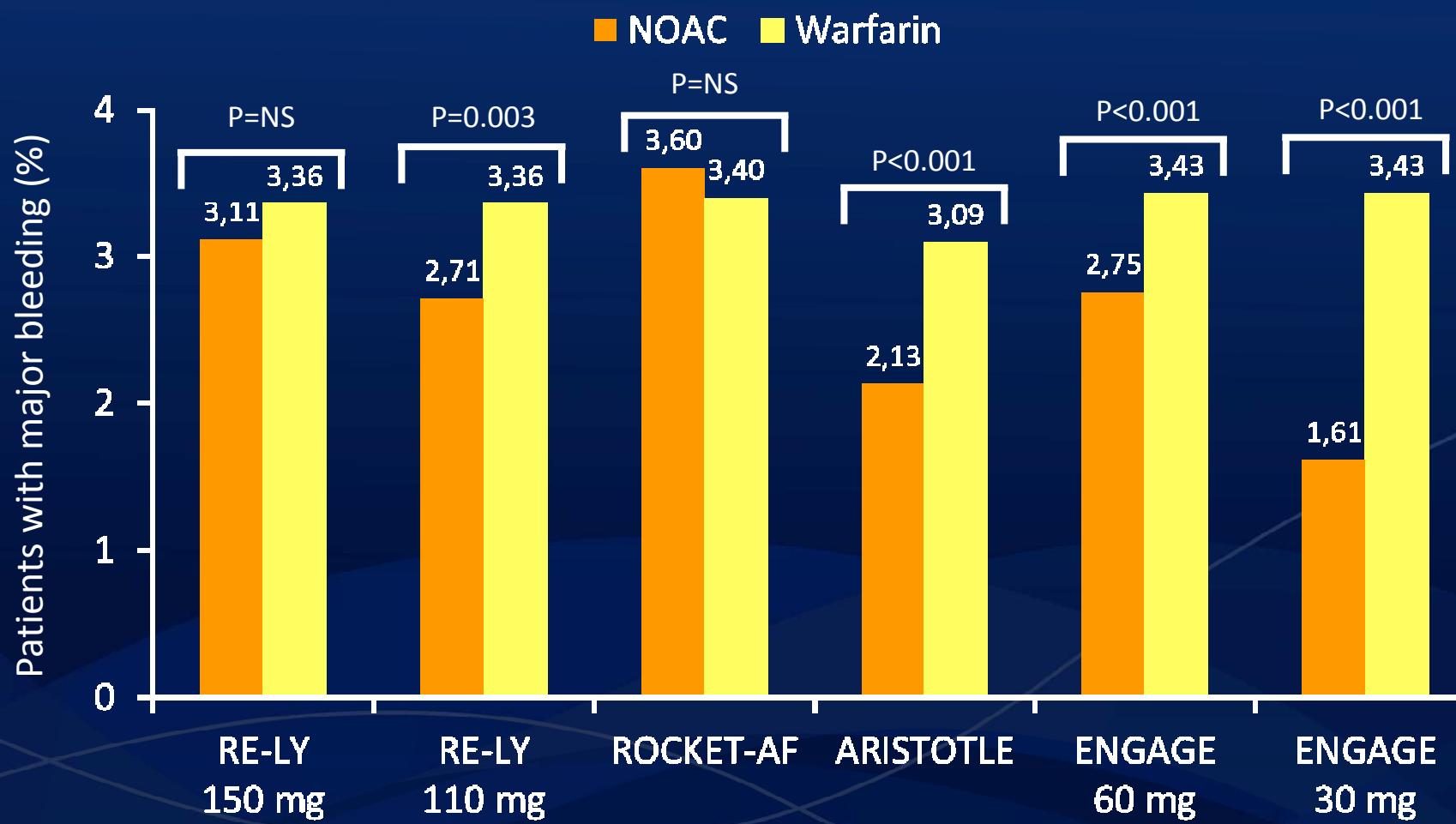
- ▶ Largest (n=21,105) RCT for stroke prevention in AF with a NOAC with the longest follow up (median 2.8 years)
- ▶ Dynamic dose modification at and after randomization providing data on three doses over a four-fold range
- ▶ Minimal missing data
- ▶ Well managed warfarin therapy, median TTR 68.4%

# Phase III AF trials: ITT efficacy



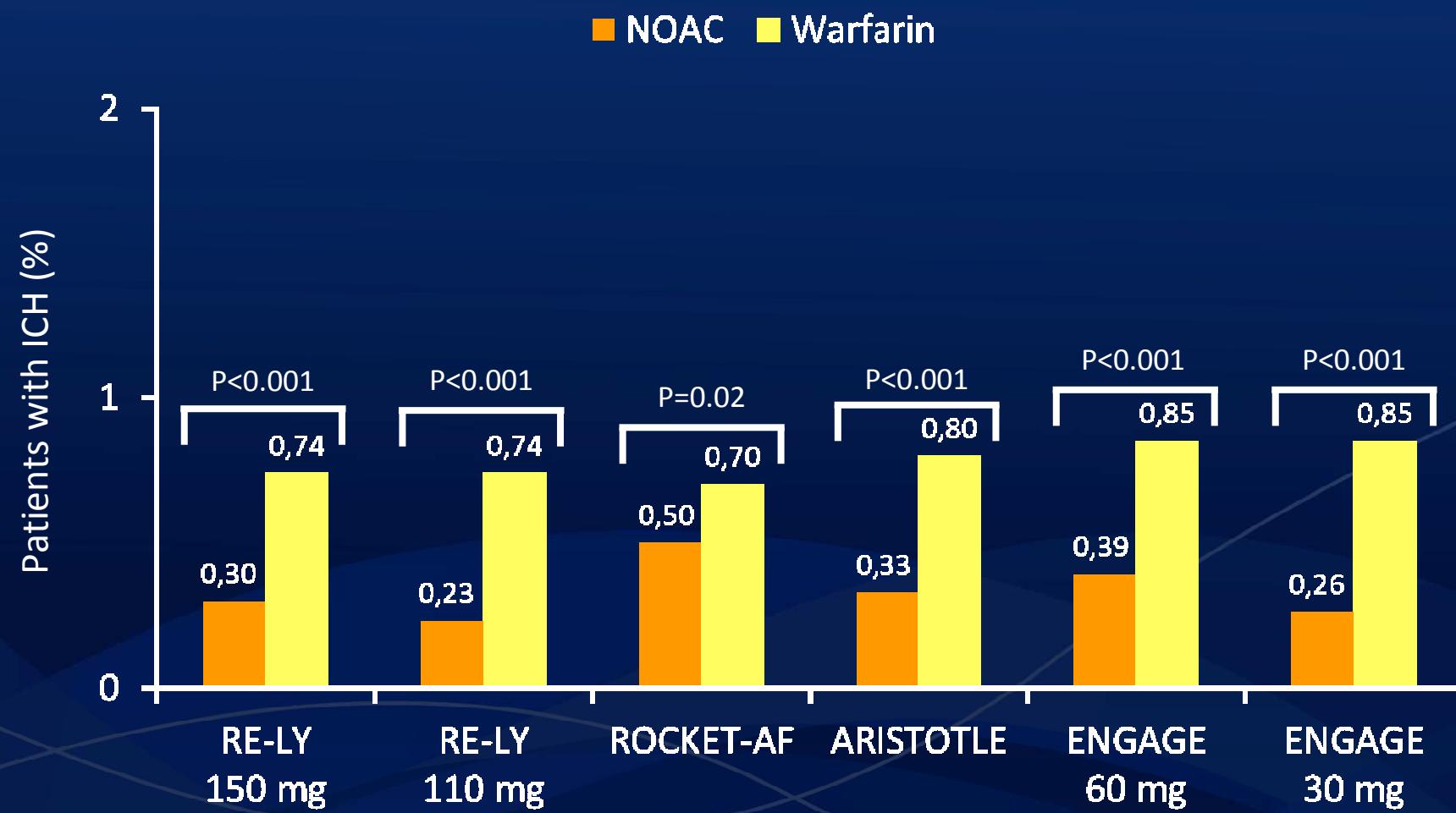
1. Connolly et al. N Engl J Med 2009;361:1139–1151;
2. Patel et al. N Engl J Med 2011;365:883–891
3. Granger et al. N Engl J Med 2011;365:981–992;
4. Giugliano et al. N Engl J Med 2013; e-pub ahead of print

## Phase III AF trials: major bleeding



1. Connolly et al. N Engl J Med 2009;361:1139–1151;
2. Patel et al. N Engl J Med 2011;365:883–891
3. Granger et al. N Engl J Med 2011;365:981–992;
4. Giugliano et al. N Engl J Med 2013; e-pub ahead of print

## Phase III AF trials: intracranial hemorrhage



1. Connolly et al. N Engl J Med 2009;361:1139–1151;
2. Patel et al. N Engl J Med 2011;365:883–891
3. Granger et al. N Engl J Med 2011;365:981–992;
4. Giugliano et al. N Engl J Med 2013; e-pub ahead of print

## Conclusiones Finales

- ▶ Los NACO han demostrado en ensayos de morbimortalidad en FANV una eficacia similar o mayor que los AVK, con una seguridad mayor .
- ▶ La reducción de la HIC es un dato constante y clínicamente muy relevante ( Reducción cercana al 50%)
- ▶ Los cuatro ensayos clínicos realizados en pacientes con FANV, con dabigatrán, rivaroxabán, apixabán y edoxabán , muestran resultados favorables y consistentes entre ellos.